## Parent Bulletin <br> Friday, $1^{\text {st }}$ February 2019

## Dates for your Diary:

Wednesday $6^{\text {th }}$ February - The Brilliant Club graduation ceremony, UEA
Friday $8^{\text {th }}$ February - GCSE Food \& Nutrition students, Borough Market, London

Thursday $14^{\text {th }}$ February - Year 10 parents evening
Friday $15^{\text {th }}$ February - Last day

Monday $18^{\text {th }}$ February until Friday $22^{\text {nd }}$ February - Half term

Monday $25^{\text {th }}$ February - Back to school
Wednesday $6^{\text {th }}$ March - Year 7 boys PE day, UEA
Thursday $7^{\text {th }}$ March - Year 9 parents evening
Thursday $28^{\text {th }}$ March until Tuesday 2nd April - New York trip
Wednesday $3^{\text {rd }}$ April - Saturday 6th April - D of E Silver assessment expedition
Thursday $4^{\text {th }}$ April - Year 11 parents evening
Friday $5^{\text {th }}$ April - Last day of term
Monday $8^{\text {th }}$ April until Monday $22^{\text {nd }}$ April - Easter holiday
Tuesday $23^{\text {rd }}$ April - Start of summer term

Monday $6^{\text {th }}$ May - Bank Holiday Monday
Friday $24^{\text {th }}$ May - Last day

Monday $27^{\text {th }}$ May until Friday $31^{\text {st }}$ May - Half term
Friday $5^{\text {th }}$ July - Prom

Wednesday $24^{\text {th }}$ July - Last day of the academic year

## Attendance:

Whole school attendance from September is 95\%.
Year 7 96\%
Year 8 95\%
Year 9 94\%
Year 10 94\%
Year 11 93\%
Well done Year 7, keep up the great work.
As you can see by our whole school attendance we have reached national average. Thank you for your support in helping us achieve our target. Our new target for 2019 is to be above the national average of $95 \%$ by the end of this academic year.

This week we start the launch of the early bird lunch pass. These passes are given to 3 students by their form tutor. There are 3 passes in each form. This is an attendance reward based on either $100 \%$ attendance, most improved attendance or being on time to every form time. It is entirely up to the form tutor who they want to award.

Please remember if your child's attendance is below 90\% there is a very good chance they will not achieve in their future exams. Teachers cannot teach if you child is not in school.

If your child is absent, please call the absence line which is the direct line to the Attendance Manager (Mrs Roberts) on 01553779635.

Thank you for your continued support.
Have a lovely weekend.

## Citizenship, Beliefs, and Values:

Next week (4-10 February 2019) is Children's Mental Health Week.
The week was set up by the children's mental health charity Place2Be to shine a spotlight on the importance of children and young people's mental health. This year's theme is Healthy: Inside and Out - we're encouraging everyone to think about how they look after their bodies and minds.

Do you think that your child would come to you if they were worried about their own or a friend's mental health? Are you sure?

Did you know that 1 in 10 young people will experience a mental health problem before the age of 16 ? That's an average of 3 children in an average classroom in England. And it's 1 in 4 adults too. This means that you and your child know someone with a mental health problem.

Sadly, most people with mental health problems experience stigma and discrimination from others, even those closest to them.

We can all play a part in helping to end stigma by learning more about mental health and discussing it more openly.
As parents and carers, you play a very important role in your child's health. Here are a few simple ways you can encourage them to look after their body and mind:

Chat with your child about what you do to look after your body and mind, from walking the dog to turning your phone off before bed. Sharing the steps you've taken to stay healthy can set a good example for them - but don't be afraid to admit it if you've struggled! It's important for children to keep trying, even when things are difficult.

Praise your child and other family members for what they do to look after their body and mind - even if it's small. If your child sees healthy living in a positive light, they're more likely to carry on doing these things throughout life.

Remind them that there's no such thing as a perfect body or mind - and no one is perfectly healthy! Your child might be tempted to compare themselves to other children, especially on social media, but it's important to remember that everyone's bodies and minds are different - and that's something to celebrate.

Do something regularly with your child to be 'Healthy: Inside and Out'. Family life can be very busy and stressful at times. Cooking a meal, sitting down for a family dinner, or going for a walk together can be a great way to stay connected and have fun.

Don't assume that your child would come to you. Make time to talk!

## Borough Market Trip Year 11:

Year 11 students wishing to join us for the Borough Market trip next Friday $8^{\text {th }}$ February need to bring the money \& consent / medical forms ASAP as the money (£15) is needed before Tuesday next week.

This will be a really good opportunity for the students to access primary evidence for their coursework title this year "street food."

We are looking to meet 7:30am next Friday and leave on time at 8:00 am. We endeavour to be home between 5 pm and 6 pm , depending on the traffic. We will get your child to text when we are half an hour away.

Many thanks in advance.
Mrs H Lockey \& Mrs J May.

## Year 11 Intervention \& Revision Sessions:

WEDNESDAYS 3-4 p.m IN CF10 WITH MRS TENNANT - ENGLISH LANGUAGE THURSDAYS 3-4 p.m IN CF10 WITH MRS TENNANT - ENGLISH LITERATURE

|  | TOPIC |  | TOPIC |
| :---: | :---: | :---: | :---: |
| Wednesday $9^{\text {th }}$ January | LANGUAGE, PAPER 2, QUESTION 2, SUMMARISE AND COMPARE | Thursday $10^{\text {th }}$ January | LITERATURE PAPER 1, SHAKESPEARE |
| Wednesday $16^{\text {th }}$ January | LANGUAGE, PAPER 2, QUESTION 3, ANALYSING LANGUAGE | Thursday $17^{\text {th }}$ January | LITERATURE PAPER 1, SHAKESPEARE |
| Wednesday $23^{\text {rd }}$ January | LANGUAGE, PAPER 2, QUESTION 4, COMPARING METHODS | Thursday $24^{\text {th }}$ January | LITERATURE PAPER 1, A CHRISTMAS CAROL |
| Wednesday $30^{\text {th }}$ January | LANGUAGE, PAPER 2, QUESTION 5, WRITING SKILLS (SPEECH / ARTICLE) | Thursday $31^{\text {st }}$ January | LITERATURE PAPER 1, A CHRISTMAS CAROL |
| Wednesday $6^{\text {th }}$ February | LANGUAGE, PAPER 1, QUESTION 3, STRUCTURE | $\begin{aligned} & \text { Thursday } 7^{\text {th }} \\ & \text { February } \end{aligned}$ | LITERATURE PAPER 2, BLOOD BROTHERS |
| Wednesday $13^{\text {th }}$ February | LANGUAGE, PAPER 1, QUESTION 4, EVALUATE METHODS | Thursday $14^{\text {th }}$ February | LITERATURE PAPER 2, BLOOD BROTHERS |

## Parentview:

We would like to advise you that you are able to give your views on the Academy to Ofsted via their parentview questionnaire, at any time - not just during inspections. We value your opinion and would encourage you to do this at:

## www.parentview.ofsted.gov.uk

## Upcoming DofE Sessions (Bronze):

Tuesday $12^{\text {th }}$ February (3-4pm)

- Packing, kit and food
- Checking progress towards voluntary, skill and physical

Tuesday 26th February (3-4pm)

- First aid and emergency procedures
- Countryside Code
- 20 conditions to pass

Tuesday 12th March (3-4pm)

- Map reading and orienteering

Tuesday 26th March (3-4pm)

- Camp-craft: putting up tents and using a stove

Tuesday 23rd April (3-4pm)

- Pre-expedition brief


## Year 7 Round Up - Compiled by Mrs Germaney:

We had Hazel from the Norfolk Constabulary join us this week for some assemblies suitable for each year group. Year 7 were spoken to about keeping safe online with a little age sensitive information on how things can go wrong. The students all showed respect and listened carefully to the key messages. Well done to you all and thank you Hazel for coming in.

Mr Bugg led our main assembly on Monday this week. He spoke about taking pride in our school and us all working together to keep it a clean, learning environment, where we all feel safe. The students were asked to ensure they always put their rubbish in the bins provided and to not be a bystander if they see something they know isn't right.

Year 7 attendance has taken a significant dip this week. I am aware there are some nasty bugs going around. Please ensure you call everyday that your child is not in school, the main absence line is 01553779635 . We are happy for you to send them in to see how they go, we would always contact you if they need to be sent home.

Year 7 Student of the Week nominations:

| 7CBA | Hayden Martyn | He's been really enthusiastic in form, always helpful - well done. |
| :---: | :---: | :---: |
| 7MST | John Russell-Hutchinson | For getting the most achievement points in the form this week. |
| 7SHA | Oakley Took | Oakley's determination, resilience and ongoing excellent attitude in his sports is an inspiration |
| 7BGR | Dylan Chalke | Every time I see Dylan around school he is either helping someone or helping Ellie-Mae Robinson. This is something more people need to take notice of and emulate. Well done Dylan. |
| 7GCO | Freddie Todd-Ward | For always having a fantastic attitude towards his work and the school in general and for continuously volunteering to help and participate in any form activities. |
| 7AWA | Misela Rusina | Quietly goes about her business and continues to work hard and puts in a great amount of effort. |
| 7BRH | Harry Skinner | Has been trying really hard in school, and has been hoping to earn student of the week for some time. He has a fantastic attendance record, the second highest achievement points for our form, and when he does have small blips in his behaviour he recognises that he was wrong and makes things right. Harry is funny, hardworking and a pleasure to have in form. |
| 7SGO | Rhys Lusher | Rhys has been trying exceptionally hard not only in form but also in English. He has worked with passion and shown real dedication and determination in managing his behaviour in class. |

7NJA Sienna-Rose Clark

7NJA Paris Hardy-Robertson

Joint most positives this week, second most this year, and holder of an early lunch pass tomorrow for $100 \%$ attendance too.

Has 11 positives already this week - well done Paris.

Well done to all students that were nominated, congratulations to Freddie. You quietly get on every day and it is noticed, well done you!

Have a lovely weekend!

## Year 8 Round Up - Compiled by Miss Crowe:

There has been a lot going on for Year 8's this week!
On Monday, Hazel from the Police Safer Schools Partnership came into school to deliver police key messages to Years 7, 8, 9 and 10. The Year 8 talk was about healthy relationships and the students listened very well to the presentation.

On Tuesday, Mr Bugg held the Year 8 assembly in line with this week's theme of the week, which was Owning My Decisions. The students came into assembly impeccably and I would just like to thank all of the students and form Tutors for such a quiet and calm beginning to assembly. Mr Bugg talked about how different personality traits can lead to different careers, and how you are able to choose your future career path and make good decisions.

On Thursday we had Year 8 parents' evening. It was lovely to see you all! I hope you all had an enjoyable evening and were able to speak to as many teachers as possible.

Unfortunately, we have had many students who have been absent from school without a phone call from home to say why. Please can you ensure that you phone the absence line on 01553 779635, and either leave a voicemail or speak to Mrs Roberts.

Year 8 Student of the Week Nominations
The following students received Student of the Week nominations from their form tutors.
8RES Snow White Snow achieved the highest achievement points in 8RES last week (18!), with 0 behaviour points. Snow is consistently positive, energetic and helpful, and fantastic role model!

8JMA Freddie Burt For a subtle act of kindness that made Mrs May very proud!

8HAN Reannan-Jay Chasney
For her fantastic efforts in exceeding expectations for achievement points! Keep up the good work!

8LBE Jake Moore
8THO Mia Robinson

8JWI Alfie Luxton
8EBL Lily Chilvers
Always willing to help and gaining 22 achievement points in 1 week.
For settling in well into school and form, always being polite and achieving a good amount of achievement points.

For trying his best in form and classes.
For being a star team member. Lily is very reliable and puts herself forward to help with jobs in form.

8CBR James Keal

For his help in assembly and awesome number of achievement points this week.

Well done to all of the students who have been nominated for Student of the Week. Congratulations Mia! You are our Student of the Week!

Have a lovely weekend.

## Year 9 Round Up - Compiled by Mrs Mann:

Where did January go?! We have been too busy to notice that already we are in February.
This week we had our Police Awareness Day and Year 9's had an assembly and listened to some real life situations and how to keep themselves safe.

Massive congratulations to all the students who have been nominated for Student of the Week. Here is the list this week.

| 9EWB | Ellie-Mai Collinson | For always being polite, well-mannered and helpful, with an <br> excellent attitude towards learning. |
| :--- | :--- | :--- |
| 9CMC | Devon Hoste-Davies | For being determined to improve his attendance, well done! |
| 9HDR | Callum Palmer | For trying really hard in all he does and consistently trying to look <br> smart. |
| 9ABL | Elise Clayton | For an amazing result with her English exam. |
| Congratulations to Callum Palmer! Keep tucking your shirt in! Well done. |  |  |

## Year 10 Round Up - Compiled by Miss McGivern:

Our whole school theme this week is: Owning my Decisions.
This week we have had the police in to deliver some hard hitting but poignant assemblies. Well done to all the Year 10's who conducted themselves in a very mature way, listening, and taking seriously the message being delivered. Thank you to West Norfolk Safer Schools Partnership.

Top achievement points this week goes to Hermione Scandrett 10SBW - 375.
Year 10 Student of the Week nominations - from form tutors are:

| 10ATA | Connor Ballantyne | For receiving 28 achievement points in one week. Well done <br> Connor!! |
| :--- | :--- | :--- |
| 10CFY | Lewis Gant | Lewis is always first to volunteer to participate for anything in form. <br> His enthusiasm and smile is always a delight. Well done Lewis. |
| 10LAM | Abbie Perry | Hardworking pupil who is always happy and helpful in form. She has <br> 365 achievement points and 100\% attendance. |
| 10KPO | Krissie-Leigh Taylor | Has been very mature in her proactive approach to improving her <br> own behaviour and punctuality, by asking to put herself on report. |
| 10SBW | Ryan Gipp | No behaviour points, 263 positives. |
| 10JCR | Isabelle Oxby | For the most achievement points in the form. |
| 10NBO | Spencer Mendonca | For a massive improvement in behaviour in the last 10 days. |
| 10DEN | Harvey Gray | Harvey is a quiet but model student. Harvey always gets it right and | gives everything his best effort.

Well done to all students that were nominated and congratulations to Ryan Gipp. You are our Year 10 student of the week! Well done!

Just a few reminders:
Year 10 attendance has taken a big dip this week, with the sickness bug hitting this year hard. If your child has the sickness bug please keep them off for a minimum of 24 hrs after the last bout.

We are still receiving a large amount of people using the main line to report absences, please can I ask that if a student is unable to attend school due to illness, please call the school and report this on our absence line (01553) 779635. Thank you.

## Year 11 Round Up - Compiled by Mrs Roberts:

I would like to praise Year 11 for the way they have all engaged with the set changes and interventions with their English lessons over the last few weeks. They have all settled well and are working hard.

To help with any worries or questions about the GCSE's or how to support your child during this very important time in their education, there will be a Year 11 information evening coming up in a few weeks. The date has not be confirmed yet.

Many students have already begun to apply for a college course and are attending interviews. However, please do not worry if your child has not applied yet, there is plenty of time.

If they are undecided which course to take there are three open days in March. Saturday $2^{\text {nd }}$ March at Wisbech campus at 9.30 to 12.30 , Saturday $9^{\text {th }}$ March at King's Lynn campus 9.30 to 12.30 and Tuesday 12th March 5pm to 7.30 pm at the Cambridge campus.

You can also have a look at the COWA website, or "Help You Choose". All students would have been introduced to the "Help You Choose" website through their Information, Advice and Guidance lessons with Mr McLean.

Mr Bugg delivered a thought provoking assembly this week about employability. He emphasised that it's not just about grades and certificates. It's also about attendance, politeness and punctuality. On that note we are still seeing several students arriving after the first bell. All students should arrive before 8.35 and be in lesson before 8.45, not arriving at school at 8.45.

Student of the week nominations are as follows:
11JPE Daniel Wright Who is always the first to get to form.
11HCO Kira McMahon All round positive approach and effort this term, coupled with a large number of achievement points.

11AGI Charlie Benstead

11MFL Joanna Pauluch

For making a successful transition to a new Maths set and a higher level of work.

Amazing support in form. Joanna has led a lot of our activities and has done it in a brilliant way leading to lots of competition during form time.

Our student of the week is:
Kira McMahon. Well done Kira. Keep up the great work.

