

Adopt-a-Meal

A Group Volunteer Opportunity

We are seeking **groups of 4-8 people to adopt an evening meal** for the **55 individuals** who seek shelter with us at **Metro Turning Point**.

How can you help?

Your group can cook an entrée at home and drop it off or you can come into Metro Turning Point to heat and serve the meal at supper time. Our onsite volunteer meal support positions run from 3:30pm - 6:30pm, 365 days a year and include purchasing and donating the ingredients, preparing the food, serving and clean up.

Are you willing to step up to the plate?

Please assign one member of your group to be your Group Coordinator and contact the Coordinator of Volunteers at mandychapman@shelternovascotia.com with the following information:

- **Name** of group or sponsoring organization
- Names and **number of people** interested in participating (*must be 19 years of age or older*)
- **Dates** your group may be available to volunteer

Although emergency shelters are not a permanent home, they are a home to the people who stay with us while they are there. Shelter Nova Scotia has trained employees who work with these individuals to stabilize and focus on permanent housing. While working with clients on meeting their housing needs, employees are grateful for the support of volunteers in assisting with meal preparation and serving!

Each group member will be required to read our *Group Volunteer Handbook*. Your Group Coordinator will be responsible to forward you a copy. We also require each member of the group to sign a confidentiality, photo release guest waiver before volunteering.

Charitable tax receipts can be provided if you submit a receipt for the food purchased.

Thank you for your interest in bringing a group of Volunteers to Shelter Nova Scotia!