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Mother & Baby

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How to use touch to boost the bond with your baby

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Help him settle away from home

The one-minute exercise that makes birth easier

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Savvy tips and tricks for a stress-free family holiday

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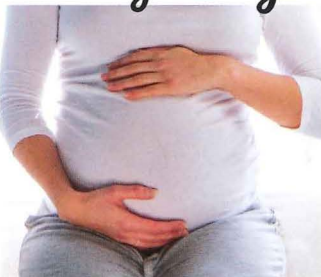
£3.99 JULY 2017



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14 JUNE TO 11 JULY

Pregnancy



Reviews



Advice



Shopping



QUESTION & ANSWER

Q What is the best way to transition from cot to bed?



A Hippychick Dream Tubes are perfect for this, they are the ultimate solution for overcoming the issue of young children falling out of bed – they are a revolutionary, high quality and easy to use inflatable bed guard that provides a safe and secure night's sleep. Simply blow up the inflatable tubes and pop them into the pockets of the specially designed, 100% cotton, sheet. Ultra-practical, Dream Tubes fold up into a handy compact size making them perfect for home use as well as holidays and overnight stays.

A bed guard that ticks all the boxes for style, safety, comfort and peace of mind.

www.hippychick.com

Q My skin has become so sensitive since having my baby, it now reacts to products I used to use every day, what products are out there which will soothe and protect my reactive skin?



SBC
SIMPLY BEAUTIFUL
collection

A Stress, hormonal changes and tiredness all comes with being a new parent and can take their toll on your skin. Your skin will improve but you must be as gentle as you can, and use products with calming yet effective ingredients.

SBC's new dermatologically-tested, light and balanced Cotton Day & Night Cream is designed to help hydrate, soothe, calm and restore delicate, allergy-prone skin.

This mild and gentle yet effective formula contains Cotton extract which actively works to soothe the skin's surface. Also, calming and soothing Oat Flour extract, refining Wheat Germ and Milk peptides to help the skin quickly regain strength to reveal a healthy, hydrated skin.

Head over to www.sbcgels.co.uk as they are offering 25% off any product in the Cotton Collection throughout July, simply enter SBCCOTTON at the checkout, T&Cs Apply.

Q The Dos and Don'ts For Visiting New Babies?

A Everyone loves a new baby and we all want to be the first to visit this gorgeous new bundle of joy but how do we know if we have overstayed our welcome, whether the new mummy wants you to hold the baby or when is a good time to visit.

So here are some tips;

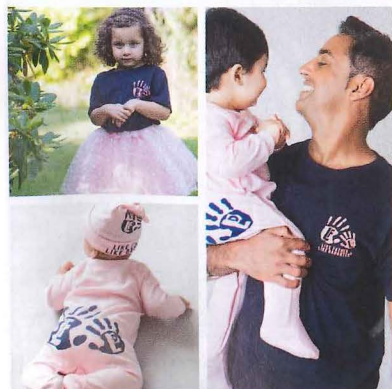
Do be patient, phone and ask when you can visit but don't be cross if they ask you to wait a few days.

Do be useful when you visit, don't sit and wait for them to make you a cup of tea. Offer to make the tea yourself, tidy up or do some dishes.

Don't outstay your welcome, a short visit is preferable as time is precious in these first days especially for the new mummy when she's learning all about her new baby, what to do and trying to get into a routine.

Put your phone on silent, loud noises can disturb babies in the beginning. Try not to take other small children who can be noisy and want to touch the new baby, sometimes not as softly as the new mummy would like.

For a beautiful, memorable gift for this bundle of joy, visit www.bundlesofjoy-shopping.co.uk
DISCOUNT CODE – 10% – M&B0617



Q Where can I purchase eco-friendly clothes/ gifts that double up as keepsake?

A Right here at Like Father Like Son! A British brand which celebrates the most precious bond between father and child.

Our clothes are ethical, mostly made in the UK, and unite father and child through fashion and fun. Everyday clothing that doubles up as great gifts and keepsakes.

See our full range at www.LFLSLondon.com



Mother & Baby SHOPPING LIST

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Enter **SBC COTTON** for
25% OFF SBC Cotton Collection
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*T&Cs Apply: Expires 31 July 2017
Not applicable on already discounted items*



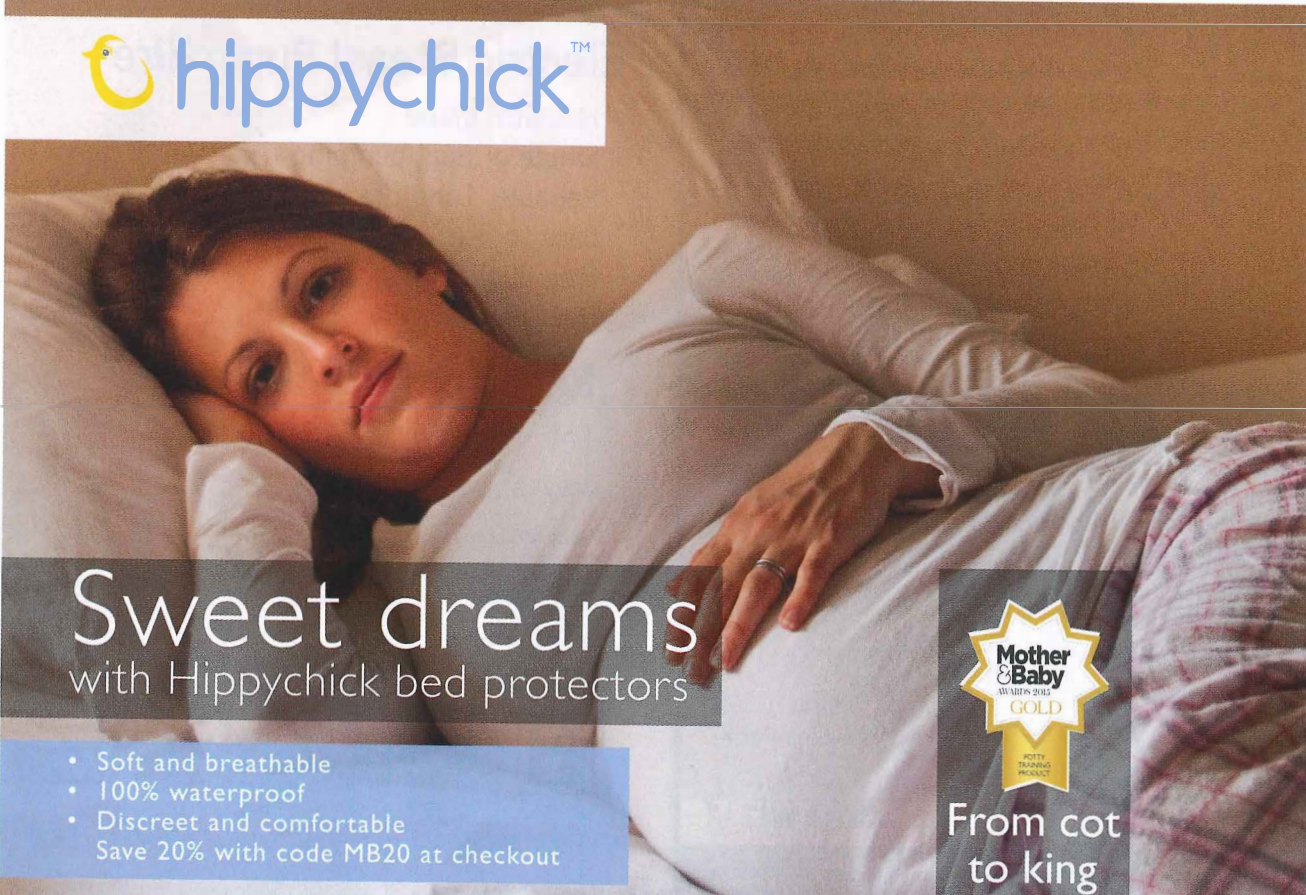
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