## BIODYNAMICS Renewing Human and Natural Systems Through Agriculture

## Ninth Annual On-Farm Workshop June 15<sup>th</sup>-16<sup>th</sup>, 2012 S&S Homestead Farm, Lopez Island, Washington

Friday, June 15th

7-12 On-Farm slaughter of beef and lamb using USDA-approved Mobile Abattoir Unit (Island Grown Farmers' Coop / butcher and crew)

Composting of slaughter offal (demonstration & practice/Henning)

Harvest animal sheaths (demonstration & practice/Barry & Henning)

- 12-1 Farm lunch
- 1-4 Making BD preparations (demonstration & practice/Barry & Henning)
- 4-5 "The Economics of the Self-Suffient, Small-Scale Farm" (lecture/Henning)
- 6-7 Farm dinner

Saturday, June 16<sup>th</sup>

- 8-9 Farm breakfast
- 9-11 Food fermentation and preservation (demonstration & practice/Elizabeth)
- 11-12 "Rudolf Steiner's concept of nutrition in the light of Westin Price's research and modern biochemistry" (lecture/Roy)
- 12-1 Farm lunch
- 1-2 "A Natural History of Metabolism" (lecture/Barry)
- 2-4 Making BD preparations & spraying (demonstration & practice/Barry & Henning)
- 4-5 "Grow plants lawfully: artistic work with the laws of plant growth" (activity/Barry)
- 5-6 "How to Form a Healthy Farm Organism:" water catchment, rotational grazing, vegetable, and fruit production, small grains, hay and forage (farm walk/Henning)
- 6-7 Farm Dinner & Closing (8:25 ferry)

## Limited space is available.

For workshop details and registration: <a href="www.sshomestead.org">www.sshomestead.org</a> or please contact: Henning Sehmsdorf, <a href="mailto:sshomestead@rockisland.com">sshomestead@rockisland.com</a>, 360-468-3335