



Workplace Wellness

Placing people
at the heart
of design



Integrated Project Services

AT CORGAN, WE VALUE AGILITY IN PROBLEM SOLVING.

We listen to understand, evaluate, and challenge research, and are attuned to all that's going on in the world. Using our integrated project services model, we build responsive teams comprised of designers, researchers, and experts in trends, communication, and strategy. Together, beautiful and hardworking solutions are created for your company.

What is workplace wellness?

WELL is a performance-based system for measuring, certifying, and monitoring specific features of the built environment that impact human health and well-being. These features fall within ten wellness concepts.

WELLNESS CONCEPTS

AIR	MOVEMENT
WATER	MIND
NOURISHMENT	THERMAL COMFORT
LIGHT	MATERIALS
COMMUNITY	SOUND



According to the U.S. Environmental Protection Agency,

Americans spend about

90%

of our time indoors.

A Comprehensive Approach

To achieve a comprehensive wellness approach that meets your company's dynamic culture, Corgan facilitates and leads a WELL Stakeholder Group for your project. This Core Team will meet regularly throughout the project to set initial project goals, define WELL Feature implementation, and stay connected through project certification. In addition to Corgan's leadership, we recommend selecting 10–15 key participants representing a cross-section of your company. It is ideal to include representatives from human resources, real estate, facilities, and CSR departments who are knowledgeable in company goals, maintenance, and operations.

Opportunities

By placing people at the heart of design, construction, operations, and development decisions, we can add meaningful value, generate savings in personnel costs, and enhance the human experience, health and well-being.

WELL Certified™ spaces have received valuable recognition for commitments made to the health and wellness of employees, consumers, and the general public, in addition to receiving media attention for innovative and progressive work.



Start With Wellness Visioning

What is a wellness visioning session?

A wellness visioning session is an interactive session, designed to gauge your desired level of wellness implementation in the workspace. For companies considering pursuing WELL Building Standard Certification, this visioning session is designed to gather an understanding of the current versus desired future state of workplace wellness.

Participant Interaction

There is no prep work required for the participants. Each participant naturally brings a unique perspective, ideas, and information relevant to the design team. It is vital for each participant to express their perspective during the sessions. The facilitator will use a variety of activities to allow each contributor to communicate in a style comfortable to them.

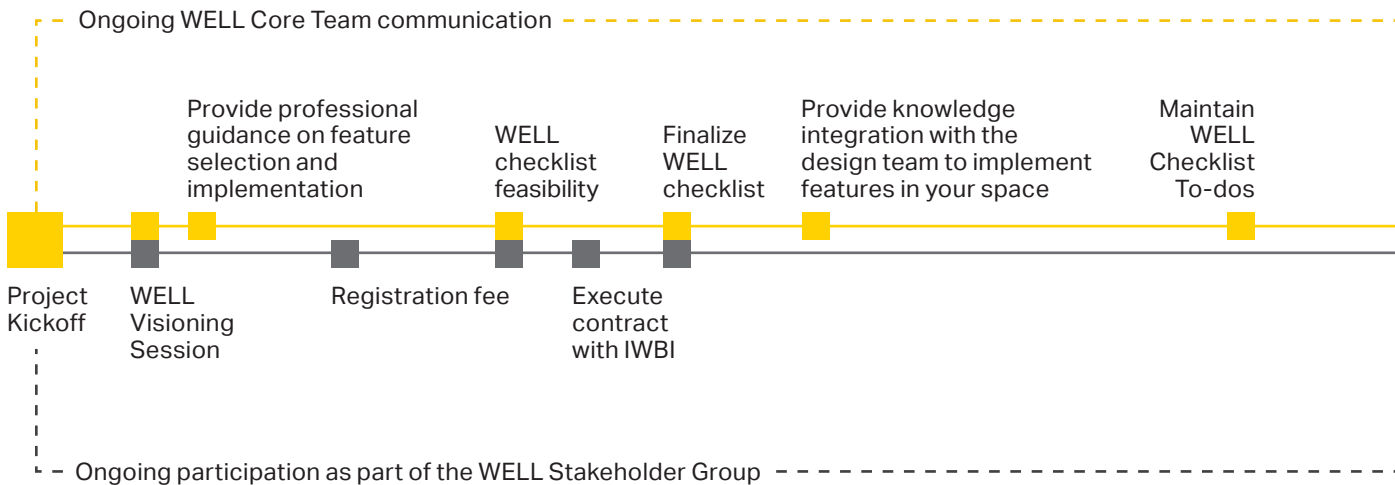
What do we get out of it?

Corgan analyzes information gathered during the Wellness Visioning Session and provides you with an initial customized Workplace Wellness Culture Analysis outlining potential successes or challenges associated with pursuing the WELL Building Standard.



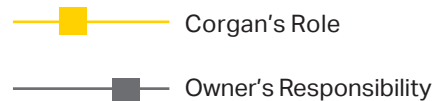
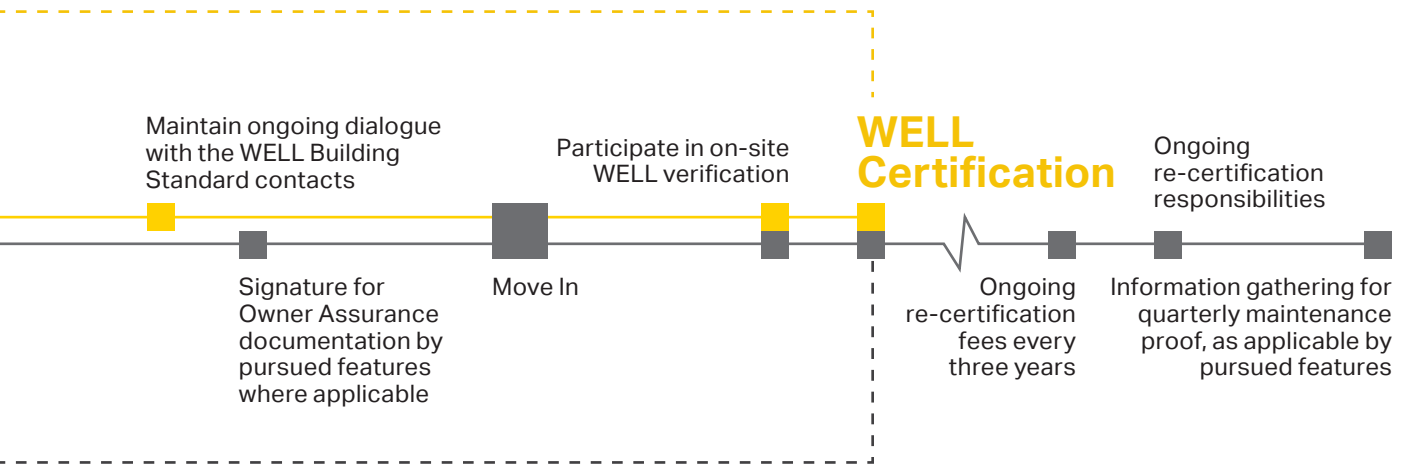
How can Corgan help?

We understand that navigating WELL can be tricky. Corgan is here to partner with you throughout the entire process, providing professional guidance at critical times, and taking the guesswork out of your WELL investment. We'll be involved and maintain continuous interaction to help you meet your goals and integrate these new features into your culture.



Owner's responsibility outline

Although we can guide you through the process and help you understand what level of WELL is right for your company, WELL is different from other types of certifications; there are some responsibilities that you'll have to manage on your end. Corgan can provide guidance on when items should be completed and help with understanding the information, and even help you understand what moving parts you'll need to stay on top of after the space is complete.



Stryker Communications Headquarters

Elevating the workplace for an employee-focused company to attract and retain top talent.

Stryker is an employee-focused career destination where attracting the most engaged, passionate, and talented individuals is instrumental for their future. Stryker was introduced to the WELL Building Standard during the relocation of their regional distribution center. Given that Stryker is one of the world's leading innovative technology and healthcare companies, it was the right fit to align the WELL Building Standard with their new facility.

With features including Fruits and Vegetables, Mindful Eating, Active Furnishings, and Physical Activity Spaces, Stryker incorporates a healthy lifestyle into their culture; employees have easy access to health benefits such as a close proximity to separate eating spaces, sit-to-stand desk options, and a gym. Stryker's fun and competitive culture made including a private basketball court and soccer field an easy decision.



**1st WELL
Certified
Facility
in Texas**



WELL Silver Features & Optimizations

Mindful Eating

Circadian Lighting

Active Furnishings

Biophilia I — Qualitative

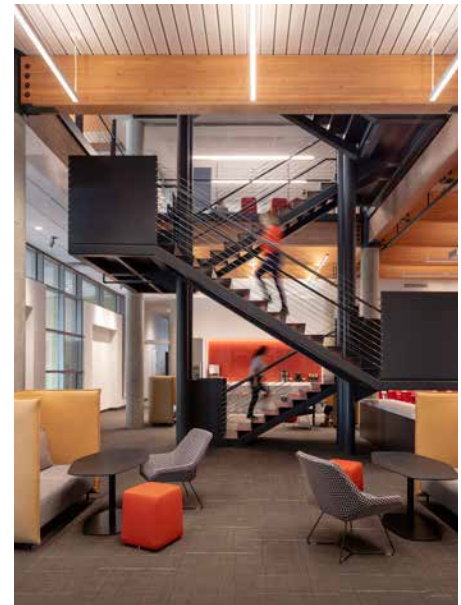
Thermal Comfort

Corgan Headquarters Expansion

A people-centric renovation and expansion focused on bringing everyone under one roof.

Corgan's addition to our own ten-year-old, downtown headquarters building was driven by bringing all the local employees back under one roof. Due to growth within numerous market sectors, our headcount expanded beyond our original building capacity. With a desire to remain under one roof, an expansion and renovation project was put into action. To maintain our sustainability leadership in the architecture industry, pursuing a wellness-based certification became the natural next step.

Our WELL Stakeholder Group assembled to quickly find a number of features already embedded in our culture and merely required documentation to achieve. An increase of commitment to quality of light and creating an in-house program to sustain the nourishment preconditions were our first steps. With our spirited culture and commitment to community, WELL's focus on the people aligns naturally with our values.



WELL Silver Features & Optimizations

Low Glare Workstation Design

Special Diets

Color Index

Building Health Policy

Business Travel



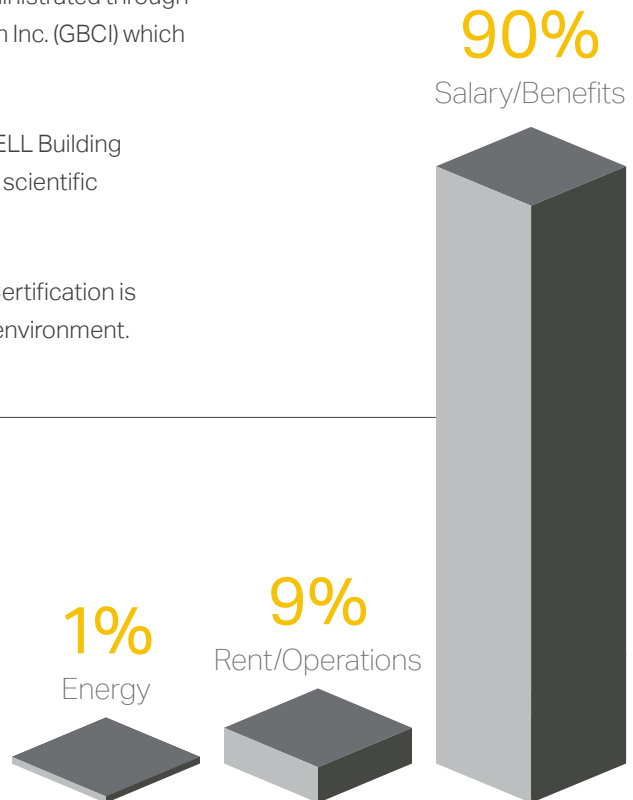
So why WELL?

WELL Certification is achieved when projects demonstrate all Preconditions. Higher certification levels can be achieved by pursuing Optimization Features. WELL provides flexibility when selecting features that best suit the project owner's goals. More than 700 projects worldwide have already registered or certified through WELL.

- 1 It's based on research.** The WELL Building Standard is based on many years of studies supported by scientific and medical research. It blends environmental health literature and behavioral factors.
- 2 It's third-party reviewed.** WELL Certification is administered through IWBI's collaboration with Green Business Certification Inc. (GBCI) which also administers LEED certification.
- 3 It's been vetted by industry professionals.** The WELL Building Standard is backed by a comprehensive medical and scientific practitioner peer review.
- 4 It's for the people.** Internationally recognized, Well Certification is focused on employees to support a health-focused environment.

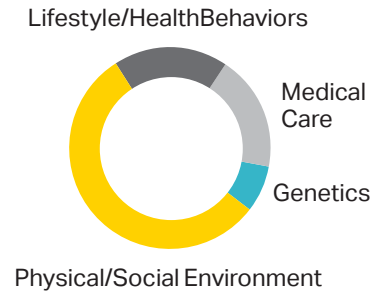
Invest in people for return on investment

Based on a typical split of business operating costs¹, progress in staff health and well-being can deliver significant financial savings.



Health and research

Determinants of health are factors that contribute to a person's current state of health. According to the National Center for Biotechnology Information (NCBI)² the physical/social environment accounts for about 60% of population health. These social determinants of health refer to the set of factors that contribute to the social patterning of health, disease and illness. Addressing the circumstances in which people are born, grow, live, work and age is a primary approach to achieving health equity.



What the first WELL project's end users are saying³

92%

said their new space has created a positive effect on their health and well-being.

94%

said that the new space has a positive impact on their business performance.

90%

do not see going back to the old way of working as an option.

87%

said the new environment helped them generate business.

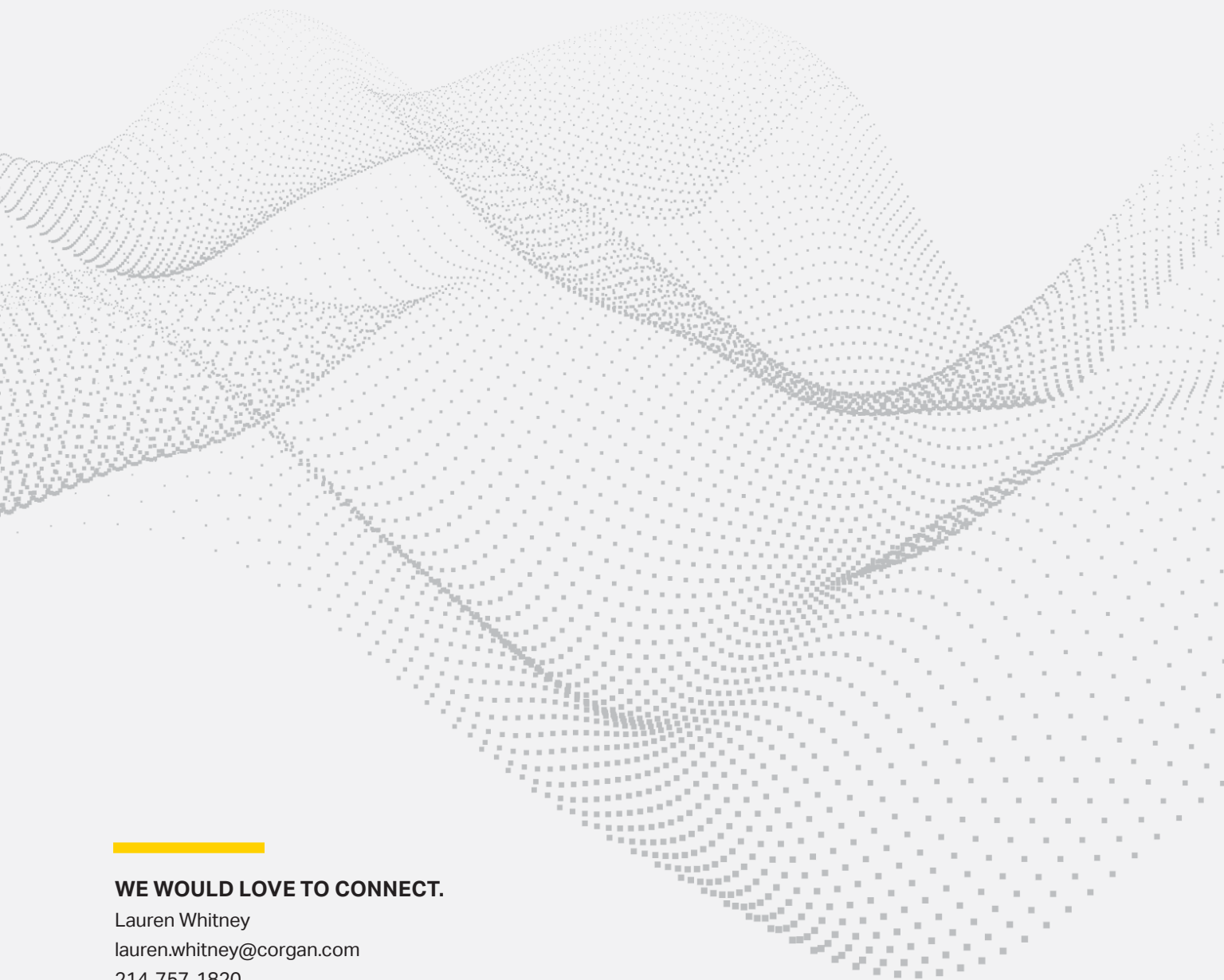


- 1 Kate Lister, Knoll Workplace Research, What's Good for People Moving from Wellness to Well Being, 2014
- 2 Tarlov, A.R., Public Policy Frameworks for Improving Population Health. Annals of the New York Academy of Sciences, 1999. 896 (Socioeconomic Status and Health in Industrial Nations: Social, Psychological, And Biological Pathways): p. 281-293.
- 3 CBRE Global Headquarters, Los Angeles, California. Workplace 360 Study, 2014.

Our Commitment

We know that our employees are our greatest asset; it's what sets us apart. We have a growing number of WELL accredited professionals on staff ready to guide you through the process of investing in yourselves. Through our experiences with our clients and being the client, we've gained a valuable perspective and can pass on our newfound knowledge to you. We believe in the power of wellness and know that if our employees feel good, we all win.





WE WOULD LOVE TO CONNECT.

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