



Western Materia Medica I and II ~ Course Syllabus

This is an advanced course in the Materia Medica of Western clinical herbal medicine, taught by Terry Willard. Students will be expected to be familiar with many herbs already (i.e. Herbology I), and have at least an introductory background in pharmacognosy (i.e. Herbology II).

Western Materia Medica I and II will cover the broad diversity of medicinal and healing plants used by Western herbalists. This includes medicinal plants (and fungi) from all over the world, with the exception of China and India, which will be covered in Traditional Chinese Materia Medica. (TCMM) and Traditional Ayurvedic Materia Medica (TAMM)

The following is an outline of the course. Please note however that this outline is subject to the inefable law of change

Western Materia Medica I

1. Introduction to Physiomedicalism
 2. Introduction to Energetic Medicine
 3. Botanicals used in diseases of the digestive tract
 4. Botanicals used to modulate secretions of the liver, gall bladder and pancreas
 5. Botanicals used in diseases of the cardiovascular system
 7. Botanicals used in diseases of the joints and muscles
 8. Botanicals used in diseases of the respiratory tract
 9. Botanicals used in diseases of the kidneys and urinary tract
 10. Botanicals used in reproductive disease
 11. Botanicals used in diseases of the nervous system
 12. FINAL EXAM
- 36 Credit hours

Western Materia Medica II

1. Botanicals used in metabolic disorders
 2. Botanicals used in diseases of the immune system
 3. Botanicals used in obstetric and pediatric disorders
 4. Botanicals used in geriatric disorders
 5. Botanicals used to modify the ecology of the body
 7. Medicinal plants with psychotropic properties
 8. Medicinal plants of interest in oncology
 9. Medicinal fungi
 10. Botanicals with toxic properties
 11. Medicinal plants used in pain management
 12. FINAL EXAM
- 36 Credit hours