



FRIDAY, SEPTEMBER 13, 2019		
6:00 AM - 7:00 AM	Registration & Breakfast	
7:00 AM	Welcome Remarks	Nikhil N. Verma, MD
7:00 AM - 8:00 AM	Live Surgery Broadcast	Grant E. Garrigues, MD
		Alan Curtis, MD
	Arthroscopic Stabilization	Brian J. Cole, MD, MBA
	Latarjet	Gregory P. Nicholson, MD
8:00 AM - 9:40 AM	Session I - Shoulder Instability	Alan Curtis, MD
8:10 AM	First Time Shoulder Instability: Follow the Evidence and Fix!	Julie Bishop, MD
8:18 AM	Primary Instability: You Can Watch and Wait	John D. Kelly, IV, MD
8:26 AM	Non-op Rehab and Return to Sport of the In-Season Athlete	Kevin E. Wilk, DPT
8:34 AM	Glenoid Bone Loss: How to Measure and How to Fix	Nikhil N. Verma, MD
8:42 AM	Shoulder Instability Evolved: My Treatment Algorithm	Mark H. Getelman, MD
8:50 AM	Shoulder Stabilization: Get Me Back to Play!	Michael Reinold, PT, DPT, SCS, CSCS
8:58 AM	Posterior Instability: A Contemporary Approach	Alan Curtis, MD
9:06 AM	Arthroscopic Latarjet...My Experience	Grant E. Garrigues, MD
9:14 AM	Non-Op Management of MDI: How I Approach This	Matthew Gauthier, PT, DPT, SCS
9:20 AM	Instability Case Presentations, Question and Answer	Augustus D. Mazzocca, MD, MS
		Brian J. Cole, MD, MBA
		Kevin E. Wilk, DPT
		Alan Curtis
		John D. Kelly, IV, MD
9:45 AM - 10:15 AM	Coffee Break with Exhibitors	
10:15 AM - 11:15 AM	Live Surgery Broadcast	Larry D. Field, MD
		Brian Waterman, MD
	Rotator Cuff Repair Single Row	Mark H. Getelman, MD
	Rotator Cuff Double Row	Nikhil N. Verma, MD
11:15 AM - 12:50 PM	Session II - Shoulder Continued	Gregory P. Nicolson, MD
11:15 AM	Non-Operative Management of Rotator Cuff Tears: Who Needs Surgery?	Julie Dodds, MD
11:23 AM	Rotator Cuff Biomechanics: Best Practices for Repair	Brian Waterman, MD
11:31 AM	Rotator Cuff Repair: Biology is the Next Frontier	Augustus D. Mazzocca, MD, MS
11:39 AM	SCR: Fact and Fiction	Grant E. Garrigues, MD
11:47 AM	Subscapularis: The Forgotten Tendon	Larry D. Field, MD
11:55 AM	Massive Cuff: My Treatment Algorithm	Scott W. Trenhaile, MD
12:03 PM	Tendon Transfer for Massive Cuff: Why You Should Learn This	Gregory P. Nicholson, MD
12:11 PM	Rehab After Cuff Repair: How Fast Can I Go?	Michael Reinold, PT, DPT, SCS, CSCS
12:20 PM	Cuff Case Presentations, Question and Answer	Nikhil N. Verma, MD
		Larry D. Field, MD
		Brian Waterman, MD
		Michael Reinold, PT, DPT, SCS, CSCS
		Julie Bishop, MD
12:50 PM - 2:00 PM	Break for Lunch	



FRIDAY, SEPTEMBER 13, 2019		
1:00 PM -2:00 PM	Live Surgery Broadcast with Lunch	Nikhil N. Verma, MD
		Julie Bishop, MD
	Massive Cuff with Patch	Mark H. Getelman, MD
	Shoulder Arthroscopy and Superior Capsular Reconstruction	Grant E. Garrigues, MD
	Physician Track	
2:00 PM - 3:30 PM	SLAP/Biceps/Overhead Athlete	Alan Curtis, MD
2:00 PM	SLAP Lesions: Fact or Fiction	Nikhil N. Verma, MD
2:08 PM	Rehabilitation of the Throwing Shoulder: Surgery is the Last Choice	Kevin E. Wilk, DPT
2:16PM	The Biceps Tendon: My Approach	Larry D. Field, MD
2:24 PM	Suprascapular Nerve Decompression: Was it Just a Fad?	Scott W. Trenhaile, MD
2:32 PM	AC Joint Update 2019	Julie Bishop, MD
2:40 PM	Articular Lesions of the Shoulder: Non-Arthroplasty Options	Brian J. Cole, MD, MBA
		Alan Curtis, MD
2:48 PM	Case Presentations, Question and Answer	Brian J. Cole, MD, MBA
		Kevin E. Wilk, DPT
		Larry D. Field, MD
		Scott W. Trenhaile, MD
3:15 PM - 3:45 PM	Coffee Break with Exhibitors	
3:45 PM – 4:45 PM	Live Surgery Broadcast	Gregory P. Nicholson, MD
		Scott W. Trenhaile, MD
	Biceps Tenodesis (open or scope)	Nikhil N. Verma, MD
	Elbow Arthroscopy OCD (OR UCL)	Mark H. Getelman, MD
	Distal Biceps/UCL	John J. Fernandez, MD
5:00PM	Adjourn to Welcome Reception	
	Therapy Track	Russ Paine, PT
2:00 PM	Shoulder Physical Exam	Kevin E. Wilk, DPT
		Brian J. Cole, MD, MBA
2:40 PM	Scapular Dyskinesis; Recognition & Treatment	George Davies, DPT
3:00 PM	What's New in the Rehab Thrower's Shoulder?	Kevin E. Wilk, DPT
3:20 PM	Training Techniques to Enhance Performance & Prevent Injury	Michael Reinold, PT, DPT, SCS, CSCS
3:40 PM - 4:00 PM	Coffee Break with Exhibitors	
4:00 PM - 5:00 PM	Therapy Track Continued	Kevin E. Wilk, DPT
4:00 PM	Non-Operative Rehab of SLAP Lesions & Biceps Pain	Russ Paine, PT
4:10 PM	Rehab Techniques of the Stiff and Painful Shoulder Patient	Matthew Gauthier, PT, DPT, SCS
4:20 PM	Return to Play Criteria & Specific Tests	George Davies, DPT
4:30 PM	Why Do Some Patients Hurt More Than Other Shoulder Patients	Thomas McDevitt, PT, DPT, OCS
4:40 PM	Case Studies and Open Discussion	Kevin E. Wilk, DPT
		Russ Paine, PT
		Brian J. Cole, MD, MBA
		George Davies, DPT
		Michael Reinold, PT, DPT, SCS, CSCS
		Matthew Gauthier, PT, DPT, SCS



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		Thomas McDevitt, PT, DPT, OCS
5:00 PM	Adjourn for the Day	
5:00 PM - 7:00 PM	Welcome Reception	

SATURDAY, SEPTEMBER 14, 2019		
6:00 AM - 7:00 AM	Registration & Breakfast	
7:00 AM	Welcome Remarks	
7:00 AM - 8:00 AM	Live Surgery Broadcast	Rachel M. Frank, MD Christian Lattermann, MD
	Osteochondral Allograft	Brian J. Cole, MD, MBA
	Surface Based Cartilage Transplant	Adam B. Yanke, MD
8:00 AM - 9:37 AM	Session III – Knee Decisions	Kevin F. Bonner, MD, FAAOS
8:10 AM	Articular Cartilage Lesions: Patient Evaluation and Decision Making	Seth L. Sherman, MD
8:18 AM	Management of Articular Lesions: From Surface to Bone	Christian Lattermann, MD
8:26 AM	Osteotomies in the Knee: A Lost Art	Charles A. Bush-Joseph, MD
8:34 AM	Stop at the Surface or Go Beyond? How I Make the Decision	Nicholas Sgaglione, MD
8:42 AM	Biologics and Knee Cartilage: What's the Options and Evidence?	Jorge Chahla, MD, PhD
8:50 AM	Rehabilitation of the Cartilage Deficient Knee	Kevin E. Wilk, DPT
8:58 AM	The FDA and Biologics: How Do I Stay Compliant	Brian J. Cole, MD, MBA
9:06 AM	Articular Injury in the High-Level Athlete	Christian Lattermann, MD
9:14 AM	Knee Case Presentations, Question and Answer	Brian J. Cole, MD, MBA Kevin E. Wilk, DPT Christian Lattermann, MD Kevin F. Bonner, MD, FAAOS Seth L. Sherman, MD Nicholas Sgaglione, MD
9:45 AM - 10:15 AM	Coffee Break with Exhibitors	
10:15 AM - 11:15 AM	Live Surgery Broadcast	Kevin F. Bonner, MD, FAAOS Aaron J. Krych, MD
	MPFL Reconstruction	Adam B. Yanke, MD
	ACL Medial Portal	Mark H. Getelman, MD
11:15 AM - 12:45 PM	Session IV - ACL Injuries	Jorge Chahla, MD, PhD
11:15 AM	ACL Injuries: Can They Be Prevented?	Timothy Hewett, PhD
11:23 AM	ACL: Graft Options and Indications	Kevin F. Bonner, MD, FAAOS
11:31 AM	ACL: Contemporary Technical Tips to Get it Right!	Brian Forsythe, MD
11:38 AM	Non-Operative Rehab of the ACL Deficient Knee: When Does it Work?	Lynn Snyder-Mackler, PT, ATC, Sc.D, SCS, FAPTA
11:47 AM	ACL Revision: My Bag of Tricks	Bernard Bach, Jr., MD
11:54 AM	Extra-Articular Augmentation: When and How	Jorge Chahla, MD, PhD
12:03 PM	ACL Outcomes: Young Athletes vs Everyone Else	Rachel M. Frank, MD



12:11 PM	Functional Sports Assessment: You Need This Program if You Take Care of ACL Patients	Lynn Snyder-Mackler, PT, ATC, Sc.D, SCS, FAPTA
12:19 PM	ACL Case Presentations, Question and Answer	Nicholas Sgaglione, MD
		Lynn Snyder-Mackler, PT, ATC, Sc.D, SCS, FAPTA
		Kevin E. Wilk, DPT
		Jorge Chahla, MD, PhD
		Charles A. Bush-Joseph, MD
		Timothy Hewett, PhD
		Kevin F. Bonner, MD, FAAOS
12:45 PM - 2:00 PM	Break for Lunch	
1:00 PM - 2:00 PM	Live Surgery Broadcast with Lunch	Charles A. Bush-Joseph, MD
		Seth L. Sherman, MD
	Patellafemoral Arthroplasty	Brian Forsythe, MD
	Hip Arthroscopy FAI Correction with Hip Check	Shane Nho, MD, MS
2:00 PM - 3:15 PM	Physician Track - Meniscus and Patellofemoral	Adam B. Yanke, MD
2:00 PM	Meniscus Repair 2019	Lou McIntyre, MD
2:08 PM	Complex Meniscus Surgery: Root, Radial and More	Aaron J. Krych, MD
2:16 PM	Meniscus Transplant: My Twenty-Year Experience	Brian J. Cole, MD, MBA
2:24 PM	Patellofemoral Pain: Where Do We Start?	Rachel M. Frank, MD
2:32 PM	Patellofemoral Instability: My Treatment Algorithm	Adam B. Yanke, MD
2:40 PM	Patellofemoral Cartilage Injury: We Can Make Difference	Seth L. Sherman, MD
2:48 PM	Patellofemoral Problems: Think Rehab First	George Davies, DPT
2:56 PM	Case Presentation: Patellofemoral and Meniscus	Aaron J. Krych, MD
		Adam B. Yanke, MD
		Brian J. Cole, MD, MBA
		Seth L. Sherman, MD
		Rachel M. Frank, MD
		Lou McIntyre, MD
3:15 PM - 3:30 PM	Coffee Break with Exhibitors	
3:30 PM - 4:30 PM	Live Surgery Broadcast	Nicholas Sgaglione, MD
		Michael Ellman, MD
	High Tibial Osteotomy	Charles A. Bush-Joseph, MD
	Hip Abductor Repair	Shane Nho, MD, MS
4:30 PM - 5:00 PM	Physician Track - Elbow	Larry D. Field, MD
4:30 PM	Distal Biceps Repair: Contemporary Options	John J. Fernandez, MD
4:38 PM	Elbow Arthroscopy: My Top 5 Pearls for Success	Larry D. Field, MD
4:46 PM	UCL Update 2019: Repair or Reconstruct	Mark S. Cohen, MD
4:54 PM	Elbow Rehabilitation in the Throwing Athlete	Kevin E. Wilk, DPT
5:00 PM	Question and Answer Session	Larry D. Field, MD
5:15 PM	Adjourn for the Day	



	Therapy Track	
2:00 PM	ACL Rehab - The First 8 Weeks	Russ Paine, PT
2:15 PM	ACL Rehab: Advanced Phases of ACL Rehab	Kevin E. Wilk, DPT
2:30 PM	Return to Play Criteria: What Tests are Best?	Lynn Snyder-Mackler, PT, ATC, Sc.D, SCS, FAPTA
2:45 PM	Rehabilitation of the Patellofemoral Joint Pain: Non-Operative Strategies and Techniques	Matthew Gauthier, PT, DPT, SCS
3:00 PM	Question & Answer Session	Kevin E. Wilk, DPT
3:10 PM	Coffee Break with Exhibitors	
3:30 PM	Therapy Track	Michael Reinold, PT, DPT, SCS, CSCS
3:45 PM	Pearls and Pitfalls for Post-Op Hip Arthroscopy Hip Disorders	Phil Malloy, PhD, PT
4:00 PM	Pilates for Athletes: Training the Core and the Entire Body	Molly Malloy, PT
4:15 PM	Rehabilitation Following UCL Reconstruction & Repair	Kevin E. Wilk, DPT
4:30 PM	What's New in the Training Room: Instrument Soft Tissue, Cupping, Dry Needling: Indications & Evidence	Kevin E. Wilk, DPT
4:45 PM	Blood Flow Restriction	Annie Bierman, PT
5:00 PM	Question & Answer Session	Kevin E. Wilk, DPT
5:15 PM	Adjourn for the Day	Russ Paine, PT

SUNDAY, SEPTEMBER 15, 2019		
6:00 AM - 7:00 AM	Registration & Breakfast	
7:00 AM - 9:15 AM	Session V- Hip	Allston Stubbs, MD
7:00 AM	Hip Kinematics and Pathomechanics	Phil Malloy, PhD, PT
7:08 AM	Physical Examination of Hip and Pelvis	Hal Martin, DO
7:16 AM	Update on Hip Biomechanics	Shane Nho, MD, MS
7:24 AM	Overview of Imaging for Hip Pathology	Jorge Chahla, MD, PhD
7:32 AM	My Perspective on FAIS	John Christoforetti, MD
7:40 AM	My Perspective on Hip Labrum	Michael Ellman, MD
7:48 AM	My Perspective on Hip Instability	Richard C. (Chad) Mather III, MD
7:56 AM	My Perspective on Hip Dysplasia	Jorge Chahla, MD, PhD
8:04 AM	Limits of Hip Arthroscopy: Extra-Articular Impingement, Borderline Dysplasia, and Dysplasia Variants	Allston Stubbs, MD
8:14 AM	Next Frontier in Hip Arthroscopy	Shane Nho, MD, MS
8:22 AM	Rehabilitation After Hip Arthroscopy & Open Hip Surgery	Dan Schloss, DPT
8:32 AM	FAI, Labrum Case Presentations, Question and Answer	Michael Ellman, MD
		Shane Nho, MD, MS
		John Christoforetti, MD
		Allston Stubbs, MD
		Dan Schloss, DPT
		Hal Martin, DO
9:15 AM - 9:45 AM	Coffee Break with Exhibitors	
9:45 AM - 11:00 AM	Session VI - Hip Continued	Shane Nho, MD, MS
9:45 AM	Hip - Spine Syndrome Work Up	Hal Martin, DO



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9:53 AM	Proximal Hamstring Syndrome and Tears	John D. Kelly, IV, MD
10:01 AM	Ischiofemoral Impingement	Allston Stubbs, MD
10:09 AM	Athletic Groin Injuries	John Christoforetti, MD
10:17 AM	Greater Trochanteric Pain Syndrome	Richard C. (Chad) Mather III, MD
10:25 AM	Rehab for Extra-Articular Hip Pathology	Krystin Taylor, DPT
10:33 AM	Case Presentations, Question and Answer	Hal Martin, DO
		John D. Kelly, IV, MD
		Allston Stubbs, MD
		Richard C. (Chad) Mather III, MD
		Krystin Taylor, DPT
11:00 AM	Course Adjourns	