

Mental Health Statement of Practice



Lees Brook
Academy

Document Owner	Hayley Stubbs Senior Designated Mental Health Lead and Targeted Support Lead
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Introduction

“Good mental health is a state of well-being in which every individual realises their own potential, can cope with the normal stresses of life, can work productively and fruitfully, and is able to make a contribution to their community.” (World Health Organization)

This document sets out the arrangements for ensuring that any pupil who requires support for their mental health and wellbeing is effectively supported at the academy. We aim to promote positive mental health for every member of our staff and student body. We pursue this aim using both universal, whole school approaches and specialised, targeted approaches aimed at vulnerable students.

Related Policies, Statements of Practice and Procedures

- Behaviour Statement of Practice
- SEN policy
- PSHE policy
- Attendance and Punctuality Statement of Practice
- Safeguarding Policy
- Safeguarding Statement of Practice

Statement of Practice

We believe that every pupil has the right to feel loved, safe and secure within our Academy. In light of this, we actively seek to promote positive mental health and wellbeing in all staff and pupils, increase understanding and awareness of common mental health issues and alert staff to early warning signs of poor mental health and wellbeing. We are committed to providing support to staff working with young people with mental health and wellbeing issues as well as securing support for pupils suffering mental ill health.

In addition to promoting positive mental health, we aim to recognise and respond to mental ill health. Research for England suggests that one in seven secondary aged students have an identifiable mental health condition, and in an average classroom, three children will be suffering from a diagnosable mental health issue. By developing and implementing practical, relevant and effective mental health policies and procedures we can promote a safe and stable environment for students affected both directly and indirectly by poor mental health

Lead Members of Staff

Whilst all staff at Lees Brook Community School have a responsibility to promote the mental health and wellbeing of pupils, staff with a specific, relevant remit include:

Alana Watson – Trust Strategic Safeguarding Lead

Hayley Stubbs – Senior Designated Mental Health Lead and Targeted Support Lead

Elizabeth Massey – Deputy Designated Mental Health Lead

Collette Sewell - Trust Mental Health Lead

Christopher Routledge- Assistant Principal for Teaching and Learning

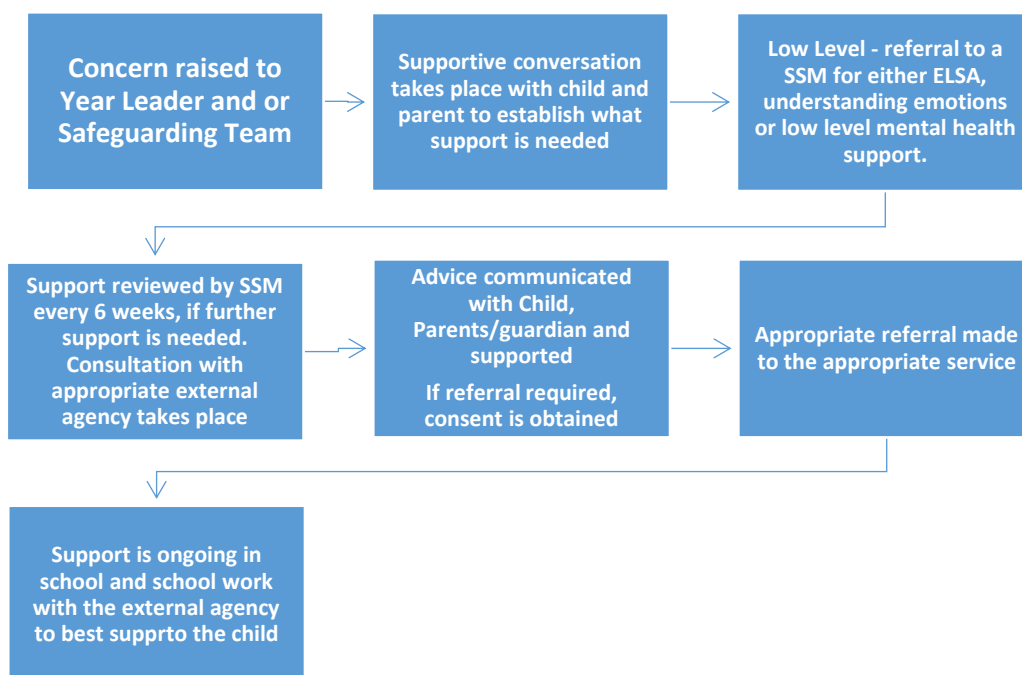
Katy Heffern - Head of RSHE and DSL

Chris Moore - Mental Health First Aider.

Support Procedure

Where a student expresses or raises concerns around their mental health and/or where staff have identified a student they believe is experiencing difficulties with their mental health, staff should ensure they follow the academy's procedures, documenting safeguarding concerns on Archway Protect, contacting relevant agencies and parties and signposting students to other recognised support systems.

Pathway at Lees Brook for concerns around mental health



If a student presents with an immediate risk to themselves and/or others and requires medical intervention, contact should be made with the appropriate services which may include attendance to A&E or the use of 999.

Tiered Support

Our academy use a variety of resources to support those students who require an additional level of intervention to support their mental health and wellbeing and follow a clear internal pathway to ascertain what that support might need to be.

We use areas of our curriculum to support students to understand their own mental health and promote their wellbeing. Our PHSE curriculum has a strong emphasis on enabling students to develop the skills, knowledge, understanding, language and confidence to seek help, as needed, for themselves or others while at the same time eradicating the stigma associated with mental health.

Students will be signposted to relevant agencies to offer further support such as KOOH, Childline, Student Minds, Derby Wellbeing Support, Safe Speak and Young Minds and where a higher level of support, intervention and expertise is required, staff will refer to external agencies such as;

- CAMHS
- Changing Lives
- Consultations with Specialist Community Advisors
- The School Health Team
- Safe Speak

Wellbeing Pathway Review Process

The form below demonstrates the checklist that is reviewed prior to any external referrals, this ensuring all in school support mechanisms have been implemented. This is in place from September 2022.



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Wellbeing Pathway Review

Student Name:

Form:

Date:

Strategy	Staff	Date taken place
Supportive conversation with student and parent		
Meeting with parent/carer/student		
SSM referral, response and allocation		
Update from SSM		
Conversation with TSL		
Consultation by TSL with external agency (note which agency)		

Rationale	
Where referral sent	Who by
Date referral sent	Date Acknowledged or accepted
Emailed to Safeguarding Team	Entered on Archway Protect.

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