

Keep your bladder and prostate in shape

Description

Pumpkin seeds have been used for a very long time for a variety of conditions including the treatment of various urinary tract disorders in the traditional medicine of North and Central America.

This is a traditional product for the relief of lower urinary tract symptoms related to benign prostatic hyperplasia or overactive bladder.

Benefits

This special fat-free pumpkin extract helps to maintain a healthy bladder and prostate by:

- Supporting healthy testosterone levels
- Strengthening the pelvic floor and sphincter musculature
- · Relaxing the muscles of the bladder wall

Manufacturing and Properties

Manufactured under NFS GMP and cGMP conditions using proprietary technology EFLA®HyperPure, which removes remaining fat residuals and stops fat degradation.

Science

Phytopharmaceutical references support the use of pumpkin seeds preparations for urinary tract indications.

Several proprietary studies support the efficacy and safety of this pumpkin seed extract:

- Effects on urinary bladder function. Japan, Hata 2005
- Pumpkin extract EFLA®940 in combination with soy bean germ extract demonstrated a 40% reduction in nocturnal micturition among elderly men with pollakiuria. Japan, Terado 2004
- Inhibitory effect on 5-alpha reductase and aromatase activity.
 Germany, Schmidlin and Kreuter 2003
- Effect on women with stress incontinence. Japan, Yanagisawa 2001
- Effect on postmenopausal women with nocturia. Japan, Sogabe 2001

Product information

| Standardized on | Phenolic derivatives (as Enterodiol) 2,0-4,0% Adenosine ≥ 0,1% |
|-----------------|--|
| Extract type | Powder |
| Grades | Food (EFLA®85940) Pharma (EFLA®90940) |
| Dosage | 500 mg/day |



