



The Minimum Standards for National Certification Programme for Cardiovascular Rehabilitation: 2019

We will use NACR data and staffing information from the NACR Annual Survey to ascertain whether a cardiovascular rehabilitation (CR) programme meets the following KPIs.

Key Performance Indicators (KPIs)

Minimum Standard 1: Multi Disciplinary Team

At least three health professions in the CR team who formally and regularly support the CR programme

Minimum Standard 2: Patient Group

Cardiovascular rehabilitation is offered to all these priority groups: MI, MI+PCI, PCI, CABG, Heart Failure

Minimum Standard 3: Duration

Duration of Core CR programme: ≥ national median of 56 days.

Standard 4: National Average for Assessment 1

Percent of patients with recorded assessment 1: ≥ England 80%; Northern Ireland 88%; Wales 68%

Standard 5: National Average for CABG Wait Time

Time from post-discharge referral to start of Core CR programme for CABG: ≤ national median of England 46 days, Northern Ireland 52 days, Wales 42 days.

Standard 6: National Average for MI/PCI Wait Time

Time from post-discharge referral to start of Core CR programme for MI/PCI: ≤ national median of England 33 days, Northern Ireland 40 days, Wales 26 days

Standard 7: National Average for Assessment 2

Percent of patients with recorded assessment 2 (end of CR): ≥ England 57%, Northern Ireland 61%, Wales 43%