



Starters

Soup of The Day V

Served with Rustic Bread
£4.95

Tuscan Handmade Meatballs

In Tomato Sauce with Garlic Ciabatta
£5.50

Welsh Rarebit & Pickle Tart V

With Dressed Salad
£5.50

Ham Hock Terrine

With Mustard & Chive Vinaigrette
& a Dressed Salad
£4.95

Sardines On Toast

Sardines in Spicy Tomato Sauce
on Doorstep Toast
£4.95

Cauliflower Florets Ve

in a Curried Tempura Batter
with a Spinach Dip
£5.95

Garlic Mushrooms V

Creamy Garlic Mushrooms on
Garlic Ciabatta
£4.95

Brie Wedges V

Freshly coated in panko breadcrumbs
& served with a redcurrant jelly
£4.95

Side Dishes

Hand Cut Chips
£2.50

Cheesy Garlic
Bread
£3.50

Sweet Potato
Fries
£2.95

Fried Mushrooms
£2.95

Onion Rings
£2.95

Side Salad
£2.95

Garlic Bread
£2.95

Seasonal Veg
£2.95

Sauces

Creamy Peppercorn £1.95

Creamy Mushroom £1.95

Cream Stilton £1.95

Smokey BBQ £1.95

The Grill

Mixed Grill

4oz Sirloin Steak, Chicken Breast,
Sausage, 6oz Gammon, Black Pudding
& Egg served with Mushrooms, Tomato
& Onion Rings & a choice of Potato
£21.50

16oz Rump

With Homemade Onion Rings &
a choice of Potato
£23.95

8oz Rump

With Peas & a choice of Potato
£12.95

8oz Sirloin

With Peas & a choice of Potato
£15.95

Grilled Chicken Breast

With Peas & a choice of Potato
£10.95

Marinated Chicken Breast

With Peas & a choice of Potato
£12.50

12oz Gammon

Served with Egg or Pineapple, Peas
& a choice of Potato
£13.95

All our meat products are sourced from Local Butchers

Burgers

All served with a choice of potato

Handmade Burger

In a Sour Dough Bun
with Lettuce, Gherkin
& Burger Sauce
£10.95

Mexican Bean Burger V

In a Sour Dough Bun
with Lettuce, Gherkin
& Chilli Jam
£10.50

Chargrilled Chicken Burger

In a Sour Dough Bun
with Lettuce, Gherkin
& Garlic Mayo
£10.95

Add Bacon £1.50

Add Cheese £1.50

The Classics

Lasagne

With Garlic Bread & Salad
£10.95

Handmade Locally sourced Sausages & Mash

Served with Peas and Red Onion Gravy
£9.95

Delicious Medium Spiced Chicken Curry

Served with Chips or Rice & Poppadum
£10.95

Gower Brewery Beer Battered Fish & Chips

Served with Tartare Sauce & Peas
£11.50

Traditional Welsh

Glamorgan Sausage V

With HP spiked Gravy, Mashed
Potato & Peas
£9.95

Gower Brewery Steak & Ale Pie

Served with Peas & a choice of
Potatoes
£10.95

BBQ Chicken Melt

Locally sourced chicken breast
topped with bacon, cheese & BBQ
sauce. Served with Peas & a choice
of Potato
£10.95

Potato Choices

Please choose from Hand Cut Chips, Mash, Saute Potatoes, New Potatoes,
Sweet Potato fries or a Jacket Potato.

*Dishes may be adapted to suit dietary requirements. Allergies & Intolerance – please
speak to a member of staff if you require information about any of our ingredients.*

Light Bites

Served 12 – 2pm
(10% discount NOT applicable)

6oz Gammon
with Egg or Pineapple served
with a choice of Potato & Peas
£8.95

Beer Battered Fish
With Peas, Tartare Sauce
& a choice of Potato
£8.50


Spaghetti & Meatballs
with Garlic Ciabatta
£9.50

**Spinach & Blue Cheese
Tagliatelle** 
with Garlic Ciabatta
£7.95

Caesar Salad
£8.95

*All available as a
Doorstep Sandwich or
Toasted Ciabatta*

Philly Cheese Steak
£8.95


Brie & Cranberry 
£6.95

Tuna Mayonnaise
£6.95

Sandwiches all served with chips & salad garnish

Fish Finger
with Homemade
Tartare Sauce
£7.95

B.L.T **£7.95**

Mushroom Pate 
with Gherkins
& Red Onion
£7.95



Kids Menu


All dishes **£4.99 each**

Spaghetti & Meatballs
Handmade meatballs served
in a tomato & pesto sauce

Sausage & Mash
Served with peas & gravy

Fish Goujons
Breaded fish goujons served
with beans or peas & a choice
of potato and a choice of
potato

Cheeseburger
4oz cheeseburger served with
beans or peas & a choice of
potato

Cheese Pizza 
Mini cheese pizza served with
beans or peas & a choice of
potato

Chicken Nuggets
Battered chicken nuggets
served with beans or peas
& a choice of potato



Eat Free

**Kids eat free Monday to Friday 5:30-7pm
& Saturday between 12-5pm**

*1 FREE kids meal for children under 11 when an adult meal is purchased from the main menu.
This offer is NOT applicable with any meals from the light bites section.*

DRINKS MENU

Soft Drinks

ON TAP
Pepsi / Diet Pepsi /
Lemonade
£2.50 per glass

7UP / Coca Cola*
Diet Coke / Fanta*
Can **£1.00 / £1.20***

Coca Cola* / Diet Coke
Coke Zero
Bottle **£1.50 / £1.70***

Ginger Beer
/Ginger Ale
£1.50

Appletiser
£1.80

JUICE
Orange /Pineapple
£1.50

WATER
Still /Sparkling
£1.20

SIMPLY FRUITY
Kids Drinks
Orange / Blackcurrant
/ Strawberry
£1.40

Hot Drinks

Americano
£2.00

**Decaf
Americano**
£2.00

Hot Chocolate
£2.20

Latte
£2.20

Espresso
£1.50

**English Breakfast
Tea**
£1.50

Cappuccino
£2.20

Mocha
£2.20

*See our separate wine menu for our full
range available & please see the bar or your
server for full selection of spirits
& liqueurs available.*

Draughts

BEER
Gower Gold
Pint **£3.40** Half **£1.70**

Shipwreck
Pint **£3.30** Half **£1.65**

Guinness
Pint **£4.00** Half **£2.00**

Worthington
Pint **£3.40** Half **£1.70**

LAGER
Lighthouse
Pint **£3.30** Half **£1.65**

Carling
Pint **£3.55** Half **£1.80**

Coors Light
Pint **£3.65** Half **£1.85**

CIDER
Strongbow
Pint **£3.50** Half **£1.75**



Thatchers Haze
Pint **£3.50** Half **£1.75**



Carling Black Fruits
Pint **£3.65** Half **£1.85**

Bottled

BEER
Gower Gold
500ml **£3.30**

Gower Power
500ml **£3.30**

Gower IPA  
330ml **£3.10**

LAGER
Gower Light 44  
330ml **£3.10**

Staropramen
330ml **£3.10**

Corona
330ml **£3.10**

Heikenen 0.0
330ml **£2.90**

CIDER
Smugglers
500ml **£3.30**

**Rekorderlig Wild
Berries**
500ml **£3.90**

**Rekorderlig Strawberry
& Lime**
500ml **£3.90**

Telephone 01792 832111



www.theynysmeudwyarms.co.uk

Dishes may be adapted to suit dietary requirements including Gluten free, Vegetarian & Vegan.