

ALAN C. MOGRIDGE

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Areas of Knowledge, Skills and Abilities:

- Accident Prevention
- Aquatic Safety and Programming
- Childcare Programs
- Client / Membership Services
- Day and Resident Camp Programs
- Emergency Planning
- Employee Workplace Safety Programs (OSHA)
- Facility Management
- Facilitation Skills & Groupwork
- Playground Safety & Risk Management (CPSI)
- Risk Management
- Special Event Management
- Training Presentations and Workshops
- Youth Program Management
- Youth Protection and Child Abuse Prevention

WORK EXPERIENCE

Safe-Wise Consulting, LLC, Bar Harbor, ME – Consulting partnership providing safety and risk management services to organizations throughout the US

Member/Partner & Senior Consultant; January 2019 – Present

Safety & Risk Consultant; January 2017 to December 2018

- Provide services that focus on key exposures including aquatic safety and drowning prevention, child abuse prevention, playground safety, employee safety and general risk management practices and asset protection for YMCAs and other youth serving organizations.
- Manage, update and improve company website.
- Editor and contributing author, Safety Insights – Bi-Monthly Electronic Newsletter and Blog.
- Coordinate, develop and update online resource library.
- Conduct training programs for staff, workshops, and webinars.

Mount Desert Island YMCA, Bar Harbor, ME

CEO / Executive Director

- Responsible for the overall management of a \$1.5 million YMCA that serves 1500 members and 10,000 individuals from the Greater Mount Desert Island area.

Valley YMCA, Ansonia, CT

Branch Executive Director

- Responsible for the overall management of a \$1.5 million YMCA that serves 2000 members and 14,000 individuals from the Greater Valley area.

Greater Waterbury YMCA, Waterbury, CT

Associate Executive Director

- Responsible for the overall operational management of a \$5.7 million YMCA that served over 12,000 members from the Greater Waterbury area.

White Plains Family YMCA, White Plains, NY
Senior Program Director

White Plains & Port Chester Family YMCA, White Plains, NY
Aquatic Director

Camp Combe; Putnam Valley YMCA, Putnam Valley, NY
Interim Facilities Manager/Coordinator
Aquatic Director

Bangor YMCA, Bangor, ME
Lifeguard, Lifeguard Instructor, After-school / Day & Resident Camp Counselor
Camp Waterfront and Pool Director

EDUCATION

1995 - 1999 **BS in Business Administration** **University of Maine Orono, ME**
Concentration in Finance.

May 2008 **ILRHR506 - Communicating and Coaching and Counseling for Improved Performance**
School of Industrial and Labor Relations at Cornell University (eCornell)

PROFESSIONAL EDUCATION (*trainings & certifications*)

National Recreation & Park Association: Certified Playground Safety Inspector (*Expires Dec. 2020*)

YMCA of the USA: Organizational Leader Status – Achieved Jan. 2005

Basic: YMCA Lifeguard (*Expires Jan. 2021*), Program Trainer Orientation, Working with 5-9 year olds, P.O.O.L; Pool Operator On Location (*Expires June 2019*), BALC/ Principals of Y Aquatic Leadership, YMCA Membership by Design, YMCA Simply Outrageous Service.

Former Instructor: YMCA lifeguard Instructor, YMCA Swim Lesson Instructor.

Director: YMCA Adventure Guides Director, Organizational Leader.

Former Trainer: Intro to Fiscal Management Trainer, YMCA Swim Lesson Instructor Trainer, Listen First Trainer.

Former Faculty Trainer: P.O.O.L (Pool Operator on Location), YMCA Facilitation Skills for Trainers, Group & Team Work.

Management Modules: YMCA Principles & Practices, Volunteerism at the YMCA, YMCA Group Work, Marketing Research, Fiscal Management and Budgeting, Current Support Campaign Director Institute, ROI (Recruiting, Orientating and Involving Board Members).

Executive Trainings: YMCA of the USA Executive Academy Program – Feb. 2008, YMCA of the USA New CEO Institute – March 2014.

YMCA Conferences: Program Development Institute (PDI) - Mar. 2010; YMCA General Assembly - July 2013;

Member: YMCA of the USA Trainer Quality Team - 2009 – 2016.

American Red Cross:

Basic: Lifeguarding/First Aid/CPR/AED R.2016 (*Expires Oct. 2020*)

Former Instructor: American Red Cross Lifeguarding (R.2007), CPR/AED for the Professional Rescuer (r.2011), Waterfront Lifeguarding, Oxygen Administration, PDT, First Aid/CPR/AED (*Expired 2013*)

American Safety & Health Institute (ASHI):

Basic: Basic Life Support for Healthcare Providers and Professional Rescuers (*Expires Jan. 2020*), Basic First Aid / Oxygen (*Expires Jan. 2021*)

Former Instructor: CPR/AED (Community & Workplace), Emergency Oxygen.

Other:

- NAUI: Advanced SCUBA Rescue Diver.
- Maine Dept. of Inland Fisheries & Wildlife: Maine Hunter Safety & Conservation
- OSHA Compliance & Workplace Safety Training- March 2017
- FEMA; Active Shooter: What You Can Do IS-00907 – May 2017

MEMBERSHIPS & AFFILIATIONS (Past and Present)

- Council for the Model Aquatic Health Code (CMAHC) 2018 – present.
- Kids' Corner; Board Member Jan. 2018 – Present, Board Chair Jan. 2019 - present
- Bar Harbor / MDI Rotary Club Member; May 2014 – present
- Downeast Living with Cancer Conference Planning Committee member; July 2017 – present.
- Member of Association of YMCA Professionals; Sept. 2010 – Dec. 2016
- HUB of Bar Harbor; Treasurer; Jan. 2015 – Feb. 2016
- MDI Adult Education Advisory Council; Sept. 2014 – Feb. 2016
- Town of Bar Harbor Parks & Recreation Committee; Sept. 2014 – Feb. 2016
- Healthy Acadia Advisory Committee; June 2014 – Feb. 2016
- Maine CEO Alliance; Mar. 2014 – Feb. 2016
- Board Member; Young Emerging Professionals; Dec. 2012 – Feb. 2014
- Executive Committee of the Valley United Way H&H Services Council; Aug. 2013 – Feb. 2014
- Alumni of Greater Valley Chamber of Commerce Leadership Greater Valley Program; Nov. 2012
- Valley United Way Annual Campaign Committee; Non-profit Liaison; Sept. 2013 – Feb. 2014
- Member of the Greater Valley System of Care Collaborative; Sept. 2013 – Feb. 2014
- Member of the Lower Naugatuck Valley CHIP (Community Health Improvement Plan); Aug. 2012 – Feb. 2014
- Member of the Naugatuck River Greenway Steering Committee; July 2012 – Feb. 2014
- Member of the Ansonia Policy Prevention Board; Feb 2013 – Feb. 2014
- Member of the Waterbury Positive Youth Development Committee; Sept. 2010- Sept. 2012
- Member of Waterbury L.I.S.T. (Local Implementation Service Team); Sept. 2010- Sept. 2012
- Member of Waterbury J.R.B (Juvenile Review Board); December 2011 - Sept. 2012
- Member & Treasurer of Connecticut Branch Executive & Associates Network; 2006 - Sept. 2012
- 2010 YMCA Down State Regional Training Event Coordinator (RTE) - Feb. 2010
- Assistant Director of 2007 - 2009 Y-USA Tri-State Program School, Stamford, CT

PUBLICATIONS:

Safety Insights – Bi-Monthly Electronic Newsletter, Safe-Wise Consulting, Philadelphia Insurance, SECURA Insurance

- Editor and contributing author January 2017 – present