## <u>Cornford House</u> <u>Menu for Week Commencing Monday 30<sup>th</sup> January 2017</u>

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Early Drink	Tea, Coffee or Juice						
	<ul><li>Cereals/Porridge</li><li>Cooked Breakfast</li><li>Toast</li></ul>	<ul><li>Cereals/Porridge</li><li>Cooked Breakfast</li><li>Toast</li></ul>	<ul><li>Cereals/Porridge</li><li>Cooked Breakfast</li><li>Toast</li></ul>	<ul><li>Cereals/Porridge</li><li>Cooked Breakfast</li><li>Toast</li></ul>	<ul><li>Cereals/Porridge</li><li>Cooked Breakfast</li><li>Toast</li></ul>	<ul><li>Cereals/Porridge</li><li>Cooked Breakfast</li><li>Toast</li></ul>	<ul><li>Cereals/Porridge</li><li>Cooked Breakfast</li><li>Toast</li></ul>
Mid- morning	Tea, Coffee, Water or Squash with Biscuits						
Lunch	Bacon & Onion     Pudding     Poached Fish	<ol> <li>Beef Mince Cobbler</li> <li>Vegetable Kiev</li> </ol>	Chicken and Leek Pie Potatoes, Veg     Risotto	Chili Con Carnie, Rice, Veg     Baked Aubergines	<ol> <li>Fish, Chips, Peas</li> <li>Sausages</li> </ol>	Pork Ion, New Potatoes, Veg     Potato Bake	Roast Turkey,     Roast Potatoes,     Veg     Quiche
	1. Rice Pudding	1. Fruit Flan	Apple Crumble & Ice- Cream	Sponge & Custard	1. Arctic Roll	1. Jam Roly Poly & Custard	1. Gateaux
Evening Meal	<ul><li>Soup of the Day</li><li>Pate, Salad</li><li>Peaches &amp; Evap</li></ul>	<ul><li>Soup of the Day</li><li>Egg Mayo</li><li>Cup Cakes</li></ul>	<ul><li>Soup of the Day</li><li>Mushroom on Toast</li><li>Jelly</li></ul>	<ul><li>Soup of the Day</li><li>Cheese &amp; Biscuits</li><li>Angel Delight</li></ul>	<ul><li>Soup of the Day</li><li>Ravioli</li><li>Yoghurts/ Fresh Fruit</li></ul>	<ul><li>Soup of the Day</li><li>Buffet Supper</li><li>Scones</li></ul>	<ul><li>Soup of the Day</li><li>Buffet Supper</li><li>Crispy Cakes</li></ul>
Late Evening	Milky drink Biscuits						

- Water and fruit squash available throughout the day in the resident's lounges
- Water jugs available in residents' rooms during the night.
- Hot drinks & biscuits offered if residents wake during night.
- Alternatives available at each meal time and fresh fruit

Some of our dishes may contain allergens. Please ask our Chef for further information.