



Training Course Prices 2018

Qualification	Duration	Price	
First aid			
First Aid at Work	3 days	£200	
Outdoor recreation first aid	2 days	£125	
Paediatric First aid	2 days	£125	
RYA First aid at sea	1 day	£95	
Emergency First aid	1 day	£75	
Surfing/Surf Lifesaving			
SLSGB Surf Coach Lifesaving Course	3 days	£250	
SLSGB National Beach Lifeguard Course	6 days	£350	
Mountain Biking			
MIAS Mountain Bike Leader Course	2 days	£190	
MIAS Mountain Bike Leader & Outdoor rec first aid Course <i>*bring your own bike or bikes can be hired for £50 for the course</i>	4 days	£320	
Kayaking (Paddlesport)			
BCU 3* Surf kayak award (training/assessment)	2 days	£150	
BCU 3* Sea kayak award (training/assessment)	2 days	£150	
BCU 3* Sea/Surf kayak award (direct assessment)	1 day	£80	
Introduction to Sea/Surf Kayaking	1 day	£80	
FSRT Foundation Safety & Rescue award	1 day	£75	