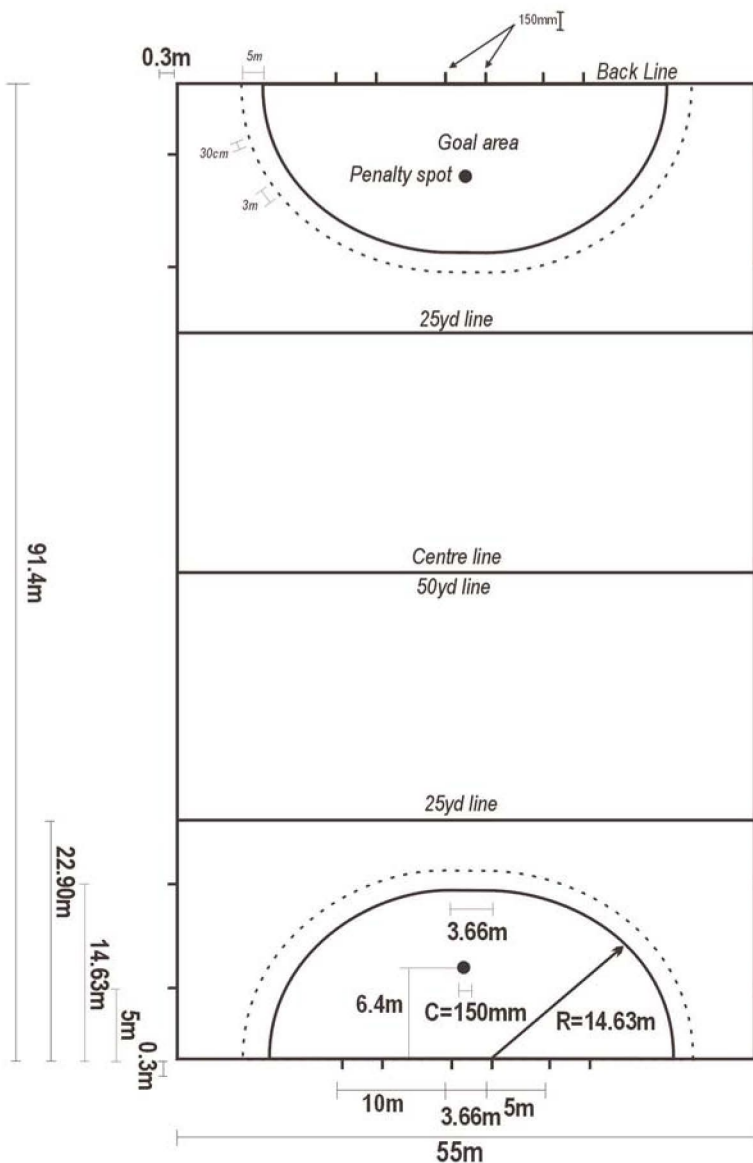


HOCKEY



Pitch Measurements

91.4M (100YDS) LONG BY 55M
(60YDS) WIDE.

Field Quarters

23M (25YD) ZONES RUNNING
PARALLEL TO THE BACK LINES.

THE CENTRE LINE BEING THE 50 YARD
LINE AND THE OTHER TWO LINES BEING
25 YARD LINES FROM THE OUTER
EDGES OF EACH BACK LINE.

A LINE IS MARKED 14.63M (16YDS) AND 5M (5.47YDS) FROM THE INNER EDGE OF THE BACK LINE, ON THE SIDELINES, ON EITHER SIDE OF THE FIELD. THESE LINES MEASURE 30CM (12IN) LONG.

Penalty Corner Hits

MARKED ON BOTH SIDES OF THE GOAL AT 5M (5.47YDS) AND 10M (10.95YDS). THIS MEASUREMENT IS TAKEN FROM THE OUTER EDGE OF THE CLOSER GOAL POST TO THE FURTHER EDGE OF THE LINE. ALL THESE MARKS ARE MARKED OUTSIDE THE FIELD OF PLAY, ON THE BACKLINES AND ARE 30CM (12IN) IN LENGTH.

TWO 150MM (6IN) LINES ARE MARKED OUTSIDE THE FIELD OF PLAY ON EACH BACK LINE, PARALLEL WITH THE SIDE LINES, 1.83 (2YDS) FROM THE CENTRE OF THE BACK LINE.

Penalty Spot

MARKED IN FRONT OF THE GOAL POST
SHOULD BE 15CM (6IN) IN DIAMETER
AND THE CENTRE OF THIS SPOT MUST
BE 6.4M (7YDS) FROM THE INNER EDGE
OF THE GOAL LINE.

CONTINUED...

HOCKEY

CONTINUED...

Goal Areas

MARKED BY 2 QUARTER CIRCLES FROM EACH OF THE GOAL POSTS WITH RADIUS 14.63M (16YDS) AND CONNECTED BY A 3.66M (4YD) LINE.

A BROKEN LINE IS TO BE MARKED 5M FROM THE OUTSIDE EDGE OF THE SEMI-CIRCLE. EACH LINE IS TO BE 30CM IN LENGTH, WITH A GAP BETWEEN EACH LINE OF 3M. START WITH A SOLID LINE AT THE CENTRE OF THE TOP OF THE SEMICIRCLE.

Goal Posts

PLACED AT THE CENTRE OF THE GOAL LINE AND MEASURES 2.13M (2.32YDS) HIGH AND 3.66M (4YDS) WIDE.

Line Width

7.5CM (3IN) WIDE.

Colour

TRADITIONALLY WHITE BUT MAY BE YELLOW ON SYNTHETIC GRASS PITCHES.