Rice Pudding

and Fresh fruit compote

45g/ 4oz Pudding rice

25g Butter 50g Sugar 1litre/ 2pints Milk

½ Can of Evaporated milk

Wash the rice in cold water. Drain and put in the top part of a double saucepan. Put boiling water into the bottom half of the pan, and sit the other pan on top. Add just enough cold water to cover the rice, cover and cook gently until the rice has absorbed the water. Add most of the milk and stir, then cover and leave over a gentle heat for about an hour.

Add the butter to the rice.

Put the half tin of evaporated milk, sugar and remaining milk into a bowl and stir thoroughly. Add to the rice, mixing all the time, then cook for a further 10-15 minutes until thick and creamy.

Fresh Fruit Compote:

225g/8oz Soft fruit (can be frozen)

55g/ 2oz Sugar

Small amount of water

Put all the ingredients in a pan on a low heat and cook until soft with little chunks OR blend to form a smooth consistency.