Berkhamsted Arts Centre

DANCE & FITNESS CLASSES



ADULT CLASSES

DANCE & FITNESS

MONDAY

- 9.30 Pilates (Fletcher)
- 10.45 Pilates (Fletcher)
- 11.15 Ballet Level 3/4 Advanced
- 12.15 Ballet Level 2/3 Intermediate
- 13.30 Ballet Pointework
- 14.00 Tap Adult Level 1
- 19.00 Ballet Adult level 1
- 18.45 Yoga (Meditation)
- 20.15 Yoga (Meditation)

TUESDAY

- 9.30 Pilates Exercise
- 12.45 Flamenco
- 17.30 Tap Adult Inter / Improvers
- 18.15 RAD Ballet Repertoire Level 3/4
- 18.30 Pole Attack 1
- 19.30 Pole Attack 2
- 19.15 Commercial/Street Jazz Seniors
- 19.15 Pilates 1
- 20.15 Pilates 2
- 20.30 Pole Attack 3

WEDNESDAY

- 18.15 RAD Ballet Repertoire Level 2
- 19.45 Barre Concept
- 20.00 Burlex

THURSDAY

- 9.45 Barre Concept
- 18.30 Tap Adult Advanced
- 19.00 Tap Adult Level 1
- 19.15 Jazz Adults
- 19.30 Pilates
- 20.00 Ballet Levels 2/3

FRIDAY

- 10.15 Ballet Barre + Stretch
- 11.15 Ballet Level 4/5
- 12.30 Ballet Beginners

SATURDAY

14.00 Ballet Open Class - Professionals

VYNE DANCE ACADEMY CLASSES

RAD BALLET & STRETCH

MONDAY

- 11.15 Ballet Level 3/4 Advanced
- 12.15 Ballet Level 2/3 Intermediate
- 13.15 Ballet Pointework
- 15.45 RAD Ballet Pre Primary
- 15.45 RAD Ballet Primary
- 16.15 RAD Ballet G1
- 17.00 RAD Ballet G4
- 19.00 Ballet Adult level 1

TUESDAY

- 16.00 RAD Ballet G1
- 16.45 RAD Ballet G2
- 18.15 RAD Ballet Repertoire Level 3/4

WEDNESDAY

- 16.30 Pointe G4
- 17.00 RAD Ballet G5
- 17.45 RAD Ballet Inter Theory
- 18.30 RAD Ballet Intermediate
- 18.15 RAD Ballet Repertoire Level 2

THURSDAY

- 17.00 RAD Ballet G6
- 17.00 Ballet Pointework G5/6
- 17.45 RAD Ballet Intermediate
- 17.45 Stretch & Conditioning
- 20.00 Ballet Levels 2/3

FRIDAY

- 10.15 Ballet Barre + Stretch
- 11.15 Ballet Level 3/4
- 12.30 Ballet Level 1
- 15.45 RAD Ballet Pre-Primary
- 16.15 RAD Ballet Primary
- 17.00 RAD Ballet G3

SATURDAY

- 9.15 Scholars A/B Ballet (G3/G4)
- 12.30 Scholars 3 Ballet (G5/G6)
- 12.30 Scholars 4 Ballet (Inters/Adv)
- 13.15 Scholars 4 Ballet Pointe (G6 /
- 14.00 Ballet Open Class Professionals

MUSICAL THEATRE | EDUCATION CONTEMPORARY | TAP | JAZZ

MONDAY

- 14.00 Tap Adult Level 1
- 17.00 GCSE Dance (1st year course)
- 17.45 GCSE Dance (1st/2nd years)
- 18.00 A Level Dance

TUESDAY

- 16.00 ISTD Tap Grade 2
- 16.45 ISTD Tap & Modern Grade 1
- 17.30 Street Kids 9-12
- 17.30 Tap Adult Inter / Improvers
- 19.15 Commercial/Street Jazz Seniors

WEDNESDAY

- 17.45 Contemporary Mids
- 18.30 Contemporary GCSE
- 19.15 Contemporary Seniors

THURSDAY

- 18.30 Tap Adult Advanced
- 19.15 Jazz Adults

FRIDAY

SATURDAY

- 10.00 Jazz Juniors (Scholars A & B)
- 10.30 Musical Theatre (Scholars A & B)
- 11.00 Musical Theatre (Scholars C & D)
- 11.00 Tap Juniors (Scholars A & B)
- 11.45 Jazz Seniors (Scholars C & D)

PRIVATE LESSONS

Dance, Acting & Singing

For exams (RAD, ISTD, LAMDA & LCM) or auditions

For more information or to book classes: www@berkhamstedartscentre.co.uk

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