

Cold
DELI.

World KITCHEN.

Hot
DELI.

THIS WEEK'S MENU



GRAB YOURSELF A

**COLD
DRINK**

HEALTHY

**SANDWICHES
& WRAPS**

ENJOY

**FRESH
FRUIT**

TUCK INTO A

**DESSERT
POT**

MONDAY

**SAUSAGES &
MASH**
GRAVY

**SWEET
POTATO &
CHICKPEA
CURRY**
WHOLEGRAIN
RICE

**FRUITY ICE
CREAM
SUNDAE**

TUESDAY

PIZZA DAY

Choose from
a range of
toppings

FRUIT TART
VANILLA
CUSTARD

WEDNESDAY

ROAST PORK
APPLE SAUCE &
POTATOES

**CHEESE &
TOMATO
BAKE**
POTATOES

**BERRY
CHEESECAKE**

THURSDAY

**CHICKEN
FRICASSEE**
WHOLEGRAIN
RICE

**MACARONI
CHEESE**
HERBY BREAD

**CARROT
CAKE**

FRIDAY

**CRISPY
BATTER FISH
FILLET**
CHIPS

**HOMEMADE
VEGETABLE
BURGER**
CHIPS
TOMATO SAUCE

**CHOCOLATE
& BEETROOT
BROWNIE**

Option 5

SERVED WITH SEASONAL
VEGETABLES OR SALAD

WEEK ONE

1st Jan, 22nd Jan, 12th Feb, 5th March, 26th March 2018

Aspens



GET STUCK INTO

**HOT
PANINIS**

**STREET FOOD
MARKET**
AT ASPENS



FILLED

**JACKET
POTATOES**

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THIS WEEK'S MENU

MONDAY

**ALL DAY
BREAKFAST**

PORK OR
QUORN
SAUSAGE,
BACON, HASH
BROWN,
TOMATO &
BAKED BEANS

**CHOCOLATE
SHORTBREAD**
FRUIT PIECES

TUESDAY

COTTAGE PIE
ONION GRAVY

**CHEESY
ROASTED
VEGETABLE
PASTA**

**TOFFEE APPLE
CRUMBLE**
CUSTARD

WEDNESDAY

**ROAST
CHICKEN**
STUFFING GRAVY
POTATOES

**SHEPHERDESS
HOTPOT**
GRAVY

**ICED FRUIT
SPONGE**

THURSDAY

**SPAGHETTI
BOLOGNESE**
WHOLEMEAL
PASTA

**CAULIFLOWER
CHEESE**

**BERRY & JELLY
CHILL**

FRIDAY

**FISH
FINGERS**
CHIPS

**CURRIED
VEGETABLE
PLAIT**

**CHOCOLATE
KRISPIE**

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DRINK**

HEALTHY

**SANDWICHES
& WRAPS**

ENJOY

**FRESH
FRUIT**

TUCK INTO A

**DESSERT
POT**



GET STUCK INTO

**HOT
PANINIS**

**STREET FOOD
MARKET**
AT ASPENS



FILLED

**JACKET
POTATOES**

Option 5

SERVED WITH SEASONAL
VEGETABLES OR SALAD

WEEK TWO

8th Jan, 29th Jan, 19th Feb, 12th March 2018

Aspens

Cold
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Hot
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THIS WEEK'S MENU

MONDAY

CHICKEN &
ROASTED
VEGETABLE
PASTA BAKE

BAKED BEAN
& CHEESE
WRAP

STRAWBERRY
MOUSSE

TUESDAY

BEEFBURGER
IN A BUN
OVEN BAKED
WEDGES

ROASTED
VEGETABLE &
BEAN CHILLI
WHOLEGRAIN
RICE

FRUIT
CRUMBLE
CUSTARD

WEDNESDAY

ROAST
GAMMON
PINEAPPLE
GRAVY
POTATOES

QUORN
ROAST
GRAVY
POTATOES

SULTANA &
OAT
COOKIE

THURSDAY

MINCED BEEF
& ONION
SLICE
MASH

VEGGIE
BOLOGNESE
WHOLEWHEAT
PASTA

FRUIT JELLY
ICE CREAM

FRIDAY

SALMON FISH
FINGERS
CHIPS

CHEESE &
TOMATO
PINWHEEL
CHIPS

CHOCOLATE
CRUNCH

GRAB YOURSELF A

COLD
DRINK

HEALTHY

SANDWICHES
& WRAPS

ENJOY

FRESH
FRUIT

TUCK INTO A

DESSERT
POT



GET STUCK INTO

HOT
PANINIS

STREET FOOD
MARKET
AT ASPENS



FILLED

JACKET
POTATOES

Option 5

SERVED WITH SEASONAL
VEGETABLES OR SALAD

WEEK THREE

15th Jan, 5th Feb, 26th Feb, 19th March 2018

Aspens