



Annual Review
2014 - 2015

KAINOS
COMMUNITY
CHALLENGE
TO CHANGE

Kainos Community

A018 The Heath Business & Technical Park
Runcorn WA7 4QX

T: 01928 500797

E: admin@kainoscommunity.org

W: www.kainoscommunity.org

Twitter: [@kainoscommunity](https://twitter.com/kainoscommunity)

Design by www.spreadcommunications.co.uk

Photography by www.garethbarton.com

Registered Charity No. 1076206

Company No. 3771649



Malcolm Hayes, Chair: It is a great privilege to take on the role of Chair of Kainos Community and its parent charity, Langley House Trust (which delivers community rehabilitation to men and women after prison). I follow on from the excellent work of Anthony Howlett-Bolton who stepped down at the end of January 2015.

2014-15 has been a successful year for Kainos Community and Langley House Trust. Within Kainos, we worked with over 125 men in prison, helping them to address their thinking, behaviour and attitudes to help them live crime-free on release. In Langley, we worked with 750 people in the community, enabling them to overcome addictions, mental health issues and homelessness.

Our rehabilitation in prison has continued to operate in three prisons within England. This forthcoming year will see the programme being run from a new prison, HMP Ranby, to replace the HMP Stocken 'Challenge to Change' Programme. We are also excited to be developing a pilot of 'Challenge to Change' in the community, utilising the learnings from prison to help men and women successfully live crime-free once released.

Chair's Report

As a Christian charity, committed to working with people of any faith or no faith, we have steadily sought God to help us fulfil our work and see restoration, fulfilment and purpose realised in often very damaged lives. We are very thankful to God for His continued provision for Kainos Community and Langley House Trust.

We are in a strong position to grow and expand in the coming years, positively impact lives and take advantage of the opportunities that have arisen through initiatives such as Transforming Rehabilitation - the restructure of the Probation Service - and NOMS ESF (large scale funding through the National Offender Management Service and European Social Fund). I look forward to the immense privilege of helping to shape Kainos Community and Langley House Trust in such a time as this.

Please note: although the photographs feature real service users and staff, they do not necessarily relate to the stories told alongside them, and some names have also been changed to protect identities.



Kainos in brief

Kainos Community delivers a Challenge to Change programme in three prisons across England. It is part of the Langley House Trust Group following a merger in 2013 to help create a stronger pathway of support from prison into the community. Like Langley, Kainos is a Christian charity, working with people of any faith or no faith.

Challenge to Change Overview

Challenge to Change is an accredited offending behaviour programme, supporting individuals at a medium-to-high risk of reoffending to address their offending, associated thinking and anti-social behaviour.

It was founded on the groundbreaking work of the APAC prisons (Association for the Protection and Assistance of the Convicted) in Brazil. The programme is based on the biblical principles of forgiveness, accountability and restoration.

Challenge to Change incorporates Cognitive Behaviour Therapy (CBT), and a Therapeutic Community environment which participants live in 24 hours a day, 7 days a week, for 6 months. Other key elements include engaged prison staff support, well-trained and committed staff, willing volunteers from the local community and the right programme participants.

When all of these elements come together, Challenge to Change is a truly transformational experience.

Where and how we operate

Kainos is contracted by the Ministry of Justice (MoJ) to run Challenge to Change in HMP Stocken (Rutland), HMP Haverigg (Cumbria) and HMP Guys Marsh (Dorset). In 2015-16, we will be transitioning the programme from HMP Stocken – which has run since 2006 – to HMP Ranby (Nottinghamshire) as part of our MoJ contract.

We also receive grants from trusts and donations from individual donors. These provide essential funding for roles not covered by the MoJ contract.

Results and community involvement

125 men graduated at the end of Challenge to Change.

More than 15 graduates of Challenge to Change went on to become peer mentors to other men starting out on the programme.

In our last research, 84% of Kainos graduates had not reoffended after one year and of those that did, the frequency of their offending had been reduced significantly compared to a matched comparison group.

The following pages highlight the journey undertaken through the programme and the responses of participants to each stage.

“Thank you for giving me the knowledge and belief that change is possible.”

- Peter, Challenge to Change Programme Graduate



Michael & Simon

In 2014-15 Kainos worked with over 125 men in prison through Challenge to Change. Participants on the programme undertook five core modules. The journey begins with them getting on the programme.

Step 1 – Help!!

Referrals for Challenge to Change come from all quarters but the programme isn't always suitable for everyone. There are a number of reasons for this and it is important that the group dynamic, central to the success of Challenge to Change, works well.

Getting onto the programme is only the first step. Once the journey starts, preparation for what is to come and how someone will work through the stages forms a vital foundation to the coming 6 months. The key questions for this stage are: **'Where have I been?'** **'Where am I going?'** and **'How can I change?'**

Michael, one of the programme graduates, remembers what those early days were like:

"At the start I realised I was stuck in a rut - a vicious cycle. What helped in Challenge to Change was when I started working with others and meeting new people. I then improved my family ties and built

up confidence. Challenge to Change has taken me out of the cycle and let me live in the right environment to do the work I needed to do, it took me out of the negative environment and put me with other people who wanted to change too."

Step 2 – Community Living

Learning to live effectively and positively in a community is key to the work of Kainos. Exploring the idea of healthy community and considering past experience, participants explore their own history and start to address attitudes and thoughts that potentially need to change. The community itself and an individual's response to it are established as the core component of transformation. The key questions we ask are: **'How do I deal with authority?'** **'How can I confront issues effectively?'** and **'What are my responsibilities?'**

Simon, who had been on the programme for just a few weeks, gave his thoughts:

"My time inside prison had been pretty bad. I came from a prison where I was locked up for 23.5 hours a day. I didn't want to interact with anyone. Living on the Kainos Community wing has changed me already. I find it easier to talk to people, something I would not have done before. Challenge to Change is taking me out of a bad frame of mind. I share my experiences with others on the wing. We have all stopped just doing things without thinking about it."

"We have all stopped just doing things without thinking about it." - Simon



Charlie & Rob

After the first two modules, participants address their focus areas and inter-personal relationships - examining how these have contributed to previous offending behaviour.

Step 3 – Focus

Understanding our own values and beliefs can lead to an understanding of how this outworks in our behaviour and reactions. Building on developing understanding of communities, the focus module does a deep-dive into self-awareness and thinking patterns. Towards the end of this work, participants are matched (where possible) with community mentors who start building relationships that will ultimately support the individual through the gate and back into the community. The key questions for this stage are: **‘What do I believe?’ ‘Why do I believe it?’** and **‘How can I challenge my own thinking?’**

Charlie, one of the programme graduates, reflects on what the Focus module taught him about himself:

“I realised that I let my parents and friends down because of my behaviour. I want to live a better life. I believe that I can make a positive contribution. I feel that I belong to society and I really want to put back into it. Now, I am more confident in myself. I was nervous about making a graduation speech but I want to show people how much I have changed.

“Challenge to Change has given me a new chance. I know now that the more you put into it, the more you get out. I have tried really hard to turn my life around. My family is really proud of me.”

Step 4 – Inter-personal Relationships

With their new found self-awareness, participants then explore a whole range of relationships and how they participate in and react to them. This includes examining a range of communication and emotional skills like empathy. At this point they consider the victims of crime, individuals and communities affected by specific criminal behaviour and the consequences of being sent to prison.

Participant Rob reflects on his new awareness:

“I had become a victim of my own behaviour. Outside of prison you just don’t think of the consequences of what you do.

“Victim awareness made me look at crime in a different way. I had not been aware of the problems that my crime had caused. Challenge to Change has helped me to look at myself and address my problems. I came to realise that I was both the problem and the solution. My future is bright now, I have a new plan. I am able to look at the situations that I face and take a step back. This is my last time in prison thanks to Kainos Community.”

“This is my last time in prison thanks to Kainos Community.” - Rob



Matt

At the final stage, participants prepare for moving on from the programme through graduating. Each graduation is special as participants have the opportunity to invite their families and friends, ask forgiveness and commit to change in front of others.

Step 5 – Citizenship

Citizenship is all about preparing for transition. Transition sometimes means being moved to a different prison to complete a prison sentence. For others, it is about being released into the community. The key is to think in advance about the issues that may arise and develop plans to deal with them. In particular, participants address the 7 Pathways to Reducing Re-offending (developed by the National Offender Management Service) and concentrate on practical issues such as housing and employment. These often provide the most significant issues that need to be overcome. Key questions are: **'Where will I live?' 'What will I do?'** and **'How do I plan to do it?'**

Matt, a recent graduate, told us about the most significant moments for him:

"I put my heart and soul into my graduation speech, I've never had to make a speech before. I got my dad to come

because I wanted him to see he had a son to be proud of and that I could achieve something.

"I remember that for the first module I had to do a life map. I just crumbled – I had never even filled out an application form before. I screwed up that map three times but I got such a sense of achievement when I finally got it right, presented it to the group and they clapped! I feel like I can take on the world with a pen.

"Instead of hurting people I am now helping them. I have changed the way I look at life. I was low, I was the one in the corner. Challenge to Change has brought me out of the corner slowly. I became a listener for vulnerable prisoners and I chose not to move to a lower security prison so that I could stay here and continue that work. We now have a community of people that correct each other and help each other."

Graduate Brendan had this to say about his time on Challenge to Change:

"I would praise Challenge to Change from the rooftops, shame it's only in 3 prisons. It is a fantastic programme. The tough bit will be when I get out of prison but I'm now a lot more positive about my future. I am determined not to go back to drugs and offending - something feels different this time.

"I would tell others – this will give you your life back. Put in 110% and you will get your full life back. All I can say is, 'Thank you'."

"I feel like I can take on the world with a pen." - Matt



Partnerships

The success of Challenge to Change is built on our partnership work with prisons, grant makers and individual supporters.

One prison governor said this about working with Kainos:

"I have often been asked by colleagues from other establishments, 'what makes Kainos work?' or 'what's the secret to their success?' For me the answer lies with the selection of the staff and prisoners. I am personally grateful to the staff, both operational and non-operational, for their commitment and belief in the project. For me the most obvious demonstration can be found on the graduation days - there the staff, prisoners and the prisoners' families share in the achievements."

AM Corcoran, Governor - HMP Haverigg

Thanks

Our work would not be possible without the support of the prisons that we work in, our faithful funders and individual supporters, and most importantly the members of the three Kainos Communities in HMP Haverigg, HMP Stocken and HMP Guys Marsh. Their support makes our life-changing work an ongoing possibility.

We also thank those that regularly pray for us and volunteer in the prisons and through the gate. Their input is more valuable than we could say.

"Since working closely alongside the Kainos programme I have seen first-hand the great work which is carried out here by both the facilitators and participants. Since working for the Prison Service I have not seen another accredited programme which targets the most prolific and challenging individuals and attempts to give them a future that is free from the cycle of offending. I have met a wide range of prisoners during my time on R5 [the Challenge to Change prison wing], often from very different backgrounds with an even greater variety of problems and issues.

"What has impressed me most is the way that the Challenge to Change programme can connect with such a wide range of different prisoners and still achieve such spectacular results. There is of course some prisoners who do not benefit from the programme as much as they could, as is the case with all accredited programmes. However having witnessed the sometimes inspiring journey that some prisoners undertake, it makes me proud to have been a part of this process."

E. Sutton, Custodial Manager
HMP Haverigg

"I have seen first-hand the great work which is carried out."

- Custodial Manager, HMP Haverigg

KAINOS COMMUNITY CHALLENGE TO CHANGE

Langley expenditure 2014-15

- Social housing lettings £3.24m
- Supporting People contracts £1.71m
- Ministry of Justice projects £1.44m
- Care and spot projects £3.16m
- Other charitable activities £0.11m
- Fundraising £0.11m
- Goods and services £0.02m

Kainos expenditure 2014-15

- Programme costs £0.5m

Our Trustees (Langley and Kaions):
 Malcolm Hayes (Chair)
 Ian Aldred
 Robert Clarke
 Piers Feilden
 Peter Flower
 Christine Harbottle
 Philip Hilton
 Andrew Newell
 Rosalyn Palmer
 David Priaulx
 Denise Sanderson-Estcourt
 And all our staff and volunteers.

Thanks also to other grant-making trusts and funders, all our individual donors and supporters, those who have fundraised for us and churches across England - we really appreciate your support.

Langley
 Somerset Skills & Learning
 Ministry of Justice
 NHS
 Supporting People
 administering authorities
 Local Authorities
 Crisis
 Bedfordshire IOM
 CRC and NPS teams
 across England

Kainos
 National Offender Management Service
 The Tudor Trust
 Garfield Weston
 The Henry Smith
 Charity
 AB Charitable Trust
 The Anchor
 Foundation

The Maurice & Hilda
 Laing Charitable Trust

Bedfordshire
 Police and Crime
 Commissioner
 Supporting People
 Bedfordshire
 NHS
 Ministry of Justice
 Learning
 Bedfordshire
 Police and Crime
 Commissioner
 administering authorities
 Local Authorities
 Crisis
 Bedfordshire IOM
 CRC and NPS teams
 across England

Somerset Skills & Learning
 Ministry of Justice
 NHS
 Supporting People
 administering authorities
 Local Authorities
 Crisis
 Bedfordshire IOM
 CRC and NPS teams
 across England

The Maurice & Hilda
 Laing Charitable Trust

Kainos
 National Offender Management Service
 The Tudor Trust
 Garfield Weston
 The Henry Smith
 Charity
 AB Charitable Trust
 The Anchor
 Foundation

The Maurice & Hilda
 Laing Charitable Trust

Thank you - your support has made our work possible

LANGLEY
 HOUSE TRUST
 HELPING PEOPLE TO
 LIVE CRIME-FREE LIVES

Langley income 2014-15

- Social housing lettings £3.56m

- Supporting People income £1.35m

- Ministry of Justice funding £1.43m

- Care and spot funding £3.56m

- Other charitable activities £0.05m

- Voluntary income £0.29m

- Funds generated £0.02m

Kainos income 2014-15

- Voluntary income £0.15m

- Ministry of Justice contract £0.42m



Partnerships

Successful rehabilitation works best when done in partnership. We are indebted to those we work with who help to make transformation a daily reality.

These partnerships include community organisations, churches, chaplains, volunteers, businesses, individual supporters and grant makers. Our work wouldn't be possible without them.

Every year we receive letters from our donors and prayer supporters providing encouragement and reminding us of all of the men and women who invest their time and resources with us to make our work possible.

"I think the results of all the care and skill and service which goes on in your 'houses' is wonderful. The proof of it is in the rescued lives, the restored sense of worth and the ability to face life from a fresh start" Langley supporter

Community Partnership in Action

In 2014-15 we worked with approximately 250 organisations and agencies including:

- Ministry of Justice
- Prisons
- Police
- National Probation Service
- Community Rehabilitation Companies
- Multi Agency Public Protection Arrangements (MAPPA)

We also worked with a number of corporate organisations to provide support and skills to both residents and staff.

Corporate Partnership in Action

- Integrated Offender Management (IOM)
- Public Protection Units (PPU)
- Police and Crime Commissioners
- Community Mental Health Teams
- Drug and Alcohol teams
- Education providers
- Local authorities

- 42 **Carillion** staff gave up a day to join teams and residents at five of our projects – carrying out practical activities and learning about empathy and forgiveness. "The day gave us an opportunity to reflect and take time to explore our understanding of others and ourselves;"
- **The Carlyle Group** provided mentoring for nine senior Langley staff and also fundraised for resident start packs. "I'm very grateful for my mentor's time and input, what a brilliant opportunity;"

- **Novus Solutions** helped to develop an urban garden at our homeless hostel in Rochdale. "It was a pleasure to be able to do our bit and help make a difference... I know the staff enjoyed the opportunity to do something like this, especially hearing the positive feedback from the residents about what it meant to them;"

"It was a pleasure to be able to do our bit and help make a difference;"
 – Operations Director,
 Novus Solutions



Ed & Lynne

What skills do you think are needed to make a connection with residents?

Lynne: Empathy and persistence. You need to be prepared to look beyond someone's behaviour to understand why they have offended, particularly those who are hard-to-engage and who have complex needs.

What problems do you have to overcome in building effective and supportive relationships?

Lynne: The men we work with often haven't had any good role models in their lives which can mean they struggle with trust and self-esteem. This means they don't know what good behaviour looks like, including being open, honest and vulnerable. It makes talking about themselves very difficult.

Ed: Some of the men have massive hurdles to overcome like long-term addictions, chaotic lifestyles, never having held down employment or never having kept a roof over their heads.

How do you overcome them?

Ed: Patience, honesty and challenge. We work hard to establish trusting relationships by treating people with respect and delivering on commitments.

Lynne: We get to know a person by really taking the time to listen. We also maintain boundaries and challenge behaviour, helping men to understand their thinking so that they can make better choices.

“We work hard to establish trusting relationships by treating people with respect...” - Ed

Over 200 staff work for Langley. Each staff member plays a unique role in the work that we do – whether it's through direct one-to-one support, going the extra mile for our residents so that they feel worthwhile or being part of our central team which provides essential assistance to all our projects across the country.

We were delighted to secure Investors in People Silver in 2014. Only 7% of organisations in the majority of the scheme achieve this. It reflects our commitment to investing in our staff and developing the best possible team who will help residents make long-lasting changes to their lives.

Lynne (pictured) and Ed form part of one of our project teams. Like many of our staff, they are marked by dedication, commitment and enthusiasm. They also, like many of our staff who have a faith, feel called by God to work in this area.

Here they talk about their approach and how it helps men and women exiting crime to reach their full potential.



More than 40% of prisoners have poor literacy skills which means they struggle to find work and complete basic day-to-day tasks.

Providing literacy skills is therefore a key part of rehabilitation. Following a request from one of our residents, we started to run Toe by Toe - an innovative prison literacy programme - outside of prison.

Thanks to grant funding from the Bell Foundation, over 90 residents have now successfully completed the scheme.

We plan to continue to run Toe by Toe to help more men and women in our projects who struggle with literacy. For this, we are reliant on faithful volunteers, willing to give their time regularly to teach the principles.

Stevens' story illustrates the impact of Toe by Toe. He had poor literacy skills, struggled to use the telephone and needed support to carry out day-to-day activities (such as filling out forms).

Since engaging with Toe by Toe, Stevens' writing skills have improved considerably. His confidence has rocketed and he is filling out forms on his own. He is now able to write more fluently which has helped him with his journey to recovery as he is able to express himself and deal with his past through writing. None of this would have been possible

Tom

without Tom (pictured). During his 30 years in prison, he corresponded with a farmer called Christopher Morgan. The letters were published in a book called 'Invisible Crying Tree' and the proceeds of this were put into The Shannon Trust for the development of literacy schemes in prison - prisoners teaching prisoners how to read.

Tom is now continuing his rehabilitation in the community at one of our projects - and learning to adjust to life outside prison walls. Tom and his support worker share what life is like for him now.

Tom's Support Worker: Tom has been at Langley for three years now. Since then, he has come out of himself a lot and isn't as quiet as he used to be. The first time that Tom went into town following release he was overwhelmed by the amount of people on the street and kept hiding in doorways. Walking was painful, difficult and slow because of problems with his legs, feet and skin that were made worse by the long periods of inactivity and the harsh soap used in the prison laundry. Now when Tom goes to town he strides along and shouts to the others to "keep up!"

Tom: I had nothing when I came out of prison. I am happy to be at Langley - it's a good place, the people are good, the place is good and the food is good.

"Langley is a good place, the people are good, the place is good." - Tom



Sue

Our work in this area is making a difference. We interviewed some of the women from our Kent project and they described their experience.

Why did you come to Langley?

"I chose Langley as they offered the best support."

"I needed help, I was in a bad situation and desperate for support. I phoned Langley, did a self-referral and am now doing really well. I was a mess when I first turned up."

"I just wanted a second chance ... to better myself"

What has being at Langley meant to you?

"It took a couple of tries but I have been determined to get it right this time. It gave me a second chance and I'm taking every opportunity they give me."

"My [support worker] has made a difference. She has shown a genuine interest in my life and she has made an effort to understand me on a personal level. I'm motivated to deal with historic issues which have often contributed to their offending. Over half of women in the Criminal Justice system report having experienced emotional, physical or sexual abuse as a child (53%) and almost half have reported suffering from domestic abuse (46%).*"

*Statistics taken from *Prison: the Facts*. Bromley Briefings Summer 2015.

In the week following release from prison, women are 69 times more likely to die than women in the general population.

Having safe accommodation with tailored support is therefore vital for women following release. This is what we provide in two of our projects in Kent and Luton.

We help women to overcome the social isolation and family breakdown they often experience through being imprisoned and overcome issues such as addictions and mental health.

In 2014-2015, we helped almost 50 women to tackle the issues that led them into crime and develop their skills to live crime-free.

We are seeking to increase our housing units across the country to help provide more provision for all offender groups, including women, as there currently isn't enough support for those who need it.

"It took a couple of tries but I have been determined to get it right this time." - Sue



John

Men and women in the Criminal Justice system experience much higher rates of mental health issues than the general population.

The Ministry of Justice reported that 25% of women and 15% of men in prison reported symptoms indicative of psychosis. The rate among the general public is about 4%.*

Left unaddressed, mental health issues can be a significant contributor to reoffending. It can also be hard for people leaving secure hospitals (effectively medicated prisons for people with mental health issues) to then adjust to normal life outside. Often, years of quiet, isolation and a lack of autonomy has led to the erosion of life skills.

We are proud to be a service of choice for commissioners and individuals who need specialist mental health services after prison or secure hospitals.

Almost 15% of Langley's services in 2014-2015 catered specifically for men with severe mental health issues who needed 24/7 support. That meant over 50 places at any one time.

This provision is much needed – there's currently a lack of places suitable to support individuals coming out of secure hospitals and prisons with health care needs. This means that some people stay

inside prison even though their sentence has finished.

Our rehabilitation involves re-developing key life skills and helping individuals to develop new strategies for life that can be taken for granted. This is John's story.

"I had been in [various] prisons and secure hospitals for 19 years in total. I felt hopeful about coming to Langley. It was a place to earn trust and get back into the community. When I got here, I could have said that I wouldn't do anything, just sit in my room and do nothing. But I didn't.

"I've now got an NVQ Level 2 in Catering. One of the staff got me on to a Health and Safety course and showed me what to do – now I do it all by myself. The staff have always supported and encouraged me. They've given me a chance. They haven't said 'No, we don't want you.' That's really important to me. I am looking for my own place now. That is a big thing for me. I have big plans for my future. The staff will help me to get sorted. I am much more confident and happy now."

Over the coming years, we plan to increase our care provision – including psychiatric and psychologist support and forensic social supervision – so that we can work with more men like John.

*Statistics taken from *Prison: the Facts*. Bromley Briefings Summer 2015.

"I am much more confident and happy now" – John



TREVOR

what I could expect from them. I was not sure what to expect but – well – being here is so much better than I could have imagined.”

At Langley, we have one goal – to help people to live crime-free. Each person is unique but there are three common steps that we take in helping people to reach that goal.

First we **engage** with men and women – often while they're still in prison – letting them know about our services. It's critical that we build early rapport and then, wherever possible, meet them at the prison gate when released. This helps them to stop going back into the same environment that contributed to their previous offending.

Last year we had over 900 referrals for a place in a Langley House Trust project. We were able to offer a place to 750 of them.

That meant 750 men and women being helped to break the pattern of crime and imprisonment. With over 97% staying crime-free whilst with us, this was a great achievement.

Our aspiration though is that every person referred to Langley, who is able to be offered a place receives a place. And we need support to make that dream a reality.

We provide personalised support for every person who comes through our doors – tailored to their unique challenges, needs and aspirations. And this helps men like Trevor beat addictions, old associations and start afresh.

“I wanted to come in 1998. I had been in and out of prison so many times and I heard that Langley was a place that would help me stop offending. I was refused permission to come to Langley and placed in a hostel round the corner from my old dealer. I was back on heroin within six hours of arriving there. Predictably, I ended up back in prison and the following sentence was a long one.

This time on release I managed to get interviewed by Langley in prison where I was told what would be expected of me and

Moving on is a mix of expectancy and trepidation as they face crime-free living on their own. Our doors stay open – for a chat or help in a time of crisis. Often though, men and women realise the progress they've made and the skills they now have to live crime-free.

“Being here is so much better than I could have imagined.” – Trevor



Langley in brief

We secured funding to once again run the Leonard Stocks Centre, a homeless hostel in Torquay. This is in partnership with the charity Shekinah.

We continued to incorporate Kainos Community into the Langley House Trust Group. We merged in 2013 to extend our reach into prisons. Kainos Community delivers a Challenge to Change programme in three prisons across England.

Positive Outcomes

We achieved a 2.6% conviction rate whilst individuals were with us.

Our long-term results on reducing reoffending were validated by the Justice Data Lab. https://www.gov.uk/government/uploads/system/uploads/attachment_data/file/385561/langley-house-trust-report.pdf

90 residents completed the Toe by Toe literacy skills, improving their core literacy.

An average of 82 residents were engaged with employment or training each month.

Award Success!

We achieved the Investors in People Silver Award - only 7% of organisations in the majority of the scheme achieve this.

We achieved PQASSO Level 2 - a third sector quality measurement tool.

We were shortlisted for the Charity of the Year Award for charities with an income of up to £10million.

“If it weren't for Langley, I'd be back on the streets somewhere. I'm more confident and willing to try new things and get on with life.” - Michael

Langley is a national offender rehabilitation charity. We work across England to provide support and care to both men and women who have offended, and those who are at risk of offending-enabling them to live crime-free lives. We are a Christian charity, working with people of any faith or no faith.

Services

Our services include:

- Housing – such as community houses, hostels and Care Quality Commission registered care homes
- Mental health support
- Addiction support
- Education and employment skills
- Accommodation advice
- Floating support (support to people in their own homes)

In 2014-15 we worked with 750 men and women, including those with multiple and complex needs and some of the hardest-to-engage client groups.

We operated 16 projects in over 20 local authority areas.

We increased our social housing units by almost 10% - an extra 35 beds, providing vital housing and support.

Chief Executive's Report

Tracy Wild, CEO: 2014-15 has been another remarkable year within Langley House Trust and Kainos Community (our subsidiary charity, which delivers the 'challenge to change' offending behaviour programme in prisons). We have seen more people benefit from the transformational work of the Trust. We now offer 407 bed spaces to men and women coming out of prison at any one time, seeking to turn their lives around and overcome issues such as addictions, homelessness and mental health issues. Within Kainos, we worked with over 125 men in prison, helping them to address their thinking, behaviour and attitudes to help them live crime-free on release.

I know that we will enter 2015-16 in a strong position having had a positive financial year. This will enable us to invest in the development aspirations we have for this year so that even more lives can be transformed. As one of our residents said, "They've given me a chance. They haven't said 'No, we don't want you; That's really important to me."

Our future growth around services will be where our mission is still fulfilled – where men and women coming out of prison, and those who are at risk of offending, can have the opportunity to build a new future and make a positive contribution to their communities. Testament to this is that we have maintained a 2.6% reconviction rate whilst individuals have been with us.

This year saw the planned departure of Anthony Howlett-Bolton, Chair of the Board, and the recruitment of a new Chair Malcolm Hayes. It was sad to say goodbye to Anthony whom I had so enjoyed working with, but I know he will continue to support the Trust as a Fellow of the organisation. However it has also been a pleasure to see Malcolm join the Trust and I know he is committed to seeing the organisation grow and flourish, ensuring God is kept at the heart of this work. He will continue to reinforce our fundamental belief that every human has the ability to change and the right to a second chance.

Langley House Trust
PO Box 6364, Coventry CV6 9LL

T: 03330 035025

E: info@langleyhoustrust.org

W: www.langleyhoustrust.org

Twitter: @LangleyHseTrust

Design by www.spreadcommunications.co.uk
Photography by www.garethbarton.com

Registered Charity No. 1146304
Company No. 7888191

LANGLEY
HOUSE TRUST
HELPING PEOPLE TO
LIVE CRIME-FREE LIVES



**INVESTORS
IN PEOPLE** | Silver



During the year, we have seen much change in the sector. Transforming Rehabilitation – the restructuring of the Probation service – has led to us developing links with the new Community Rehabilitation Companies. We are planning to deliver transformational services through some of these which will be an exciting opportunity to provide advice and support to prisoners and ex-offenders with a range of issues, including accommodation, debt and gambling.

We are delighted that the Langley approach has been validated by the Justice Data Lab. The Ministry of Justice introduced the Justice Data Lab in 2013 as a tool for organisations to measure the hard outcome results of their interventions when working in the Criminal Justice sector. 231 offenders, all who received support from Langley between 2002 and 2011, were matched against a group of offenders who did not receive support from Langley in that time period. The Justice Data Lab findings showed that the one year proven re-offending rate for the 231 offenders who received Langley House Trust's support was 26%, compared with 35% for a matched control group of similar offenders, which was very pleasing. A link to the full report can be found at the bottom of the page.*

We pride ourselves on the quality of the work undertaken with our residents and we are committed to ensuring that our good reputation within the sector continues. Further validation of our work was secured this year through PQASSO Level 2, a third sector quality measurement tool which is recognised by the Charity Commission for effective charities and securing the Investors in People Silver Award.

We trust that you enjoy reading the stories of success and change captured on the following pages.

Please note: although the photographs feature real residents and staff, they do not necessarily relate to the stories told alongside them, and some names have also been changed to protect identities.

*https://www.gov.uk/government/uploads/system/uploads/attachment_data/file/385561/langley-house-trust-report.pdf

Annual Review
2014 - 2015

LIVE CRIME-FREE LIVES
HELPING PEOPLE TO
HOUSE TRUST
LANGLEY

LANGLEY

