

Age Categories

As per the rules under section 24 or the British Triathlon Rule Book a competitor's age is determined by their age on December 31st in the year of competition. The Rule Book can be viewed on our website, <https://www.triathlonscotland.org/events/rule-book/>

The following age categories will apply at Championship and/or qualification events when required by British Triathlon or the appropriate Home Nation Association:

Code	Category	Age
TSS	TriStars Starts	8
TS1	TriStars 1	9-10
TS2	TriStars 2	11-12
TS3	TriStars 3	13-14
A	Youth	15-16
B	Juniors B	17-18
C	Juniors C	19
D	Seniors 1	20-24
E	Seniors 2	25-29
F	Seniors 3	30-34
G	Seniors 4	35-39
H	Veterans 1	40-44
I	Veterans 2	45-49
J	Veterans 3	50-54
K	Veterans 4	55-59
L	Veterans 5	60-64
M	Veterans 6	65-69
N	Veterans 7	70-74
P	Veterans 8	75-79
Q	Veterans 9	80+

In events that are not selection, Championship or qualification races, the Event Organiser may reduce the categories. For example:

Category	Age
Junior	Under 20s
Senior	20-39
Veteran	40-49
Super Veteran	50-59
Vintage	60-69
Super Vintage	70-79
Classic	80+