



Ending Hunger, Building Community, Transforming Lives

### Why Support Manna?

Unemployment and poverty limit food options and contribute substantially to food insecurity. Thus, hunger is a significant concern in our community.

- An estimated 9.5% (or 77,180 individuals) of Montgomery County residents are food insecure\*
- In the North Penn region, nearly 7,500 individuals live below the poverty level

(\*Feeding America's Map the Meal Gap Project, 2016 data)

### Manna's Impact

In our most recent completed fiscal year, Manna...

- Served 39,715 warm, healthy meals in Manna's Kitchen and an additional 557 kids meals through a USDA summer food program
- Distributed 482,394 pounds of food to 2,465 individuals (or 876 households) through Manna's Market
- Provided more than \$105,000 in emergency financial assistance paid directly to landlords and service providers
- Graduated 19 (70%) individuals and helped secure employment for 11 (58%) graduates through our Common Grounds Food Service Training to Employment Program

### How You Can Help

- Give Food—You can hold a food drive or simply buy extra items while purchasing your own groceries. Check [mannaonmain.org/give-food/what-is-needed](http://mannaonmain.org/give-food/what-is-needed) for a current list of needed items.
- Give Time—We depend on more than 100 volunteers each week to offer our high quality programs and services. Individuals and groups can visit [www.mannaonmain.org/give-time/how-to-volunteer/](http://www.mannaonmain.org/give-time/how-to-volunteer/) to learn more.
- Give Money—Tax deductible contributions can be made at any time, whether online, in person or through the mail. We also can accept donated investments, stocks, or mutual funds. Contact Vince Caperelli, Development Director ([vince@mannaonmain.org](mailto:vince@mannaonmain.org); 215-855-5454 x24), with any questions, or donate directly at [www.mannaonmain.org/donate-now](http://www.mannaonmain.org/donate-now).



### OUR MISSION

*Manna on Main Street is committed to ending hunger in the North Penn region by providing food, fulfilling social service and education needs, and conducting community outreach.*

*Through a food pantry and soup kitchen, emergency financial aid, counseling and referrals, and education opportunities, we serve those in need with the hope "that everyone might be fed."*



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