








Resource	Biography	Topics	Needs
Byrd Baggett 251 716-3630 byrd@byrdbaggett.com 	Byrd has been helping organizations develop authentic leaders and passionately engaged teams since 1990. His corporate experience includes sales and management careers with two Fortune 500 companies. He is the creator of the True Growth™ brand and a partner in the world-class True Growth™ Academy leader development experience that has served more than 5,000 governmental, civilian and military leaders since 2007. Byrd is the author of 15 books on the topics of sales, customer service, leadership and motivation. A former All American sprinter at the University of Texas at Austin, Byrd is also a Certified Speaking Professional (CSP), the highest earned designation presented by the National Speakers Association.	<b>Legacy Leading – The Power of YOUR story</b> To live a good story is the deepest cry of every human heart. In this high-energy presentation, Byrd shares insights and strategies that will help individuals live lives of personal and professional significance. If you're looking to take your life to the next level, this message is for you!	<b># Weeks</b> 1 <b>ZOOM</b> - YES <b>Availability</b> Sunday Mon - Sat BUMC The Village UMC Trinity UMC <b>A / V Requirements</b> LCD Projector Projector Screen
Byrd Baggett 251 716-3630 byrd@byrdbaggett.com		<b>Can You Trust Me?</b> Simple Insights on How to Live and Lead with Integrity	(Same As Above)
Byrd Baggett 251 716-3630 byrd@byrdbaggett.com		<b>Humility</b>	(Same As Above)
Byrd Baggett 251 716-3630 byrd@byrdbaggett.com		<b>Spiritual Energy</b>	(Same As Above)
Resource	Biography	Topics	Needs
Sharon Cox 615 371-8375 esharoncox@aol.com 	Sharon is a nurse by background and has been a Circuit Rider for the last several years. She enjoys facilitating discussions around personal balance and renewal as well as dealing with change and transitions. She uses humor and story-telling and often shares tips and tools that make her topics memorable. Sharon has her own consulting business, Cox and Associates, for the last 25 years in the field of organizational development and leadership training for healthcare. She is a nationally known speaker and author with an entertaining and thought provoking style. She and her husband Jim (who sings in the chancel choir) are active members of BUMC and in their semi-retirement enjoy golf and fly fishing. They have two grown	<b>Transitions: Dealing with Change from the Inside Out</b> We all know that change is one of the few constants in life as we deal with non-stop change at work and any number of personal changes that life brings us. With all the external changes we face this program offers insight into an internal road map to better understand our psychological adjustment to change. Helping ourselves and others as we cope with the transitions involved in change is the focus for this two part program. Based on the work of William Bridges (Transitions: Making Sense of Life's Changes) tips are offered to let go of old patterns with a homework assignment between the two sessions.	<b># Weeks</b> 2 <b>ZOOM</b> - YES <b>Availability</b> Sunday Mon - Sat BUMC Trinity Church UMC The Village UMC <b>A / V Requirements</b> Flip Chart
Sharon Cox 615 371-8375 esharoncox@aol.com		<b>Renewal, Replenishing, and Refreshing the Spirit Within</b> Given the stresses of life and the ease with which we all lose sight of our need for self care and balance this program offers practical ways to keep ourselves in a better place emotionally. Areas of discussion include spiritual disciplines, the healing power of nature, mindfulness and the importance of gratitude. The intent is to offer ideas for next day use and ways to sustain personal change.	<b># Weeks</b> 1 (Same As Above)



<p>Sharon Cox 615 371-8375 esharoncox@aol.com</p>		<p><b>The Transformative Power of Gratitude</b> This program highlights the many ways in which experiencing gratitude can improve our mental health, foster a proactive mindset, and change our perspective on life. Ways to bring gratitude into our everyday routines are also offered for next day use. Gratitude is much more than a feeling. It can become a way of life especially helpful in challenging times.</p>	<p><b># Weeks</b> 1 - 2 (Same As Above)</p>
<p>Sharon Cox 615 371-8375 esharoncox@aol.com</p>		<p><b>Fostering a Resilient Spirit in Challenging Times</b> This four week program offers practical ways to build and maintain resilience with focal points around attitudinal changes, behavior changes or habits that help and the value of connections...the A,B, C's of resilience. The teaching style is conversational and the weekly assignments using an accountability partner are designed for useful application of the content. Simple approaches to mindfulness and the ways in which gratitude sustains resilience will be discussed as well as spiritual practices that augment this process. Within the context of a pandemic resilience is more important than ever and intent with this series is to provide practical</p>	<p><b># Weeks</b> 4 (Same As Above)</p>
<p><b>Resource</b></p>	<p><b>Biography</b></p>	<p><b>Topics</b></p>	<p><b>Needs</b></p>
<p>Evangelism L3 Team</p>	<p>Betsy Christie John Delaney George Grizzle</p>   	<p><b>Evangelism 101</b> This interactive discussion-based curriculum consists of four 30/45-minute classes diving into the practice and discipline of fruitful evangelism for all Christians. Can be either self-taught by Sunday School and small group leaders, or facilitated by Betsy Christie, George Grizzle, or John Delaney upon request. Uses print information (PowerPoint slides), videos, group discussion. Classes can choose to participate in all four sessions or a condensed version. <b>Session 1:</b> Do Methodists Evangelize (Introduction and Overview) <b>Session 2:</b> Are We Welcoming, Friendly, or Something Else? (Welcoming) <b>Session 3:</b> Too Shy To Ask? (Inviting) <b>Session 4:</b> Equipping Ourselves To Transform the World (Proclaiming)</p>	<p><b># Weeks</b> 4 <b>ZOOM - YES</b> <b>Availability</b> Sunday Mon - Fri Trinity Church UMC The Village UMC <b>A / V Requirements</b> DVD player TV or screen + projector</p>
<p><b>Resource</b></p>	<p><b>Biography</b></p>	<p><b>Topics</b></p>	<p><b>Needs</b></p>



<p>Dr. John Fite 615-337-6975 drjohnfite@gmail.com</p> 	<p>I am a licensed counseling psychologist and have worked helping people particularly in the area of relationships. I have an extensive background in the area of addictions recovery and trauma but have also worked in a variety of settings with children, adolescents and adults doing therapy and testing. I have worked in hospitals, prisons, a chronic pain clinic, a biofeedback clinic and delivery therapy and testing for the public schools in most of the schools in Williamson County. In addition, I ran a sixteen bed halfway house for adolescent boys with addiction problems for six years.</p> <p>Half my work is with couples and the balance is with teenagers and their families and individuals with anxiety, depression or addiction.</p> <p>My wife and I live in Franklin and have been married thirty years with one son who is a researcher for Facebook. I have worked with the Counseling Center at Brentwood Methodist for eight years and consult with the clergy on the psychological needs of parishioners. I am a former professor and my goal is</p>	<p>The topics presented on most frequently are those related to couples and communication, adolescents, trauma, and addictions intervention/recovery but other topic areas are possible. Examples include: The Psychology of Dignity, Taking Care of Each Other in Sickness and Health, Coming to Good Compromises, Divorce-proofing Your Marriage, How to Help Someone with a Substance Abuse Problem, How to Cope with Trauma, Coming to Good Compromises, How to Pick a Good Partner (for singles), How to Parent, Helping an Aging Parent, etc.</p>	<p><b># Weeks</b> 1 <b>ZOOM - YES</b> <b>Availability</b> Sunday Mon - Fri Trinity Church UMC The Village UMC <b>A / V Requirements</b> NONE</p>
Resource	Biography	Topics	Needs
<p>John Gregory 615 804-5109 johnwillisgregory@gmail.com</p> 	<p>My family is at least six generation Methodist. I have taught Sunday School classes for over 30 years. My father and mother were teachers and I have found teaching to be an excellent way for me to study the bible and explore various theological views along my faith journey.</p> <p>My wife ,Olivia, and I live in Franklin and enjoy worshiping at BUMC. My career is in banking and I work as an officer of Renasant Bank on West End Avenue in Nashville.</p> <p>Olivia and I are members of the Crossroads class.</p> <p>I ascribe to Wesley's quadrilateral: scripture, tradition, reason, and experience. I believe God is love and is best understood through the incarnation. The compassion of Jesus , his servanthood and ultimate sacrifice for all lead me as a disciple.</p> <p>"The grace of God means something like : Here is your life.</p>		<p><b># Weeks</b> 2 <b>ZOOM - YES</b> <b>Availability</b> Sunday Mon - Sat Trinity Church UMC The Village UMC <b>A / V Requirements</b> Flip Chart or White Board</p>
<p>John Gregory 615 804-5109 johnwillisgregory@gmail.com</p>		<p><b>Down to Earth</b> "Down To Earth" is an Abingdon offering consisting of four lessons with a video presentation for each one. United Methodist pastors, Mike Slaughter and Rachel Billups, lead this study. While this study is intended for Advent, I believe that it is an excellent look at the incarnation and suitable for presentation at any time.</p> <p>The focus is for us to respond to the greatest miracle with down to earth love, humility, lifestyle, and obedience.</p>	<p><b># Weeks</b> 4 (Same As Above)</p>

<p>John Gregory 615 804-5109 johnwillisgregory@gmail.com</p>		<p><b>The Beatitudes</b> This is a lesson on the beatitudes from Dr. Charles Allen's, God's Psychiatry. Dr. Allen's insightful commentary will be used in presenting these important and well known teachings of Jesus.</p>	<p><b># Weeks</b> 2 (Same As Above)</p>
<p>John Gregory 615 804-5109 johnwillisgregory@gmail.com</p>		<p><b>Ephesians</b> A study of St Paul's letters to the Ephesians. Emphasis will be an in depth study on the Apostle Paul's two well known prayers found in Ephesians.</p>	<p><b># Weeks</b> 2 (Same As Above)</p>
<p>John Gregory 615 804-5109 johnwillisgregory@gmail.com</p>		<p><b>Philippians and Colossians</b> A study of St Paul's letters to the Philippians (2 weeks) and the Colossians (1 week). An in depth look at the overall intent, purpose and theological point of each letter. The historical background and context is reviewed. How do these letters have meaning for present day disciples of Christ?</p>	<p><b># Weeks</b> 3 (Same As Above)</p>
<p>John Gregory 615 804-5109 johnwillisgregory@gmail.com</p>		<p><b>Mercy and Grace</b> What is the difference in mercy and grace? This lesson will explore the scriptures that speak to God's mercy and grace. There will be explanations from the theologians including the thoughts of John Wesley. This topic has invoked a lot of discussion from class members.</p>	<p><b># Weeks</b> 1 (Same As Above)</p>
<p>John Gregory 615 804-5109 johnwillisgregory@gmail.com</p>		<p><b>Important Themes Found in Mark</b> "Why should we hunt God anywhere else? I cannot imagine , unless it is that voice crying out in the wilderness, the one you cannot quite make out from here. If we only listen to God in church, we miss half the message. The good news is always beginning somewhere in the world, for those with ears to hear and hearts to go wherever the way may lead." Barbara Brown Taylor "The beginning of the good news of Jesus Christ, the Son of God. As it is written in the prophet Isaiah , "See, I am sending my messenger ahead of you, who will prepare your way." " Mark 1:1-8 This is a study of the gospel of Mark. The number of lessons vary from one to four lessons. Lessons include : the history and tradition of Mark's gospel, the messianic secret, the authority and power of Jesus, and the passion predictions. Each lesson will stand on its own ; so a class may chose one or all lessons.</p>	<p><b># Weeks</b> 1 - 4 <b>A / V Requirements</b> White Board &amp; Markers (Same As Above)</p>

<p>John Gregory 615 804-5109 johnwillisgregory@gmail.com</p>		<p><b>The Trinity</b> God has often presented and unnderstood as a far off and static monarch. The Trinity has been represented as a triangle with one member superior to the other. What if the representation was that of a circle of dynamic and participatory flow? The earliest church father called it periochosis or "divine circle dance". This lesson will draw on Fr. Richard Rohr's The Divine Dance.</p>	<p><b># Weeks</b> 1 <b>A / V Requirements</b> Flip Chart or White Board (Same As Above)</p>
<p>John Gregory 615 804-5109 johnwillisgregory@gmail.com</p>		<p><b>Easter Series</b> God Is With Us - A study of Psalm 22. "My God,my God why have you forsaken me?" (verse 1). This verse transactions to "...you have rescued me." God is with us even in the direst of circumstances. What does God require of us? A broken spirt and contrite heart are the key according to the psalmist. Micah says we must do justice, love mercy and to walk humbly with God.  Sacrifice and the Easter Message - A study of Jesus' rebuke of the money changers and temple hierarchy. A hsitorical look at sacrifice to appease the pagan gods. The Hebrew practice of sacrifice is reviewed. The particular passage of John 2:13-22 is analyzed with a surprising commentary.</p>	<p><b># Weeks</b> 2 <b>A / V Requirements</b> White Board &amp; Markers (Same As Above)</p>
<p>John Gregory 615 804-5109 johnwillisgregory@gmail.com</p>		<p><b>Letters to God from South Africa</b> This is a summary and discussion of universal questions asked by the children of the BUMC sponosored Tembelihie Primary School, Angel Care Centre, and Brentwood Society Church in Howick, South Africa.  An example of these questions is "Why do we have to suffer?" I found their questions to be universal. This lesson will be a discussion of several of these questions.</p>	<p><b># Weeks</b> 1 - 2 <b>A / V Requirements</b> White Board &amp; Markers A V Cart (Same As Above)</p>
<p>John Gregory 615 804-5109 johnwillisgregory@gmail.com</p>		<p><b>The affordable housing crisis in Nashville and the Christian response.</b> I have been asked by several classes to develop a lesson on our affordable housing crisis. This is an issue that I have worked on helping solve for over twetny five years as a volunteer with Urban Housing Solutions. I will provide the current status of housing affordability, efforts to alleviate the problem and the Christian response.</p>	<p><b># Weeks</b> 1 <b>A / V Requirements</b> A / V Cart (Same As Above)</p>
<p>John Gregory 615 804-5109 johnwillisgregory@gmail.com</p>		<p><b>Telling The Good News</b> (Our Witness) We each have a story to tell of our faith joumey. What is it? How do we fulfill our commitment to witness? Discussion of how we discover God in the ordinary and relate our story to others. Will use examples of biblical witnesses and encourage the class to participate with examples of their own.</p>	<p><b># Weeks</b> 1 <b>A / V Requirements</b> Flip Chart or White Board (Same As Above)</p>
<p><b>Resource</b></p>	<p><b>Biography</b></p>	<p><b>Topics</b></p>	<p><b>Needs</b></p>

<p>John Gregory 615 804-5109 johnwillisgregory@gmail.com</p>		<p><b>The Lord's Prayer</b> (From Charles Allen's best seller, "God's Psychiatry ") How is Jesus' teaching of this model prayer for his disciples relevant for today? Each line of the prayer with Dr. Allen's interpretation will be presented. This will an excellent opportunity to take a deeper dive into Jesus' suggestion of a prayer methodology.</p>	<p><b># Weeks</b> 1 (Same As Above)</p>
<p>John Gregory 615 804-5109 johnwillisgregory@gmail.com</p>		<p><b>Faith</b> A lesson on faith drawing on the writings of Frederick Buechner. "Faith is better understood as a verb than as a noun, as a process than a possession. Faith is not being sure where you're going, but going anyway." Buechner A video of Buechner discussing faith is utilized. He uses the metaphor of faith as a journey to our homeland and the trust that's involved in that journey. Class discussion in small groups concerning personal faith experiences is an option.</p>	<p><b># Weeks</b> 1 (Same As Above)</p>
<p>John Gregory 615 804-5109 johnwillisgregory@gmail.com</p>		<p><b>God's Good Creation</b> Lesson from N. T. Wright's book, <i>Surprised by Scripture</i> Lesson points are: all of creation is being redeemed, Wesley's theological discussion of Grace (Prevenient, Justifying and Sanctifying), and scripture references from Genesis (creation-all good) and the fall . The inflection point of God's redemption and restoration is discussed citing the incarnation and resurrection of Jesus Christ. Questions for small group reflection: • Do you believe the whole of creation is being redeemed? • Is the redemptive process what Wesley called "sanctification "? • How are we to be stewards of God's creation?</p>	<p><b># Weeks</b> 1 (Same As Above)</p>
<p>John Gregory 615 804-5109 johnwillisgregory@gmail.com</p>		<p><b>Waking Up To God</b> From Barbara Brown Taylor's book, " An Altar In The World" "Whoever you are, you are human. Wherever you are, you live in the world, which is just waiting for you to notice the holiness in it." Taylor Scripture: Genesis 28: 10-22. Questions for discussion: • What does Taylor mean by , "The House of God stretches from one comer of the universe to the other"? • Do you have an example of "knowing what is right" but "not practicing what is right"? • Do you have a practice of setting up "a little altar, in the world,</p>	<p><b># Weeks</b> 1 (Same As Above)</p>
<p><b>Resource</b></p>	<p><b>Biography</b></p>	<p><b>Topics</b></p>	<p><b>Needs</b></p>


<p>Tracey Levine 831 601-3316 tlevine@healinghousing.org</p> 	<p><b>Executive Director for Healing Housing - Wmsn Co</b> (C.P.R.S Interventionist)</p> <p>Tracey arrived in Nashville in 2011 after raising her 4 children with her husband in central California for 16 years. She knew from as early as 16 years of age that she didn't drink like her peers. Her drinking always led to blackouts and was the gateway to other drug usage and addiction. She sought treatment for an eating disorder in 1977, cocaine addiction in 1985 and alcohol in 1998 and has remained clean and sober since. Tracey earned her BA in psychology and is Hightower trained in the Johnson model of Intervention as well as has trained with Judith Landau in the Invitational approach to Intervention. She received her certification as a Peer Recovery Specialist in 2017. She has an extensive background in providing support to families in addiction crisis, as well as sober coaching. Tracey is currently working toward her Licensed Alcohol and Drug Addiction Counselor credential (LADAC). She currently serves as Executive Director for Healing Housing, Williamson County's first and only residential recovery community for women. She is passionate about empowering and assisting others in their journey to</p>	<p><b>The Importance of Faith-Based Sober Living Housing</b> in the Continuum of Care Model for Addiction Treatment</p> <ul style="list-style-type: none"> <li>• Living in an immersive recovery environment</li> <li>• Bridging the gaps in the continuum of care</li> <li>• Financial implications</li> <li>• Finding your Higher Power/God through Christianity and 12-step recovery practices</li> <li>• The comfort of structured living and accountability</li> <li>• Emphasis on best practices of solution-based living</li> </ul> <p>As Executive Director of Healing Housing, Tracey loves to share updates on programming, operations and stories of experience, strength and hope of the women they serve and love.</p> <p>"Researchers found that those who live in a sober living facility or drug-free housing were 10 times more likely to avoid relapse." -John Hopkins University School of Medicine, 2012</p>	<p><b># Weeks</b> 1</p> <p><b>ZOOM</b> - YES</p> <p><b>Availability</b> Sunday Mon - Sat Trinity Church UMC The Village UMC</p> <p><b>A / V Requirements</b> NONE</p>
<p><b>Resource</b></p>	<p><b>Biography</b></p>	<p><b>Topics</b></p>	<p><b>Needs</b></p>
<p>Joe Malone 615 595-6308 joemalonedphd@gmail.com</p> 	<p>Joe Malone holds a Ph.D. in Health and Human Performance with a minor in neuropsychology and a specialization in relational wellness. He has taught for many years at Middle Tennessee State University and guest lectured at Vanderbilt University. Dr. Malone served on the Centers for Disease Control Initiative for STD Prevention for the state of Tennessee. He is also a co-author of the new book Battles of the Sexes. Joe is the former Chair of the Nashville Community Health and Wellness Team and the current Topic Network Chair for Health Promotion for The Society for the Study of Emerging Adulthood <a href="http://ssea.org/">http://ssea.org/</a>. He and his family first created a Christian-based wellness program for BUMC back in 1999. Joe has had the honor of working with young adults on their well-being for over 25 years. In his teaching, Dr. Malone has employed a background of varied life experiences which include Division I football coach and player, fitness professional, and celebrity trainer as well as professional modeling. He has personally made use of the research, insights, and experience that inspired Battles of the Sexes and has had his</p>	<p><b>CHRISTIAN SEX IQ: Smarter Sexuality through Understanding Human Sexual Nature</b></p> <p>CHRISTIAN SEX IQ takes a scripturally and scientifically-based look at relationships between adult females and males and gives them insight into how and why sex differences have developed and their profound effects on their entire lives. It helps men and women understand their own sexual nature and that of the opposite sex and develop sexual empathy for them. It gives discernment into the mismatch both sexes have to endure between our rapidly changing culture and our inherited nature and the resulting battles both have to fight. Its goal is to raise SEX IQ in order to lower sexual conflict and empower long-term romantic love.</p> <p>Dr. Malone examines related scriptures and the underlying brain chemistry and physiology as well as sociology and psychology in an attempt to help both males and females gain deep insights into the drives that fuel many of their relationship decisions. This Circuit Rider lesson may be particularly important for classes with parents of young children, middle schoolers, high schoolers and even college students.</p>	<p><b># Weeks</b> 3</p> <p><b>ZOOM</b> - YES</p> <p><b>Availability</b> Sunday Mon - Fri Trinity Church UMC The Village UMC</p> <p><b>A / V Requirements</b> A / V Cart Laptop</p>



<p>Dr. Shana Mashego dr.shanamashego@gmail.com</p> 		<p><b>Reconciling Race: A Historical Overview of the Five Areas of Disparity in the African American Community</b></p> <p><b>Section One:</b> Pre-history -1619: Session One covers the African origin &amp; migratory practices of the universal human family from an anthropological perspective. This information is highly valuable in decreasing current political tensions since the information covered connects our current racialized designations to one original human family. Once the historical context is covered, we then move to the history of the Arab Slave Trade &amp; its role as a precursor to the Atlantic Slave Trade which led to American Chattel Slavery.</p> <p><b>Section Two &amp; Three:</b> Sessions Two &amp; Three covers the establishment of the American racial caste system. We will also cover a timeline of historic events related to the African American 1619-1965, the narrative of the Confederate Lost Cause &amp; events that formed the civil rights movements.</p> <p><b>Section Four:</b> 1965-Present Session Four illustrates a continued historical timeline of events related to the African American from 1965 to the death of George Floyd. We will also focus on the contemporary effects of historical oppression against Black people &amp; how systemic racism has led to oppressive disparities in the African American community related to wealth, education,</p>	<p><b># Weeks</b> 4</p>
Resource	Biography	lost Cause	Needs
<p>Al McCree 615 460-7000 (o) 615 243-0965 (m) al@almccree.com</p> 	<p>Al McCree is a long time Sunday School Circuit Rider. Al is the CEO and Owner of Musical Concepts Inc. and the Comedy with Class Network. In that role, he is an artist manager, concert promoter and content distributor. He is also a retired Air Force fighter pilot. He is a graduate of the US Air Force Academy and has a Masters in Systems Management from St. Mary's University in San Antonio. He is married to Peg, an Assistant Professor at MTSU. They have two adult children and two grandchildren.</p> <p>In 2003, Al founded the Madrich Ministry. Madrich is the Hebrew word for Study Leader. In 2008, the name was changed to the Sunday School Circuit Riders.</p> <p>Al's mission is to facilitate the spiritual growth of others. His programs are always discussion based and thought provoking. He typically includes music in his facilitations.</p>	<p><b>Celebrating Your Natural Gifts</b></p> <p>How to achieve personal and professional satisfaction by using inborn aptitudes</p>	<p><b># Weeks</b> 1</p> <p><b>ZOOM - YES</b></p> <p><b>Availability</b> Sunday Mon - Fri Trinity Church The Village</p> <p><b>A / V Requirements</b> NONE</p>




<p>Al McCree 615 460-7000 (o) 615 243-0965 (m) al@almccree.com</p>		<p><b>Mental Health – A Christian Perspective</b> Mental Health is just as important and bodily health but is often stigmatized. This series highlights the need to understand the value of good mental health. This is a four-week series. Each lesson is a stand-alone session that does not necessarily need to be in sequence. 1. Mental Health – An Overview 2. The Role of the Therapist – Dr John Fite 3. The Role of the Psychiatrist – Dr Joe Sharpe 4. BUMC Resources – Reverend Casey Orr</p>	<p><b># Weeks</b> 1 - 4 <b>ZOOM</b> - YES <b>Availability</b> Sunday only Trinity Church The Village <b>A / V Requirements</b> LCD projector (in-person) This is a Sunday only for Dr Fite and Dr Sharpe but Casey and Al could be done on other days.</p>
<p>Al McCree 615 460-7000 (o) 615 243-0965 (m) al@almccree.com</p>		<p><b>The Christian Response to the Addiction Epidemic</b> Lately the news has been full of the opioid crisis in Tennessee and across the nation. This is a problem that touches us directly at BUMC. Addiction is a disease that affects many of our members and their families. This series provides an overview of the problem and features outside experts on the many issues and how, as Christians, we can begin to deal it. To schedule this series for your class, contact Al McCree, Sunday School Circuit Rider, al@almccree.com or call 615-460-7000 x 1 1. Overview – Al McCree 2. Addiction Counseling – David Hampton 3. Mending Hearts Ministry 4. BUMC Resources – Congregational Care Minister</p>	<p><b># Weeks</b> 3 - 4 <b>A / V Requirements</b> Lg Screen TV or Projector &amp; Screen (Same As Above)</p>
<p>Al McCree 615 460-7000 (o) 615 243-0965 (m) al@almccree.com</p>		<p><b>The Refugee Crisis and the BUMC Refuge Ministry</b> This is a 4 week series. Each lesson is a stand-alone session that does not necessarily need to be in sequence. There are multiple presenters including a presentation of the BUMC's involvement with Legacy Mission. Presenters include John Frame, Randy Hartley, Toi King and Al McCree. The Refuge Ministry is a vital new Ministry for BUMC. Please contact Al McCree to schedule these classes. 1. The Refuge Crisis - John Frame or Al McCree 2. The Legacy Mission Ministry - Randy Hartley 3. The BUMC Refuge Ministry - John Frame or Toi King 4. The Salome Ministry Related presentations that are not part of the series: The Persecuted Church - John Frame</p>	<p><b># Weeks</b> 1 - 4 <b>A / V Requirements</b> NONE (Same As Above)</p>
<p>Al McCree 615 460-7000 (o) 615 243-0965 (m) al@almccree.com</p>		<p><b>Forgiveness</b> Perhaps the hardest thing we are called to do as Christians</p>	<p><b># Weeks</b> 1 (Same As Above)</p>
<p>Al McCree 615 460-7000 (o) 615 243-0965 (m) al@almccree.com</p>		<p><b>Giving / Tithing</b> A new look at an old topic</p>	<p><b># Weeks</b> 1 (Same As Above)</p>

Al McCree 615 460-7000 (o) 615 243-0965 (m) al@almccree.com		<b>Making Good Decisions</b> Practical methods to improve personal, professional and spirual decisions	<b># Weeks</b> 1 (Same As Above)
Al McCree 615 460-7000 (o) 615 243-0965 (m) al@almccree.com		<b>Ecclesiastes</b> An in-depth study of one of the intriguing books of the Bible.	<b># Weeks</b> 3 <b>A / V Requirements</b> Bibles (Same As Above)
Al McCree 615 460-7000 (o) 615 243-0965 (m) al@almccree.com		<b>Homosexuality and Christianity</b> Learn about and discuss one of the most devisive issues in Christianity today	<b># Weeks</b> 3 <b>A / V Requirements</b> NONE (Same As Above)
Al McCree 615 460-7000 (o) 615 243-0965 (m) al@almccree.com		<b>Politics and Religion</b> Where does the Methodist Church stand on political issues?	<b># Weeks</b> 3 (Same As Above)
Al McCree 615 460-7000 (o) 615 243-0965 (m) al@almccree.com		<b>Sex and the Bible</b> There is lots about sex in the Bible. If we can't talk about in Sunday School, where can we?	<b># Weeks</b> 4 <b>A / V Requirements</b> Bibles (Same As Above)
Al McCree 615 460-7000 (o) 615 243-0965 (m) al@almccree.com		<b>Social Principles of the UMC</b> Where does the Church stand on many comtemporary issues from the environment to abortion?	<b># Weeks</b> 6 <b>A / V Requirements</b> NONE (Same As Above)
Al McCree 615 460-7000 (o) 615 243-0965 (m) al@almccree.com		<b>The Book - <i>Reimagining the Way You Relate to God</i></b> An in depth look at our true relationship with God	<b># Weeks</b> 4 - 5 (Same As Above)
Al McCree 615 460-7000 (o) 615 243-0965 (m) al@almccree.com		<b>The 7 Experiment</b> A beautiful and challenging 8 week Lenten study	<b># Weeks</b> 8 (Same As Above)
Al McCree 615 460-7000 (o) 615 243-0965 (m) al@almccree.com		<b>Witnessing: How To....</b> How to witness and not be embarrassed about it.	<b># Weeks</b> 1 (Same As Above)
<b>Resource</b>	<b>Biography</b>	<b>Topics</b>	<b>Needs</b>

<p>Peg McCree 615 243-0964 Peg.McCree@gmail.com</p> 	<p>Peg McCree has been a member of BUMC for 30 years. She taught at MTSU for 18 years before retiring in 2018. She is married to Al McCree. They have two grown children and two grandchildren.</p>	<p><b>The Road to Ordination for Women in the Methodist Church</b>  Week 1 - This lesson highlights some of the significant events between 1730 and 1956 and some of the women who made the 172 - year journey to ordination within the church possible.  Week 2 - In this session, we will examine the significant contributions of various female clergy within the church, from 1956 to the present.</p>	<p><b># Weeks</b> 2  <b>ZOOM</b> - YES  <b>Availability</b>  Sunday Mon - Fri  Trinity Church The Village  <b>A / V Requirements</b>  A / V Cart Mac Adapter</p>
<p>Peg McCree 615 243-0964 Peg.McCree@gmail.com</p>		<p><b>Women in Mission in the United Methodist Church</b>  Many of the early missionaries in our church were women who made a lasting impact, not only in far off countries where they were sent to serve, but also here at home. This presentation focuses on a few of the early female missionaries and their specific contributions to making disciples for Christ.</p>	<p><b># Weeks</b> 1  (Same As Above)</p>
<p>Peg McCree 615 243-0964 Peg.McCree@gmail.com</p>		<p><b>Worldwide Religious Persecution</b>  Week 1 – This lesson focuses on religious persecution of all peoples of faith, including Christians, Muslims, Hindus, Buddhists, and Jews. Where and why persecution occurs and the two types of persecution (governmental and social) will be discussed and examples will be provided.  Week 2 – This lesson will focus on specific religious sects that have suffered religious persecution. The information for both presentations is based on information gathered from numerous sources, included The Pew Research Center, the U.S. State Department, The U.S. Commission on International</p>	<p><b># Weeks</b> 2  (Same As Above)</p>
<p>Peg McCree 615 243-0964 Peg.McCree@gmail.com</p>		<p><b>The Walk: Adam Hamilton Series</b></p>	<p><b># Weeks</b> 5  (Same As Above)</p>
<p>Peg McCree 615 243-0964 Peg.McCree@gmail.com</p>		<p><b>Good Angels &amp; Bad Angels</b>  Week 1 - The Good Angels Week 2 - The Bad Angels</p>	<p><b># Weeks</b> 2  (Same As Above)</p>
<p><b>Resource</b></p>	<p><b>Biography</b></p>	<p><b>Topics</b></p>	<p><b>Needs</b></p>

<p>Monicah Muhomba 615 727-4229 mmuho40@icloud.com</p> 	<p>Dr. Monicah Muhomba is a Psychologist at the VA Tennessee Valley Healthcare System and Assistant Professor of Clinical Psychiatry at Vanderbilt University Medical Center. She is originally from Zimbabwe, Africa. Monicah has a passion for teaching that is drawn from her background in both Psychology and Theology; she obtained a PhD in Counseling Psychology from the University of Kentucky and a Masters Degree in Counseling from Asbury Theological Seminary, in Kentucky.</p>	<p><b>Mindfulness and Spirituality</b></p> <ul style="list-style-type: none"> <li>• A closer look at scripture and the practice of Mindfulness</li> <li>• Discussing the “What” and “How” of mindfulness practice</li> <li>• How Christians can use Mindfulness practice to connect more with others, themselves and with God</li> <li>• Contemplative prayer as a form of Mindfulness practice</li> <li>• Loving Kindness and Compassion based practices</li> </ul>	<p><b># Weeks</b> 3 - 4 <b>ZOOM</b> - YES <b>Availability</b> Sunday Saturdays Trinity Church UMC The Village UMC <b>A / V Requirements</b> Flip Chart</p>
<p>Monicah Muhomba 615 727-4229 mmuho40@icloud.com</p>		<p><b>Becoming A More Forgiving Christian</b></p> <ul style="list-style-type: none"> <li>• A discussion of Scriptures related to Forgiveness in the Old &amp; New Testament- Jesus’ messages about forgiveness Working definitions of forgiveness and the Process of forgiveness</li> <li>• A look at research on Forgiveness</li> <li>• Types of forgiveness</li> <li>• Barriers to Forgiveness</li> <li>• Benefits of Forgiveness</li> <li>• Differences and similarities between Forgiveness of Self vs. forgiveness of others</li> </ul>	<p><b># Weeks</b> 3 (Same As Above)</p>
<p>Monicah Muhomba 615 727-4229 mmuho40@icloud.com</p>		<p><b>Prayer and Faith Journey</b></p> <ul style="list-style-type: none"> <li>• A look at What the scriptures say about Prayer and faith</li> <li>• John Wesley on Prayer as the “most important Means of Grace”</li> <li>• Discussion of writings on prayer by such authors and Richard Rohr and Marjorie Thompson</li> <li>• Prayer as a form of Mindfulness</li> <li>• Leading a prayerful life in a distracting world</li> </ul>	<p><b># Weeks</b> 3 (Same As Above)</p>
<p><b>Resource</b></p>	<p><b>Biography</b></p>	<p><b>Topics</b></p>	<p><b>Needs</b></p>
<p>Rev. Shelby Slowey 615 324-8205 sslowey@bumc.net</p> 	<p>BUMC's Director of Evangelism, Shelby grew up in Texas, and received her B.A. in English from Lambuth University. She has her M.Div from Vanderbilt Divinity School. Shelby is passionate about equipping disciples to live faith filled public lives for Christ and the gospel.  Shelby is married to Stephan and they have two children, Scarlett and Phinn.</p>	<p><b>Spirituality in Dementia Care</b></p> <p>Explores ways to be inclusive of this unique demographic of folks in spiritual settings</p>	<p><b># Weeks</b> 1 <b>ZOOM</b> - YES <b>Availability</b> Sunday Mon - Fri Trinity Church UMC The Village UMC <b>A / V Requirements</b> Large Screen TV - or - A / V Cart and Projector Screen</p>
<p>Rev. Shelby Slowey 615 324-8205 sslowey@bumc.net</p>		<p><b>Play Theory in Dementia Care</b></p> <p>Explores the positive impact play can have on persons experiencing dementia, as well as practical techniques for spiritual caregivers</p>	<p><b># Weeks</b> 1 (Same As Above)</p>

Rev. Shelby Slowey 615 324-8205 sslowey@bumc.net		<b>Hospital Visitation</b> How to make a hospital visit as a faith community representative	<b># Weeks</b> 1 (Same As Above)
Rev. Shelby Slowey 615 324-8205 sslowey@bumc.net		<b>Hearing the Cries</b> - Confronting poverty in the Gospel of Matthew Explores the five theological dimensions of poverty and practical Christian responses	<b># Weeks</b> 4 (Same As Above)
Rev. Shelby Slowey 615 324-8205 sslowey@bumc.net		<b>John's Gospel</b> Study on key characters in the Gospel according to John and their relationship to an emerging faith	<b># Weeks</b> 4 (Same As Above)
Rev. Shelby Slowey 615 324-8205 sslowey@bumc.net		<b>Evangelism in the Modern World</b> The meaning and practice of Christian evangelism for all people of faith	<b># Weeks</b> 1 (Same As Above)
Rev. Shelby Slowey 615 324-8205 sslowey@bumc.net		Topics of interest and experience for me that I could easily prepare lessons on include, <u>end-of-life spirituality and care</u> , <u>caregiver support</u> , <u>play theory</u> , and anything on the <u>Gospel of John</u> .	
<b>Resource</b>	<b>Biography</b>	<b>Topics</b>	<b>Needs</b>
Andy Voyles 615 584-1057 a_voyles@msn.com  	Andy Voyles has been a member of BUMC since 2004. Andy has been serving the banking and mortgage lending industry since 1997. He is currently a SVP for Bank of England based out of Little Rock, AR. A resident of Franklin, Andy is married to Gretchen Voyles (who works for the BUMC children's ministry). They have three children together, Ella, Alli, and Lucas.  Andy has served as an elected member of BUMC's Church Council and Staff parish Relations Committee. He is a regular volunteer for the BUMC student ministry and has served as an Andrew Ministry team leader since 2007.  Andy has helped lead small group discussions and teach Sunday School since 2010. He enjoys leading group discussions that offer practical application of spiritual disciplines. Andy has an avid interest in the history and	<b>Christianity and World Religions</b> Adam Hamilton Study - Explores Christianity, Judaism, Hinduism, Buddhism, and Islam; exploring commonalities and unique differences. This is a combination of video, lecture, and group discussion.	<b># Weeks</b> 6 <b>ZOOM</b> - YES <b>Availability</b> Sunday Mon - Fri Trinity Church UMC The Village UMC <b>A / V Requirements</b> DVD Player + Large Screen TV
Andy Voyles 615 584-1057 a_voyles@msn.com		<b>The Call</b> Adam Hamilton Study - An in-depth study of Paul and his journeys; exploring his fascinating trials, tribulations, and evangelical spirit. These lessons explore the beginning of Christianity and take a deep dive into the book of Acts. This is a combination of video, lecture, and group discussion.	<b># Weeks</b> 6 (Same As Above)

<p>Andy Voyles 615 584-1057 a_voyles@msn.com</p>		<p><b>Protestant Reformation</b> A 6-8 week study focused on the most significant leaders of the reformation and separation from the early Roman Catholic Church. We will study significant leaders of the reformation such as Huss, Wycliff, Luther, Sattler, Zwingli, Calvin, and Tyndale. This is a text, lecture, and video series that provides a deep dive into the events that helped create the religious freedoms we experience today.</p>	<p><b># Weeks</b> 6 <b>ZOOM - NO</b> (Same As Above)</p>
<p>Andy Voyles 615 584-1057 a_voyles@msn.com</p>		<p><b>Christianity in Colonial America</b> Discover how Christianity evolved in the original US colonies. This session will explore the 16th-18th centuries while examining influential leaders and the formation of religious tolerances. This session will start with an in-depth look at the Jamestown settlement and also explore following church movements: Anglican, Catholicism, Puritan, Pilgrims, Quaker, Witchcraft, and</p>	<p><b># Weeks</b> 3 <b>A / V Requirements</b> A / V Cart Projector Screen - or - Large Screen TV</p>
<p>Andy Voyles 615 584-1057 a_voyles@msn.com</p>		<p><b>Cults or Denominations?</b> This is a study that looks at the definition of cults versus denominations. In the US there were significant religious events that transpired from the early 19th century. Some studies show there are over 40,000 active denominations. But, are they denominations of the Christian faith, or are they cults? How do you tell the difference? This study provides a brief level of understanding regarding other religious sects, triggering a rigorous discussion and debate of what is acceptable and what is not. This study can be one or two lessons or a series</p>	<p><b># Weeks</b> 3 <b>A / V Requirements</b> NONE</p>

<p>Andy Voyles 615 584-1057 a_voyles@msn.com</p>		<p><b>History of the World Christian Movement</b></p> <p>This is a 6 week study covering the formation of Christianity from Paul's death to the Protestant Reformation. We will explore how war, politics, religious customs, trade routes, commerce, social acceptance, and language barriers helped form the early Church. This is a historical and geographical based study, taught by powerpoint (110 pages) and complimented with some quick videos. Some highlights of the series includes the following:</p> <ul style="list-style-type: none"> <li>• Roman leadership and the acceptance of Judaism and the early Christian Church</li> <li>• Roman Emperors</li> <li>• Catholic Popes</li> <li>• Silk Road</li> <li>• Formation of the New Testament</li> <li>• Early Christian sects: Gnostics, Catholics, Manichaeans</li> <li>• Constantinople</li> <li>• Rise and Fall of the Roman Empire</li> <li>• Crusades</li> <li>• Constantine</li> <li>• Council of Nicaea</li> </ul>	<p><b># Weeks</b> 5</p> <p><b>A / V Requirements</b> NONE</p>
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