

AquaNEWS

Success in their First Competition:

Amy Thomson, Georgia and Jessica Diver all took medals in their first figure competition which is a great achievement. Amy was the Middlesex and Competition ungraded Champion which is a tremendous achievement. Georgia was close behind in silver medal position. Georgia also put a in a great performance in the Starry Eyes Team. She has had very little experience and is very new to synchronised swimming but she coped very well with the team routine. Jessica Diver was the Middlesex over 13 Champion in the ungraded session and showed a calm and competitive approach to the competition. Well done to the new swimmers.



Under 12 Swimmers:

The younger girls in the competition performed really well for their first competition. They were up against some strong swimmers who were a few years older than them but still managed to get good placing's. These girls also stayed for the routines and showed a keen desire to be developing their own routine skills. We look forward to seeing them perform in the London Region Competition on 23rd March 2013



2013 Event Dates

18th - 22nd February
Half Term Training Camp
Location- College

23rd March
London Competition
Location- Southgate

28th March - 1st April
National Champs
Location-Cobham Hall, Kent

27th April
Skills Assessment
Location- London

27th May - 31st May
Half Term Camp
Location- College

15th June
London Development Day
Location- Erith

22nd June
Skills Assessment
Location- London

6th July
Sponsored Swim
Location- College

14th July
Recreational Club Figures
Location- College

21th July
Summer Display
Location- Pool & Track

Please note: These events may change, please check with the coaching team.

Top Marks for Savannah:

All girls that take part in competitions receive points for their performance which goes towards the overall club championship results. Savannah Gracey was a high scorer at the Middlesex Championship taking 2 Gold's, 1 Silver and 1 Bronze medal, giving her an overall score of 30 points. Her hard work and dedication is certainly paying off. Well done Savannah.



Figure Achievements:

Aquavision took gold in four figure sections which is a good achievement for the club. Hannah K once again pulled out a gold medal performance in the level 1 figures, winning the overall Championship and Middlesex in the under 13 level 1 section. Hannah achieved 34 points in Aquavision Club Championships and with 2 other competitions this years is progressing well. The other gold's were achieved by Jessica Diver, Savannah Gracey and Amy Thomson. Full results are available from Aquavision website.

Starry Eyes:

The Starry Eyes Team had only managed to swim the whole team together once in practice. The girls did the best they could under the circumstances and showed good team work on the day. We took the silver medal for Middlesex and I am sure that this team will have lots of future successes.



Routines:

Claire Harris swam a solo for Aquavision and was the youngest competitor in the event. She had a few nose clip problems but managed to deal with the issue underwater. Claire took the silver medal for her performance. Aquavision entered 3 duets in the competition and again we found ourselves competing against more mature swimmers. The girls looked like they really enjoyed this section and we achieved a silver and bronze medal. Lucy Sullivan and Claire Harris swam an established duet but this was the first time she has partnered with Claire. The girls had very little time together and showed good synchronisation and partnership. They finished in silver medal position. Savannah Gracey and Rebecca Bury had a difficult task and were swimming together for the first time. The duet was new and they had worked very hard to prepare for the event. The duet had some nice choreography and they put forward a good performance taking a bronze medal for Middlesex. It was a pleasure to watch the junior duet who were the youngest performers in the competition and did well to compete against established swimmers. Ruby Hellen and Aimee Sullivan started as a novice duet together 12 months ago and work really well together.



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