



Community
NEWS

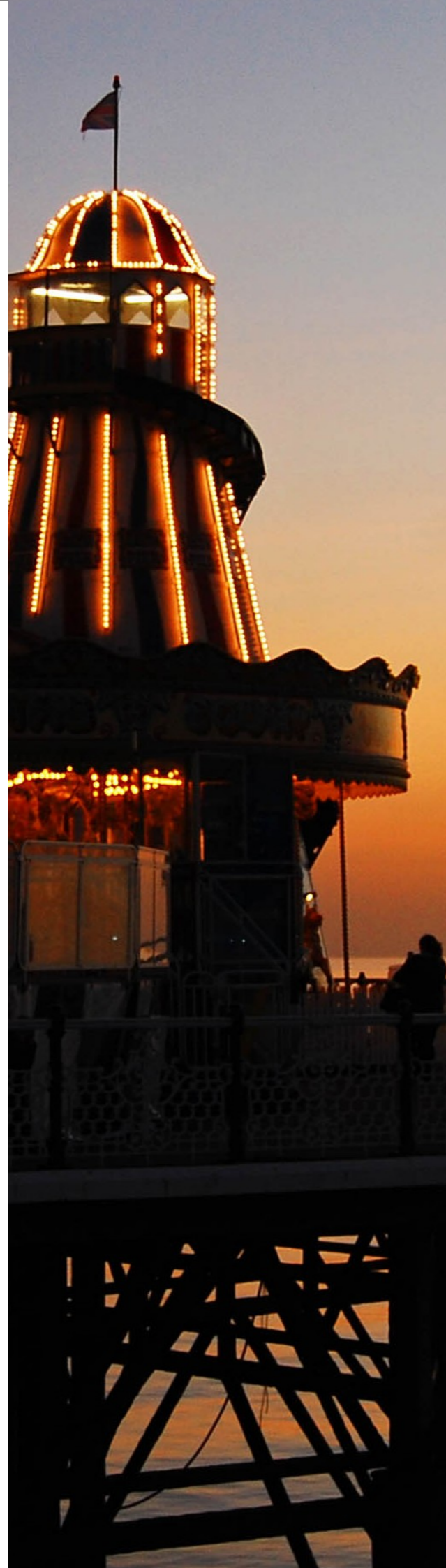
from Amber Valley CVS



Incorporating our Annual Report 2016-2017



**Amber Valley CVS,
proud to support our community
and its people with voluntary action**



Report from the Chief Executive...

Congratulations to all Amber Valley voluntary and community groups who have continued to meet, deliver, develop and thrive in this financial year.

It has felt like we were on a “Helter Skelter” - running to the top for new commissioning then a fast slide into new commissioning or activity.

A great big **“Thank you”** to all the volunteers and staff who contribute time and passion for health, social care, conservation and sporting activity for adults, opportunities to take part in uniformed groups activities for young people and then flying into new arrangements and projects.

Following the Investment Review by Derbyshire County Council and Derbyshire CCG’s, most provision within the voluntary sector was found to be meeting current and future needs with re commissioning of services being completed within this financial year.

It is still a tough time for some organisations to adapt and gain new funds and we are pleased with the impact we have had by **helping groups to receive £64,124** in the financial year.

Amber Valley CVS also adapts, with social media being used alongside more traditional web site, phone and face to face connect with and **contact 300 member groups** and over **500 local groups**.

We have promoted an average of **200 volunteering opportunities** for local organisations with constantly feed information about volunteer enquiries to you.

In addition, we manage nearly 90 Befriending volunteers and responded to **99 Befriending referrals** as well as supporting vSPA activity which received **145 additional referrals** this year.

Looking Back—Changing Lives through Volunteering

Back in January I met with a lovely lady who was looking to make a positive change in her life for the New Year. She has some learning difficulties which meant she had been unable to work all her life, but nearing the age of 50 she felt ready to make a leap towards more independence. After spending some time volunteering for someone she already knew to help build her confidence, now seemed like the perfect time to take the next step and look for somewhere new. The appeal of learning some new skills and making lots of new friends was enough to convince her that Leonard Cheshire Disability would be a great place to spend some time.

By applying to volunteer through Amber Valley CVS I was able to provide some extra support such as helping her to find a suitable bus route and timetables, which helped to alleviate any anxieties that she had. I was confident that the warm welcome at Leonard Cheshire Disability would make her feel comfortable and we parted in good spirits for the future.



A few days later I received an excited phone call full of stories about new bus journeys and budding new friendships made during the first days of volunteering. It was extremely rewarding to hear her high spirits and also listening to her Father talk about the amazing change in her already... This all goes to show that volunteering really can change lives.

Kirsty Barker— Community Organiser

Looking Back—Fritchley Community Association

The Fritchley Community Association would very much like to thank Amber Valley CVS for their kind donation of £250. In particular a special thank you to Collette Watson for her assistance in helping create the FCA constitution.

Specifically, the £250 donation will help support an FCA funded Queens Birthday Celebration Street Party on 12th June between 3.00pm and 6.00pm for the community of Fritchley. This will be a great family event in celebration of the Queens 90th Birthday. There will be street entertainment including Punch and Judy for the children supported by Crich Brass, The Fritchley Choir and Green Garters. The community will be invited to wear red white and blue to support Royal colours. Chapel Street in Fritchley will be closed off for the event to allow tables to be placed in the street where the community will be invited to bring food and drink to enjoy a traditional party atmosphere.



Once again the FCA thank Amber Valley CVS for their support and look forward to working closely with them in the future.

From left to right: Phil Kirk, Marie Whittaker, Sally Midgley, John Midgley, Wayne Baker

Statement of Financial Accounts

	Notes	Unrestricted funds £	Restricted funds £	Total 2017 £	Total 2016 £
<u>Income from:</u>					
Charitable activities	3	409,531	129,745	539,276	566,665
Other trading activities	4	24,895	-	24,895	38,814
Investments	5	689	-	689	472
Other income	6	11,826	2,500	14,326	12,404
Total income		<u>446,941</u>	<u>132,245</u>	<u>579,186</u>	<u>618,355</u>
<u>Expenditure on:</u>					
Charitable activities	7	474,445	126,638	601,083	599,033
Total resources expended		<u>474,445</u>	<u>126,638</u>	<u>601,083</u>	<u>599,033</u>
Gains on investments		20,302	-	20,302	-
Net (expenditure)/income for the year before transfers		(7,202)	5,607	(1,595)	19,322
Gross transfers between funds		(9,500)	9,500	-	-
Net movement in funds		(16,702)	15,107	(1,595)	19,322
Fund balances at 1 April 2016		<u>443,480</u>	<u>42,549</u>	<u>486,029</u>	<u>466,707</u>
Fund balances at 31 March 2017		<u>426,778</u>	<u>57,656</u>	<u>484,434</u>	<u>486,029</u>

The company had no new or discontinued activities during the year.

Balance Sheet

	Notes	2017		2016	
		£	£	£	£
Fixed assets					
Tangible assets	12		44,807		48,755
Investments	13		169,882		149,580
			214,689		198,335
Current assets					
Debtors	14	10,816		12,230	
Cash at bank and in hand		291,408		305,353	
			302,224		317,583
Creditors: amounts falling due within one year	15		(32,479)		(29,889)
Net current assets			269,745		287,694
Total assets less current liabilities			484,434		486,029
Net assets			484,434		486,029
Income funds					
Restricted funds	16		57,656		42,549
Unrestricted funds - designated funds	16	270,000		170,000	
- general reserves	16	156,778		273,480	
			426,778		443,480
Charity funds			484,434		486,029

These financial statements have been prepared in accordance with the provisions applicable to companies subject to the small companies' regime.

The financial statements were approved by the board of directors and authorised for issue on 27/09/2017 and are signed on its behalf by:



 M Gee
 Trustee

Company Registration No. 04763194

Help at Home—Looking Back on two very different lives

As the Queen Celebrated her 90th birthday this year, her first engagement of the day was a walkabout from Windsor Castle, while the crowds sang out their own slightly cheeky version of “Happy Birthday Queenie”.

Closer to home, one of our Help at Home Clients, also born in April this year 90 years ago, celebrated with her family at the Local Golf Club, Morley Hayes.



The Queens cake was baked by Nadiya Hussain who won The Great British Bake Off. A lovely orange drizzle sponge, cut at a reception held at the Towns Guild Hall with 20 other 90 year olds. The Queen congratulated them all on being born in a vintage year !



Our client, spending time with her family, remarked on the fact that some of her friends could not be with her, some not being well enough to attend and some living too far away. She stays in touch with as many as possible though.

Our Client of 90 has received the Help at Home cleaning service since March 2007. When she first started with Help at Home her husband Len was with her. Len has since sadly passed away. When first married, Len earned £5.00 a week and our client just £4.00 a week. They used to have a tin with different sections in it for the different bills to be paid. A household accounts book was kept by our client of every purchase made which has been kept up nearly to present day. A full diary was also kept every day and it all makes for interesting reading, so her daughter says.

Help at Home– Looking Forward

Looking forward Help at Home staff will be communicating with all our customers about their requirements over the Festive period., ensuring any seasonal essential shopping is completed on time and that their homes are clean and tidy for any family visitors during his time. Some customers may be away from home with friends and relatives. All customers will have a break in service as our organisation will be closed from Christmas Eve to New Year while staff attend to their own home celebrations.

We will ensure that everyone has our good wishes for a joyful period and always look forward to catching up with them in the New Year.

Jane Massey - Amber Valley Help at Home Co-ordinator



Home from Hospital

...a six week support service for patients who have been discharged from hospital and who have little or no support network. Each client is visited by a volunteer, once a week.

Kathy and Jean hit it off straight away, because of their love of dogs. They had a shared interest that was something different to talk about, other than Jean's health and her stay in hospital. On her visits Kathy told us that they reminisced about holidays that Jean had taken with her family and other leisure activities that she participated in.

"Hi, my names Kathy, I have been a Home from Hospital Volunteer for awhile now. Our aim is helping with the transition back to living in their own homes after a stay in hospital. The volunteer and co-ordinator visit the client prior to them leaving hospital. A common concern is how they will cope without the support of hospital staff, once they are home.



On our visits, over the first 6 weeks of being home, we can offer advice, perhaps other services that they might find helpful, a chat, cup of tea and a friendly face. Helping with mobility, building back that confidence if needed.

I have visited many people, all with different storys to tell. I come out of their homes smiling, hoping I've made a difference to their day—they have certainly made a difference to mine."

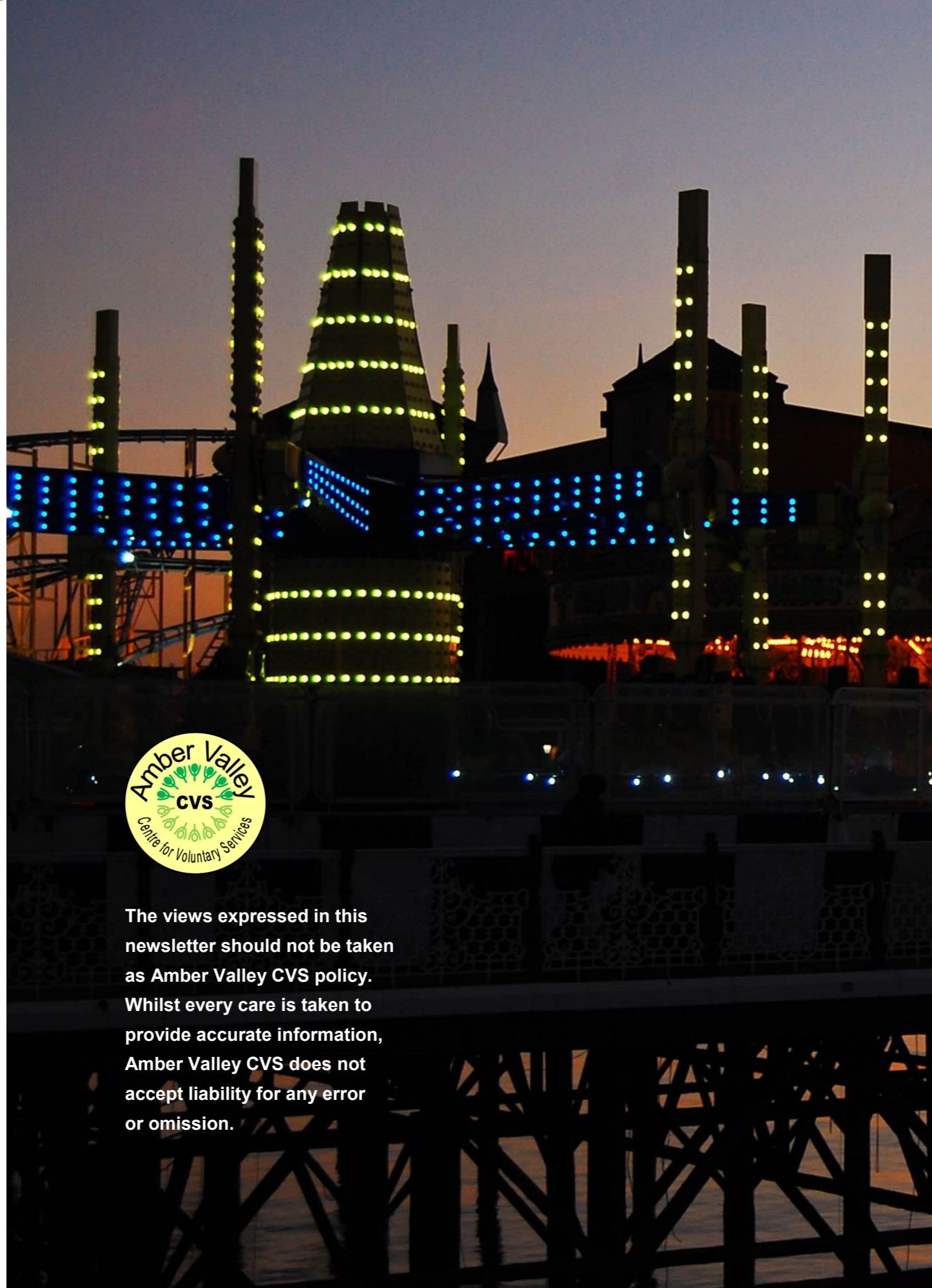


"My Mum met Kathy in hospital, who explained the Home from Hospital Service to her. I thought the service was very good. Kathy is a very friendly lady who has lots of patience.

My Mum enjoyed Kathy's visits each week and I felt happy and relaxed when I knew she was visiting. Thank you to the Home from Hospital service, it has definitely helped my Mum through a difficult time."

Please contact Philippa Woodbridge on 01773 512076

**WANTED... Telephone Volunteers
For Crich Care Line and Amber Valley CVS
Call Hannah Curzon on 01773 512076
for more details**



The views expressed in this newsletter should not be taken as Amber Valley CVS policy. Whilst every care is taken to provide accurate information, Amber Valley CVS does not accept liability for any error or omission.