

ASHA FOUNDATION BANGALORE



ANNUAL REPORT
2014-2015

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ASHA Foundation

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Bangalore –560024
Karnataka

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Contact person: Dr. Glory Alexander

Statutory requirements and registrations

- ❖ Registered on 7.3.1998 as a Charitable trust in Shivaji Nagar, Registrar's office, Bangalore. Registration number- 849/97-98
- ❖ Amended trust deed document no.- 899/04-05
- ❖ Certificate under 12(A) of IT Act 1961 obtained on 1.5.1998 and
- ❖ No.is-Trust/718/10A/Vol.A.I/A.772/98-99/CIT-II
- ❖ Recognized U/S 80 G of IT Act 1961 latest recognition is from 1.4.2010 onwards.
- ❖ PAN No. is available. TAN No. is available.
- ❖ Registered under FCRA. FCRA no. is available.
- ❖ Recognition as Scientific and Industrial Research Organisation under DSIR, GoI from April 2014 to March 2017
- ❖ Accredited as member of Credibility Alliance for minimum norms for five years from 2014 to 2019. Accrd. No- CA/02/2014
- ❖ Registered with Regional provident Fund Commissioner-KN/41859
- ❖ Bankers name- Punjab National Bank ,Anand Nagar, Bangalore-560024

Vision : Our vision is to prevent HIV infection in the community and to empower and uplift people infected and affected by HIV/AIDS and other vulnerable communities

Mission:

- ❖ To build the capacity of vulnerable communities and to advocate for them.
- ❖ To provide awareness, prevention, education , training and to network effectively with all stakeholders.
- ❖ To provide counseling, testing, treatment, support and rehabilitation to people infected and affected by HIV/AIDS and vulnerable communities.
- ❖ To conduct research in all aspects of our work.
- ❖ To empower the communities that we work with.

Aims :

1. To build awareness of HIV/AIDS infection in the community.
2. To provide HIV testing in a non-coercive and non-stigmatized environment both voluntary and anonymous.
3. To train counselors in HIV/AIDS.
4. To provide counseling to HIV patients, their families and the community .
5. To provide a character based comprehensive Adolescent Health Education curriculum in schools.
6. To provide personalized, quality, medical care and palliative care to patients with HIV/AIDS irrespective of their ability to afford treatment.
7. To interact with other institutions of learning and constantly update our knowledge of the illness and to incorporate new teachings into our treatment and care of patients.
8. To network with other voluntary, statue, central and other institutions including Non-Governmental Organizations to provide wide ranging care effectively
9. To rehabilitate HIV / AIDS patients and families.
10. To conduct and help research in HIV / AIDS
11. To provide specialized training for Doctors, Nurses and allied Health professionals in the field of HIV / AIDS.
12. To make a difference in the lives of patients living and dying with AIDS.

Board of Trustees of ASHA Foundation

Sl.No	Name	Qualification	Occupation	Address
1.	Mr. George Ninan Member	M.A	Vice President, ICCC	1407, Hennur main Road Bangalore 560084
2.	Mr. Vijay Chandy Member	B.Sc, PGDIR&W(XLRI)	Management Consultant	161,19 th main,1V Block Koramangala Bangalore-560095
3.	Dr.Paul Salins Member	MD, FDSRCS,PGD (pall.care)	Medical Director & Vice President Narayana Hrudalaya and mazundar Shaw Cancer Center	No.258/A Bommasandra Industrial Area Hosur Road Anekal Taluk Bangalore-560099
4.	Dr.Sajan George		National Vice President SC/ST and Minorities Employees Federation	C001 Gina Ronville Apts K.Narayanapura Cross Kothanur Post Bangalore-560077
5.	Dr.Alexander Thomas Member	D.Orth, MS Orth, M.Phil (HHSM) PGDML&E	Executive Director-AHPI Consultant,World Bank	AHPI Office No.27. First Floor GVR Plaza Bellary Road Bangalore 560024
6.	Dr.Glory Alexander Member	MBBS,MD	Director, ASHA Foundation	No.42,4 th main SBM Colony Anand Nagar Hebbal Bangalore-560024

None of the Board members of ASHA Foundation received any remuneration or reimbursement during the year. Dr. Glory Alexander in her capacity as Project Director of the PMTCT project, and HIV/AIDS physician received remuneration during the year.

This report is for the period April 2014 to March 2015. The following projects were continued during the financial year.

1. The HIV/AIDS counseling services including the AIDS Helpline and Telephone Counseling service.
2. Adolescent Sexual Health Education Project named Anmol Ashayein
3. The KNH-CAR Project- Children at risk project
4. The KNH-PMTCT Project - Prevention of Mother to Child Transmission of HIV project
5. Camp Rainbow Project
6. Research projects- Research is integrated into every project and maybe scientific, operational, or social sciences research.

1. The AIDS Helpline and Telephone Counseling service and integrated counseling and testing service

The project has completed thirteen years. Presently the **activities** under this project are

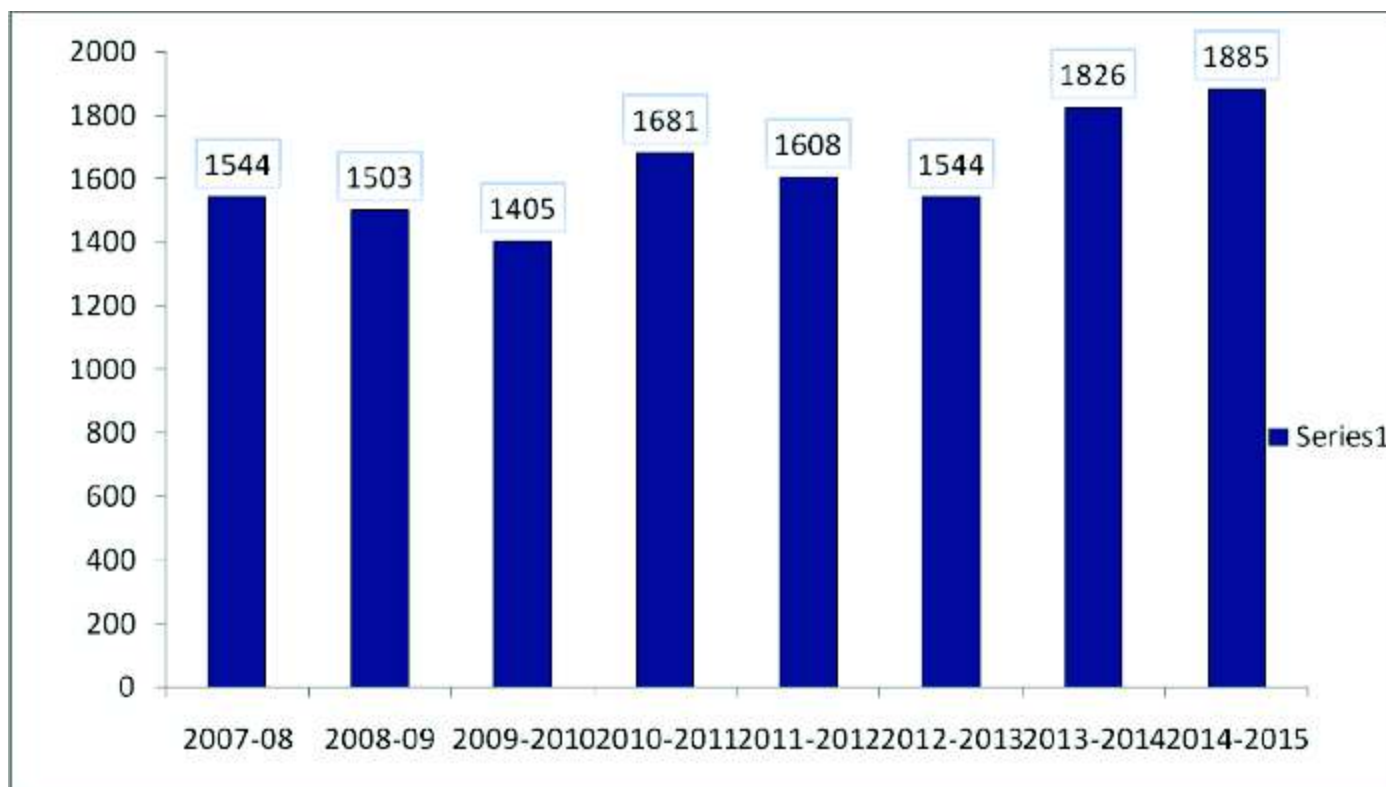
1. Telephone counseling
2. Face to Face counseling
3. E mail queries
4. Awareness programs with I -Volunteers
5. Training
6. Research

1. Telephone Counseling

The manual telephone counseling numbers are 23543333 and 23542222 and they function from 9am to 5 pm, Mondays to Fridays.

Item	No. of Calls
Number of calls received on 23542222 & 23543333 from April 2013-March 2014	1885
Cumulative total of calls since the year 2000	20,346

Graphical representation of calls received on telephone helpline



Queries for the year through email

Year	Number of queries
April 2014-March 2015	96
April 2013-March 2014	79
Cumulative total since 2008	457 queries

To,

29.Jan.2015

ASHA Foundation,

My greetings to ASHA Foundation. I would like to congratulate the team for the great work they are doing for the society

From,

ABC

Counseling sessions conducted during the year

Type of counseling	April 2014-March 2015
Pre test counseling	127
Adherence counseling	69
Follow-up counseling	94
Family counseling	58
People refd. to Ramu	01
People refd. to other services	01
Total counseling sessions	350
No. of HIV tests done	118 (4) people not tested in the WP (5) people came for information
No. of HIV tests Positive	34
No of HIV tests negative	84
Cumulative sessions from 1998 to March 2015	7465

Awareness programs conducted during the year

	Date	Topic	For whom	Venue	No. attended	Conducted by	Timings
1	17.01.2015	HIV/AIDS Awareness session	House Maids	M.S. Playa, Singasandra	60	Ruth, Priyanaka Merlin Karthik	1.30 pm-05.00 pm
2	31.01.2015	HIV/AIDS Awareness session	House Maids	Yelahanka	55	Ruth, Priyanka Karthik, Raghu	1.30 pm-4.30 pm
3	14.02.2015	HIV/AIDS Awareness session	House Maids	Nagarbhavi	60	Ruth, Priyanka	1.30 pm-4.30 pm
4	21.02.2015	HIV/AIDS Awareness session	House Maids	Dasarahalli	130	Ruth,	9.00 am-1 pm
5	7.03.2015	HIV/AIDS Awareness session	House Maids	Sanjeevani Nagar	85	Ruth, Merlin	1.30 pm-4.40 pm

Cumulative awareness sessions since 2006 - 81

**Awareness session for House maids at MS palya , Singapura layout, 17.1.2015
by ASHA Staff and I-Volunteers**



Awareness Session for House maids NAGARBHAVI, on 14th February 2015



Eighth Teachers Training workshop at Pune –Peer time



Teachers workshop Pune Inaugural function with PDEA Administrative council and ASHA staff



2. Adolescent Health Education Project

The target group for prevention education is adolescents in the 13 to 16 years age group, in the school setting. However adolescents in 'out of school' setting and colleges have also benefited from this program.

Need for Adolescent Health Education

The holistic developmental aspect of the adolescent has been neglected in the planning of education of young people. For example in the emotional domain much needs to be done.

Adolescent Health Education program (Anmol Ashayein) of ASHA Foundation is based on two broad understanding about adolescents as described by WHO.

Firstly, WHO describes health not just as physical health but as wellness in all five dimensions of a person. These dimensions are emotional, mental, social, physical and spiritual. Each of these dimensions affects the other. None of these dimensions are independent of each other.

The ASHA Foundation Anmol Ashayein curriculum encourages young people to build themselves in their character to show responsibility and respect in all dimensions as the adolescents relate to themselves, family, friends, community and the world. Therefore the curriculum combines life skills with character building in the context of values.

Secondly, (WHO, 1993) Life Skills is defined as abilities for adaptive and positive behavior, that enables individuals to deal effectively with the demands and challenges of everyday life. This essentially means three things. Firstly it promotes mental well being and competence to deal with the realities of life. Secondly, it enables children and adolescents to practice life skills and finally the aim underlying the program is to empower adolescents

To promote health and well being of children and adolescents the following ten life skills have been named.

Decision making	Problem solving
Creative thinking	Critical thinking
Communication	Interpersonal skills
Self awareness	Empathy
Coping with emotions	Coping with others

Strategy of ASHA Foundation to meet the need of adolescents

The starting point for the Adolescent Health Education program is the Teachers' Training Workshop which in this case is the teacher. The teachers teach the students on a weekly basis so that they can cover the 35 lessons given in the resource manual. Each lesson has two parts of forty minutes duration each.

Teacher Student Connection

The primary focus of the strategy is to build teacher - student relationship. For those in non formal situations a regular forty minutes time needs to be set apart in a week. Part A of each Lesson is an interactive session and in Part B the facilitator only provides the prompts and each student gets an opportunity to speak. This is circle time.

Parent – Teacher Partnership

The Parent Connection Pages at the end of each lesson are designed to inform parents of the classroom activities as well as foster dialogue at home and with teachers in the school about issues of character development and related choices. Parent meetings are also available to help parents connect the home and school. In this case the wardens would take on the role of parents and set apart time for each student.

Peer Time

Students get together during circle time to discuss points set out by the Facilitator in the previous session. Students take leadership in this discussion. This session provides time to the student to internalize the values and share their thoughts on the values taught.

The curriculum is in the form of the resource manual Anmol Ashayein consists of 6 units each with further breakdown into lessons around a theme.

Foundational Beliefs

- 1 Responsibility and respect are basic values in any relationship.
- 2 Responsibility and respect are choices based on our values.
- 3 The best way to influence character is to build values.
4. Healthy behavioral choices are outcomes of one's values and character.

Units and lessons in the curriculum

1. Unit 1 My self
2. Unit 2 Friendships
3. Unit 3 Marriage a lasting friendship
4. Unit 4 Managing emotions and handling behavioral choices
5. Unit 5 Practical skills
6. Unit 6 Looking ahead.

Different activities were carried out under the Adolescent Health Education project to fulfill its goal of empowering adolescents to face the challenges in their life. These activities are

I. Prevention Education Program

Six teachers' training workshops were conducted through the year the details of which are as follows

A Teachers' Training Workshops

- 1 III Mumbai Teachers' Training Workshop, 16th – 18th April 2013 Christ Academy, Vashi. Mumbai
Institutions represented 14 Workshop Participants 65
- 2 II Mysore Teachers' Training Workshop, Maria Niketan, School, Mysore.
Institutions represented 24 Workshop Participants 38
- 3 Ursuline, Mangalore Teachers' Training Workshop, Shantidham, Derlaketta, Mangalore
Institutions represented 19 Workshop Participants 24
- 4 VIII Pune Teachers' Training Workshop, Pune, Baburao Gholap College, Sanghvi, Pune
Institutions represented 18 Workshop Participants 81
- 5 Oasis Staff Teachers' Training Workshop, Vidyadeep College, Ulsoor Road, Bangalore
Institutions represented 01 Workshop Participants 16
- 6 49th Teachers' Training Workshop, ASHA Foundation Office, Bangalore
Institutions represented 06 Workshop Participants 14

Total numbers in the Adolescent Health Project

	Up to 2009	2009 - 2010	2010 - 2011	2011 - 2012	2012 - 2013	2013-2014	2014 - 2015	
Teachers' Training Workshops	34	2	2	2	2	6	6	Total 54
Teachers trained	1882	52	74	67	49	258	238	Total 2382
Schools/ Institutions sending teachers for training	314	88	152	313	Kar 224 Mum 8 Pune 91 Nagpur 2 Shimla 1 Vizak 2 Total 328	Andhra 36 Kar 198 Kerala 15 Mum 22 Pune 93 Ta.nadu 53 Vizak 2 Shimla 1 Nagpur 2 total 317	*83 (only in the current year)	83 (2014 - 2015)
Students doing the program	50,000 completed in Karnataka & 30,000 were doing the program Pune. 4547 Mumbai 993	Vizak 913 Pune 7147	Kar 12 980 Mum & Pune 8778 Vizak 8913 Shimla. 1000 Nagpur 90	Kar 44,600 Mum & Pune 10,309 Nagpur 130 Shimla 1000 Vizak 449	Kar 51752 Mum 3100 Pune 10750 Nagpur 80 Shimla 1000 Vizak 900 Total 67,582	Andhra 692 Kar 6895 Kerala 80 Mum 2440 Pune 9143 Nagpur 80 Shimla 1000 Tnadu 1788 Vizak 900 Total 23,018	Andhra 727 Kar 7160 Kerala 160 Mum 2186 Pune 8372 Nagpur 34 Tnadu 2072 Total 20,711	20,516 students are doing the program in 2014 - 2015

* The Total under schools / institutions sending teachers for training is not the total of all the years since the same school would have sent teachers for several workshops in order to keep up with the many teachers who have been trained who would either have left the school or more teachers have been sent to cope with the increased number of students in the school.

Loss in numbers in the institution continuing the program has also taken place when there has been a change in leadership or the school has felt the need to give emphasis to another area of a students' life for example 'Human Rights'.

** This total number under students doing the program does not take into account the students who have started the program in the June 2015(Current academic year) but their teachers had been trained during the end of the previous academic year. Training before the academic year was done to help schools with the implementation.

Details of Schools, Colleges and Other Institutions doing the program in the Year 2014 to 2015

Sl No.	Region	Total Schools	Total Colleges	Total Other Institutions	Total in 2014-2015
1	Andhra Pradesh			21	21
2	Karnataka	38	7	13	58
3	Kerala	1		4	5
4	Mumbai	34	3	-	37
5	Pune	97	3		100
6	Nagpur			1	1
7	Tamil Nadu	3		24	27

Total number of Schools, Colleges and other Institutions doing the program nationwide in the year 2014 to 2015 is 249

B. Follow up

The follow up of schools in Pune and Mumbai continues by Mr. Biju Sebastian.

Follow up in Karnataka. The schools under the Ursulline Provincilate of both Mangalore and Mysore region had a workshop each for schools in their jurisdiction. Some of the schools were able to implement the program immediately while others had to wait. They faced two difficulties – one the teacher who came for the workshop was not the one teaching the adolescent level class and the class was not allotted in the timetable.

The schools in the Mysore region were visited by two of the ASHA staff. It was done over a period of two days.

The workshop in Bangalore was followed up. Since the workshop was in Bangalore it was thought to get a smaller number at the workshop and host it at the ASHA premises. This would help to cut the cost of the workshop and get better results for implementation.

We still need to see a rise in the number of students in Karnataka. While the workshops were held in the last academic year and the actual teaching of the students in the classes would begin only in the academic year 2015 – 2016.

The Staff of the Oasis organization though trained by us are continuing to use their manual.

Feedback on the life skills session done for all Oasis staff

“We at the oasis community center were greatly benefited by the three day session held by ASHA Foundation for the Oasis staff at CSI brothers Residence College. There are seven main aspects of the training session which we use to teach and interact with our students during our training sessions.

1. We adopted the ice breakers sessions which included many activities which kindled the thought process at every start of each session.
2. The role plays which were used to explain some unexplainable aspects of some delicate topics such premarital sex, extramarital affairs and trigger points to alert a woman or a man about a wrong relationship.
3. Some provoking activities such as writing down the likes and dislikes about an individual and how they can match the commonalities with their friends.
4. The HIV awareness kit was very useful in taking a session on HIV AID for all students and their parents as well.
5. The course material which has some details about planning our lessons before each class was a mind refresher as to how we get back to teaching our students.
6. Most of all, appreciating our students for the good work they do by giving them chocolates was one thing we learnt to implement in all our interactive programs.
7. Starting a session on time and finishing it tactfully on time is one very important thing we learnt.
8. We enjoyed the training program conducted by you and we seek to learn through many more sessions conducted by your team.

Received at ASHA Foundation on 19th June 2015 from Mr. Gerard of Oasis”

Follow up in Nagpur: Mr. AK Nanda took over from the EFICOR staff couple, Somy and Harshan who were giving leadership in Nagpur. Mr. AK Nanda has been able to continue in one of the villages in Nagpur area.

No new workshop for the caregivers of CCCYC was conducted. However a follow up the trained staff was done by telephone conversation. The report is given below

Number of Institutions Represented at the workshop 2013 - 2014	Number of Institutions doing the program Year 2014 - 2015	Number of Institutions yet to start the program 2014 - 2015	Number of children Started the program 2013 - 2014	Number of children doing the program 2014 - 2015
Andhra Pradesh 36	Andhra Pradesh 21	Andhra Pradesh 15	Andhra Pradesh 692	Andhra Pradesh 727
Karnataka 23	Karnataka 13	Karnataka 10	Karnataka 339	Karnataka 435
Kerala 15	Kerala 4	Kerala 11	Kerala 80	Kerala 160
Tamil Nadu 53	Tamil Nadu 24	Tamil Nadu 29	Tamil Nadu 1788	Tamil Nadu 2072
Total 127	Total 62	Total 65	Total 2899	Total 3394

The institutions that are yet to start have not been able to do so for the following reasons

The individuals did not answer the phone call.

The institution was meant for children who were challenged and therefore the caregivers were not able to teach Anmol Ashayein. Some of the caregivers who attended the program were involved in administrative responsibilities and not directly involved with children.

II. Seminars & Other meetings

The following meetings and seminars were conducted by ASHA Foundation staff and master trainers.

A. Seminars in Schools

It's My Life

26th Aug.2014. A half day workshop was conducted by our master trainer Mrs. Bharathi Moses and Mrs. Joyce Davis at the invitation of the Bishop Cotton Girls' School The title of the workshop was “It's My Life” 120 students of class 10 attended the program and were helped to understand respect and responsibility in the context of their lives.

4th Feb 2014. A seminar was conducted for the 10th class students of Baldwin Girls School as part of their value education program. 367 girls attended the program.

B. Acquainting Church leadership with the AHE program

A half day seminar on “AIDS awareness” was conducted for the students of SABC in their seminar hall. 53 students attended this seminar. Ms Bethesa and Mrs. Joyce Davis were the resource persons.

C. Interviews with Media

A 15 year old adolescent committed suicide after being disciplined by the school authorities. NDTV carried this news item and on the following day aired a very short interview with Mrs. Joyce Davis asking about what could be done for our teens? This interview was aired at prime time news on the 20th of Jan 2015. A second group discussion was aired on the 23rd of Jan 2015. This was a discussion which involved Baldwin Girls' School principal, staff, students their parents, ASHA Staff and a blogger. The recording of this interview is available. At both these interviews the objectives of the Adolescent Health Education project of ASHA Foundation was shared.

III Writing of Resource Manual

- A Editing of the Resource Material, Anmol Ashayein was completed.
- B The Students Manual units 1 to 6 are in use in the schools.
- C The Parent Manual is being used in a very limited way

IV Feedback

A couple who were trained by ASHA Foundation at the Teachers' Training Workshop share their experience of teaching this program. They are currently using this program at the Bengaluru Community College. This is a college that helps school dropouts to either learn a vocational skill or get back into mainstream education degrees.

An adolescent and his mother stood in front of the mike on the stage of Sacred Heart Auditorium. With a voice that found it hard to keep back the tears of gratitude, he said, “My life has taken a right about turn after having roamed the streets in a meaningless manner.” He went on to explain more and his mother standing by his side affirmed his statements. He is the lost son who has returned home.

Another young person said that he had treated women with disrespect but now knew how to behave respectfully. Five more students testified about their life having changed in addition to getting a certificate. The alumni of this college also talked about their work and the respect they had in their organizations.

On the 9th of May 2015, Bangalore community College celebrated its ten years since it was established. The goal in starting the community college was to provide a direction and purpose to students who had failed the SSLC examination (10th Std.) The college provided vocational training so that these young people could find employment and even take up further studies if they so desired.

The institution is located on the premises of the Sacred Heart Church Complex on Residency road , Bengaluru. Prof. Albert and his wife Rosalind Selvanayagam helped Rev. Sahayanathan (presently the parish priest of Sacred Heart Church) to give shape to the dream of guiding the young people who had failed their SSLC examinations.

We at ASHA Foundation met this dynamic couple in the year 2000 when the first Teachers' Training Workshop of the Adolescent Health Education program was held. Since then over the following years they attended four more Teachers' Training Workshop while implementing the program at the Bon Secours School. At each workshop they learnt more, internalized the concepts and teaching methodology.

Using this methodology and concept they started the Life Skills training at the Bangalore Community College. Since the college first started 500 students have passed through the college completing the one year program and have been gainfully employed. Prof. Albert and Rosalind have fine tuned the life skills curriculum to suit the students who are admitted in the college.

We at ASHA Foundation applaud the work of Bangalore Community College and are grateful for the journey we have shared in empowering adolescents face the challenges of their world.

Karnataka Bangalore report 1st April 2014 to 31st Mar 2015

sl. no. Schools Bangalore

A Bangalore Urban

1	A S Kuppuraju & Bros. School	150
2	Baldwin Girls' High School	700
3	Cathedral School	368
4	Cluny Convent, Jalahalli	60
5	Stella Maris School	780
6	Jnanakshi Vidyaniketan	180
7	Tunbridge High School	37

Bangalore Rural

8	Gnanabodhini Higher Primary School	175
9	Gnanabodhini High School, Kengeri	560

C Colleges Bangalore

10	Peniel Community College	55
11	Bangalore Community College	50
12	Concerns India	60
13	Rebekah Ann Naylor Nursing College	120

14	Respect for Life - Angela Colaco	200
15	Shishu Mandir	60
16	Sacred Heart D.Ed College	49
Districts of Karnataka		
Kolar		
17	Buddha Rural Society, Kolar	50
Mysore Bogadi		
18	Maria Niketan Higher Primary School	45
19	Maria Niketan High School	275
Hunsur Taluk		
20	St. Joseph's higher Primary School (Eng med.)	152
21	St Joseph's Higher Primary School (Kan Med)	200
22	St. Joseph's High School	69
23	St. Joseph's PU College	309
24	St Joseph's Degree College	24
H.D. Kote		
25	St. Mary's higher Primary School (Eng med.)	208
26	St. Mary's High School (Eng med.)	
B	Chikkamangalore Dist	
Koppa		
	St. Joseph's Eng med Higher Primary School,	
27	Koppa	
28	St. Joseph's Kanada Higher Primary School, Koppa	150
29	St. Joseph's High School, Koppa	170
30	Giri Jyothi Convent School, Chikkamangalore Nirmala English Med. High School, Balehonnur,	
31	Chikkamagalore Christa Prabha Convent Higher Primary School,	205
32	Jayapura, Koppa	70
33	Sacred Heart School, Hirebele, Chikamagalore	

C	Shimoga	
34	St. Mary's High School, Tirthahalli	130
35	St. Mary's Eng med Higher Primary School, Tirth	80
D	Dakshin kannada Distrcet	
36	Amrutlalji High School	68
37	Assisi Central School	60
38	Holy Angles Higher Primary School	0
39	St. Theresa High School, Belthangady	70
40	St. Theresa P.U. College, Belthangady	193
41	St Joseph's Higher Primary school	0
	Ave Maria Lower Primary School, Mangala	
42	Gangotri	27
43	Navchetana Lower Primary school	177
E	Haveri Dist	
44	Roshni Primary School	0
45	Roshni High School, Hangal, Haveri	0
F	Dharwad Dist.	
	Hubli	
46	St. Michael's High School, Keshwapura, Hubli	666
47	St Therese Eng. Medium High School, Hubli	62
48	Uttar Kannada District	
	Anand Ashram Convent Higher primary school,	
49	Bhatkal	0
50	Anand Ashram Composite PU College, Bhatkal	0
H	Kodagu Dist.	
52	St. Antony's Higher Primary School, Suntikoppa	0
	North Kerala (Ursuline Provincialate)	
	St. Mary's English Medium School, Kasarod,	
53	Vorkady	51
	Tamilnadu (Ursuline Provincialate)	
	Nirmala Convent Higher Primary School,	
54	Gundlupet	0
55	Infant Jesus Hr Sec School, Pallikaranai, Chennai	0
56	Angela Vidhya Niketan	45

Mumbai Reports 31st Mar 2015

Sl. No	Name of the School	No. of Students
1	Bhagwan English Medium School	
2	Bharati Vidyapeeth	40
3	Christ Academy CBSE Board	179
4	Christ Academy State Board	110
5	Don Bosco High School	Start from June
6	D Y Patil School	32
7	Dyandeep School	49
8	Emmanuel School	61
9	Good Shepherd School, Nerul	135
10	Guru Gobind Academy	114
11	Harmani School	48
12	Little Bird School	38
13	Monami High School	start from July 2015
14	New Model School	Start 10th June 2015
15	Nivedita High School	Start in 2015
16	People's Education D.Ed College	201
17	Podar High School	Start from June 2015
18	Presentation High School	74
19	RBT Vidyalaya	Start from 2015
20	Sai Nath School	38
21	Sakharam Seth High School	Start from July 2015
22	Samayak Vidyalaya	Start in July 2015
23	SBOA Oublic School	64
24	Sree Ram Vidyalaya	54
25	St. Mary's High School	Started 15th June 2015
26	St. Therese School	started 14th June 2015
27	St Xavier's High School	Start from July 2015
28	Shree Ram School	541
29	Sterling High School, Nerul	104
30	Sushma Patil Vidyalaya	Start from July 2015
31	Swami Brahmanand	36
32	Swami Vivekanand Vidya Mandir	started 1st July 2015
33	Tilak School, Nerul	104
34	Vasudev Balvanta Phalike	Start from July 2015

2022

Colleges

1	Tilak Junior College, Nerul	52
2	Tilak Junior College, Ghansoli	58
3	Sterling Junior College	54
	Total 2186	164

Pune reports 31st Mar 2015

Sl

No.	Name of the School	No. of students
1	Anjali English Medium School	91
2	Amanora High School	70
3	Baburaoji Gholap Vidyalaya, Sanghvi	60
4	BJS Primary School	30
5	BJS English School Wagholi	30
6	Bbssom School	116
7	City International School	64
8	Crescent English Medium School	42
9	Cyrus Poonawala School	40
10	Dastur Co Ed School	38
11	Dr. Mrs Erin Nagarwala Residential School	160
12	Dr. Mrs Erin Nagarwala Day School	135
13	Dnyandeep English Medium School	124
14	Don Bosco School and Junior College	120
15	Enamdar English School	24
16	Eon Gyanankur English Medium School	167
17	Friend's English School, Poolgaon	54
18	GK Mandals Choksey High School	56
19	Holy Angels Convent High School	160
20	Indian Education Society, Vadgaonsheri	45
21	Indira Gandhi School	23
22	Jai Hind Primary School	120
23	Jai Hind School	113
24	JD Academy School	40
25	JSPM English Medium School	97
26	Jyotirmay International School	91
27	KVG BRD School, Chandan Nagar	56
28	Lexicon International School	86
29	Little Flower English School	32
30	Little Star School	101

31	Londkar High School	60
32	Lonkar Vidyalaya	107
33	Lonkar Mahavidyalaya, Mundwa	107
34	Mar-Ivinous Convent School	67
35	Mahatma Candhi Vidyalaya, Khanur	100
36	Mother Theresa School, Vadgaonsheri	192
37	Mother Theresa School	109
38	National Children's Academy	110
39	NCA School, Vishrantiwadi	80
40	New English Medium School, Hadapsar	48
41	New English Medium School, Chakan	51
42	New Life School, Swargate	56
43	Nirmala Convent School	204
44	Orbi School	56
45	Pandit Nehru Vidya Mandir, Kamshet	56
46	Pawar Public School	93
47	Pawar International School	70
48	PDEA's Institute of Diploma in Education	75
49	PDEA's English Medium Primary School	162
50	PDEA's English Medium School	189
51	PDEA's School, Akruiti	35
52	Phoenix English Medium School, Kharadi	60
53	Phoenix School,	90
54	Pirunget English School, Pirunget	54
55	Poona Women's School	43
56	Prodigy Public School	100
57	Raisoni English Medium School	55
58	Republic School	35
59	Sadhana English Medium School	60
60	Sadhana English Medium School,	184
61	Sarathi English Medium School	42
62	Sarathi Education Society School School	85
63	Satav High School, Wagholi	210
64	Sant Thukaram Madhyamik Vidyalaya	120
65	Sant Tukaram Vidyalaya, Lohegaon	120
66	Shri Manalsakant Vidyalaya, Akruiti	36
67	Shivraj School	50
68	Shivaji Vidyalaya, Dehurod	48
69	Shri Mallikarjun Vidyalaya Naware	65
70	Shri Nagheshwar Vidyalaya, Moshi	60

71	SMMV School Mulshi	45
72	SNBP School & Junior College	155
73	S J Vidyalaya	35
74	Stella Maris School	60
75	SSV School, Paud	65
76	St Anne's High School	254
77	St. Arnold School	57
78	St. A V High School	45
79	St. Dnyaneshwar	26
80	St.Francis School, Chandannagar	91
81	St Joseph School, Viman nagar	94
82	St. Joseph High School, Ghorpadi	101
83	St. Joseph Convent School, Lohegaon	47
84	St. Mary's School	56
85	St Ornella's High School, Camp	106
86	Subhash English Medium School	35
87	Sunderbai School	40
88	T D Pathare Vidyalaya, Khardi	192
89	Tukaram Pathare English School	46
90	Tukaram Pathare School, Kharadi	192
91	Vatsalya Public School, Ghorpadi	73
92	Vidyankur, Sainikwadi, Vadgaonsheri	124
93	Vikash Pratishthan English Med. School	35
94	V S Satav High School	210
95	Wageshwar English School	120
96	Yashwant Vidyalaya, Mandvi	48
97	Zensar English Medium School	56

8337

Colleges

1	Christ College	35 & Counselling Counselling Counselling
2	Marathwada Mitra Mandal	
3	Maher Education Society	

Bangalore workshop-peer time



Mysore Bogadi workshop –Fun time with master trainers



Students of Maria Niketan School Mysore Bogadi enjoying the practicum



Ms . Joyce Davis, Co-ordinator of AHE project of ASHA Foundation on NDTV Channel



3.The children at risk project

Quantitative Report

Sl.no	Particulars	Reached
1	Education	
a	No of Educational Support	107
b	ELE (Pre-school)	01
c	PE (Primary Education)	48
d	SE (Secondary Education)	23
e	IC (Intellectually Challenged)	-
f	HE (Higher Education)	35
	Total	107
2	HIV/AIDS Clinic	
a	No of persons tested for HIV testing	143
b	Positive Reported	34
c	Adults Reported Positive	31
d	Children Reported Positive	03
e	No of Patients Registered	29
f	No of Days clinic worked	152
g	No of Adult patient visits to clinic	1525
h	No of Children patients visits to clinic	376
i	Total no of patients visit to clinic	1901
j	General Investigations for children	45
k	CD4 Investigations for Children	90
l	TB treatment for Children	02
m	OI infections treated for Children	460
n	Children on ART	44
o	Children on 1 st Regimen	34
p	Children on 2 nd Regimen	07

q	Children on 3 rd Regimen	03
r	No of Children Hospitalized	01
s	No of Children Referred	01
t	Adults on ART	175
u	General Investigation for adults	94
v	CD4 investigation for adults	70
w	OI infections treated for adults	726
x	PLHA TB treatment for Adults	03
y	No of children attended Camp Rainbow	57
3	Socio Economic	
a	No of SHGs Existing	05
b	No. of SHG members	120
c	No. of Children's SHG	01
d	No of Children SHG members	10
e	No. of children supported for Nutrition	45
f	No of Nutritional Poustic plus packets distributed	184
g	Dry ration support for Poor Families	45
h	SHG Internal Loans issued	09
i	Total SHG Loans issued	126
	SHG Monthly topics <ul style="list-style-type: none"> • 201314 Annual report shared with beneficiaries By Project Co ordinator • Picnie By Project Co ordinator • Camp Rainbow By Project Co ordinator • HIV AIDS Bih By Advocate Rekha.N.Shetty • Camp Rainbow By Project Co ordinator 	05
j	BHAF Meetings attended	06
k	Job Placement for Beneficiaries'	01
l	Referred to UNNATI Free Training &	03

	employment for under privileged youth	
4	Celebrations & Events	
I	Picnic 04.10.2014	01
a	Children Participated	66
b	Adults Participated	33
II	Sports Day – 26.01.2015	01
a	Children Participated	86
b	Adults Participated	55

The KNH-CAR project supports the medical, nutritional and educational support for children infected and affected by HIV/AIDS.

The following activities were undertaken:-

To improve the educational status of children infected and affected by HIV/AIDS

As the part of the educational support, during the period, 107 children were supported for their education. Most of the children received their educational support in the first two Quarters. Details as follows,

ELC (Early Learning Centre)LKG & UKG	01 boy
PE (Primary Education) 1 st std to 7 th Std	48 (Boys 23 & Girls 25)
SE (Secondary Education) 8 th std to 10 th std	23 (Boys 17 & Girls 06)
HE (Higher Education) 1 st PUC to Degree	35 (Boys 12 & Girls 23)
IC (Intellectually Challenged)	---
Total	107 (Boys 53 & Girls 54)

To improve the health status of the children infected and affected by HIV/AIDS and their families:-

HIV Testing

During the period totally 143 HIV tests have been done including on 37 children. Out of this 34 have been reported positive 13 adult males, 18 adult females & 03 female children.

HIV/AIDS Clinic

Children:-

ASHA Foundation conducts a HIV/AIDS clinic thrice a week on Monday, Wednesday & Friday afternoon from 1.30pm to 5.00pm. Totally 152 days the clinic have been held during the period. The medical team consists of 2 Physician, Pediatrician, Nurse, Project co ordinator, Medical Social worker & clinic support staff. Free Medical care is provided for all the HIV positive patients and all children infected by HIV/AIDS. The services include routine medical care, treatment for opportunistic infections & TB treatment.

Presently 44 children are receiving ART treatment out of it 34 are on the first Regimen, 07 are in the 2nd Regimen and 03 are on the 3rd Regimen and 16 children are under OI treatment, and these children have increased their life span and their CD4 count has increased.

02 children have been started on HAART during the period. Totally 376 children visits to the clinic and had been treated 460 opportunistic infections. 62 children received CD4 investigation support & 45 children has received support for various investigations like CBC, Hemoglobin, Differential count, ELISA, Blood Picture, S.Creatinine & Culture & sensitivity tests.

45 children were received the Nutritional support of 184 Poustic plus packets during the period.

Adults

Totally 175 adult patients are on HAART & 152 days the clinic has been operated. 1525 adult patients visit's to the clinic and they had been treated. 70 patients has undergone CD4 test and 18 patients had been started on HAART during the period. 726 Opportunistic Infections were treated and also 94 patients had undergone other investigations like Hemoglobin, Differential count, Fasting Blood Sugar, Viral load, Hepatitis B antigen (ELISA), Reticulocyte count, PPBS/RBS, Sputum for AFB, PCR, Hepatitis C antibody (ELISA), Platelets, Blood Picture, S.Creatinine, Culture & Sensitivity, Total WBC count, ESR, Liver Function tests & Chest X – ray. 29 positive patients have been registered during the period.

To improve the Socio economic status of the children and their parents infected or affected by HIV/AIDS

Self Help Groups:-

Five Existing Self help Groups (120 members) are there which have been formed under the guidance of ASHA Foundation with an average of 20 to 24 members in each group. Regular meetings are being held every month and minutes are maintained. The five groups are Shrishthi, Trupti, Preethi, Prakruthi & Nisarga. 09 beneficiary had utilized the loan facility during the period {totally 126 times beneficiaries are taken the internal loan of Rs 542000 (Five Lakhs & forty two thousand only)}. Out of it 83 loans were cleared and Rs 97690=00 is the outstanding loan amount with 43 loans with beneficiaries. They have been part of the group for last six years. They meet on every 3rd Sunday of every month.

SHG Topics covered during the period as follows:-

- Sports day – By Project Co ordinator
- Felicitation program for Dr.Krishna Chivukula –By Project Co ordinator
- Picnic – By Project Co ordinator
- Annual Report of 2013-14 - By Project Co ordinator
- HIV AIDS Bill – By Advocate Rekha N Shetty
- Camp Rainbow – By Project Co ordinator

Dry Ration Support:-

45 HIV positive families with children were supported. Nutritional supplements like dry rations consisting of 6 kg rice, 1 kg Atta, ½ kg green gram, 1 kg oil, ½ kg dhal, were given to each family every month.

Picnic:-

The annual picnic for beneficiaries was arranged on October 4th, 2014. The venue chosen was Tulips resort, Bannerghatta main road. The staff gathered at ASHA around 8:00 in the morning. The Beneficiaries also started gathering at ASHA around that time. The day started with registrations of the beneficiaries and distribution of breakfast. Though there were only 8 members at the beginning, slowly people started to assemble. By 9:15, most of them had gathered and had finished their breakfast. They were then divided into groups, given badges and water bottles. Around 66 Children, 33 adults, 10 ASHA staff and 2 Camp Rainbow volunteers had come for the picnic. At 9:30 we left, from ASHA Foundation, for Tulips resort. It took about one and half an hour to reach the venue. We were there at the venue at 10:45a.m. At the venue we were asked to divide into class wise like 1st to 3rd, 4th to 7th, 8th to 10th, students above 10th and all the adults. We were then told to move to the dining hall for tea and snacks. We then had a magic show by Mr.Siddharaju. It went on for almost for an hour. Post magic show they played at the Amusement Park. Some of the games the kids played at amusement park were Columbus, Giant wheel, Kids Mickey Mouse Bouncers, Donald duck ride, Bike ride etc. After that was the lunch break. Post lunch the kids were taken to a Banquet hall. They were made to play all group games like 'point the person' and 'forest fire' and some dances after which there was some relaxing time before tea. We then had Tea/snacks, the children were given a snack box as a gift and then we made our exit from the venue.

Sports day:-

The annual sports day was conducted on 26th Jan 2015 Monday for children and women of ASHA foundation was held on the 26th of January this year. The day started with the arrangements like watering the grounds, laying tracks, arranging shamiyana, tables, chairs for registration, decoration. About 52 women, 86 children and 09 ASHA Staff were present for the day. First the registrations were done, ID cards were given and breakfast was distributed.

After the breakfast the children were divided into groups and were also taught a warm up dance 'jai ho' by Merlin and also a special dance performance by one of the girl Nithya. The first competition for the day was for the 5 to 9 year old boys and girls, 'Separate the chocolate'. Followed by other competitions like burst the balloon, skipping race, pass the ball, stack the beads and walk. At 11:00 there was a snack break.

Snacks and chocolates were distributed following which the competitions continued for the children and also the women. Then there were ring games for boys, girls and women following which the children received gifts. It was found that the children and women enjoyed the games and the food as well. The day ended with a wholesome lunch. On the whole it was a fun get-together for the beneficiaries as they could meet their peers and spend time with them.

Camp Rainbow:-

ASHA Foundation & YRG care Chennai in partnership with Serious Fun Network USA has been using a novel method to reach out to HIV positive children. This is Camp Rainbow, a psychosocial intervention conducted through summer camps. So far 1250 CLHIV children have attended these camps in Chennai and Mysore and have benefited as seen through development of confidence, high self esteem, hope, resilience, life skills and increase in adherence. In 2014 we covered 57 children in two sessions of Camp Rainbow. We also covered 85 children in the month of May 3rd to 15th -2015 in two sessions.

Felicitation program for Dr.Krishna Chivukula:-

On the 26th of March, the staff of ASHA foundation arranged a felicitation programme at BBMP Ground just opposite to ASHA Foundation for Dr.Krishna Chivukula who has been supporting ASHA foundation for many years. The programme started with an instrumental prayer song by Karthik (name child) who is one of the children taking medical support from ASHA foundation. It was then followed by welcome address by Dr.Glory Alexander. Then there were sharing's by beneficiaries' Mrs.Sheela (name changed) and Mr.Somesh (name changed). They spoke about the support from ASHA foundation has helped them and has had an impact on their lives and families. Dr.Krishna Chivukula then shared about his insights about supporting ASHA foundation. The day's programme ended with Vote of thanks by Mrs. Joyce David and distribution of snacks. On the whole it was a worthwhile day where the PLHIV and CLHIV got to know about the person supporting them.

Advocacy & networking:-

Sl.no	Date	Particulars	Referred For	Referred To
1.	12/06/2014	Lakshmi Hanumanthappa	Referred for child care Hostel & Education purpose dated 12/06/2014	Desire Society
2.	18/06/2014	Chandrakala	Referred for Beautician course – joined on 28/06/2014	UNNATI Training Centre
3	21/12/2014	Ranjith s/o Vijayalakshmi	Referred for Job placement training	UNNATI Training Centre
4	20/02/2015	Steffi D/o Srinivas	Referred for Job placement training	UNNATI Training Centre
5	12/03/2015	Harnipriya & Balaji (Single Parent Mother Expired two children became Orphans and they were referred)	Hostel Facility & Education Purpose	APSA
Sl.no	Date	Particulars	Meetings/programs	Staff Attended
3	19/7/2014	BHAF Monthly Meeting	Monthly Meeting- Presentation on Camp Rainbow	Saranya & Silvia
4	22/8/2014	BHAF Monthly Meeting	Monthly Meeting	Saranya & Silvia
5	25/9/2014	OWC showcase Leela Palace Hotel Near Indiranagar	OWC	Saranya & Merlin
6	20/10/2014 to 24/10/2014	Serious Fun Network Meeting	Connecticut USA- presentation on Best Practices camp Rainbow Bangalore	Saranya & Silvia

7	20/11/2014 To 21/11/2014	Joint Leadership Team Meet	FMC Bangalore – Sharing of the Serious Fun Network Meeting – Share/Care	Ramu, Silvia, Saranya, Dr.Reena Netra,Rochell Dsouza Yptomi, Satish, Vinoth, Parthiban & Kumareshan from YRG Care & Chess Chennai
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Celebrations:-

Sl.no	Date	Event-Particulars	Venue	Attended
1	04/10/2014	Picnic	Tulip Resorts	Children – 66Adults – 33Staff - 12
2	26/01/2015	Sports Day	BBMP Ground Anandnagar	Children – 86Adults – 55Staff - 09
3	26/03/2015	Felicitation Program to Dr.Krishna Chivukula	BBMP Ground Anandnagar	Children – 18Adults – 55 Staff - 18

Getting ready for the picnic to Tulips Resorts



Having fun at Tulips Resorts



On the Mary Columbus !!-picnic



Ready to race – sports day 26.1.2015



4. The Prevention of Mother to child Transmission of HIV Project

In India, annually, 27 million women become pregnant. At an average HIV seroprevalence of 0.17% about 46,000 of these pregnant women will be HIV positive. At an average transmission rate of 30% and without medical intervention about 14, 000 HIV positive children will be born HIV positive each year in India, and over a period of time this will negate all the progress that has been made in infant mortality rate and child mortality rate in our country.

However with the introduction of PMTCT (Prevention of Mother to Child Transmission of HIV) services, this transmission from pregnant mother to newborn child can be reduced drastically, resulting in the birth of HIV negative children who would then have a normal span of life and contribute to the growth of a vibrant and healthy India. We work with 18 Mission Hospitals in the private sector to initiate PMTCT services in these Hospitals. The process involves:

Targets and activities for the year 2015-2016

1. To provide counseling and HIV testing to at least 15,000 Pregnant mothers per year.
2. To provide PMTCT services to at least 50 HIV positive pregnant mothers per year.
3. To provide treatment, follow up and testing to 50 newborns.
4. To decrease the risk of transmission from 30% to < 5% in our cohort.
5. To conduct trainings for nurse counsellors and doctors
6. Site Visits.
7. Maintenance of records and data entry

13,780 pregnant mothers were tested for HIV this year till Mar 2015 in our partner hospitals. Of them, 40 were diagnosed HIV positive and started treatment. In addition, 27 HIV positive mothers delivered 27 infants and 27 received treatment. Of the 28 babies who have been tested at six weeks, all are negative. The table below gives the years and cumulative statistics.

Particulars	KNH PMTCT Apr ,,14– Mar ,,15	ASHA PMTCT Cumulative Jan ,,03– Mar,,15
Total no. of deliveries	12,017	1,46,625
Total no. of ANC women registered	13,397	1,33,379
Total no. of women counseled	13,089	1,49,480
Total no. of women tested	13,780	1,51,563
Total no. of antenatal women identified HIV positive	40	810
No. of liveborns	27	663
Total no. of women awaiting delivery	14	14
Eligible women treated	27	642
No. of babies treated	27	654
PCRs or ELISAs done	28	545
Positive PCR	0	12
Negative PCR/ELISA	28	533
PCR/ELISA done after stopping EBF at 15 months	34	139
Negative PCR/ELISA	34	139
Transmission rate	0%	2.2%

Awareness among health care providers was increased among the hospitals as follows:

People Sensitised	By Trained Counsellors in their Hospitals
Staff Nurses	165
Nursing Students	248
Ward Aides	116
Para medicals and Community Workers	96
Community	100
Total	725

The hospitals that have sustained the project on their own and are receiving only technological help, with financial support as needed for the care of HIV positive identified in their hospitals, IEC material and training of counselors are:

1. The Bangalore Baptist Hospital, Karnataka
2. Church of South India Hospital, Bangalore, Karnataka
3. Christa Mitra Ashram Hospital, Ankola, Karnataka
4. Hope Hospital, Kolar, Karnataka
5. Seventh Day Adventist Hospital, Bangalore, Karnataka
6. CSI Hospital, Codacal, Kerala.
7. Dr. Somervell Memorial CSI Hospital, Karakonam, Kerala.
8. LMS Boy's Brigade Hospital, Kolar Dt, Kerala
9. Gnanadurai Hospital, Sivakasi, Tamil Nadu

Case study

Mrs. Martha (Name Changed), aged 33, is a housewife. She is married for 8 yrs and is living with her husband and 6yr old daughter. She was diagnosed to be HIV positive during her first pregnancy. Her first child was delivered under KNH PMTCT project in our partner hospital and is negative.

.When she became pregnant for the second time her CD4 count was 208 and was started on lifelong ART at 18 weeks of pregnancy for her own health and to prevent mother to child transmission. On 9th May 2013 she delivered a normal baby boy by elective caesarean section at our partner hospital. She opted for exclusive breast feeding and syrup NVP was given to the baby for 6 weeks, during this period she developed abscess in her right breast and was treated for the same at our partner hospital.

At Six weeks her baby was tested for HIV by DNA PCR, which was negative. HIV antibody test was done at 6months and 12 months and was found negative. The baby's final HIV antibody test was done on 27th January 2015, three months after stopping breast feeding using three different HIV test kits.

When the negative report was handed over to the parents they were extremely happy and relieved. The family is very grateful to God, KNH, CCCYC and ASHA Foundation for all the services rendered to them free of cost and for all the caring support that they received. Their biggest joy however was that their babies were born HIV negative!!!

Martha's husband who was negative during her first pregnancy was detected HIV positive after the second baby; the couple's only hope was that their second child should be tested negative. Martha and her husband say that their motivation to be adherent to their medication and lead a healthy life style is their children being negative.

5. Camp Rainbow:

Camp Rainbow is a psychosocial program to provide opportunities for children living with HIV and other serious illnesses to participate in HIV education, traditional camp activities through the vehicle of residential and day camps. It aims at enhancing campers' adherence to treatment

providing children with serious fun! We also ensure that they increase social peer relationships. Overall, it reduces stigma and discrimination within the community as we invite youth to participate in this structured program as camp staff.

These structured psychosocial programs are in collaboration with the SeriousFun Children's Network, USA, started by actor Paul Newman. The SeriousFun Children's Network evolved from their year round camps in US and Europe to a Global Partnership Program serving children in Africa, Asia and South America.

Preliminary findings from other GPP sites in Ethiopia and Vietnam indicate that camp may have an effect among children on HIV knowledge, antiretroviral treatment adherence and attitudes, coping with stigma, resilience, and most prominently, social relatedness, as children who may lead isolated lives and face discrimination can play and interact in a safe environment with HIV positive peers and compassionate adult counselors/care providers. The increasing feedback from Camp Rainbow Chennai campers and their caregivers has enhanced the commitment to increase the reach of Camp Rainbow to more children living with HIV and those with other serious illnesses in other parts of India through the strategic partnership with SeriousFun called the India Partnerships Initiative (IPI).

Aims:

- To improve the social and emotional development of the Children living with HIV (CLHIV) through structured and intentional intervention programming.
- The CLHIV to gain hope, confidence, self-esteem, positive relationships, resilience and life skills.

Specific Objectives for the period of April 2014 – March 2015:

1. To undergo 4 days Leadership Training prior to Camp.
2. To serve 50 CLHIV in Bangalore through 2 sessions of camp.
3. To train 20 Volunteers as Camp Staff of 2014 Camps.
4. To organize 2 follow-up sessions.
5. To organize 1 caregiver session for the parents/caregivers of the campers.
6. To develop partnership with minimum of 5 Organization/Institutions working with CLHIV for 2015 Camps.
7. To develop partnership with minimum of 3 Colleges/ Organizations to recruit Camp Staff/Volunteers for 2015 Camps.
8. To visit and identify new campsite for 2015 Camps.

Activities held during the period of April 2014 – March 2015:

1. 2 Sessions of Residential Camp for Children living with HIV
2. 2 Follow-up day camps for the children who attended residential camp
3. Staff Exchange to Cambodia
4. Camp Rainbow Capacity Building Program
5. GPP Network Meeting
6. Camp Rainbow Joint Leadership Meet
7. 1 Caregiver Session

Statistical Report for Camp Rainbow Activities April 2014 – March 2015:

Sl No.	Duration	Activities/Programs	Organized By	Venue	Total No. of Participants
Camp Rainbow Residential Camp:					
1	1 st – 4 th Apr 2014	Leadership Team Training for 5 Local LT	SeriousFun Children's Network & YRGCARE	Aspen Woods, Bangalore	10
2	6 th – 11 th Apr 2014	Staff Training for 19 Volunteers	SeriousFun, YRGCARE & ASHA Foundation	VISTHAR, Bangalore	29
3	13 th – 18 th Apr 2014	Residential Camp Session 1 for 26 CLHIV	SeriousFun, YRGCARE & ASHA Foundation	VISTHAR, Bangalore	55
4	20 th – 25 th Apr 2014	Residential Camp Session 2 for 31 CLHIV	SeriousFun, YRGCARE & ASHA Foundation	VISTHAR, Bangalore	60
5	25 th Apr 2014	Debrief Meeting for the Residential Camp 2014	SeriousFun, YRGCARE & ASHA Foundation	ASHA Foundation, Bangalore	9
6	3 rd – 5 th Feb 2015	Planning Visit by SeriousFun for Camp 2015	CRB LT, ASHA Foundation	ASHA Foundation, Bangalore	8
7	17 th Feb 2015	Staff Recruitment Session I (24 Volunteers)	CRB LT, ASHA Foundation	ASHA Foundation, Bangalore	28
Camp Rainbow Outreach Programs:					
1	13 th July 2014	1 st Follow-up Day Camp 2014 (41 campers)	ASHA Foundation Camp Rainbow Bangalore (CRB)	Karnataka KalyanaMantapa, Bangalore	71
2	7 th Dec 2014	2 nd Follow-up Day Camp 2014 (23 campers)	ASHA Foundation Camp Rainbow Bangalore (CRB)	BBMP Grounds & ASHA Foundation, Bangalore	49
3	11 th Jan 2015	1 st Family/ Caregiver Day Camp 2014 (12 Caregiver)	ASHA Foundation Camp Rainbow Bangalore (CRB)	BBMP Grounds & ASHA Foundation, Bangalore	38
Other Programs/ Activities attended by the CRB Leadership Team Members:					

1	18 th Jul 2014	Attended Bangalore HIV/AIDS Forum (BHAF) Meeting	Bangalore HIV/AIDS Forum	Milana, Bangalore	2 LT members
2	27 th Jul – 8 th Aug 2014	Attended Staff Exchange Program to Cambodia	SeriousFun Children's Network Host Camp: Camp Lotus, Cambodia.	“New Hope for Cambodian Children”, Phnom Penh, Cambodia	2 LT members from CRB
3	22 nd Aug 2014	Attended Bangalore HIV/AIDS Forum (BHAF) Meeting	Bangalore HIV/AIDS Forum	SCM House, Bangalore	2 LT members
4	11 th – 14 th Sep 2014	Regional Capacity Building Program for 19 Participants from 9 Different NGOs in Bangalore	YRGCARE & Co-facilitated by CRB, ASHA Foundation	Ecumenical Christian Center (ECC), Bangalore	24
5	25 th Sept 2014	Participated in the Oversees Women's Charity (OWC) Showcase	Oversees Women's Charity (OWC)	The Leela Palace, Old Airport Road, Bangalore	2 Staff of ASHA Foundation
6	19 th – 24 th Oct 2014	Global Partnership Program (GPP) – Worldwide Network Meeting	SeriousFun Children's Network, USA	The Hole In The Wall Gang Camp (THITWGC), Connecticut, USA	2 LT members from CRB
7	23 rd Oct 2014	Meet with Steve Nagler on Outcomes Evaluation	SeriousFun Children's Network, USA	The Hole In The Wall Gang Camp (THITWGC), Connecticut, USA	5
8	20 th – 21 st Nov 2014	Camp Rainbow Joint Leadership Team Meet (Chennai & Bangalore)	YRGCARE	Frontier Management Center (FMC), Bangalore	12
9	23 rd – 25 th Feb 2015	Camp Rainbow Outcomes Evaluation(CROE) Training by Steve Nagler & Sarah	ASHA Foundation	ASHA Foundation, Bangalore	8
10	4 th Mar 2015	Visit by Mr.Praveen from WIPRO CARES	ASHA Foundation	ASHA Foundation, Bangalore	5

Organization/Institution Visits by Camp Rainbow Leadership Team:

Sl.No.	Date	Visit To	Purpose	Members Visited
1	12 th Aug 2014	FMC, Ramamurthy Nagar, Bangalore	Venue for Capacity Building & Camp 2015	Ramu, Saranya, Silvia
2	12 th Aug 2014	ECC, Ramamurthy Nagar, Bangalore	Venue for Capacity Building & Camp 2015	Ramu, Saranya, Silvia
3	23 rd Sept 2014	Tulips Resort, Banergatta Road, Bangalore	Venue for ASHA Picnic & Camp 2015	Ramu, Saranya, Silvia
4	11 th Nov 2014	Accept India	To Introduce Camp Rainbow & to present the Caregiver ppt to recruit Campers	Silvia, Saranya
5	11 th Nov 2014	Sneha Care Home	To Introduce Camp Rainbow & to present the Caregiver ppt to recruit Campers	Silvia, Saranya
6	17 th Nov 2014	Infant Jesus Children's Home	To invite children for follow-up programs	Silvia, Saranya
7	18 th Nov 2014	Shakthi Hill Resort, Rajarajeshwari Nagar, Bangalore	Venue for Camp 2015	Ramu, Silvia, Saranya
8	18 th Nov 2014	Elim Resorts, Kanakpura Main Road, Bangalore	Venue for Camp 2015	Ramu, Silvia, Saranya
9	25 th Nov 2014	Prakruthi Resort, Yelahanka	Venue for Camp 2015	Ramu, Saranya
10	25 th Nov 2014	Woodrich Resort, Yelahanka	Venue for Camp 2015	Ramu, Saranya
11	26 th Nov 2014	St.Joseph's College	To seek Volunteers for Camp 2015	Merlin, Saranya
12	15 th Dec 2014	KrishnuJayanthi College	To seek Volunteers for Camp 2015	Silvia, Saranya

13	20 th Jan 2015	Elim Resorts, Kanakpura Main Road, Bangalore	To Finalize Campsite for Camp 2015	Dr.Glory, Ramu, Saranya
14	3 rd Feb 2015	Elim Resorts, Kanakpura Main Road, Bangalore	To Finalize Campsite for Camp 2015	Ramu, Tim Saranya, Silvia, Mary
15	6 th Feb 2015	Indira Gandhi Institute of Child Health	To Introduce Camp Rainbow & to present the Caregiver ppt to recruit Campers	Silvia, Merlin Saranya
16	12 th Feb 2015	Dr.Sanjeev, Indira Gandhi Institute of Child Health	To Introduce Camp Rainbow & to present the Caregiver ppt to recruit Campers	Silvia, Saranya
17	13 th Feb 2015	St.Joseph's College	To seek Volunteers for Camp 2015	Merlin, Saranya
18	14 th Feb 2015	Ramnagara Link Network, VIHAAN Project	To Introduce Camp Rainbow & to present the Caregiver ppt to recruit Campers	Ramu, Merlin, Saranya
19	19 th Feb 2015	Dr.Reynold& Team, KHPT, Bangalore	To Introduce Camp Rainbow & to present the Caregiver ppt to recruit Campers	Dr.Glory, Ramu, Silvia Saranya
20	7 th Mar 2015	Mrs.SarojaPuttanna, KNP+, Bangalore	To Introduce Camp Rainbow & to present the Caregiver ppt to recruit Campers	Silvia, Merlin
21	14 th Mar 2015	Ramnagara Link Network, VIHAAN Project	Camper Recruitment & Medical Screening	Dr.Glory, Ramu, Silvia Merlin,Netra Satish _(YRGCARE)
22	28 th Mar 2015	AdarshaJeevan Network Mandya	Camper Recruitment & Medical Screening	Ramu, Silvia Nethra, Saranya

CAMPERS AND PARENTS FEEDBACK on CAMP 2014

'In Camp I love games. In Camp that brothers took care of all 8 members. In Camp I love activities and lunch very good and bedroom also good and my friends are very good'

'Greeting Card making was good. Bracelet making was also nice. I liked Parachute game .Food was nice. All those annas (brothers) who were with me were very good. All staff were also nice. Camp Rainbow super!!I liked sports specially Football.'

'I was wondering how and when to reveal his HIV status. During the process of selecting for the camp he was revealed his status. Now I am atleast glad that he knows the status'- Parent

'I liked Camp very much because I learnt many things there like how to get along with people older than me also how to get along with other children. 'He was so hesitant to come to Camp. I sent him was thinking what would happen. But after he came from Camp he was so happy. He used to dance locking the door'
Parent

'When I went there it was nice and good. After I joined with friends and volunteers it was too good and enjoyed a lot and I know about my body how to maintain it and what all to eat and I got good food and snacks. I learnt Yoga and I also played Football well. Tablets were taken every day and no bad feeling was there and no sad was there'

Also I liked the medical tips they gave every day, the suggestions/ information Dr.Reena gave about HIV I understood very well. Along with games/activities they spoke to us about HIV which I liked. I liked the atmosphere/environment there...the food there was very nice. Also the dance they made us do was good. I learnt cleanliness and discipline. Camp Rainbow super'

Camp Rainbow in Cambodia –Saranya and Sylvia



Network partners meeting in Connecticut, USA- Saranya and Sylvia presenting



Camp Rainbow- first follow up-July 2014



Staff Recruitment Session, 17th Feb 2015





Felicitation to Dr.Krishna Chivukula and Dr.Mrs . Chivukula by ASHA Foundation staff &board.



The ASHA Foundation team

**First Row L to R- Daniel, Malliga, Maya, Dr.Glory, Bethesa, Dr.Reena, Nethra, Sylvia, Saranya
Second Row L to R – Ramesh, Ravikanth, Ramu, Priyanka, Merlin, Joyce, Philimol, Elizabeth, Rukmani**

5. Research

ASHA Foundation is recognised as a Scientific and Industrial Research Organisation (SIRO) by Dept. of Scientific and Industrial research (DSIR). The three year renewal cycle was till March 2014 and ASHA Foundation's recognition as a SIRO has been extended from April 2014 to March 2017. ASHA Foundation also has a Research Advisory Board .

- The primary areas of Research are
- Clinical research in Prevention of mother to child transmission of HIV infection
- Clinical research in Adults with HIV
- Clinical research in children with HIV
- Adolescent Health Education
- Counseling in HIV
- Socio economic aspects of HIV

Completed Projects:

1. ICMR Project :Growth and development of HIV positive children .

Project period 2011 to 2014

Investigators Glory Alexander , Eileen Solomon, Anuradha Nalli, Fehmida Visnegarwala, Sarita Rao, Ramu, Saranya Satish,

A three-year study on growth and development of CLHIV was conducted at ASHA Foundation which works in the prevention of HIV and care of PLHIV and CLHIV. Three groups of children were compared – 63 CLHIV, 98 affected children of PLHIV, and 70 uninfected children of uninfected parents. The CLHIV were further divided into those on ART (N=32) and those not yet on ART (N=31), and comparisons were made. Their physical status in terms of weight for age, height for age, BMI, hemoglobin and serum albumin, and their intellectual and social maturity as determined through BKT and VSMS scores were compared. Qualitative analysis of RISB and HTP Story was done as an evaluation for emotional indicators. The results showed that HIV infected children were stunted in their physical growth and development in spite of focused intervention. Among CLHIV 28.1% of children had weight-for-age Z score of <-2, compared to 12.5% of affected children, and 14.3% uninfected children with significant difference between the first two groups. For height for age Z scores, 29.8% were stunted with Z score <-2 among CLHIV, 16.7% among the affected, and 11.4% among the uninfected, with significant difference between first and third groups. There was no statistical significance between the BMI Z scores.

- There is a statistically significant difference in Tanner's sexual maturity affecting CLHIV who seem to show slower sexual maturation.
- Serum albumin was significantly different, with the lowest mean in CLHIV not on ART. Mean hemoglobin showed borderline differences with more severe anemia in those on ART.
- Mild to moderate range of retardation was highest in CLHIV on ART. There was no significant difference in social maturity.
- Sex-role identification was delayed significantly in the girls on ART. Stigma and discrimination, and shame and guilt were significantly higher in those children on antiretroviral treatment affecting both genders, compared to the other three groups. A significant percentage of boys on ART showed withdrawal.

In conclusion, this study shows that CLHIV have stunted growth in height and weight for age, delayed sexual maturation, low serum albumin and more significant anemia. There is also significant intellectual, social and emotional impact on CLHIV.

This was the final comment received from ICMR on the project :

In reference to your project entitled “Growth and development of children with human immunodeficiency virus (HIV)” the revised final report was reviewed in meeting held on 8th Jan, 2015 at ICMR Hqrs. and the comments of the Experts are given below.

Comments:

1. This is the revised final report of the project.
2. The work has been carried out as per the original aims and objectives.
3. The clarifications provided by the PI are satisfactory.
4. The study has revealed that CLHIV have stunted growth in height and weight for age, delayed sexual maturation, low serum albumin and more significant anaemia. There is also significant intellectual, social and emotional impact on CLHIV. The study has also highlighted the need for the early initiation of ART which is also recommended by the programme. The report is being shared with NACO for assessing its potential to influence National strategies.
5. The final report is accepted.
You are requested to publish the findings of the study duly acknowledging ICMR and send a copy of the same to ICMR.

2. Teachers Training Workshop- A capacity building strategy for mainstreaming HIV/AIDS prevention education among adolescents.

Authors : Joyce Davis, Biju Sebastian, Glory Alexander

This paper was published in the, New Frontiers in Education, Vol 47, No.4. Oct-Dec 2014 pp 54-66

Current research projects of ASHA Foundation

1. Profile of people attending an ICTC for pre-test counseling in an Urban center in Bangalore, Karnataka

Project period- 2011-2014

Investigators- Glory Alexander, Chitra .L.Kanth, Priyanka M, Merlin Maria

Status- Data collection is going on.

2. An observational study to determine the coping mechanisms of HIV Positive widowed women

Project period 2011-2014

Investigators- Glory Alexander, Chitra .L.Kanth, Priyanka M, Merlin Maria

3. Experience and outcome in usage of extended PPTCT protocols in South India

Project period- 2009-2014

Investigators-, Glory Alexander, MD Fehmida Visnegarwala, MD, MPH, Reena Joy MBBS, Philimol Philip, Jisha Pappachen

Status-Data collection is going on. The presentation of the preliminary findings were done at the International AIDS conference in Vienna , Austria in 2010. Another presentation on the interim analysis was done at the HIV congress in Mumbai in March 2012. Full data collection was completed in March 2014. An analysis is going on.

4. Determination of perinatal transmission with 3 drug ARV prophylaxis in breast feeding population in private sector setting in South India

Project period- 2013 -2016

Investigators-Glory Alexander, Reena Joy, Philimol Philip

Status- Data collection

5. A Survey on estimation of self esteem in school going adolescents in India

Project period- 2013 -2014

Investigators- Joyce Davis, Baiju Sebastian, Bethesa Jacob, Glory Alexander

Status – Data collection

Papers being prepared for publication:

1. Title : Growth and Development of Children Living with HIV in South India – a comparative study

2. Title: The intellectual, social and emotional impact of HIV infection in Children comparative study.

Papers sent for publication :

1. Impact of Anti-retroviral Therapy (ART) on socio-economic productivity of HIV infected individuals in an urban Indian Setting.

Authors :Fehmida Visnegarwala, MD, MPH, Glory Alexander, MD Eileen Solomon, MD, Anuradha Nalli Ph.D, Ramu B.Sc, Saraya Satish MSW .

Sent to Indian Journal of Community Medicine –Outcome awaited.

Publications in scientific and medical journals so far:

- 1. Assessment of workshop-based training of teachers for imparting value based education to high school students.-** Joyce Davis, Dr.Glory Alexander, Chitra Lancelot, Dr.PSS Sundar Rao-Journal of Educational Research and Extension; volume 43,Oct-Dec 2006.pages 10-17.
- 2. Exploring the barriers to accessing care and treatment for HIV infected children in India-A diagnostic study- Research update –April 2007-**published by Population Council collaboration of population Council, Avina Sarna, Jaleel ahmed, Glory Alexander, Vaishali Mahendra et al.
- 3. Counseling Needs Of Persons Exposed To Human Immuno-Deficiency Virus-G.** Alexander, B.G.Sunitha, K.L.Chitra. – Indian Journal of medical research 126, August 2007, pp152-155.
- 4. Value education for children- whose responsibility ? -**Joyce Davis, Glory Alexander, PSS Sundar Rao –New Frontiers in Education, Vol-40, No-3, July-Sept 2007 pp246-250.
- 5. Mapping the future-Students response to Adolescent Health Education-Joyce Davis, Glory Alexander – booklet June 2009**
- 6. Response of Indian School Students to Adolescent Health Education- Joyce Davis, Glory Alexander, PSS Rao- New Frontiers in Education, Vol.43,No.4,October - December 2010 pp 494-499.**
- 7. Prevention of mother to Child transmission of HIV- Our experience in South India- Karthikeyan Vijaya, Alexander.Glory, Solomon Eileen,Rao Sarita, Rao PSS Sunder- Journal of Obstetrics and Gynaecology of India, Jan/Feb 2011, Pg.62-66**
- 8. A descriptive study on the users and utility of HIV/AIDS Helpline in Karnataka , India – Alexander.G, Kanth.C, Thomas.R.- Indian J Community Med 2011; 36:17-20**
- 9. Demographic Predictors of HIV positivity among Women presenting for Obstetric care in South India- a case control study- E. Solomon, F. Visnegarawla, P. Philip, G. Alexander –AIDS care journal . Vol-23, No.10, October 2011 pp-1336-134**
- 10. Description of Comprehensive PPTCT Counsellors' Training: The Backbone of PPTCT Services in India-Solomon E, ; Visnegarwala F; Philip P; Pappachen JS, Alexander .G Journal of Health Management. Vol 14, No.3, Sept.2012 pp 369-374**
- 11. The HIV/AIDS Helpline is an effective tool of communication – Glory Alexander, Chitra L.Kanth, Priyanka Manoharan, Merlin Maria, Dipty Joseph. World Journal of AIDS Vol 4, Aug 2014, pp 305-310**
- 12. Teachers Training Workshop- A capacity building strategy for mainstreaming HIV/AIDS prevention education among adolescents. Authors : Joyce Davis, Biju Sebastian, Glory Alexander New Frontiers in Education, Vol 47, No.4. Oct-Dec 2014 pp 54-66**

TRAININGS ATTENDED 2014-15

Sl No	Date	Topic	Name	Venue	No. of Days	Conducted by	Timings
1	01/04/2014 to 04/04/2014	SeriousFun Camps Leadership Team Training	1.Dr.Reena 2.Ramu 3.Saranya 4.Silvia 5.Usha	Aspen Woods, Bangalore	5 Days	SeriousFun Children?s Network & YRGCARE	10.00 am to 04.00 pm
2	19/07/2014	BHAF Monthly Meeting	1.Silvia 2. Saranya	Milana office	1/2	Bangalore HIV AIDS Forum	02.30 pm to 05.00 pm
3	27/07/2014 to 08/08/2014	SeriousFun Staff Exchange Program	1. Saranya 2.Silvia	“New Hope for Cambodian Children”, Phnom Penh, Cambodia	13 Days	SeriousFun Children?s Network Host Camp: Camp Lotus, Cambodia.	Full Day
4	22/08/2014	BHAF Monthly Meeting	1.Silvia 2. Saranya	Milana Office	1/2	Bangalore HIV AIDS Forum	02.30 pm to 05.00 pm
15	25/09/2014	OWC show case	1.Saranya 2.Merlin	Hotel Leela Palace	1/2	OWC	10.00 am to 01.00 pm
6	19/10/2014 to 24/10/2014	Global Partnership Program (GPP) – Worldwide Network Meeting	1. Saranya 2.Silvia	The Hole In The Wall Gang Camp (THITWGC), Connecticut, USA	6 Days	SeriousFun Children?s Network, USA	Full Day
7	20/11/2014 to 21/11/2014	Camp Rainbow India Joint Leadership Team Meet (Chennai & Bangalore)	1.Satish K 2.Rochelle 3.Vinoth 4.Kumaresan 5.Parthiban 7.Dr.Reena 8.Ramu 9.Saranya 10.Silvia 11.Nethra 12.Merlin	Frontier Management Center (FMC), Bangalore	2 Days	YRGCARE	Full Day
8	23/02/2015 to 25/02/2015	Camp Rainbow Outcomes Evaluation (CROE) Training by Steve Nagler & Sarah	1.Steve Nagler 2.Sarah 3.Satish.K 4.Rochelle 5.Dr.Reena 6.Ramu 7.Silvia 8.Merlin 9.Nethra	ASHA Foundation, Bangalore	3 Days	SeriousFun Children?s Network & YRGCARE	09.30 am to 05.00 pm

TRAINING PROGRAMS CONDUCTED 2014-15

Sl. No	Date	Topic	For whom	Venue	No. of participants	Conducted by	Timings
1	06/04/2014 to 11/04/2014	Staff Training	19 Students from various colleges	VISTHAR, Bangalore	29	SeriousFun, YRGCARE & ASHA Foundation	Full Day
2	13/04/2014 to 18/04/2014	Residential Camp Session 1	26 Children living with HIV (From various Organizations and Community)	VISTHAR, Bangalore	55	SeriousFun, YRGCARE & ASHA Foundation	Full Day
3	15/04/2014 to 17/04/2014	III Teachers training workshop Mumbai.	Agnes.B Bharathi Moses, Baiju Sebastian Joyce Davis	Christ Academy, Navi Mumbai	3 days	ASHA Foundation	08.30 am to 04.30 pm
4	20/04/2014 to 25/04/2014	Residential Camp Session 2	31 Children living with HIV (From various Organizations and Community)	VISTHAR, Bangalore	60	SeriousFun, YRGCARE & ASHA Foundation	Full Day
5	13/07/2014	1 st Follow-up Day Camp 2014	41 Campers who attended Camp 2014 & their caregivers	Karnataka KalyanaMantapa, Bangalore	71	ASHA Foundation Camp Rainbow Bangalore (CRB)	07.30 am to 05.00 pm
6	19/07/2014 to 20/07/2014	2 nd Mysore Bogadi, Teachers? Training workshop.	Tarini Bharathi Moses, Baiju Sebastian Joyce Davis Maya Singh	Maria Niketan School, Bogadi	2 days	ASHA Foundation	08.30 am to 04.30 pm
7	09/08/2014 to 10/08/2014	Ursline, Mangalore teachers Training workshop.	Bethesa Jacob Bharathi Moses, Baiju Sebastian Joyce Davis Maya Singh	Shanthidham, Derlekatte, Manalore	2 days	ASHA Foundation	08.30 am to 04.30 pm
8	26/08/2014	"It's my life" Presentation for Bishop Cotton Girls High School	Bethesa Jacob Joyce Davis Maya Singh	Bishop Cotton Girls High School	3hrs	ASHA Foundation	10.00 am to 01.00 pm

9	11/09/2014 to 14/09/2014	Regional Capacity Building Program for SeriousFun Camps	Staff of 9 different NGOs in Bangalore	Ecumenical Christian Center (ECC), Bangalore	24	YRGCARE & Co-facilitated by CRB, ASHA Foundation	Full Day
10	01/11/2014	Importance of Post Test Counselling	Students of pastoral counseling department	Bangalore Baptist Hospital	10	Ruth & Merlin	09.15 am to 11.20 am
11	05/11/2014	Post-test counseling	Students of pastoral counseling department	Bangalore Baptist Hospital	10	Ruth & Merlin	09.30 am to 11.00 am
12	07/11/2014	Culture, tradition, values & attitudes, Sex and sexuality	Students of pastoral counseling department	Bangalore Baptist Hospital	15	Ruth & Priyanka	09.15 am to 01.10 am
13	13/11/2014 to 15/11/2014	VIII Pune Teachers Training Workshop.	Bethesa Jacob Bharathi Moses, Baiju Sebastian Joyce Davis Maya Singh	Babhurao Ghotap College, Sanghvi, Pune	3 days	ASHA Foundation	08.30 am to 04.30 pm
14	14/11/2014	HIV/AIDS, Counseling Principles, Communication skills	Students of pastoral counseling department	Bangalore Baptist Hospital	13	Ruth & Merlin	09:30 am to 11.20 am
15	21/11/2014	Pre test counseling & Psycho-social assessment	Students of pastoral counseling department	Bangalore Baptist Hospital	13	Ruth & Priyanka	09.15 am to 11.30 am
16	07/12/2014	2 nd Follow-up Day Camp 2014	23 Campers who attended Camp 2014 & their caregivers	BBMP Grounds & ASHA Foundation, Bangalore	49	ASHA Foundation Camp Rainbow Bangalore (CRB)	07.30 am to 05.00 pm
17	11/01/2015	1 st Family/ Caregiver Day Camp 2014 (12 Caregiver)	12 Caregivers of the 16 campers who attended camp 2014	BBMP Grounds & ASHA Foundation, Bangalore	81	ASHA Foundation Camp Rainbow Bangalore (CRB)	07.30 am to 05.00 pm
18	22/01/2015	Summarization of units II & V for 9 th Std girls.	Bethesa Jacob Bharathi Moses, Joyce Davis Maya Singh	Baldwin Girls High School, Bangalore	4hrs	ASHA Foundation	09.00 am to 01.00 pm

19	29/01/2015 to 31/01/2015	Oasis staff teachers training workshop.	Bethesa Jacob Bharathi Moses, Joyce Davis Maya Singh	Vidya deep college , Ulsoor road, Bangalore	3 days	ASHA Foundation	08.30 am to 04.30 pm
20	03/02/2015	Story telling workshop	Bethesa Jacob	Emily parish	One day	British council	09.00 am to 05.00 pm
21	04/02/2015	AIDs Awareness seminar for SABC students.	Bharathi Moses, Joyce Davis Maya Singh	SABC Campus, Bangalore	3hrs	ASHA Foundation	01.30 pm to 04.30 pm
22	11/02/2015	Ongoing Supportive Counseling	Whitefield	Xerox	10	Ruth & Merlin	02.30 pm to 04.30 pm
23	12/02/2015 to 14/02/2015	49 th Teachers? Training workshop Bangalore.	Bethesa Jacob Bharathi Moses, Baiju Sebastian Joyce Davis Maya Singh	ASHA Foundation premises	3 days	ASHA Foundation	08.30 am to 04.30 pm

Visitors to our Organization

<i>Sl.no</i>	<i>Date</i>	<i>Particulars of Visitors</i>	<i>Purpose</i>	<i>Venue</i>
1.	13/7/2014	YRG Care Rochelle, Satish & Vinodh	Reunion of camp rainbow - 2014	Karnataka kalyana Mantapa
2.	13/7/2014	Poulomi Dutta – CAF India	Reunion of camp rainbow - 2014	Karnataka kalyana Mantapa
3.	12/7/2014	CAF CAs- Mr.Subjith Sahoo	CAF Accounts Auditing	ASHA Foundation
4.	18/8/2014	Joshuva Kennath	Monitoring visit	CCCYC
5.	03/11/2014	Ms.Beate Lemmen Feldkamp Ms.Verena Degens Satish Samuel – KNH India	Proposal Meeting KNH Germany 2015- 2016	ASHA Foundation
6.	04/3/2015	Praveen – Wipro Technologies	Proposal Meeting Primary Education & Camp Rainbow - CSR	ASHA Foundation

Other Matters :**International Travel during the year :**

Two of our staff visited Cambodia and USA in the year. The cost of travel, accommodation and food was sponsored by our Camp Rainbow partner- Serious Fun Network, Connecticut, USA

The details are as follows:

Date of Visit	Name of the place	Persons travelled	Purpose of Visit
27 th July -8 th August, 2014	Camp Lotus, New Home for Cambodian Children(NHCC Village), Kampong Speu Province, Cambodia	Mrs. Saranya Lenin(Camp Co-ordinator) , Miss. Silvia Prathiba Thomas (Activity Leader Co-ordinator)	Staff Exchange Programme
19 th - 23 October, 2014	Hole in the Wall Gang Camp, Ashford, Connecticut, USA	Mrs. Saranya Lenin(Camp Co-ordinator) , Miss. Silvia Prathiba Thomas (Activity Leader Co-ordinator)	Global Partnership Programme(GPP) Network meeting

Information on distribution of staff by gender and Salary :

Slab of gross monthly Salary(in Rs) plus benefits paid to staff	Male staff	Female staff	Total staff
<2500	-	-	-
<7000	-	-	-
<15000	2	9	11
<30000	2	4	6
<50000	1	1	2
>/50000	-	2	2

Disclosure of salary and benefits of head, highest paid staff member and Lowest paid staff member of organization

1. Head -- Rs.56,268.per month. Health Insurance
2. Highest paid - Project co-ordinator-AHE
Salary+ Provident fund+ Accident insurance
+ health insurance + gratuity –Rs.53,810 per month
3. Lowest paid -Outreach worker
Salary+Provident fund+ Accident insurance+
Health care + Gratuity–Rs.8,773 per month

Our heartfelt gratitude to the following :

Members of the Governing Board of ASHA Foundation for their input and guidance

Members of the Research Advisory Board.

Kindernothhilfe, Germany and Christian Council for Child and Youth Care ,Bangalore

Mr. Krishna Chivukula and INDO-US MIM-Tech Pvt.Ltd for their unending generosity in supporting ASHA Foundation since 2005

Charities Aid Foundation (CAF) India towards the support for investigations and drugs and programs for HIV infected and affected individuals.

To the Overseas Women's Club and Mrs. Victoria Sanders for supporting telephone Counseling project and equipment needs.

Mr. Purnesh of Classic Group

Mr. Madhu, for the financial contribution to ASHA Foundation

To all our other regular donors , volunteers and well wishers who have always Supported ASHA Foundation .

Asha Foundation
42, 4th Main SBM Colony, Anandnagar, Bangalore - 560024.

Balance Sheet as at March 31, 2015

(Amount in Rs.)

Liabilities	Amount	Amount	Assets	Amount	Amount
General Fund	8,325,814		Fixed Assets		684,554
Add: Excess of Income over expenditure	5,613,935		(Refer Schedule 1)		
Add: Fund Transferred from other funds					
LAC Sustainability	7,000		Investment in Fixed Deposit		13,889,020
ASHE/GG	165,559		(Refer Annexure 2)		
Bread for the World	3,087				
KNH/Car	213,849		Deposits & other current assets:		
TDH	43,639		Deposit with BSNL		5,000
KNII PMTCT	1,270,019	15,642,901	Rent Advance - Sujatha Kheny and Jagdish		350,000
			ISD Connection Deposit		2,000
Current Liability:			LPG Gas Deposit		1,100
Salary Payable		18,618	TDS receivable Fy 2013-14		13,848
BH Ambur		50,948	TDS receivable FY 2014 -15		18,920
Subhashree Mart		2,354			
Advance to Biju Sebastain		4,020	Loans & Advances (Asset):		
Provident Fund		5,850	Dr. Reena Joy		2,138
Investigation Charges Payable		1,000	Mrs. Maya Singh		750
12% social security		139,201	Programm Advance		100,000
			Closing Balances:		
			Cash in hand		30,090
			Cash in foreign Currency		32,940
			Bank Balance		734,533
Total		15,864,893	Total		15,864,893

for ASHA FOUNDATION



Dr. Glory Alexander
Trustee

Bangalore
15.09.2015



As per our 12A(b) Audit Report of even date
for Singhvi, Dev & Unni,
Chartered Accountants
Firm Registration No. 0038675




S Ranganath
Partner
Membership No. 201191

Bangalore
15.09.2015

Asha Foundation

42, 4th Main SBM Colony, Anandnagar, Bangalore - 560024.

Income and Expenditure Account for the year ended March 31, 2015

(Amount in Rupees)

Expenditure	Amount	Income	Amount
Program Expenses-Children at Risk		Donations	727,798
Support Children to Education	189,662		
Support Children to Higher education	116,285	Donation - Indo US MIM Tec Pvt Ltd - Local	1,500,000
Sports day for children	73,220	Donation - Indo US MIM Tec Pvt Ltd - FCRA	2,100,000
Picnic Expenses	63,026	Donation - Scotland Trust	5,421,775
Investigation for Children - CAF	74,407	Donations ING Vysya Bank	225,000
Investigation charges for Adults	108,968	AMEX	6,500
HIV Testing Charges	175,646	De Shaw	121,455
Dry Rations	195,362	Microsoft - IDC	24,250
Nutritional Supplements	9,912	Microsoft - MSIT	117,829
SHG for Children	2,679	Royal Bank of Scotland	84,200
SHG Monthly Meeting for Women	43,805	KNH PMTCT - Research	2,945,287
Advocacy & Networking	4,210	CCCYC KNH CAR	2,574,011
PLHA TB Treatment	6,716	Overseas Women Club grant	239,252
Clinic Expenses	16,483	Subsidized ART - ASHA	22,499
Art Medicines Purchased - Children	681,844	Serious Fun Grants	473,965
PMTCT - Research:	-	Other Incomes:	-
Concession given to delivery charges	27,838	SB Interest Received	48,554
PCR Tests	39,910	FD Interest	339,059
Medicine Purchased - Adults	869,992	Gain on sale of Mutual Fund Units	146,324
Partnering Hospital Counselor Salaries	438,680	Reimbursement of Diesel Expenses	46,134
Maintenance of Clinic cost	24,000	Sale of Mobile Pouch & Pens	45
Workshop Expenses - AHE Research			333
		Exchange Gain	
3rd Mumbai Teachers Training Workshop	96,198		
4th Mumbai Teachers Training Workshop	2,528		
8th Pune Teachers Training Workshop	89,208		
47th Bangalore Teachers Training Workshop	1,135		
49th Bangalore Teachers Training Workshop	28,897		
Mangalore Teachers Training Workshop	42,795		
Mysore Bogadi Teachers Training Workshop	34,548		
Research, Data Management & Monitoring Evaluation	5,971		
Curriculum Printing & Editing Charges	185,396		
Capacity Building	3,000		
Camp Rainbow Project	-		
Supplies - Residential Camp	32,443		
Reunion Program	41,112		
Camp Staff (Volunteers) - Stipend	62,552		
Camp Expenses - Residential	587,224		
CROE - 2015	2,050		
Camp Rainbow - CAF (IDC)	15,681		
Community Mobilisation	15,180		

[Handwritten Signature]



Travelling and Convayance - Camp Rainbow Participants	102,094	
Telephone Counselling - Research		
Telephone Charges - Tele Counseling	5,973	
TC Phone No. Advertisement & Publicity	76,689	
ASHA Brouchers Printing	42,200	
Travelling and Convayance - Projects	127,887	
Professional Fees	666,673	
Salaries to Project staff's	3,599,751	
Rent for Clinic Building	168,182	
Electricity & Water Charges	14,220	
ICMR - Printing & Postage	5,188	
Grant Repaid to ICMR	153,257	
Processing Charges for Journal article	8,160	
Admin Expenses		
Annual Report	68,575	
Internet Charges	36,097	
Rent for Premises	308,170	
Electricity & Water Charges	35,435	
Administrative Expenses	27,000	
Printing and Stationcry	48,020	
Postage & Courier Charges	11,371	
Telephone Charges	17,117	
Office expenses	23,516	
Audit Fees	53,932	
Bank Charges	2,913	
Board Meeting Expenses	1,263	
Felicitiation- Mr.Krishna	41,727	
Painting Expenses for Clinic Building	30,000	
Insurance	24,201	
HIV/Aids Annual Membership Renewal	3,980	
CSR Directory	1,700	
Repair & Maintcnance	18,205	
Miscellaneous	137,934	
Salaries to Support staff	1,083,985	
Bonus	40,000	
Travel & Conveyance	30,515	
Depreciation	125,840	
Excess of Income over expenditure	5,613,938	
Total	17,164,270	17,164,270

Dr. Glory Alexander

Glory Alexander
Trustee

for Singhvi, Dev & Unni,



Bangalore
15.09.2015



Chartered Accountants
Firm Registration No. 0038678

S Ranganath
Partner

Membership No. 201191

Bangalore
15.09.2015

Asha Foundation

42, 4th Main SBM Colony, Anandnagar, Bangalore - 560024.

Receipts and Payments account for the period April 1, 2014 to March 31, 2015

(Amount in Rupees)

Receipts	Amount	Payments	Amount
Investigation for Children CAF	2,200	49th Bangalore Teachers Training Workshop	28,897
Dr.Reena Joy	2,500	4th Mumbai Teachers Training Workshop	2,528
Program Advance - Ramu	3,310	8th Pune Teachers Training Workshop	88,997
Program Advance - Saranya	11,637	Capacity Building	3,000
Internet & Telephone Charges - AHE	1,330	Mangalore Teachers Training Workshop	39,763
		Mysore Bogadi Teachers Training Workshop	31,285
ESI Contribution(Liability)	62,103	8th Mumbai Teachers Training Workshop	1,703
Investigation Reimbursement	1,000	3rd Mumbai Teachers Training Workshop	91,004
Program Advance - Silvia	2,236	Data Management, Research Monitoring &	5,971
Good News Printers - Creditors	640		
Closing Balances:		Internet & Telephone Charges - AHE	5,200
Bank Balance	12,960	Curriculum Editing Charges	192,449
		Camp Rainbow Project	
		Supplies CAF-Residential Camp	44,640
		Reunion Program	41,112
		Travelling and Conveyance	99,958
		CAF Give As You Earn(GAYE)	246
		Camp Rainbow - CAF (IDC)	15,681
		Community Mobilisation	15,180
		Investigation for Children - CAF	19,853
		Camp Staff -Volunteers	62,552
		CROF-2015	2,050
		Camp Expenses - Residential	266,288
		Elim Resorts Pvt Ltd	100,000
		Telephone Counselling Research	
		Telephone Charges-Tele Counselling	5,813
		TC Phone No Advertisement and publicity	76,689
		Asha Broucher Printing	42,200
		Travelling and Conveyance Projects	112,761
		Professional Fees	664,599
		Salary -Project Staff	3,585,790
		Professional Tax	28,924
		Social Security	337,841
		Provident Fund	189,171
		Rent for Building	168,182
		Electricity and Water Charges	14,220
		ICMR Printing Charges	5,045
		Grant Reapid to ICMR	153,257
		Processing Charges for Journal Article	8,160
		Office maintaince	3,805
		Advertisement	6,330
		Advance to Biju Sebastain	29,296
		Professional Fees -Dr Glory	50,000
		ESI Employees Contribution	80,208
		Honorarium	90,546
		TDS	169,271
		Program Advance	42,533



Asha Foundation

42, 4th Main SBM Colony, Anandnagar, Bangalore - 560024.

Receipts and Payments account for the period April 1, 2014 to March 31, 2015

(Amount in Rupees)

Receipts	Amount	Payments	Amount
Opening Balances:		Investment in Fixed Deposit	22,818,112
Cash on hand	30,926	Asha Local	4,000
Bank Balance	1,022,846	KNH/CAR - II	2,000
Donation:		Program Expenses -Children at Risk	
Donation - Soctland trust	5,421,775	Art Medicine Purchased -Children	681,844
Donations	727,798	Clinic Expenses	16,483
Donation - ING Vysaya Bank	225,000	Dry Rations	195,362
Donation - Indo US MIM Tech Pvt Ltd-Local	1,500,000	Nutritional Supplements	9,912
Donation - Indo US MIM Tech Pvt Ltd-FCR	2,100,000	SHG For Children	43,805
Amex	6,500	SHG montly meeting for women	2,679
Microsoft - MSIT	117,829	Support education to Children	189,662
Royal Bank of Soctland	84,200	Provide Facilities for Higher education	116,285
Grant-KNH-PMICT Project	2,945,287	Sports day for Children	73,220
Grant From CCCYC	2,574,011	Investigation for Children -CAF	56,754
Overseas Womens Club Grant	239,252	Advocacy and Networking	4,210
Serious Fun Grants	473,965	PLHA TB Treatment	6,716
Subsidized ART - ASHA	52,104	Picnic	63,026
Microsoft - MSIT	121,455		
RBS	24,250	PMTCT Research	
	-	HIV Testing	179,396
LAC Sustainability A/c	7,000	Concession Given to Delivery Charges	22,838
	-	Medicines Purchased Adults	869,992
Fixed Deposits	11,511,819	PCR Tests	39,910
Redemption of Mutual Fund Units	5,125,000	Investigation Charges	108,968
Gain on sale of Mutual Funds	146,325	Partnering Hospital Counselor Charges	438,680
Reimbursemt from serious Fund	18,819	Maintainence of Clinic Cost	24,000
12% Social Security (ESI and PF)	867,894		
SB Interest	48,554	Asha FCRA	2,000
FD Interest	320,139	Oasis Account	25,734
	-	SAIACS	4,000
Oasis Account	25,734	Purchase of Fixed assets	46,428
SAIACS	4,000	(OWC Project expenses)	
Asha Local	4,000		
KNH/CAR - II	5,000	Current Assets	
Accidental Insurance	5,778	Mr. Danielraj	138
Health Insurance	38,071	Advance to Mr.Sahu	70,000
Travelling and Convayance	18,819	Mrs.Maya Singh	750
Asha FCRA	2,000	Program Advance - Ramu	24,687
Salary for Research Support Staff's	13,892	Program Advance - Saranya	12,500
3rd Mumbai Teachers Training Workshop	8,649	Reimbursement Recd From Serious Fund	18,819
Reimbursement of Diesel Expenses	88,534	Deposits (Asset) -Rental	150,000
Sale of Mobile Pouch & Pens	45		
Miscellaneous	1,200		
Reimbursement HIV Testing for Mothers	3,750	Work Shop expenses-AHE Research	
Rent Advance-Ravi Chandran	70,000	47th Bangalore Teachers Training Workshop	1,135



Asha Foundation
42, 4th Main SBM Colony, Anandnagar, Bangalore - 560024.

Receipts and Payments account for the period April 1, 2014 to March 31, 2015

(Amount in Rupees)

Receipts	Amount	Payments	Amount
		Admin Expenses:	
		Internet Charges	37,016
		Rent	277,263
		Electricity and water charges	35,435
		Administrative Expenses	27,000
		Postage and Courier	11,371
		Telephone	17,117
		Office Expenses	23,516
		Audit Fees	49,437
		Bank Charges	2,913
		Board Meeting Expenses	1,263
		Felicitation- Mr.Krishna	41,727
		Insurance Expenses	24,201
		Membership Renewal	3,980
		CSR Directory	1,700
		Repair & Maintenance	14,400
		Miscellaneous	118,218
		Bonus-staff	40,000
		Travelling expenses	23,615
		Salary to Support Staff	1,084,985
		Health Insurance - staff	38,071
		Accidental Insurance - staff	5,778
		Printing and Stationery	36,670
		Diesel Expenses	29,227
		Closing Balances:	
		Cash on hand	30,090
		US Dollars	32,607
		Bank	747,493
Total	36,102,136	Total	36,102,136

for ASHA FOUNDATION




Dr. Glory Alexander
Trustee

Bangalore
15.09.2015



As per our 12A(b) Audit Report of even date
for Singhvi, Dev & Unni,
Chartered Accountants
Registration No. 003867S




S Ranganath
Partner
Membership No. 201191

Bangalore
15.09.2015

It's now almost three decades since a man asked her, 'Do you think I might have AIDS?' - a question that made a deep impact on her. It was 1987, early days in HIV history. And Dr Alexander, gold medalist from Christian Medical College (CMC), Vellore, young Consultant Physician at the Baptist Hospital, Bengaluru, was stumped.

The 53-year-old man who lay suffering before her was far from his home in San Francisco, USA. He had taken refuge, on a whole different continent, in the Sathya Sai Baba ashram in Puttaparthi, Andhra Pradesh, to escape the stigma his condition



Dr. Glory Alexander's ASHA Foundation looks after the education and nutrition needs of 120 HIV-positive children



