

Introducing Seniors Helping Seniors - Sevenoaks, Tonbridge & West Malling

There's a huge difference in the kind of home care you can receive from someone who really understands what your life is like as a senior, the concerns you have, your need for independence. Someone who, like you, has a lot of living experience under his or her belt.

Seniors Helping Seniors® is a unique and award winning elderly home care business, which carefully matches loving, caring and compassionate active seniors with the heart of a volunteer, to less active seniors who need companionship and help with those activities of everyday living that we all take for granted when we are younger, in their own homes.

Our services include companionship, meal preparation, light housekeeping, light DIY and gardening, transportation to appointments or on visits, pet care etc. We do not offer medical or personal care, therefore the services we provide are not regulated by the CQC.

There is a charge for our services and we pay their senior carers well in excess of the UK Living Wage including the increase due in April 2019. We believe this to be "Profit with Social Purpose".

Each Seniors Helping Seniors branch is a family run business that recruits local seniors who have considerable life experience and a deep understanding of the issues that matter as you get older. Each one is carefully vetted and interviewed to understand their reasons for their wanting to care for others, their hobbies, their likes and dislikes. Our senior carers always get to choose their assignments and the hours they work.

One of 300 branches worldwide, the Sevenoaks, Tonbridge & West Malling office offers services centred on these three major towns and all the other smaller towns and villages surrounding. In addition we have available and are recruiting more senior carers, to offer our services in and around surrounding towns such as Maidstone, Tunbridge Wells, Edenbridge, Westerham and Swanley.

From a client perspective, we don't make assumptions of what any client needs, we ask. Our services are completely client focused and we like to meet every client to fully appreciate what services they are having issues with, as well as building an understanding of what they personally like and dislike, gauge what kind of individual they would get on with and note their past and present interests. Our services are designed to give them back control of their life and allow them to remain living in their own home, which is often their greatest wish.

Once we understand the need, we then carefully select senior carers who we believe will get on well with the client, talk to both about each other and introduce them to each other, finally checking with both of them after the first session, to be sure we got it right.

Here again is where we are different to most care companies in that we like to introduce a maximum of two senior carers. This ensures that the client knows and recognises the person calling, but gives cover for holidays and sickness.

The Director of Local Care of one of Kent's NHS Clinical Commissioning Groups described Seniors Helping Seniors as the 'perfect primary care system' in their public consultation for their recent 5 year Sustainability and Transformation plans.

We firmly believe that Seniors Helping Seniors[®] is the only care provider that offers active seniors opportunities to improve their lives, by working whatever part time hours they prefer. Add the bonus of helping other less active seniors live comfortably in their own home, knowing that someone they know and who cares will be round at agreed times and dates to make their lives easier.

Seniors Helping Seniors – Sevenoaks, Tonbridge & West Malling is operated by husband and wife team Barbara & Keith Reddy. The couple both know the area very well, both being brought up as children in the Sevenoaks area and having lived in Sevenoaks, Hildenborough, Weald, Sevenoaks again, Wrotham, Larkfield and East Peckham.