

Shopping List

Milk (UHT or powdered)

Sugar

Fruit Juice (carton)

Soup

Pasta Sauces

Sponge Pudding (tinned)

Tomatoes (tinned)

Cereals

Rice Pudding (tinned)

Tea Bags

Instant Coffee

Instant Mash Potato

Rice & Pasta

Tinned Meat & Fish

Tinned Fruit

Jam

Biscuits & Snack Bars

Please help feed local people in crisis by buying items from the list and donating them to your nearest collection point.

Thank You!

Registered Charity
Number: 1152338

Registered Company
Number: 7995277

**HAMPERS
OF HOPE**

North East Cheshire Foodbank