



Jake

“Before Affinity Trust I stayed at home and didn’t go out much as I didn’t have support.”

Jake is 20 years old and since leaving special school a few years ago, Affinity Trust has supported Jake. Before then, he rarely went out because he felt much more secure in his home environment.

Jake receives a direct payment. His support team assists Jake for around 5 hours each week. They work with him to increase his confidence to get out more and do the things he has always wanted to do.



Supporting people with learning disabilities

www.affinitytrust.org

His team has supported Jake to attend various venues and events. Jake now takes part in a whole range of activities including bowling, gardening, football matches, swimming and college.

Jake comments: “I like the company of having support, it feels good as I can let the support worker know how things are going. Sometimes I talk to them about problems and sometimes positive things, it’s a bit of a mixture.

“I used to have support to go to bowling all the time, but my support staff have made me feel confident enough to travel on my own. I now take myself on the bus which is a nice feeling.”

Jake has also joined a local gardening club and has a job at a local golf course. He really enjoys being outdoors in the local community.



“I am a lot more independent and enjoying life more now as I am able to get out more into the community. It’s good as I occasionally bump into people I know, which is nice, as I can stop and talk to them. I feel Affinity Trust has given me confidence and independence.”

Jake