

STARTERS

Served with Salad and Mint Sauce

Chicken or Lamb Tikka	3.45
Chicken or Prawn Puree	3.65
Chicken or Aloo (potato) Chat	3.45
Meat or Vegetable Samosa	3.45
Tandoori Chicken	3.45
Sheek Kebab	3.45
Shami Kebab	3.65
King Prawn Butterfly	4.65
Chicken Pakora.....	3.65
King Prawn Puree.....	4.95
Onion Bhaji V	3.25
Prawn Cocktail.....	3.45
Dall Soup V.....	3.45
Tandoori Mix Kebab	4.65
Tandoori King Prawn.....	4.95
Garlic Mushrooms V.....	3.45

TANDOORI CUISINE

Prepared in clay oven, marinated in a delightful delicate spiced yoghurt for 24 hours to tenderise the meat and give it a seductive flavour and tantalising aroma served with Salad and Mint Sauce.

Chicken or Lamb Tikka	6.75
Tandoori Chicken (half, on the bone).....	6.45
Sheesh Kebab.....	6.45
<i>Minced meat with onions herbs & spices</i>	
Chicken or Lamb Shashlik.....	7.45
<i>Cooked with onions, tomatoes and green pepper</i>	
Vegetable Shashlik.....	6.45
Tandoori Mixed Grill.....	9.95
<i>Pieces of Tandoori Chicken, Chicken Tikka, Lamb Lamb Tikka, Sheesh kebab and Nan</i>	
Tandoori King Prawn.....	11.95

SPECIAL BALTI DISHES

These dishes are served with pilau rice or nan bread. Balti dishes are highly flavoured, cooked with fresh herbs & special Balti spices.

Chicken Tikka Balti.....	10.95
Chicken or Lamb Balti.....	9.95
Prawn Balti.....	9.95
King Prawn Balti.....	12.95
Vegetable Balti.....	7.95

N=Nuts V=Vegetarian

Our Chef will be happy to prepare any dish which is not listed on our menu - Please ask

CHEF'S

RECOMMENDATION

Chicken Muli N.....	7.75
<i>Medium or Mild, spring grilled Chicken in a sauce cooked with butter, tomatoes and spice, fresh cream on top</i>	
Chicken Rezella N.....	7.45
<i>Tikka chicken cooked in thin sauce, potato and green chilli</i>	
Chicken Tikka Massala N.....	7.45
<i>Pieces of spring chicken marinated in spices and herbs, cooked with special sauce</i>	
King Prawn Delight N.....	11.95
<i>Grilled King prawns cooked in creamy sauce, slightly spicy</i>	
Shahi Mutton Mughlai N.....	7.75
<i>Mild 7th century dish garnished with almonds, sultanas and herbs, cooked with fresh cream</i>	
Tandoori Butter Chicken N.....	7.45
<i>Mild Tandoori chicken marinated in special spices, fried in butter</i>	
Lamb Passanda N.....	7.45
<i>Thin fillet lamb marinated in spices and yoghurt, cooked i creamy sauce.</i>	
Tikka Chat Massala	7.45
<i>Tikka Chicken cooked in tangy sauce</i>	

CHEFS SPECIAL

Chicken Makhani N.....	7.75
<i>Mildly spiced with fresh cream & almonds topped with sultanas</i>	
Chicken or Meat Dhanya.....	7.45
<i>Medium spiced cooked with fresh blended coriander</i>	
Chicken or Meat Acharia.....	7.45
<i>Medium, cooked with pickles</i>	
Bombay Chicken	7.75
<i>Medium spiced with potato & egg</i>	
Chicken or Meat Shabji.....	7.45
<i>Medium spiced, cooked with mixed vegetable</i>	
Chicken Laziz.....	7.75
<i>Medium spiced chicken cooked with minced meat, finished with green peppers, tomatoes & egg</i>	
King Prawn Changasi.....	12.95
<i>King prawns with shell cooked with clay oven then fried in very delicate spices, with tropical fruits</i>	
Chicken Ruchi.....	7.45
<i>Very distinctive dish, chicken deep fried, garnished with garlic, tomatoes & coriander</i>	
Garlic Chicken Tikka Mushroom.....	7.95
<i>Chicken tikka cooked with deep fried mushrooms, onions, green peppers garlic paste</i>	

HENLOW SPECIAL

Chicken Mohanwala N.....	7.75
<i>Mild spicy marinated chicken in spices & herbs cooked in cheese</i>	
Chicken or Meat Jalfrazy	7.75
<i>Highly spiced with green peppers, Green chillies & onions</i>	
King Prawn Chilli Massala.....	11.95
<i>Cooked with fresh green chilli & onions</i>	
Chicken Tikka Chilli Massala.....	7.75
<i>Tikka chicken cooked with green chillies & spices</i>	
Karahi Gosht or Chicken	7.75
<i>Cooked in a traditional karahi with onion, tomato & green peppers</i>	
Jeera Chicken or Lamb.....	7.75
<i>Medium or hot cooked in very rich flavoured sauce with jeera</i>	
Kababi Karahi	7.75
<i>Tandoori Sheek Kebab cooked in medium spicy sauce with onion, green peppers & tomato</i>	

THALI DISHES

Set meal for one

Non vegetable Thali.....	11.95
<i>Meat samosa, Tandoori chicken, sheek kebab, bhuna meat, lamb tikka, pilau rice & nan</i>	
Vegetable Thali V.....	10.95
<i>Dry mixed vegetable, brinjal bhaji, onion bhajee, dhal, pilau rice & nan</i>	

CHICKEN DISHES

Chicken Curry (Madras, Vindaloo).....	5.95
Chicken Phall - Very hot.....	6.45
Chicken Kurma - Mild spices & cream N	6.45
Chicken Bhuna -	6.45
<i>Medium spices, fairly dry</i>	
Chicken Dupiaza -	6.45
<i>Medium spices with onion</i>	
Chicken Patia -	6.45
<i>Slightly hot sweet & sour cooked in thick gravy</i>	
Chicken Malaya - N.....	6.45
<i>Mild cooked with pineapple</i>	
Chicken Rogon Josh -	6.45
<i>Medium hot tender chicken cooked with spices and garnished with tomatoes</i>	
Sag Chicken -	6.45
<i>Medium spices with fresh spinach & spices</i>	
Chicken Dansak -	6.45
<i>Hot, sweet & sour with lentils</i>	

Some of our dishes may contain nuts, dairy, gluten etc.

If you have any food allergies please ask a member of staff when ordering

All Chicken dishes are prepared with breast off the bone

MEAT DISHES

Lamb Curry (Madras, Vindaloo).....	6.45
Lamb Phall - Very hot.....	6.95
Lamb Kurma - Mild spices & cream N.....	6.95
Lamb Bhuna -	6.95
<i>Medium spices, fairly dry</i>	
Lamb Dupiaza - Medium spices with onion.....	6.95
Lamb Patia -	6.95
<i>Slightly hot sweet & sour cooked in thick gravy</i>	
Lamb Malaya - N Mild cooked with pineapple	6.95
Lamb Rogon Josh -	6.95
<i>Medium hot tender chicken cooked with spices and garnished with tomatoes</i>	
Sag Gosht -	6.95
<i>Lamb cooked with fresh spinach & spices</i>	
Methi Gosht.....	6.95
<i>Lamb cooked with methi leaves & herbs, nice & spicy</i>	
Lamb Dansak	6.95
<i>Hot, sweet & sour with lentils</i>	

SEAFOOD (PRAWNS)

Prawn Curry Medium - Madras - Vindaloo.....	6.45
Prawn Kurma N Cooked in mild creamy sauce ..	6.75
Prawn Patia Slightly hot, sweet & sour.....	6.75
Prawn Bhuna.....	6.75
<i>Cooked in spices in a special spicy sauce</i>	
Prawn Dhansak.....	6.75
<i>Sweet, sour & hot, cooked lentils & herbs</i>	
Prawn Sag Medium cooked with spinach.....	6.75
Prawn Jalfrezi	7.45
<i>Fairly hot with green peppers, green chillies & onions</i>	

SEAFOOD (KING PRAWNS)

King Prawn Curry Medium - Madras - Vindaloo.....	8.95
King Prawn Kurma Mild & creamy N.....	9.95
King Prawn Patia Slightly hot, sweet & sour.....	9.95
King Prawn Bhuna.....	9.95
<i>Cooked in spices in a special spicy sauce</i>	
King Prawn Dhansak.....	9.95
<i>Sweet, sour & hot, cooked lentils & herbs</i>	
King Prawn Sag Medium cooked with spinach...9.95	
King Prawn Jalfrezi	11.95
<i>Fairly hot with green peppers, green chillies & onions</i>	
Rup Chanda a uniquely flavoured fish from	9.95
<i>the bay of bengal, shallow fried with onions, fresh capsicum & coriander in a medium dry bhuna sauce.</i>	
Maas Bhaja A tropical Bangladeshi fish marinated ..8.95	
<i>in freshly ground spices braised with fresh seasonal vegetables in olive oil</i>	

SPECIAL DUCK DISHES

Duck Jalfrezi	9.95
<i>Duck cooked with green chilli, ginger & capsicum</i>	
Jeera Duck	9.95
<i>Medium or hot duck, cooked in very rich spicy flavoured sauce with cumin seeds</i>	
Karahi Duck.....	9.95
<i>Duck cooked in traditional Karahi with green peppers, onion & tomato</i>	
Duck Sag (medium with spinach).....	9.95

BIRIANI DISHES

These dishes are dry, spiced cooked together with basmati rice and served with vegetable curry

Chicken or Lamb Biriani	7.95
King Prawn Biriani.....	11.95
Prawn Biriani.....	7.95
Vegetable Biriani V	6.95
Mushroom Biriani V.....	6.95
Chicken Tikka Biriani	8.95
Persian Chicken Biriani N.....	8.95

VEGETABLE MAIN DISHES

Mushroom Jalfrazi.....	5.45
Vegetable Jalfrazi	5.45
Vegetable Korma	5.45
Vegetable Dansak.....	5.45
Aloo Jeera	5.45
Vegetable Patia	5.45

VEGETABLE SIDE DISHES

Mixed Vegetable Curry	3.45
Mixed Vegetable Madras or Vindaloo	3.45
Mixed Vegetable Bhaji.....	3.45
Cauiflower or Mushroom Bhaji	3.45
Bombay Aloo (Spicy potato)	3.45
Sag Aloo (Spinach & potato)	3.45
Aloo Gobi (Potato & cauliflower)	3.45
Aloo Chana (potato & chickpeas)	3.45
Chana Massala (Spicy chickpeas)	3.45
Bhindi or Brinjal Bhaji (Okra or Aubergine)	3.45
Sag Bhaji (Spinach).....	3.45
Tarka Dhal (Garlic & lentils)	3.45
Mator Panir (peas with cheese)	3.45
Sag Panir (Spinach with cheese)	3.45
Raitha yoghurt with cucumber or onion.....	1.50

RICE DISHES

Plain Rice	2.45
Pilau Rice	2.65
Special Fried Rice.....	3.45
<i>Cooked with spices, egg & peas</i>	
Mushroom Pilau.....	3.45
Peas Pilau.....	3.45
Vegetable Rice	3.45
Garlic Rice.....	3.45
Shahi Pilau	3.75
<i>An aromatic rice with nuts & sultanas</i>	
Keema Rice Cooked with mincemeat.....	3.75

SUNDRIES

Nan.....	2.25
Peshwari Nan N	2.65
<i>Nan prepared with oriental nuts & fruit</i>	
Kulcha Nan.....	2.65
<i>Stuffed with spicy mashed potato & mixed vegetables</i>	
Keema Nan	2.65
<i>Stuffed with minced meat</i>	
Cheese Nan	2.65
Garlic Nan.....	2.65
Chilli Nan	2.65
Paratha	2.45
Stuffed Paratha	2.65
Chapati Soft thin Indian bread, not fried	1.25
Plain Papadom.....	0.60
Spiced Papadom.....	0.60
Chutneys	0.60

FAST FOOD DISHES

Served with french fries

Fried Chicken French fries, peas & tomato	6.95
Chicken Tikka Roll.....	4.95
Kebab Roll.....	4.95
Korma Roll	5.50
Masala Roll.....	5.50
Omelette French fries, peas & tomato	5.95
Chips.....	1.95

****Other rolls can be made to order****

DESSERTS

Mango & Cream	2.50
Lychees & Cream	2.50
Tropical Fruit Salad	2.50

SET MEAL FOR TWO

2 Papadoms, 1 Chicken Tikka, 1 Onion Bhaji,
1 Chicken Tikka Massala, 1 Lamb Bhuna, Murhoom
Bhaji, 1 Bombay Aloo, 2 Pilau Rice, 1 Nan

£27.95 (Discounts do not apply)

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5 Star Hygiene Rating

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