



Client Intake Form

Please print clearly and complete fully. **Incomplete forms may delay the intake process.** Thank you.

Client Name: _____ Date of Birth: _____
 (First) (Middle Initial) (Last)

Client Email Address: _____

Client Home Address: _____
 (Street) (Apt #/Complex Name) (City) (State) (Zip Code)

Primary Phone (_____) _____ - _____ Secondary Phone (_____) _____ - _____

Referring Agency: Provider Agency: _____
 Provider Address: _____

Demographic Information:

Gender (select one): Female Male Transgender (F to M) Transgender (M to F)
 Ethnicity (select one): Hispanic/Latino Non-Hispanic/Latino Don't Know Refused to Answer
 Race (select one): American Indian/Alaskan Native Asian Black/African-American
 Native Hawaiian/Pacific Islander White/Caucasian Multi-Racial
 Other (please specify): _____
 Veteran: Yes No Primary Language: _____

Services Needed/Treatment Plan:

(Check one) Home-Delivered Meals OR Groceries-to-Go*

*Please note that staff will conduct assessment to determine if Groceries- to- Go is the appropriate program for client

Meal Plan: (Check all that apply)

Regular Vegetarian Diabetic Shelf-Stable Heart Healthy (no beef or pork)
 Pureed No Fish Renal GI Friendly Soft No Dairy

Dietary Restrictions: _____

Food Allergies: Yes No If yes, please list: _____

Please inform us of any food allergies as our meals and groceries do not have allergy-free options. Meals may contain the following: milk, egg, fish, shellfish, tree nuts, wheat, peanuts, or soy.

Does the client have a microwave? Yes No

Will someone be home between 10:00am and 3:00pm on delivery days to receive deliveries? Yes No

Household and Family Information:

Client lives: (check one) Alone with Partner with Family with Friends
 In shelter/homeless Other (please describe): _____

Total Number of Household Members: _____ Household and Family members: (complete and indicate if family member needs service - If there are more household members, please attach information)

1. Name: _____ DOB: _____ Gender: _____
 Relationship to Client: _____ Ethnicity: _____ Race: _____
 Primary Language: _____ Needs Food & Friends Services: Yes No
2. Name: _____ DOB: _____ Gender: _____
 Relationship to Client: _____ Ethnicity: _____ Race: _____
 Primary Language: _____ Needs Food & Friends Services: Yes No

Will the client receive deliveries at the home address on Page 1? Yes No

If NO, please provide the address where deliveries should be made:

(Street) (Apt #/Complex Name) (City) (State) (Zip Code)

Type of address (family member home, case manager office, etc): _____

Providers and Relationships: (please complete all that are applicable)

Case Manager: Name _____ Organization: _____
Phone _____ Email: _____
Aware of client's illness/status? Yes No Emergency Contact? Yes No Referring Provider? Yes No

Physician: Name _____ Organization: _____
Phone: _____ Email: _____
Aware of client's illness/status? Yes No Emergency Contact? Yes No Referring Provider? Yes No

Other: Name _____ Organization: _____
Phone: _____ Email: _____
Relationship to Client: _____
Aware of client's illness/status? Yes No Emergency Contact? Yes No Referring Provider? Yes No

Emergency Contact : Name _____ Relationship to client: _____

Phone: _____ Email: _____

Aware of client's illness/status? Yes No

Income and Insurance information: *Income is not a factor for Food & Friends eligibility, but documentation is required for compliance with our funding requirements*

Income sources: *Please list all sources and amount; (Please include SNAP, TANF, and/or WIC if applicable)*

Income Source #1: _____ Amount #1: _____

Income Source #2: _____ Amount #2: _____

Income Source #3: _____ Amount #3: _____

If client has no income, please check this box

Total Monthly Household Income: \$ _____

General Medical Insurance:

Insurance Type #1: _____ Carrier #1: _____ Is Primary Yes No

Insurance Type #2: _____ Carrier #2: _____ Is Primary Yes No

If client has no insurance, please check this box

Food & Friends Service Eligibility

Must have a PRIMARY ILLNESS AND A COMPROMISED NUTRITIONAL STATUS AND Needs some or total assistance with 1 or more ACTIVITIES OF DAILY LIVING.

Clients will be re-certified every nine months. Food & Friends' staff will make the final eligibility determination.

Primary Diagnosis: (check all that apply; data must be current within 6 months)

Cancer, active diagnosis

Type: _____ Stage: ____ Date of most recent diagnosis: _____ Has primary cancer metastasized? Yes No

Sites: _____

Active Treatment: (check those that apply) Radiation Therapy Chemotherapy Immunotherapy

Bone Marrow/Stem Cell Transplant Not receiving treatment - Why not? _____

Diabetes (Adult) (must have A1C >8)

HbA1C: Value _____ Date _____ GFR: Value _____ Date _____

BUN: Value _____ Date _____ Creatinine: Value _____ Date _____

Presence of Severe Complication: Heart failure Chronic Kidney Disease (Stage IV-V)

Loss of vision/legal blindness Vascular complications (such as diabetic peripheral angiopathy with gangrene)

Cerebrovascular disease (such as stroke within the last year and/or vascular dementia) Obesity (BMI of 30.0 or greater)

Diabetes (Pediatric – age 2-18)

Type I (must have A1C > 11.5) HbA1C: Value _____ Date _____

Hospitalized for Diabetic Ketoacidosis in the last 6 months? Yes No Date: _____

Type II (must have A1C > 7.5) HbA1C: Value _____ Date _____

BMI is greater than the 95th percentile Yes No

Stage 5 Renal Disease Dialysis schedule _____

Congestive Heart Failure NYHA Class: III IV

Chronic Obstructive Pulmonary Disease (COPD) Stage: III IV

Multiple Sclerosis RRPS SPMS PPMS

ALS (Amyotrophic Lateral Sclerosis/Lou Gehrig’s Disease) Middle Stages Late Stages

Parkinson’s Stage III IV V

Is the client in Hospice? Yes No (If the client does not have an illness listed above, he/she must be in Hospice)

If primary illness is not listed above, please list here: _____

Pregnancy Status: Yes No Unknown

Is the client HIV+? Yes No Unknown

Compromised Nutritional Status (check all that apply):

- Chewing/swallowing difficulties (dysphagia, mouth sores, oral defects, etc.)
- Diarrhea (persistent and lasting more than one month)
- Nausea/Vomiting (persistent and lasting more than 2 weeks)
- Inability to prepare or procure food due to **health reasons** such as persistent generalized weakness, physical limitations, extreme fatigue (please specify): _____
- Involuntary weight loss (>5% in 4 weeks’ time OR >10% in 6 months’ time)
- Other nutrition issue(s), please explain: _____

Is the client currently being seen by a Dietitian or Nutritionist? Yes No

If yes, from whom? Dietitian Name: _____ Dietitian Agency: _____
Dietitian Phone: _____ Dietitian Email: _____

Height and Weight Information:

Height: _____ Current Weight: _____ Usual Weight: _____
Weight Loss? Yes No Amount: _____ Length of time: _____ Date: ____/____/____

Activities of Daily Living (please complete fully)

Activity	Can complete by self with no assistance	Can complete by self with difficulty	Some Assistance required	Total Assistance required	Who Assists?
Ambulating	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
Decision Making	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
Eating	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
Grocery Shopping	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
Homemaking	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
Meal Preparation	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	

Previous Hospitalizations (starting with the most recent):

Date: ___/___/___ Hospital: _____ Reason(s): _____ Discharge Date: ___/___/___
 Date: ___/___/___ Hospital: _____ Reason(s): _____ Discharge Date: ___/___/___
 Date: ___/___/___ Hospital: _____ Reason(s): _____ Discharge Date: ___/___/___

Past medical history (co-occurring disorders, surgeries, etc): _____

Medications (please list all current medications): _____

Supplements (please list all): _____

Our Staff and Volunteers will be visiting clients in their homes. Is there anything else you think we should know? (mental health diagnosis, substance abuse history, etc) _____

Provider Attestation:

I, the undersigned, do attest that my client (client name) _____, meets Food & Friends eligibility requirements. I have verified the client's income, residency, and medical status.

Referral agent or Doctor (Printed) Title Organization/Agency

Signature (of Referral agent or doctor) Phone Date

Please fax this completed form with any attachments to: Food & Friends, ATTN: Client Services fax: 202-635-4261
 Client Name: _____ Date: ___/___/___



Client Services

Client Services Director

(202) 269-6823

Client Comment Line

(202) 488-4835

Client Services/Delivery Office

(202) 269-6820

CLIENT AGREEMENT WITH FOOD & FRIENDS

The following form must be completed on the first day of delivery and returned to Food & Friends.

If this form is not completed and returned, Food & Friends has the right to suspend service.

I, _____ (*print full name*), have now begun receiving services from Food & Friends.

I understand that I may receive one food service from Food & Friends at a time; either Groceries-to-Go or Home-Delivered Meals. I understand that I may receive Medical Nutritional Therapy at any time I qualify and am eligible for service.

I understand that I, or another household member, must be home between 10:00 am and 3:00 pm to receive the food delivery. It is my responsibility to inform Food & Friends if no one is able to receive the food. I understand that arrangements can be made for alternative delivery sites. I have read over the missed delivery policy and understand that it will be enforced if necessary.

I assume full responsibility of informing Food & Friends of any dietary changes, including those due to illness or medicine. I understand that I may contact the staff dietitians at anytime and that I will be placed on a nutritional assessment schedule. I will attempt to keep all scheduled appointments.

I, or my caregiver, will notify Food & Friends immediately if my address changes, I am hospitalized, or I go out of town, so that my delivery can be stopped or changed. It is my responsibility to inform Food & Friends when I am discharged from the hospital, return to my home, or get a new address, so that delivery can resume.

I am aware that I, and any persons acting on my behalf, must maintain an appropriate relationship with Food & Friends staff and volunteers. I understand that staff and volunteers cannot assist with personal favors, such as transportation, cleaning, borrowing money, or shopping. I understand that at no time may I, or anyone in my household, cause a Food & Friends representative to feel or be endangered or made to feel uncomfortable. I understand that behavior of an inappropriate nature, such as verbal or physical abuse in person or over the phone, may be cause for suspension or termination of my service. I understand that Food & Friends may deem my household or building as unsafe and may request an alternate delivery address.

I have been notified of the client comment line and understand that I may call it at any time to report a grievance, suggestion or comment without fear of losing my services. I have been notified that I have the right to free interpreter services.

I understand that if I have a dog (of any size or breed) I must put the dog(s) in a closed room before opening the door to accept my delivery.

I understand that if applicable, I will be required to renew my Ryan White eligibility (funding source for clients with HIV/AIDS) every six months by providing Food & Friends with updated proof of income, proof of residency and/or insurance information. I understand that failure to do so may result in my service being stopped.

I understand that Food & Friends provides services free of charge and that no insurance plan provides re-imburement for these services.

I received the Client Grievance Policy and the Client Rights and Confidentiality Policy.

I understand that if I fail to comply with the above, my service may be discontinued.

(Client signature)

(Date)



Delivering hope, one meal at a time®

Release of Information

Full Name: _____

Date of Birth: _____

Address: _____

I, _____, do hereby request of _____
(client name) *(provider agency)*

to release information which documents my illness and my need or eligibility for the services of Food & Friends.

Additionally, I give permission to Food & Friends to provide written or verbal information relevant to my receipt of or eligibility for services to

Provider Name: _____

Agency: _____

Phone Number: _____

Fax Number: _____

Email Address: _____

Client Signature: _____

Date: _____

Relationship if not client: _____

If the client is under 18 years of age,
a parent or legal guardian's signature is required.

This form can be revoked at any time by me and expires in 12 months.

219 Riggs Rd. NE, Washington, DC 20011 – (202) 269-6823