



Managed Services Limited

Prepared by:	Reference number:
Mike Chubb	VC8
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Method statement details of work for kitchen deep clean

This document is designed to inform clients of our method of working it should be supported with scope of work/quotation & risk assessment

METHOD STATEMENT –

TASK: Internal cleaning of Ventilation Risers – Using industrial rope access technique.

General Note: *Only operatives who have undertaken an approved IRATA rope access course and certificated as competent can undertake rope access work. Only an IRATA approved level 3 technicians can plan work which is involved with working in confined spaces and potential poisonous atmospheres and must also be able to provide a full risk assessment and safe method of work beforehand. The abseil team leader will check the COSHH assessment supplied by CLEAR Managed Services for the cleaning substances to be used for the task, to ensure that they will not affect or cause harm to a person working in confined spaces.*

1. Operatives to sign in at security reception, receive, read and sign 'Permit to Work'. The abseil team leader to verify that all equipment controlling air flow to the riser has been switched off and the controls have been isolated.
2. The abseil team leader to then lead the abseil team up to the top of the riser via the designated safe means of access and egress.
3. The abseil team leader to then deploy the team and the necessary equipment.
4. The operative who will be working within the riser will then fasten the working and safety ropes to the structural steel supports above the riser or other safe designated anchorage points. The operative will also fasten an extra line for delivery of equipment if so required.
5. The operative will then put on work positioning harness and other necessary equipment. The abseil team leader will then check that all ropes have been correctly fastened and check the work positioning harness and equipment of the cleaning operative.
6. The abseil team leader will then open the riser hatch and take a reading using an appropriate air monitor and detect for gas or other dangerous substances.
7. If the readings from the air monitoring equipment are negative he will then instruct the operative to attach to both the working and safety line. The abseil team leader will then make a final check of the operative and attachments.
8. The operative will then attach a personal air monitor to their harness and descend down into the riser and commence cleaning operations.
9. If at any time during the cleaning operations the personal air monitor should indicated that the atmosphere within the riser is dangerous the operative will stop work immediately and either



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descend to the nearest safe exit hatch or signal to the team leader at the top of the riser shaft to be hauled up to the top.

10. On completion of all cleaning tasks with the riser shaft the abseil team will dismantle all equipment and the abseil team leader will then close the riser hatch.
11. The abseil team leader will then lead the abseil team back down to ground floor level and inform the Bright Hygiene supervisor that the clean has been completed and that all operatives and equipment are clear.
12. The abseil team leaders will then dispose of all waste materials on site and remove all other equipment from the premises.
13. The abseil team leader will then return and sign off the 'Permit to Work' and hand this back into building security.
14. The abseil team will then leave the site.