

HEIGHTWORKS TRAINING

Duration: ½ Day.

Audience: Any person who has the need to transfer from vessel to vessel or vessel to offshore installation whilst using a ladder for access.

Course Aim: To provide practical experience and education for safe access between offshore vessels and installations using PPE that protects against a fall.

Syllabus:

- Pre Use inspection of work at height PPE
- Appropriate use and donning of a work at height harness
- Using energy absorbing fall arrest lanyards
- Using self retracting lifelines
- Understanding the severity of falls whilst using PPE
- Understanding & managing suspension intolerance
- Understanding transfer procedures

Prerequisites: Reasonable level of health, fitness and aptitude.

Max. Ratio: 12 Delegates to 1 instructor.

Certification Expiry: This certificate is valid for a maximum of 3 years subject to maintenance of skill level.

Throughout the course, the student will be continually assessed and expected to complete a written and practical examination.

Only on successful completion of the whole course and examination will the candidate be issued with a certificate of competency.

This course is designed and delivered using BS8454 (code of practice for the delivery of training and education for work at height and rescue), IRATA international code of practice and equipment manufacturers technical instructions.

