



balance Yoga Teacher Training

Terms & Conditions

Practice Experience

- Students should have been practicing yoga consistently for at least 2 years before they embark on a teacher training course.

Booking

- Applications onto the course are to be made via our online application form, followed by a short informal interview and practice assessment.
- A £150 non-refundable deposit is needed to secure a place on the course and should be paid once acceptance onto the course has been granted.
- £1400 of the course fees to be paid on Friday August 30th 2019, 28 days before the commencement of the course. The remaining balance of £850 to be paid by Friday 27 September 2019.
- balance reserves the right to refuse a place to students who have not paid their deposit or full fees by the required date.
- The fees must be paid in full and any private sessions paid for before a graduate diploma will be issued.

Fees

Included:

- Training and assessment by a qualified Yoga Alliance Professionals SYT
- Core syllabus, asanas booklet, log book and other appropriate paperwork.

Not included:

- Flights, accommodation and food for yourself
- Insurance
- A certificate (paying the fees do not guarantee you a certificate as you will need to successfully pass all written assignments, the end of course practical assessment, and attend a minimum of 80% the course).

During the Course

- Conduct

- In respect for the other students and teachers, we request that students arrive in ample time before the beginning of every session.
- If any student is continually disruptive we reserve the right to withdraw that person from the course.

- Attendance

- 80% attendance is required.

- Assessment is ongoing throughout the course. In order to maintain high standards, students must achieve competence in all required areas before a certificate of completion can be awarded. balance therefore reserves the right to with-hold the certificate if those standards are not met.

- Students are only permitted to work with volunteers whilst training. As there is no exchange of money, insurance is therefore not required.

- Students may be granted trainee teacher insurance prior to qualification. In those circumstances, at least 70% of the course has to be completed, and it is at the discretion of the Principal Tutor.

- Once the course has finished, students have 8 weeks to complete and submit their Course Logbook.

- The course will be subject to ongoing assessment. On completion of the course a practical teaching assessment will take place. If a re-sit is required, then an additional fee of £75 may be incurred.

- Students are expected to continue with their own daily practice, alongside class and workshop attendance, and shadowing hours as set out in the course logbook

- If a student is unable to complete the requirements of the course due to unforeseen circumstances, then an extension may be granted at the discretion of the course leader. Any requests for an extension should be submitted in writing via email to yogateachertraining@balance.co.uk or by post to balance 118/122 Napiershall Street, Glasgow G20 6HT, and marked for the attention of Gerry Kiely.

Cancellation of Course

- Prior to the start date, balance reserves the right to cancel the course.
- Students wishing to cancel should refer to our refund policy.

**I have read the above Terms & Conditions and fully understand its contents.
I voluntarily agree to the terms and conditions stated above under my own
free will.**

Print

Name _____

Course and starting
date _____

Signed and
dated _____



balance Yoga Teacher Training course

Refund Policy

- A £150 non-refundable deposit payment is due once acceptance onto the course has been granted.
- Please make sure that you are able to attend all of the course dates before you pay your deposit and confirm your booking.
- An additional payment of £1400 towards course fees is due in advance of the start date of the course, with the remaining balance of £850 due by Monday 05 August 2019.
 - o If a student withdraws from the course prior to its commencement then course fees are non refundable, unless a replacement student is found prior to the start date. If a replacement student is found, then a refund will be given minus the non-refundable deposit and a £50 administration fee.
 - o If a student withdraws from the course once it has commenced, then the course fees are non-refundable and due in full. This includes instalments already paid and also any outstanding payments still due for payment of the full course fee at date of withdrawal.
- Transfers to the next course will be considered on a discretionary basis and balance reserves the right to deny transfer requests.

For any cancellations, please give written notice via email to yogateachertraining@balance.co.uk or by post to balance, 118/122 Napiershall Street, Glasgow G20 6HT. To be marked for the attention of Gerry Kielty, Principal Yoga Teacher.

**I have read the above refund policy and fully understand its contents.
I voluntarily agree to the terms and conditions stated above under my own
free will.**

Print
Name _____

Course and starting
date _____

Signed and
dated _____



balance Yoga Teacher Training course

Disclaimer Form

I, _____ hereby agree to the following:

1. That I am participating in the balance Yoga Teacher Training course (accredited by Yoga Alliance Professionals) offered by Gerry Kielty during which I will receive information and instruction about yoga, physical exercise or health. I recognize that exercise requires physical exertion, which may be strenuous and may cause physical injury, and I am fully aware of the risks and hazards involved.
2. I understand that it is my responsibility to consult a physician prior to and regarding my participation in the balance Yoga Teacher Training course offered by Gerry Kielty.
I represent and warrant that I am physically fit and I have no medical condition, which would prevent my full participation in the balance Yoga Teacher Training course
3. If I am pregnant I understand that I participate fully at my own risk and that of my unborn child/children.
4. In consideration of being permitted to participate in the balance Yoga Teacher Training course, I agree to assume full responsibility for any risks, injuries or damages, known or unknown, which I might incur as a result of participating in the programmes offered by Gerry Kielty.
5. In further consideration of being permitted to participate in the balance Yoga Teacher Training course, I knowingly, voluntarily and expressly waive any claim I may have against balance or Gerry Kielty for injury or damages that I may sustain as a result of participating in the course.
6. I understand that from time to time during yoga classes and instruction, the instructor may physically adjust students' form and posture. If I do not want such physical adjustments, I will so inform the instructor at each class or session I attend. I also acknowledge that if I do wish to receive such adjustments, it is my responsibility to inform the instructor when an adjustment has gone as far as I desire at that time.
7. I _____ hereby take full and sole responsibility from any liability of loss or damage to personal property associated with yoga classes or any other events.



8. I, my heirs or legal representatives forever release, waive, discharge and covenant not to sue balance, Gerry Kielty or its employees for any injury or death caused by their negligence or other acts.

**I have read the above release and waiver of liability and fully understand its contents.
I voluntarily agree to the terms and conditions stated above under my own free will.**

Print Name _____

Course and starting date _____

Signed and dated _____



balance Yoga Teacher Training

Code of Conduct

Dear student

Thank you for joining the 200 hour diploma course, and a warm welcome to balance Yoga Teacher Training (accredited by Yoga Alliance Professionals). We hope you enjoy the course and find it useful and informative. In order to maintain high standards and ensure that we keep our good reputation, it is important that you reach a certain minimum standard. Whenever we feel that this is not the case, we will talk to you personally and try to put things right. The practical teaching assessment is on a continuous basis and you will receive feedback on your progress during the course. Students who do not meet the required standards will be asked to improve on the areas of weakness, and demonstrate that they have done this, before being issued with a certificate. All successful students can be registered on the Yoga Alliance Professionals database of accredited teachers.

This Code of Conduct is a summation and declaration of acceptable, ethical, and professional behavior by which all Yoga Alliance Professionals Registered Yoga Teachers agree to conduct the teaching and business of Yoga.

As a Registrant of balance Teacher Training, I agree to uphold the ethical goals set forth in the following Code of Conduct:

- 1.** To ensure that safe and effective teaching is available to the public.
- 2.** To provide the public with access to safe and effective yoga teachers.
- 3.** To maintain and uphold the traditions of Hatha Yoga. To teach yoga from the experience of these traditions and to disseminate these teachings to anyone, from any background, who earnestly desires to follow these traditions.
- 4.** Uphold the integrity of my vocation by conducting myself in a professional and conscientious manner.
- 5.** Acknowledge the limitations of my skills and scope of practice and where appropriate, refer students to seek alternative instruction, advice, treatment, or direction.
- 6.** Create and maintain a safe, clean, and comfortable environment for the practice of yoga.
- 7.** Encourage diversity actively by respecting all students regardless of age, physical limitations, race, creed, gender, ethnicity, religion affiliation, or sexual orientation.
- 8.** Respect the rights, dignity, and privacy of all students.
- 9.** Avoid words and actions that constitute sexual harassment.
- 10.** Follow all local government and national laws that pertain to my yoga teaching and business.



I agree to comply with the conditions and requirements as set out in the course curriculum, and accept that failure to do so will disqualify me from any accreditation. I furthermore vow to uphold the standards of the teachings I have been given, and to maintain and promote the good name of yoga at all times. I accept that failure to do so may lead to the annulment of any accreditation obtained from balance Teacher Training.

Print Name

Course and starting date

Signed and dated



balance Yoga Teacher Training Course

Complaints Procedure

Should you have any complaint whilst participating on the balance yoga teacher training course, we would like to hear from you as soon as possible.

Any complaint will be treated as strictly confidential.

In the first instance please contact the Principal Yoga Teacher, Gerry Kielty or the Centre Manager, Isla Wood on 0141 332 8800 so that we can resolve any issue as quickly as possible. If you're not satisfied with this response please follow the procedure below.

Step 1

Please file your complaint in writing within 4 weeks to balance, 118/122 Napiershall Street, Glasgow, G20 6HT. Please describe your complaint clearly and with founded arguments for your point of view. The complaint should be signed and should contain your name, address, a clear description of the act or the decision, the date the act or decision took place and the action that should be taken.

Step 2

The Centre Manager will respond to your complaint within 1 week. If there is a longer time needed to look into the issue, you will be informed within 2 weeks and told what the status is of our investigation. In addition we will give you an indication when you will receive an answer.

Step 3

When you cannot come to an agreement with balance about the concerning complaint then we can use the help of an independent third party.

**I have read the above procedure and fully understand its contents.
I voluntarily agree to the terms and conditions stated above under my own free will.**

Print Name _____

Course and starting date _____

Signed and dated _____