



HOAR CROSS HALL



SPA DAYS
& TREATMENTS

hoarcross.co.uk



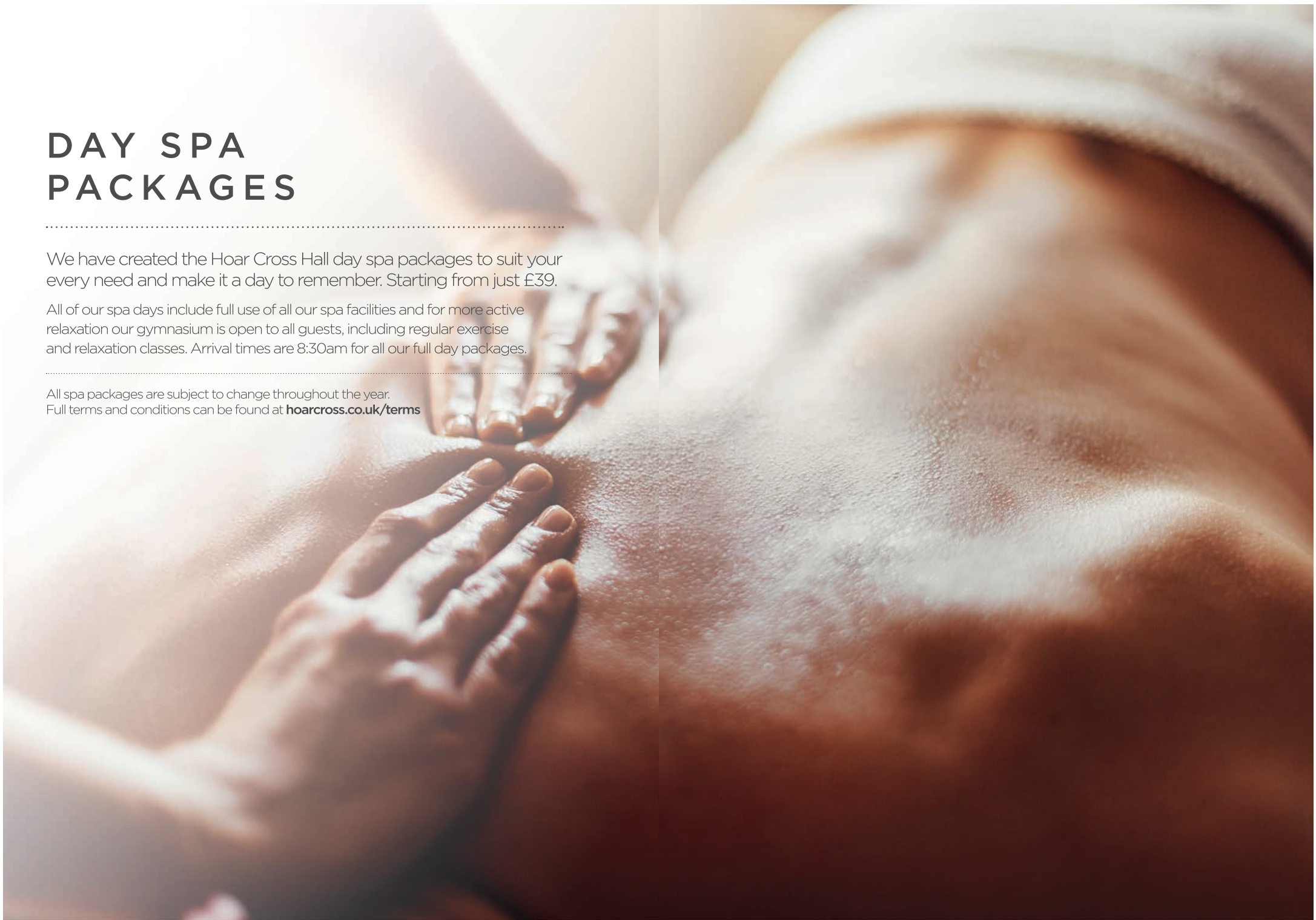
YOUR JOURNEY
STARTS HERE

DAY SPA PACKAGES

We have created the Hoar Cross Hall day spa packages to suit your every need and make it a day to remember. Starting from just £39.

All of our spa days include full use of all our spa facilities and for more active relaxation our gymnasium is open to all guests, including regular exercise and relaxation classes. Arrival times are 8:30am for all our full day packages.

All spa packages are subject to change throughout the year.
Full terms and conditions can be found at hoarcross.co.uk/terms



DAY SPA PACKAGES

SIMPLY SPA DAY

A real treat for those looking to totally unwind and indulge in some precious 'me time'.

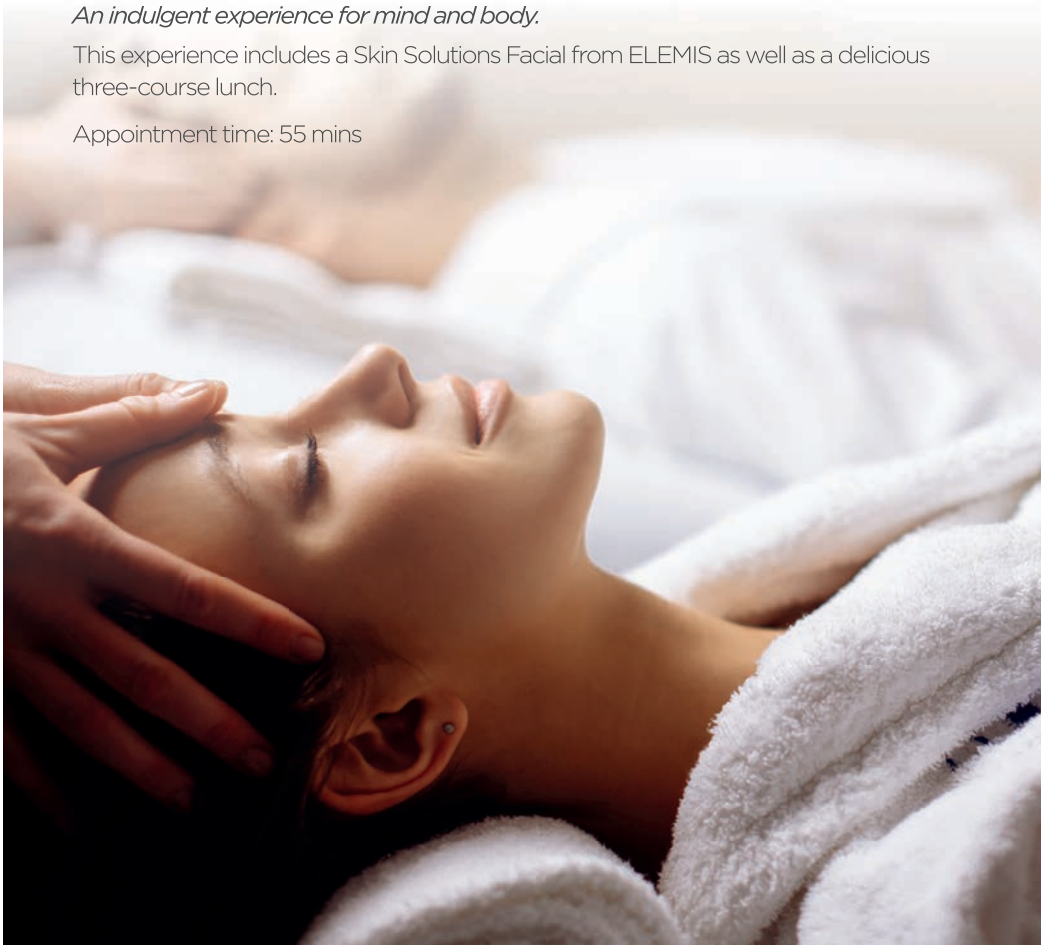
The Simply Spa Day is perfect on its own or you can create a day to remember by adding extra treatments. A delicious three-course lunch is also included.

SERENE SPA DAY

An indulgent experience for mind and body.

This experience includes a Skin Solutions Facial from ELEMIS as well as a delicious three-course lunch.

Appointment time: 55 mins



LUXURY AFTERNOON TEA SPA DAY

Our full day spa experience with afternoon tea offers a whole day of relaxation dedicated entirely to you.

Including a delicious Afternoon Tea and an Elemis Pro Collagen Facial, ideal for those who simply want to sit back and indulge.

Appointment time: 55 mins





JENNIFER YOUNG SPA DAY

Perfect for sensitive skin and those living with and beyond cancer.

This luxury package includes a fabulous three-course lunch with a Jennifer Young facial or massage treatment for ultimate pampering.

Appointment time: 55 mins



MOTHER-TO-BE SPA DAY

An indulgent experience for mums to be, including a dreamy Little Butterfly massage that gives you some well needed time to rest and restore.

Enjoy a fabulous three-course lunch and a Little Butterfly Mother-To-Be Treatment that will leave you relaxed and invigorated.

Appointment time: 85 mins

MORNING ESCAPE OR AFTERNOON RETREAT

Choose Morning (8.30am - 12.30pm) or Afternoon (1.30pm - 5.30pm)

A relaxing and indulgent spa experience.

Short on time but big on relaxation? If you can't spare the whole day, our Morning Escape or Afternoon Retreat are a fantastic choice. Includes full use of all our spa facilities and for more active relaxation our gymnasium is open to all guests, including regular exercise and relaxation classes.



TWILIGHT SPA

When the sun goes down put your mind at ease and have some quality down time at Hoar Cross Hall with unlimited use of the spa facilities after dark.

Whether it's a quiet evening, a celebration or just a catch-up with friends you're after, when the day is done indulge in some precious me time.

And don't worry you won't go hungry, we've included an anti-pasti platter for you with a glass of Prosecco. From 6.00pm until 9.30pm.

Selected days. Subject to availability.

From £39.





FACE

Anti-ageing.

PRO-DEFINITION LIFT AND CONTOUR FACIAL

55 mins / £75

Breakthrough science added to nature, giving a complete anti-ageing solution. It targets sagging skin, reduces puffiness and fluid retention to visibly improve skin condition. A hi-tech revelation.

PRO-COLLAGEN AGE DEFYING FACIAL

55 mins / £75

An anti-wrinkle facial, clinically proven to reduce wrinkles and improve skin firmness after just one treatment. Special massage technique, plus anti-ageing formulation means goodbye lines and creases.

DYNAMIC RESURFACING PRECISION PEEL FACIAL*

55 mins / £75

Peel away the years for smoother, more radiant skin. This unique treatment targets blemishes, uneven skin tone, superficial facial scarring and fine lines, revealing younger-looking skin. Clinically proven to resurface by up to 75% and increase skin smoothness by up to 32% after just one treatment.

Skin solutions.

SUPERFOOD PRO RADIANCE FACIAL

For healthy, glowing skin.

55 mins / £65

A nutritional boost, rich in superfoods and essential minerals designed to pack stressed, dull skin with energising, detoxifying actives. Clinically proven to leave your skin plumper, radiant and full of good health.

MENS HIGH PERFORMANCE SKIN ENERGISER

For all skin types.

55 mins / £65

The hard-working facial for ageing, dehydrated and tired skin. With multi dynamic facial massage sequences to boost circulation whilst maximising cell regeneration.

BODY

Leaving you beautiful and glowing on the outside and totally relaxed on the inside.



ELEMIS COUTURE TOUCH

55 mins / £65 or 115 mins / £120

Condition your skin and muscles with this all-embracing experience.

55 mins - Combines a 30 mins ELEMIS facial with your personalised deep tissue or deeper than deep hot stone back massage.

115 mins - The ultimate ELEMIS Treatment, Combining a 1 hour ELEMIS facial with a deep tissue full body massage
The perfect top-to-toe treat.

POULTICE POWERED MUSCLE RELEASE

85 mins / £82

For energy boosting and Musclease.

Sore, aching muscles are worked away with this invigorating and deeply releasing treatment. Unique amber and quartz poultices dissolve knots and ease tension.

DELUXE BACK MASSAGE

40 mins / £49

A medium pressure massage using Musclease oil, with maritime pine and rosemary to warm muscles and joints.

WELL-BEING FULL BODY MASSAGE

55 mins / £65

A soothing and nourishing therapy.

From the soles of your feet to the crown of your head; application of warm oils and relaxing eastern massage techniques enhance your sense of wellbeing.
This massage is medium pressure.



SCRUBS AND WRAPS



Specially designed to detoxify and nourish skin.

INTENSELY CLEANSING SALT SCRUB

40 mins / £49

Gently buff away dead skin cells, encouraging the regeneration of new cells with this frangipani salt scrub. Leaves a smooth and responsive canvas ready to absorb the deeply nourishing body cream.

BODY NECTAR NOURISHING WRAP

55 mins / £65

Drench the skin in moisture.

The velvety texture of the Monoi Oil offers super-hydration, quenching a thirsty skin.

You are kept cocooned and warm while the mood-balancing aromatics and skin conditioning oils do their work.

Now choose from sweet orchid or frangipani.



LITTLE BUTTERFLY MOTHER-TO-BE TREATMENT

85 mins / £79

Little Butterfly London organic skincare for mother and baby looks after even the most delicate skin. This heavenly treatment incorporates the Little Butterfly Mother London and Baby Oil with a full body massage designed to soothe, calm and relieve the strains of pregnancy.

For mums-to-be who are experiencing disturbed sleep, aches, pains and puffiness, this dreamy massage will give you a moment to pause and restore.



A new, Fall Into Dreams Mother and Baby Massage Oil (100ml) will be opened and used for your treatment. With our compliments, you will receive the rest of the product to take home with you; to nourish, soften and promote peaceful sleep for both you and baby.



HOAR CROSS HALL SIGNATURE MASSAGE TREATMENTS

Relax and unwind with our own specially selected signature treatments.

HARMONISING FULL BODY MASSAGE

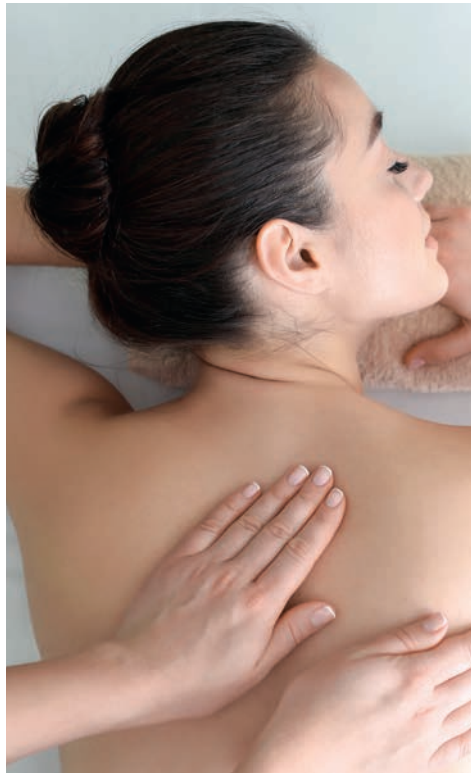
55 mins / £55

A relaxing full body massage using Swedish techniques. Your therapist will warm up your muscles and then gradually break up any knots to give you an incredible sense of relaxation and calming.

DEEP TISSUE FULL BODY MASSAGE

55 mins / £55

A firmer massage which focuses on deeper muscles and connective tissues. Relaxes muscles, releases tension and helps to keep your body elastic.



JENNIFER YOUNG

Perfect for sensitive skin and those living with and beyond cancer.

The accredited qualifications offered by the Jennifer Young Training School allow therapists to use their skills to help those affected by cancer receive massage and beauty treatments.

JENNIFER YOUNG FULL BODY MASSAGE

55 mins / £65

A bespoke massage carefully adapted by a specialist therapist to suit individual needs. Using 100% natural and organic oils this treatment is ideal for the most sensitive of skin. Let the power of touch bring harmony, well-being and deep relaxation. The experience is extended to include the scalp ensuring that your massage is pure indulgence.

JENNIFER YOUNG GLOWING FACIAL

55 mins / £65

This relaxing facial is blissfully adapted to bring the glow of health and harmony to the most sensitive skin. Soothing massage techniques help you drift to a place of rest and relaxation, leaving your skin with a glowing radiance. Your therapist extends the treatment to include a scalp massage making the experience even more indulgent.



HOLISTIC



INDIAN HEAD MASSAGE

40 mins / £49

Practised in India for over 1,000 years, this treatment releases stress in your head, face, neck and shoulders. Can help with headaches, insomnia, migraines and sinusitis. Traditionally performed in a chair.



REFLEXOLOGY

55 mins / £65

A complementary therapy that applies pressure to the feet to treat specific parts of your body. Tensions are released, circulation is increased, and energy rebalanced. Stimulating.



REIKI

55mins / £65

A traditional Japanese healing therapy that opens you to a flow of life force energy from the universal energy field. Any imbalances in body, mind or spiritual energy respond by gently moving towards balance and harmony. You feel deeply relaxed, calm and uplifted. Can be helpful during or after receiving chemo or radiotherapy.

Reiki healing is offered from the heart by Reiki masters of long-standing experience.



HANDS AND FEET

GELERATION MANICURE OR PEDICURE

55 mins / £44

An essential file and shape precede an application of GELeration polish, which dries in seconds to leave your nails gorgeous, glossy and ready-to-go. Chip resistant for up to three weeks.

MANICURE

40 mins / £39

Conditioning treatment for the hands. Your nails will be beautifully shaped and then perfectly painted. Flawless.

DELUXE MANICURE

70 mins / £49

This luxury manicure starts with a fabulous skin-softening exfoliation and massage. A pampering serum and mask then follow, along with comforting heated mitts that encourage deeper absorption of the oils and creams. This irresistible treat concludes with expert nail care and an application of your favourite Jessica polish. Immaculate.

PEDICURE

40 mins / £39

Bask in a warm foot bath, then a gentle exfoliation, followed by expert nail care and an application of the polish of your choice.

DELUXE PEDICURE

70 mins / £49

All the trappings of the pedicure, then your therapist applies a nourishing mask and heated boots. Expert nail care and an application of your favourite Jessica polish follow as the encore. Happy feet.

GEL REMOVAL

25 mins / £10

Please note we are unable to remove gels before manicure/pedicure treatments without a gel removal appointment.

LA SULTANE DE SABA

JOURNEY TO DARJEELING: BAMBOO MASSAGE

85 mins / £99 or 40 mins / £50

To energise, ease muscles and uplift the soul. A deep muscle-relieving massage using an energising blend of Darjeeling Green Tea and Ginger with a Bamboo Sticks massage, designed to stretch, roll-out and release deep muscular tension. A black soap and hot towel cleanse warm the muscles and clear pores. A full body and scalp massage bring a wave of unique stress-relief to muscles and mind as the bamboo glides from point to point.

AYURVEDIC JOURNEY: SHIRODHARA

85 mins / £99

For balance, clarity and peace. This ritual includes the Shirodhara, Award-Winning Massage and 7-Spices Facial. Embracing the essence of the ancient Spice Route along with the millennia-old philosophy of Ayurveda, focusing on harmonising and balancing the flow of energy to generate wellness and instil peace. The Shirodhara bowl drizzles precious oils across the key energy point chakras for a full body massage, releasing a heat to target particular areas of tension and imbalance.

JOURNEY OF THE ORIENT: CHAMBER OF TREATMENTS

85 mins / £99

A precious trilogy to renew, replenish and relax:

- 1 Renewing Cavern: Discover one of the greatest secrets to soft, clear skin: Invigorating Black Soap and Kessa Exfoliation. An age-old Moroccan recipe lathered up and massaged into face and body.
- 2 Replenishing Cavern: Bathe in a candle-lit Cleopatra bath infused with softening orange and rose waters. A 23-carat Gold Face Mask is applied and a scalp massage is performed using a mineral-rich Rassoul Lava Clay to cleanse and condition the hair.
- 3 Deep Relax Cavern: A deep-relaxing body massage of precious oils and vitamin-rich Shea butter incorporating 23 carat Gold, Mother of Pearl and Caviar.

BALINESE FLOWER CEREMONY: CANDLE MASSAGE AND ENVELOPMENT

85 mins / £99

To celebrate, de-stress and bring radiance. A full body Balinese Lular is specially applied to cleanse, buff and polish. Followed by a warm candle-massage of melted Shea butter to completely de-stress the body, whilst cocooned, a nutrient-rich face mask is applied and relaxing head and scalp massage is performed. Feel smoother than silk and with the stunning scents of Bali that lasts the entire day... and night!



GLAMOUR ZONE

Balance your features and frame your eyes with these Essentials.

EYEBROW SHAPE

15 mins / £13

Balance your features and frame your eyes with this essential eyebrow shape.

EYEBROW TINT†

15 mins / £8

EYEBROW SHAPE & TINT†

25 mins / £17

EYELASH TINT†

25 mins / £17

EYEBROW & EYELASH TINT†

25 mins / £21

MII BROW STATEMENT†

40 mins / £25

Reveal the true beauty of each expression with brows tailored perfectly to you.

MINI MAKEOVER

25 mins / £25

Our specialists will help you recreate that professional look at home. Advice on all aspects of make-up. A small investment for large returns.

MAKE-UP LESSON

55 mins / £40

Expert advice, hints and tips from a qualified beauty therapist. An invaluable step-by-step guide to colours, application techniques and products. Fun, but oh so practical.

WORKSHOP

A variety of workshops available on a first come first served basis throughout the day.



†All tinting treatments require a patch test 24 hours before.



Welcome to Matthew Curtis

Your hair is your crowning glory and a very important part of your wellness regime. My highly-experienced and creative team will be delighted to chat with you about bespoke treatments to keep your hair feeling strong and healthy, and to recommend styles so you look and feel great.

Because we love hair.

Matthew Curtis



We offer the following services

- Colour treatments
- Cut and blow dry
- Wedding hair
- Specialist styling and treatments
- Personalised head spa rituals
- Leonor Greyl Natural Haircare

FREE hair consultation subject to availability, please enquire for details.

For a price list or to make your appointment, call 01283 576 512 or simply drop into the Salon.


Matthew Curtis
HAIR

THE BARBER'S CHAIR

From traditional cut throat shaves to full beard re-trims and shaping, we have a new and unique range of services inspired by the traditional barbers shops but tailored for the modern gent. Using the luxurious product range of D R Harris in combination with our expertise, we aim to leave you feeling at your best.

All of our shaves will include an express facial and hot towel service. Call 01283 576 512 or simply drop into the Salon.

EXPRESS GENTLEMAN'S SHAVE

£20

TRADITIONAL GENTLEMAN'S SHAVE

£30

TRADITIONAL GENTLEMAN'S SHAVE

Including dry hair cut

£40

Including cut and blow dry

£50

BEARD TRIM From £5


Matthew Curtis
HAIR

WHY NOT STAY THE NIGHT?

AFTER SOME MUCH NEEDED TIME OUT WHY NOT FLOAT OUT OF THE SPA AND REST YOUR HEAD IN ONE OF OUR LOVELY HOTEL BEDROOMS.

We offer the perfect location to rest and reflect on your day ready for your delicious breakfast awaiting you in the morning.

Overnight Simply Spa Escape available from just **£139.00**

To book call our Reservations Team on **01283 575 671**.

HOW TO BOOK YOUR DAY

MAKING YOUR BOOKING IS QUICK AND EASY

Selected spa days and stays are bookable online at hoarcross.co.uk, or alternatively, you can call our Reservations Team on **01283 575 671**. Lines are open seven days a week: 8.30am - 8pm Monday to Friday and 9.00am - 5.00pm on Saturday and Sunday. Times may vary for bank holidays, Christmas and New Year.

We do require full payment at the time of booking via debit or credit card. Kindly note that we also need authorisation from the card holder to process the payment.

Alternatively, if you are using a gift card as full or part payment, please have this to hand so we can take the number and expiry date.

ABOUT OUR TREATMENTS

To avoid disappointment, we recommend that any inclusive or additional treatments are booked as far in advance as possible.


Treatment availability cannot be guaranteed on the day.

Appointment times include an initial consultation and after care advice.

All treatments booked in addition to an inclusive spa day require full payment upon booking.

All prices are inclusive of VAT.



A formal garden at sunset. In the center is a circular fountain with a tiered basin and a central urn. The garden is filled with meticulously maintained conical topiaries of various sizes. In the background, a stone wall with two small towers is visible. The sun is low on the horizon, casting a warm, golden glow over the scene. The sky is a mix of orange and grey.

WE HOPE TO
SEE YOU SOON



HOAR CROSS HALL

Hoar Cross Hall, Maker Lane, Hoar Cross,
Burton upon Trent, Staffordshire DE13 8QS

01283 575 671 | hoarcross.co.uk | info@hoarcross.co.uk