



Wycombe Women's Aid – Overview of Services

Outreach Services:

One to one work

- ◇ One to one emotional support
- ◇ Counselling
- ◇ Specialist service for Asian women

Group work

- ◇ Freedom Programme – a 12 week rolling programme to support women around their experiences of domestic violence
- ◇ You & Me, Mum – a 10 week programme to support women around their children's experiences of domestic violence
- ◇ Helping Hands – a 6 week programme for women and children focusing on managing feelings and staying safe
- ◇ Open Door Drop In – a monthly drop in service with free legal advice and a CAB representative
- ◇ Coffee Morning – a monthly get together for women; children also welcome
- ◇ WOW (Women on Wednesday) – a weekly group for women, by women, offering support services and social events

IDVA (Independent Domestic Violence Advocacy) Services:

IDVAs provide crisis support and information

- ◇ One to one emotional support
- ◇ Information and advocacy, with a focus on safety
- ◇ Support to attend court

Youth Service:

The Youth Worker works with young people aged 11 – 17 years who have experienced domestic violence either within the family home or within their own intimate relationships. The service supports boys and girls.

Refuge Service:

The refuge service finds safe accommodation in refuges throughout the UK for local women, with or without children, who are experiencing domestic violence and need to leave their home. Women remaining in their own homes can access the Outreach or IDVA service.

Helpline – 01494 461367:

The helpline is for individuals and agencies and can offer emotional support, information about issues relating to domestic violence, support to local women seeking refuge away from Bucks and information about making a referral to Wycombe Women's Aid refuge.