



Deeside Ramblers Hockey Club

Club Rules (Code of Conduct)

Deeside Ramblers Hockey Club is fully committed to safeguarding and promoting the well-being of all its members. The club believes that it is important that our members, coaches, administrators and parents associated with the club should, at all times, show respect, be encouraged to be open at all times and to share any concerns or complaints that they may have about any aspect of the club with a member of the Executive Committee.

This document acknowledges and is built upon the Code of Ethics and Behaviour as published by England Hockey and at DRHC we intend to operate within this code of behaviour in all its actions. The link to the EHB publication is on our website.

As a member of Deeside Ramblers Hockey Club you are expected to abide by the general rules and codes of conduct of the club and by the following club rules.

- All members must play Hockey within the laws and in the spirit of the game.
- All members must respect colleagues, opponents and officials. Do not make derogatory comments or gestures about your colleagues or opponents. Never try to intimidate the opposition by threats or excessive triumphalism.
- Be polite to umpires and respect their decisions. **Do not show dissent.**
- Inappropriate behaviour on or off the pitch, such as throwing tantrums or Hockey sticks invites sanctions from club officials.
- Members should keep to agreed timings for practice and matches or inform their coach or team manager at the earliest possible opportunity if they cannot play or are going to be late.
- All members must wear the appropriate kit in an appropriate fashion –including shin pads and gum shields.
- All members must pay the appropriate subscription and any training or match fees promptly.

Players will need to bring the following to all Matches:-

- ✓ Black club shirt with number on and black socks with white tops.
- ✓ Alternative kit -White club shirt with number on, Red (men) or White (ladies) socks.
- ✓ Black skirt/skort/shorts (track suit trousers are not acceptable for matches).
- ✓ Appropriate equipment inc Astro boots/trainers with good grip, hockey stick, and warm clothing that is easy to get on and off quickly.
- ✓ Gum guard and shin pads – **U18s will not be allowed to play hockey matches without these.**
- ✓ Match fee – to be paid to captain.

Updated October 2014