

**Huntington
Medical Foundation**

A PARTNER *of* HUNTINGTON HOSPITAL

Universal Health Record

Patient Guide



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FollowMyHealth Requirements

Supported browsers:

- Internet Explorer 8.0 or higher
- Modern versions of Chrome, Firefox, and Safari.

Log in Process

You Received an Invitation Email

Upon clicking the invitation link contained in the Invitation email, you will be prompted with the following screen:



Create an Account: choose this option if you do not have an existing FollowMyHealth (FMH) account with Huntington Medical Foundation (HMF).

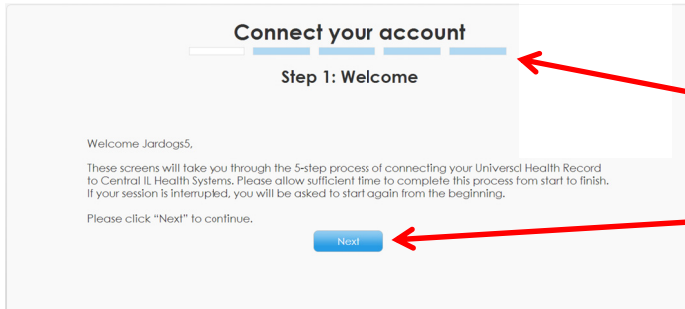


Create a FMH log In and Username or log in with any of the four authentication providers:

- Facebook
- Google
- Yahoo
- Microsoft Live ID
- Cerner

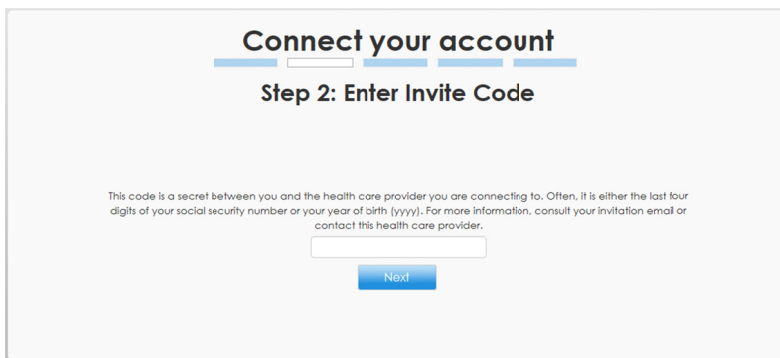
Choosing one of those four providers to log in with simply authenticates you to FMH. In no way is any information shared from FMH to them or from them to FMH. FMH does not store your login credentials and does not have access to your password.

Upon choosing the Login method and successfully logging in, you will be taken through the Invitation process.



The Invite “Wizard” displays. The bar across the middle top tells you what step you are on in the acceptance process.

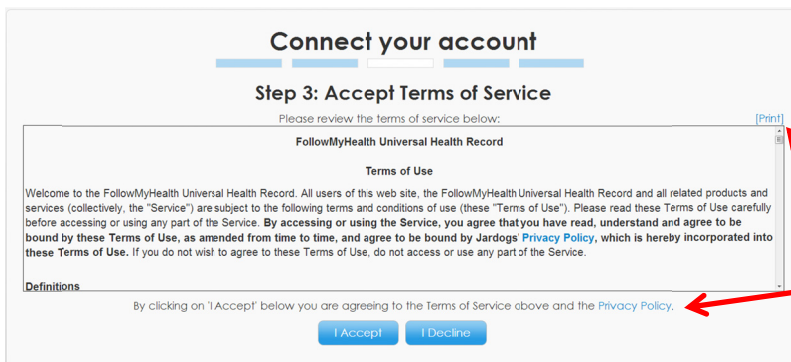
You must click the “Next” button to continue.



You must enter the invitation code you received when you signed up for a FMH account.

This is the four digit year of your birth.

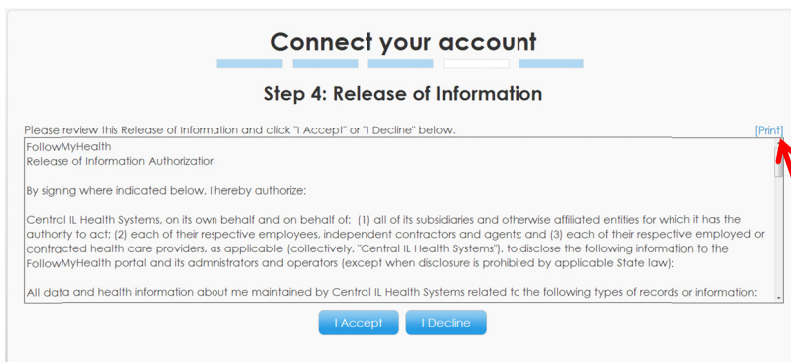
If you do not know your invite code, please contact our Patient Portal Support Team Monday – Friday, 8:00 am – 5:00 pm at (626) 397-8354.



You must accept the Terms of Service.

To print the Terms of Service, you may click the “Print” link.

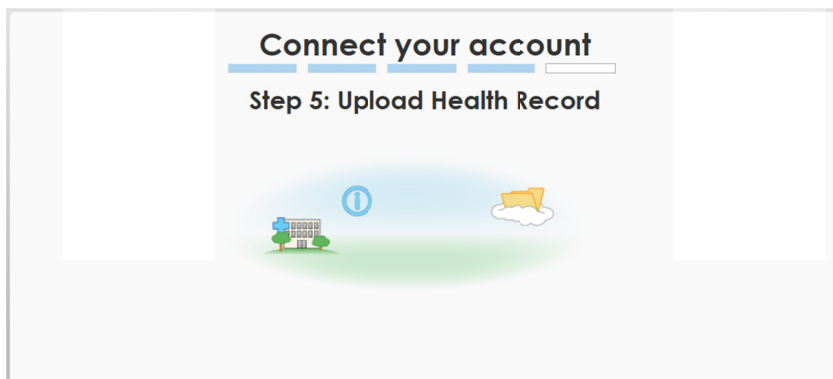
You also have access to the Privacy Policy on this step. Clicking the link will open the Privacy Policy and you can print it.



You must accept the Release of Information. The Release of Information permits FMH to obtain your medical information from HMF and store it on your behalf.

If you decline, your medical information will not be obtained from HMF.

To print the Terms of Service, click the “Print” link.



The last step is the uploading of your health record.

Once the upload is complete, you will be taken in to the Home screen of Patient Access.

You Received an Invitation Email to View a Family Member's Record

Upon clicking the invitation link contained in the Invitation email, you will be prompted with the following screen:



Login: choose this option if you have an existing FMH account with HMF.

Create an Account: choose this option if you do not have an existing FMH account with HMF. You will be walked through the Create an Account scenario previously discussed before moving on to the next step.

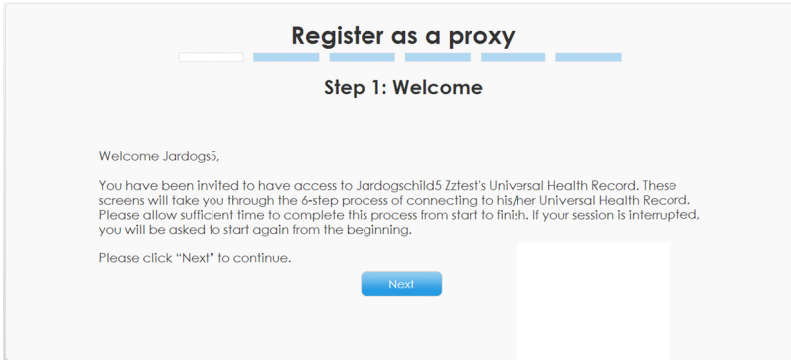


Create a FMH log In and Username or log in with any of the four authentication providers:

- Facebook
- Google
- Yahoo
- Microsoft Live ID

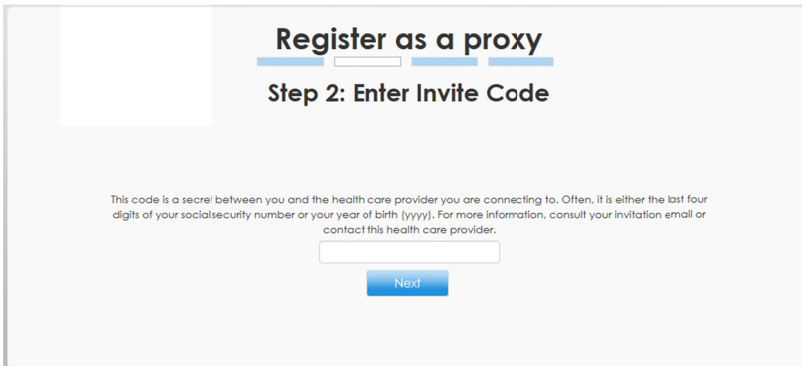
Choosing one of those four providers to log in with simply authenticates you to FMH. In no way is any information shared from FMH to them or from them to FMH. FMH does not store your login credentials and does not have access to your password.

Upon choosing the Login method and successfully logging in, you will be taken through the Proxy Invitation process.



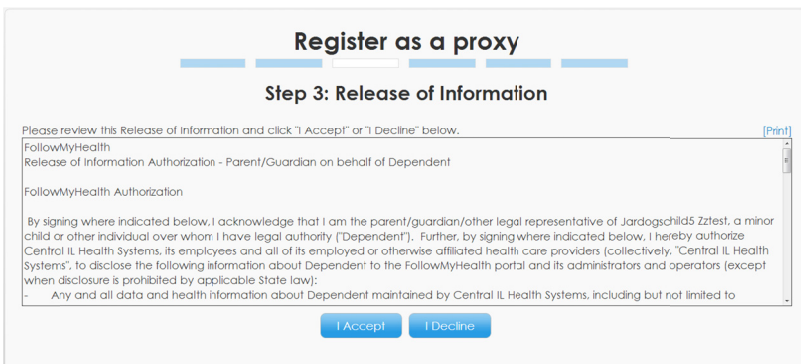
The Proxy Invite "Wizard" displays. The bar across the middle top tells you what step you are on in the acceptance process.

You must click the "Next" button to continue.



You must enter the invitation code you received when you requested the proxy access. This is the family member's four digit year of birth.

If you do not know the invite code, please contact our Patient Portal Support Team Monday – Friday, 8:00 am – 5:00 pm at (626) 397-8354.



You must accept the Release of Information on behalf of the person.

This step is only presented to the first proxy user for a person. All subsequent proxy users will not be presented with this step.

To print the Terms of Service, the user must click the "Print" link at the top right.

Register as a proxy

Step 4: Authorized Individual Acceptance

Please review this Authorized Individual Acceptance and click "I Accept" or "I Decline" below. [Print]

FollowMyHealth

Authorized Individual Acceptance - Full Access

You, Betty Boop, are being granted access to the online medical information of another person. By clicking the Accept button, you are verifying that you have the right to access this information, granted to you by Jarodogschild5 Zttest. If you feel that you've received this access in error, please contact FollowMyHealth.com.

By accepting where indicated below, I acknowledge and agree that Jarodogschild5 Zttest (hereafter "Customer") has authorized me Betty Boop (hereinafter, "me" or "Authorized Individual") to have full access to Customer's FollowMyHealth personal health record. By authorizing me to have full access to Customer's FollowMyHealth account, I acknowledge and agree that I may:

- * Review and update Customer's personal health record as maintained on FollowMyHealth;

You must accept the Authorized Individual Acceptance. This document details what is allowed for your Proxy Access, as appropriate.

To print the Authorized Individual Acceptance, you may click the "Print" link.

Register as a proxy

Step 5: Authorized Individual Authorization

Please review this Authorized Individual Authorization and click "I Accept" or "I Decline" below. [Print]

FollowMyHealth

Authorized Individual Authorization - Full Access

By accepting where indicated below, I hereby authorize Betty Boop (hereinafter, "Authorized Individual") to have full access to my FollowMyHealth personal health record. By authorizing Authorized Individual to have full access to my FollowMyHealth account, I acknowledge and agree that I am authorizing Authorized Individual to:

- * Review and update my personal health record as maintained on FollowMyHealth;
- * Communicate with my health care providers with regard to my health status and otherwise;
- * Engage, on my behalf, in such transactions as are permitted between me and my health care providers through all existing communication channels including, but not limited to, FollowMyHealth.com


You must accept the Authorized Individual Authorization on behalf of the person. This document details what access was authorized, as appropriate.

To print the Authorized Individual Acceptance, click the "Print" link.

You will only receive this step if the person is not able to create their own FMH account.

Connect your account

Step 5: Upload Health Record



The last step is the uploading of the person's health record.

Once the upload is complete, you will be taken in to the Home screen of Patient Access.

Home Screen

The Home screen is the landing page upon successful login. It is comprised of several actionable widgets.

Static Toolbar

The top level toolbar is accessible from any page within FMH.



Message

You can compose a secure FMH message to any any HMF provider that you have had a visit with. See the Inbox (page 33) section of this Guide for more information on secure messaging.

Request Appt

You can request an appointment to any HMF provider that you have seen previously. See the Appointments (page 13) section of this Guide for more information on appointment requests.

Hello [user name]

Indicates whose health information is being displayed. This is a dropdown that contains the proxy accounts, if any are available.

Action Center Module

The Action Center Module notifies you of items that require your attention.

Health Summary

Age	76
Gender	Female
Height	5' 0"
Weight	170 lb
Body Mass Index	33.2
Blood Pressure	130 / 84
Primary Insurance	WPS MEDICARE PART B / PO BOX 1030 / MARION, IL

Action Center

- You have updated clinical items in your health record.
- You have 1 unpaid bill.
- You have 1 unsubmitted form to complete.
- You haven't validated your cellphone number. x
- You haven't completed the first time walkthrough. x

Health Summary

The Health Summary contains basic information about you, including age, gender, height, weight, BMI, blood pressure, and your primary insurance.

Action Center

The Action Center displays items that require your attention. It also notifies you of certain items, such as validating a cell phone number or watching the walkthrough video, which will enhance your experience with FMH.

You can remove unwanted items from the Action Center by clicking the delete "x" next to the item.

Clicking on an item in the Action Center will expand that selection to provide details. Clicking on an item in the details will take you to that section of FMH.

Action Center

- You have updated clinical items in your health record.
- You have 3 unread emails in your mailbox.
- You have 1 unsubmitted form to complete.
- You haven't validated your cellphone number.
- You haven't completed the first time walkthrough.

Updated Clinical Items

- 2 health conditions have been updated.
- 4 prescriptions have been updated.
- 1 result has been updated.
- 8 vitals have been updated.
- 88 documents have been updated.

Action Center

- You have updated clinical items in your health record.
- You have 3 unread emails in your mailbox.
- You have 1 unsubmitted form to complete.
- You haven't validated your cellphone number.
- You haven't completed the first time walkthrough.

Unread Emails

- Welcome to the family!
1/15/2013 10:07 PM
- Welcome to Jardogs Clinic (QA)
1/15/2013 10:20 PM
- Appointment Reminder for Jardogs ...
1/15/2013 10:20 PM

When there are no Action items, a calendar will display in this area.

Recent Activity Module

Recent Activity

Previous Next Page 1 of 2

- You removed ANA SCREEN from your health record. 3 hours ago
- Jardogs Clinic (QA) added 15 scanned documents to your health record. 1/15/2013
- You connected your health record to Jardogs Clinic (QA) 1/15/2013
- Jardogs Clinic (QA) added 41 appointments to your record. 1/15/2013
- Jardogs Clinic (QA) added 2 health conditions to your health record. 1/15/2013

Recent Activity details additions to your FMH account.

Each entry is a hyperlink and will take you to the appropriate section of FMH.

You can remove any items from the Recent Activity Module by clicking the delete "x" next to the item.

Appointments Module

The Appointments Module is an actionable module where you can manage your upcoming and past appointments.

Appointments

Search: Request Export

Upcoming Past Other

Wednesday, January 23, 2013 8:40 AM
Test (Jdc) Provider
Jardogs Clinic (QA) [+]

The search field allows you to search the current tab (upcoming, past, or other) by organization name or provider name.

The Export button allows you to export the appointments in a .ics file to import in to your calendar of choice.

Request a New Appointment

Schedule An Appointment

Appointment With: Organization (Jardogs Clinic (QA)), Provider (Test (Jdc) Provider), Appointment Type (Request an Appointment)

Reason For Appointment:

My Available Times: Mon, Tues, Wed, Thurs, Fr; Anytime; First Available; Add This Time Slot

Comments:

Submit Cancel

You can request a new appointment by clicking the "Request" button in the Appointments Module.

Please note:

- Please call your doctor's office to make same-day appointments.
- For non-same day appointment requests through the Patient Portal, you will receive a response within one (1) business day.

The pop-up contains four different sections:

- Appointment With
- Reason for Appointment
- My Available Times
- Comments

Appointment With

The screenshot shows a form titled "Appointment With" with three dropdown menus. The first is labeled "Organization" and has "Jardogs Clinic (Demo)" selected. The second is labeled "Provider" and has "Test Provider" selected. The third is labeled "Appointment Type" and has "Request an Appointment" selected.

In the Appointment With section, you will select:

Organization – this will default to HMF

Provider – Click on the drop down arrow and select the provider you would like an appointment with

Appointment Type – Click on the drop down arrow and select the Appointment Type

Request an Appointment sends a secure message to the provider's front office staff asking for an appointment. An appointment is not guaranteed or confirmed until you receive confirmation from the HMF.

Reason for Appointment

The screenshot shows a text input field with the text "Sinus problems" and a character count at the bottom right that reads "Characters left: 14 / 250".

Enter the reason you are requesting an appointment in the Reason for Appointment box. This should be a short description of the issue or reason. You are limited to 250 characters in this section.

My Available Times

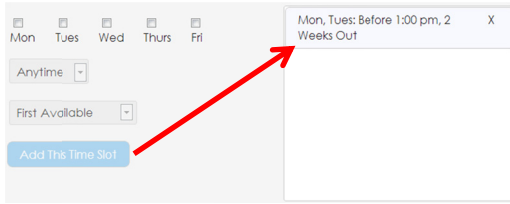
The screenshot shows a form titled "My Available Times" with a sub-header "available within the time slots you have provided." Below this are checkboxes for "Mon", "Tues", "Wed", "Thurs", and "Fri". A red box highlights these checkboxes, and a red arrow points from this box to the next image.

Choose which days you are available for the appointment by clicking the appropriate checkboxes.

This image is a close-up of the checkboxes for the days of the week. The checkboxes for "Mon" and "Tues" are checked, while "Wed", "Thurs", and "Fri" are unchecked.

The screenshot shows two dropdown menus. The first is labeled "Before" and has a dropdown arrow. The second is labeled "1:00 pm" and also has a dropdown arrow. Below these is another dropdown menu labeled "2 Weeks Out" with a dropdown arrow.

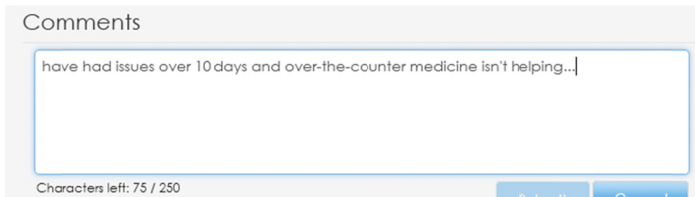
Then indicate what time during those days you are available by using the dropdown choices.



Clicking the “Add This Time Slot” button will populate the selection in the field to the right.

You are able to add as many selections as you want. You may also remove any selection by clicking the “x” delete button next to each item.

Comments

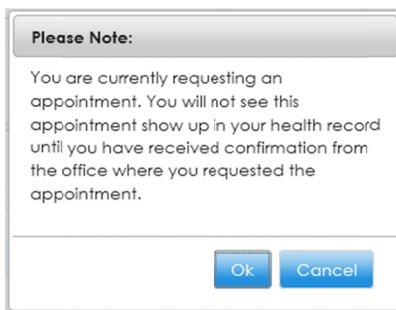


Enter any comments that pertain to your appointment request.

You are limited to 250 characters.

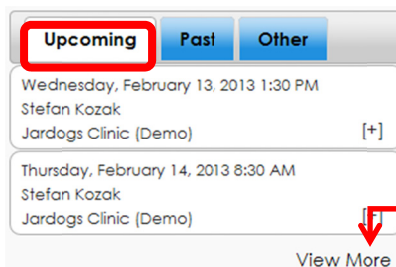


Once all of the necessary and appropriate information has been entered, click the “Submit” button.



You will receive a reminder that you merely requested an appointment. An appointment is not confirmed until you receive notice from HMF.

Upcoming Appointments

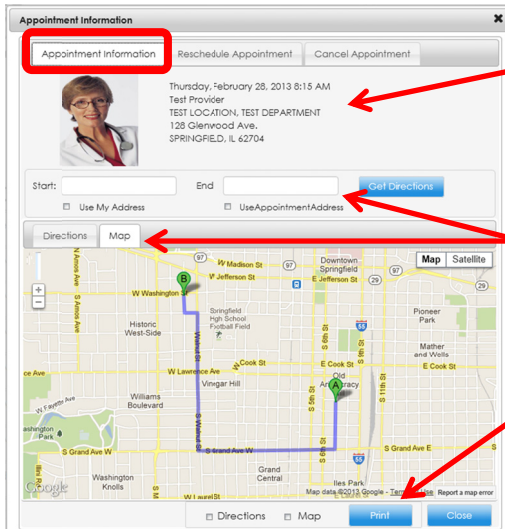


You can see any upcoming appointments in the Upcoming tab of the Appointments Module.

Your two next appointments are listed automatically. If you're looking for an appointment that is further out, you can click the “View More” link.

To see more details about a particular appointment, click that appointment and the Appointment Information pop-up will display.

Appointment Information

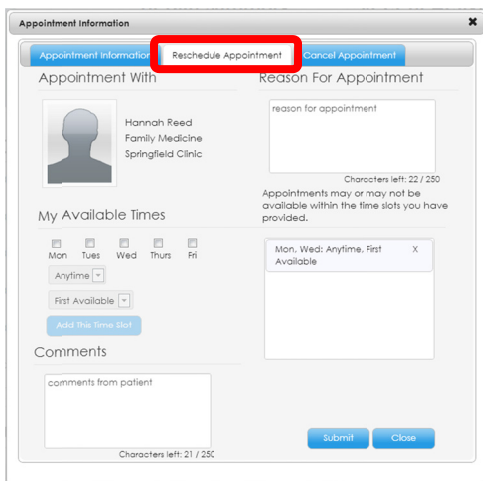


The appointment information (date, time, location) displays at the top of the workspace, along with a provider photo, if one is available.

A map and written directions are available if the appointment location is known. The directions are from your home address as known by FMH to the appointment location. If you need to change the start or end address for the map, enter the new addresses in to the Start and End fields. Click "Get Directions" to see the new map and directions.

You can choose to print the appointment information, along with the map and/or directions by clicking the "Print" button.

Rescheduling an Appointment

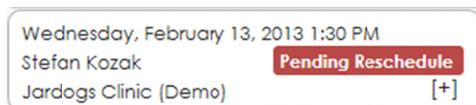


To reschedule an appointment, click the "Reschedule Appointment" tab within the Appointment Information pop-up.

The organization and provider will default automatically based on the chosen appointment and cannot be altered.

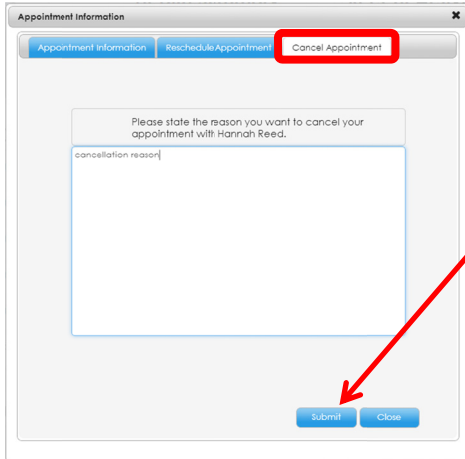
The reschedule appointment workflow is identical to the request appointment workflow.

This will send a secure message to your provider's front office staff requesting to reschedule the appointment. It may take a day for the appointment to be removed from your Upcoming Appointment list.



While the provider's front office staff is working on your request to reschedule your appointment, a "Pending Reschedule" flag will display with that appointment on your Upcoming Appointments.

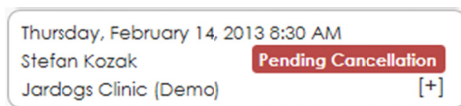
Canceling an Appointment



To cancel an appointment, click the "Cancel Appointment" tab within the Appointment Information pop-up.

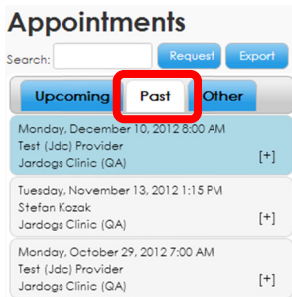
You must enter a cancellation reason and then click the "Submit" button.

This will send a secure message to your provider's front office staff requesting to cancel the appointment. It may take a day for the appointment to be cancelled from your Upcoming Appointment list.



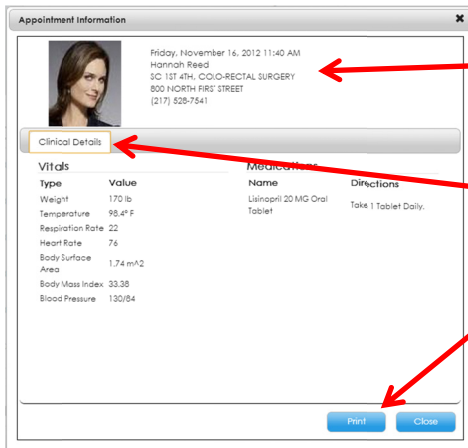
While the provider's front office staff is working on your request to cancel your appointment, a "Pending Cancellation" flag will display with that appointment on your Upcoming Appointments.

Past Appointments



You can view any past appointments in the "Past" tab of the Appointments Module.

Clicking on a past appointment opens the Appointment Information workspace.



The past appointment information displays at the top of the workspace, along with a provider photo, if one is uploaded.

Any clinical details or documents associated with this appointment will also display.

To print past appointment information, including clinical details and/or documents, click the "Print" button.

Other Appointments

Appointments

Search: Request Export

Upcoming Past **Other**

Wednesday, May 4, 2011 8:10 AM
Stefan Kozak (Cancelled)
Jardogs Clinic (QA)

Wednesday, April 27, 2011 8:30 AM
Stefan Kozak (Cancelled)
Jardogs Clinic (QA)

You can see other appointment types (usually cancelled or appointments you didn't show up for) in the "Other" tab of the Appointments Module.

Billing Module

Billing Make A Payment

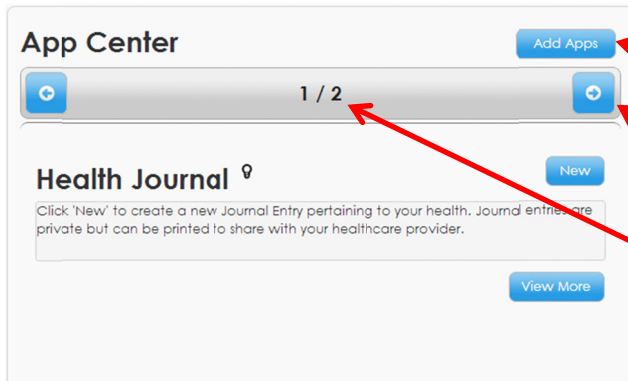
Organization	Charges	Amount Due
Jardogs Clinic (QA)	\$873.42	\$524.23

The Amount Due is updated with the first log in of the day.

In order to make a payment, click the "Make a Payment" button and you will be taken to the Billing workspace. See the My Account -> Billing section (page 26) of this Guide for more information on online Bill Pay.

App Center Module

The App Center Module contains different applications that you can install in your FMH account.



You can browse and install/uninstall the available apps by clicking the "Add Apps" button.

Rotate through the installed apps by clicking the arrow button.

The number of installed apps and which app you are currently on is displayed between the arrow buttons.

Two apps are automatically installed for you when you create your account: the Health Journal and the My Charts App.

Clicking the "Add Apps" button opens the App Store.

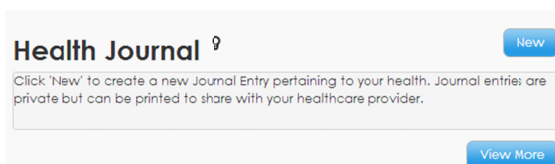


Available apps:

- My Charts
- Withings Digital Scale
- Blue Button
- Telcare Glucose Monitor
- Withings Blood Pressure Cuff

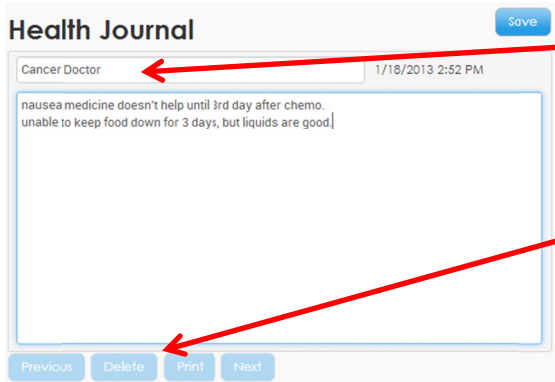
To install an app to the App Center Module, click the "Install" button.

Health Journal



The Health Journal app is a place for you to keep notes about your health.

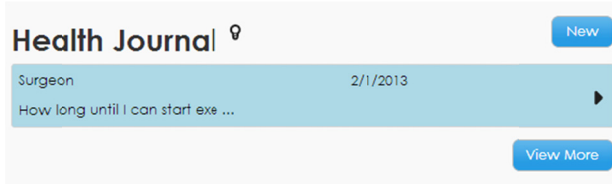
Click the "New" button to create a new journal entry.



Create a title for the journal entry.

Add notes to the journal entry. Upon completion, the click the "Save" button.

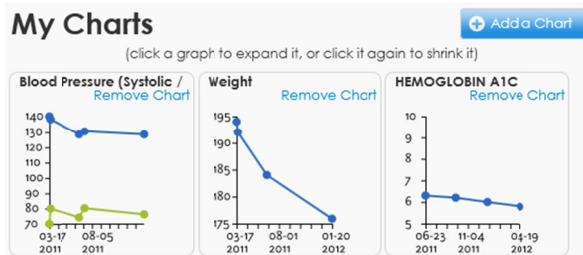
You also have the ability to toggle through created notes by using the Previous and Next buttons in addition to deleting the journal entry or printing it.



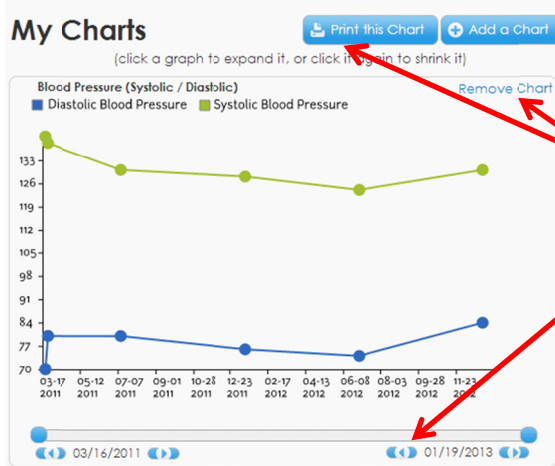
You can see the journal entries on the main page of the Health Journal app. If there are additional journal entries that do not display on the Home screen, click the "View More" button to see all journal entries.

The "light bulb" is clickable and informs you that Journal Entries are private but can be printed to share with your healthcare provider.

My Charts



The My Charts app automatically displays charts for weight, blood pressure, and the top most resulted item in your FMH account, as long as each item has more than 3 data points. If any of the automatically graphed items has less than 3 data points, the graph will not display.

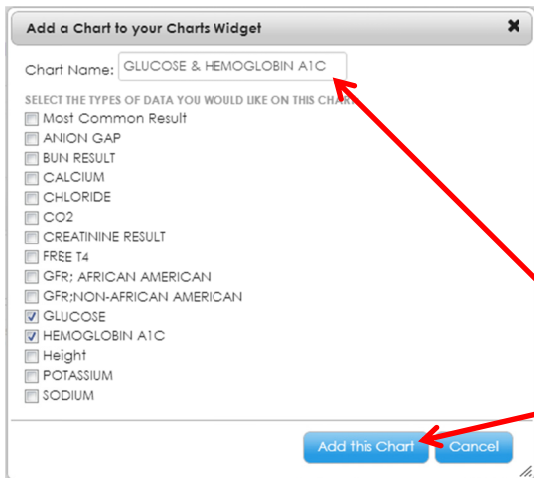


Clicking on a graph will expand it within the App Center Module.

You can print the chart or remove it.

You can also modify the date range of the graph to focus on a specific period.

To shrink the graph in context, click the graph to return to the thumbnail view of available graphs.



Clicking the “Add a Chart” button opens a pop-up. You can add any result type or vital that has more than 3 data points.

You can also graph multiple items on a single chart by choosing more than one option in this screen.

FMH will automatically name the chart based on the items graphed, but you may rename the chart.

Click the “Add this Chart” button to add it to the My Charts app.

Withings Digital Scale

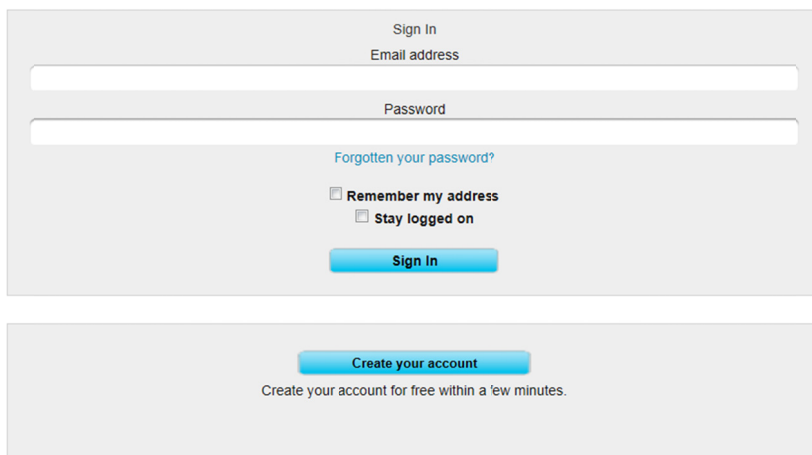


The Withings Digital Scale allows you to take your weight and have your weight update your FMH account automatically.

You must purchase a Withings Digital Scale and connect it to your FMH account.

If you have already purchased a Withings Digital Scale, click the “Connect a Withings Body Scale” link. If you would like to purchase a Withings Digital Scale, click the “Purchase a Withings Body Scale” link. This will take you to amazon.com where you can purchase one.

My Withings account



Connect your Withings account to your FMH account by signing in using the information you provided when you connected your Withings Digital Scale.

If you have not created your Withings account, click the “Create your account” button.

NOTE: The “My Withings account” page is a Withings site and not a FMH page.

Withings Blood Pressure Monitor



The Withings Blood Pressure Monitor allows you to take your blood pressure and have it update your FMH account automatically.

You must purchase a Withings Blood Pressure Monitor and connect it to your FMH account.

My Withings account

The screenshot shows a sign-in form with the following elements: a "Sign In" header, an "Email address" input field, a "Password" input field, a "Forgotten your password?" link, two checkboxes for "Remember my address" and "Stay logged on", a blue "Sign In" button, and a "Create your account" button. Below the "Create your account" button, it says "Create your account for free within a few minutes."

Connect your Withings account to your FMH account by signing in using the information you provided when you connected your Withings Blood Pressure Monitor.

If you have not created your Withings account, click the "Create your account" button.

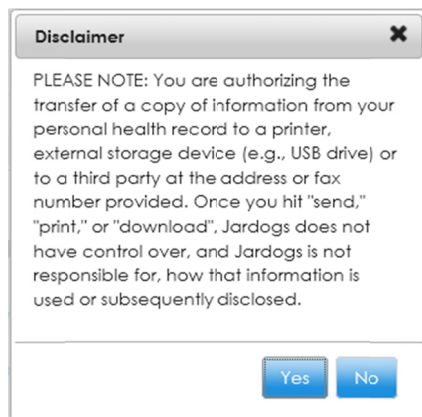
NOTE: The "My Withings account" page is a Withings site and not a FMH page.

Blue Button



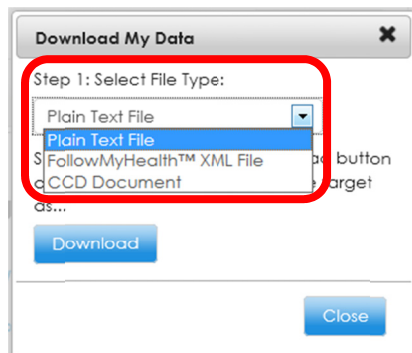
The Blue Button app is a government standard for sharing your medical information. It allows you to download your medical information into a file that is recognized by the majority of systems your providers use. This allows you to easily update your providers of any information you have in FMH.

To download your data in this standard format, click "Download My Data."



You must accept a disclaimer before proceeding. This disclaimer states that you are responsible for sending your medical information outside of FMH.

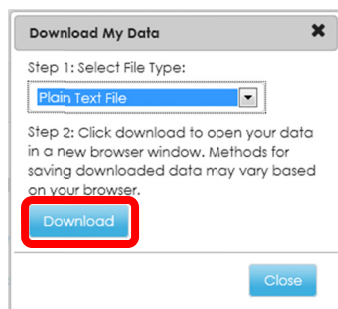
Click "Yes" to continue.



The "Download My Data" pop-up box appears. Step 1 is choosing the file type you would like to download your information in.

- **Plain Text File:** This option will create a file of your entire FMH record in a format that is easy to read.
- **FollowMyHealth XML File:** Some healthcare organizations will request your information in this file format.
- **CCD Document:** Some healthcare organizations will request your information in this file format.

Both the XML File and the CCD Document are not readable files when viewed.

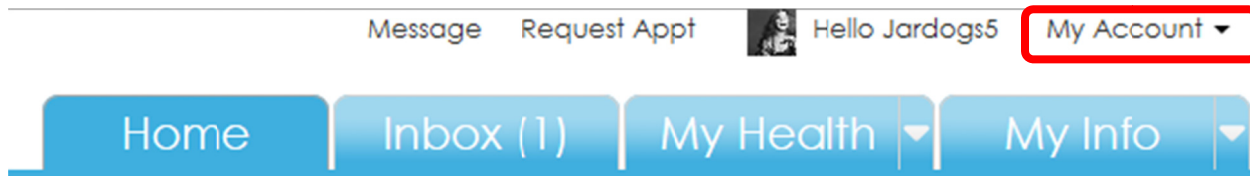


Once the file type has been chosen, move on to Step 2, which is clicking the "Download" button.

Step 2 may vary depending on what browser you are using (Internet Explorer, Chrome, Firefox, Safari, etc.), but you will need to choose to save the file using the "Save as..." command.

My Account

My Account contains Connections, Billing, Preferences, Support, Help, and Log Out.



Connections

The Connections screen is comprised of two tabs: the Manage Connections tab and the Visualize Connections tab.

Manage Connections



The Manage Connections tab is very similar to previous versions of FMH. The user can see which organizations they are connected to and which organizations have pending connections.

Visualize Connections

The Visualize Connections screen demonstrates you are the center of your health. You can navigate through your care system, as known by FMH, and visualize the all of the connections that comprise your Universal Health Record.

Click any part of your connection and the graph will re-center upon that focal point.

At any time, you can click the "Re-Center Graph" button to return the visualization to you at the center.

Connections

Manage Connections **Visualize Connections** Re-Center Graph Add Connection

Connection Details
Jardogs5 Zttest

Billing

The screenshot shows the 'Billing' interface for 'Jardogs Clinic (GA)'. It features a table with columns: Date, Invoice, Patient, Provider, Procedure, Charges, Due Now, Insurance Payments, and Patient Payments. Below the table is a 'Pay Now' button and a summary 'Amount Due Now: \$517.62'. At the bottom, there are two blue navigation buttons: 'Pending With Insurance' and 'Paid Invoices'.

If you are connected to more than one organization, use the dropdown menu to change select HMF.

The Billing screen is broken up in to 2 sections:

- Patient Responsibility
- Paid Invoices

Patient Responsibility

This screenshot shows the 'Patient Responsibility' section. It contains a table with the same columns as the main Billing screen. Below the table is a 'Pay Now' button and a summary 'Amount Due Now: \$488.53'.

Patient Responsibility is what you owe to the organization.

You can see the date of service, invoice number, provider, procedures, charges, and amount due.

A close-up of the 'Procedure' column in the invoice table. A dropdown menu is open, showing 'Procedure 1, Procedure 2, Procedure 56'.

To see all procedures in an invoice, click the Procedure column.

A close-up of the 'Date' and 'Invoice' columns. The date '1/17/2013' has a shopping cart icon next to it, and the invoice number '10000' is next to it.

An icon next to the date indicates a budget billing item

Click the box in front of the invoices you would like to pay. The total is calculated in the "Pay Now" field. You may choose to partial pay an invoice by typing an amount in the "Pay Now" field.

Please note:

- Payments made through FMH will be applied to the oldest balances in your account regardless of the specific invoice(s) that you select to pay.

Amount : \$155

Ticket : *

Account Holder Name: *

Billing Address: *

City: *

State: *

Zip Code: *

Credit Card Number: *

Expiration: (mm/yy) *

CVV/CVC: *

<< Back Process Transaction

We Accept
VISA M/C DISC AMEX

POWERED BY
TRUSTCOMMERCE

When you are ready to pay, click the “Pay Now” button. You will be taken to a new page to enter the payment information.

Fill out all required information. Once completed, click “Process Transaction.”

If the transaction was successful, you will be presented with a receipt page you may print out to keep for your records. A receipt of the billing transaction will also be sent to your Inbox in FMH.

Paid Invoices

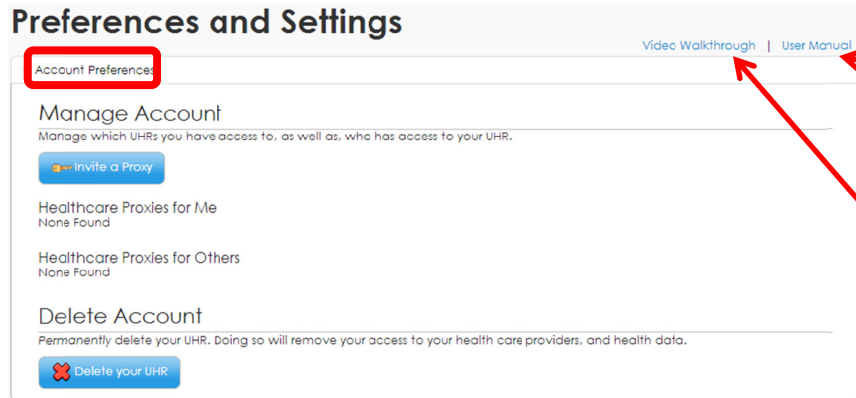
Paid Invoices will list all invoices with that organization that have a zero balance.

Preferences

Preferences allows you to control many aspects of your FMH account.

Account Preferences

Preferences and Settings



User Manual

Link that navigates you, in a new window, to the generic FMH Patient Guide.

Video Walkthrough

Link will launch a short overview video of features and functionality.

Manage Account

Manage Account is where you control who has access to your FMH account and you can see other FMH accounts you have access to. The patient is also able to permanently delete their FMH account.



Proxy access is authorizing someone else to have access to your FMH account.

To invite someone else to have access to your FMH account, click the "Invite a Proxy" button.

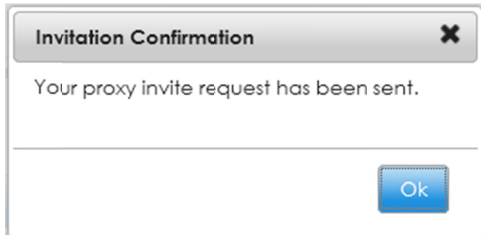
There are two options when inviting someone else to have access to your FMH account:

- **Read Only Proxy:** the person receiving access to your FMH account will only be able to view information.
- **Full Access Proxy:** the person receiving access to your FMH account will be able to view your information as well as enter new data, delete data, or send secure messages to your providers on your behalf.

For Read Only Proxy access, you must enter the email address, first and last name of person you are inviting, their relationship to you and a security code. They will need this security code in order to accept your invitation, so be sure to let them know the code.

Click "Ok" when you have the information complete to send the proxy access invitation.

You will receive a confirmation that the invite was sent successfully.



For Full Access Proxy access, you must enter all of the same information required of Read Only access in addition to a telephone number and address for the person you are inviting.

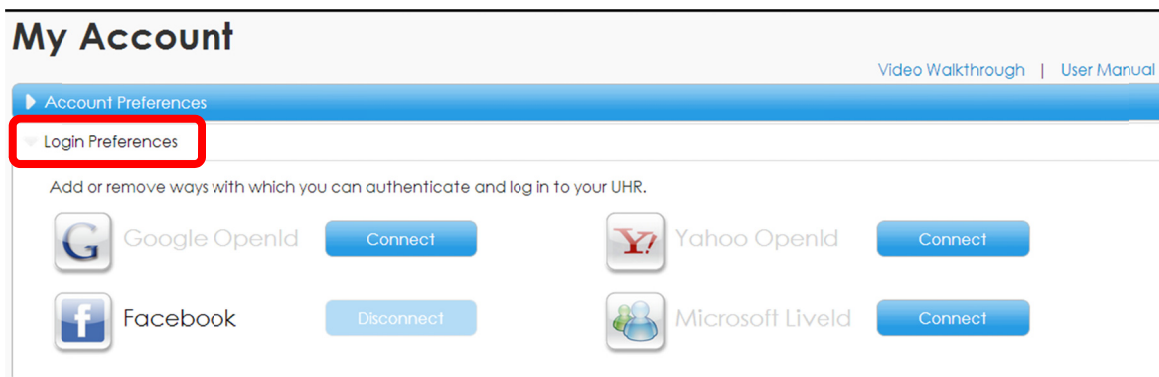
Click "Ok" when you have the information complete to send the proxy access invitation.

You will receive a confirmation that the invite was sent successfully.

Delete Account

You are able to permanently delete your FMH account. All of your information will be deleted and you will be unable to recover any of the deleted information.

Login Preferences



You can add additional login methods or disconnect a login method from Login Preferences. You must have one active connection at all times; you are unable to disconnect a login method if it is your only method enabled.

To add an additional login method, click the "Connect" button next to the method you wish to enable. You will be prompted to enter your existing login username and password for that method.

Notification Preferences

My Account Video Walkthrough | User Manual

Account Preferences

Login Preferences

Notification Preferences

Choose how you would like to be notified when changes occur to your health record and appointment schedule.

Contact Information	Appointment Reminders
Email Address <input type="text" value="kim.scuth@jardogs.com"/>	<input checked="" type="checkbox"/> Email <input type="checkbox"/> Text Message
Cell Phone Number <input type="text"/>	Appointment Updates
Cell Phone Carrier 3 Rivers Wireless	<input checked="" type="checkbox"/> Email <input type="checkbox"/> Text Message
<input type="button" value="Validate Cell Phone"/>	Updates to Health Record
	<input checked="" type="checkbox"/> Email <input type="checkbox"/> Text Message
	Notice of Communication From Provider
	<input checked="" type="checkbox"/> Email <input type="checkbox"/> Text Message
	Organization Bulletins
	<input checked="" type="checkbox"/> Email <input type="checkbox"/> Text Message

Notification Preferences allows you to configure how you would like to be alerted of new updates to your FMH account.

The email address listed is where all notifications go to. If you would like to change which email address you would like these notifications go to, change the email address here.

To receive notifications by text message, enter your cell phone number and choose who provides your cell phone service from the dropdown.

Click the "Validate Cell Phone" button.

Warning

Standard rates will apply for sending this, and other text messages from the FollowMyHealth Universal Health Record

You will receive a warning notice that standard rates from your cell phone provider will apply for the validation text message and any text messages you receive from FMH.

Click "Ok" to continue. If you click "Cancel," you will not be able to receive notifications via text messages.

Cell Phone Carrier

Verizon

Please enter the 4-digit code contained in the SMS text message.

You will receive a text message with a 4-digit code.

Enter this code in the field provided and then click the "Validate Code" button.

You will receive a confirmation that your validation code was accepted.

Choose which items you would like to receive email and/or text message notifications for by clicking the box in front of each choice.

Appointment Reminders

- Email
- Text Message

Appointment Reminders: Check Email or Text Message to receive an email to your external email address or a text message notifying you when an appointment reminder has been added to your FMH Inbox.

Appointment Updates

- Email
- Text Message

Appointment Updates: Check Email or Text Message to receive an email to your external email address or a text message notifying you when an appointment update has been added to your FMH Inbox.

Updates to Health Record

- Email
- Text Message

Updates to Health Record: HMF will send out health record updates when to your My Health section of FMH. Check Email or Text Message to receive an email to your external email address or a text message notifying you when health record update has been added to your My Health section of FMH.

Notice of Communication From Provider

- Email
- Text Message

Notice of Communication From Provider: Check Email or Text Message to receive an email to your external email address or a text message notifying you when a secure message from your provider or provider's office has been added to your FMH Inbox.

Organization Bulletins

- Email
- Text Message

Organization Bulletins: HMF will send out general news bulletins, for example sharing holiday hours or notifying you of a Flu Shot Clinic. Check Email or Text Message to receive an email to your external email address or a text message notifying you when a bulletin has been added to your FMH Inbox.

Release of Information Disclaimer ✕

By checking this box you agree to receive SMS text messages which may contain information that personally identifies you, including and not limited to appointment times, appointment locations, and physician names. If you agree to these terms click 'Yes'. Otherwise, click 'No'.

If you choose to receive any notifications via text message, you will be presented with the Release of Information Disclaimer that you must accept.

If you agree to receive some personal information via text message, click "Yes." If you do not want to receive any personal information via text message, click "No."

If you click "No" you will not receive updates via text message.

Click the "Save Changes" button to save any notification preferences changes you made.

Restore Deleted Items

My Account

[Video Walkthrough](#) | [User Manual](#)

- ▶ Account Preferences
- ▶ Login Preferences
- ▶ Notification Preferences
- ▶ Restore Deleted Items

View and restore items you have previously deleted from your UHR.

Type	Description	Source	Restore
Result	ANA SCREEN 2.3 5/22/2012	Jardogs Clinic (QA)	<input type="button" value="Restore"/>

You have the ability to delete items and providers from your FMH record. Deleted items can be restored to your FMH account by clicking the "Restore" button on the desired item.

Support

The Support option gives you information on who to contact in the event you need additional assistance.

Support Information ✕

PLEASE NOTE: The contacts listed below are for technical support only and should not be used to communicate patients' private health information. Communication of such information via these contacts is not guaranteed to be private/secure.

To request assistance regarding clinical data contained in your health record, please contact technical support for the organization providing that data using the contact information listed below.

Jardogs Clinic (Demo)

Phone Number
(217) 639-0808

Email Address
support@jardogs.com

Support Website
http://Mailto:tickets@jardogs.com

For technical support relating to the FollowMyHealth product, please review the following options:

- Knowledge Base (Frequently Asked Questions)
- Product Feedback and Suggestions
- FollowMyHealth Video Walkthrough
- User Manual

The contacts listed here are for technical support only. You should not use any email address listed here to send any medical information. Normal email is not guaranteed to be secure or private.

You also have access to several links from the Support page:

- **Knowledge Base (Frequently Asked Questions):** see the Help section below for more information.
- **Product Feedback and Suggestions:** we welcome your input to make FMH better!
- **FollowMyHealth Video Walkthrough:** a short 3-minute video that highlights FMH features.
- **User Manual:** a link to the generic Patient Guide.
-


Please note: the video and the user manual may have information on features not available at HMF.

Help

The Help option will navigate you to Jardogs' Knowledge Base.

The Knowledge Base has solutions to common issues experienced within FMH. Click on any of the items to view the Knowledge Base article about that particular issue.

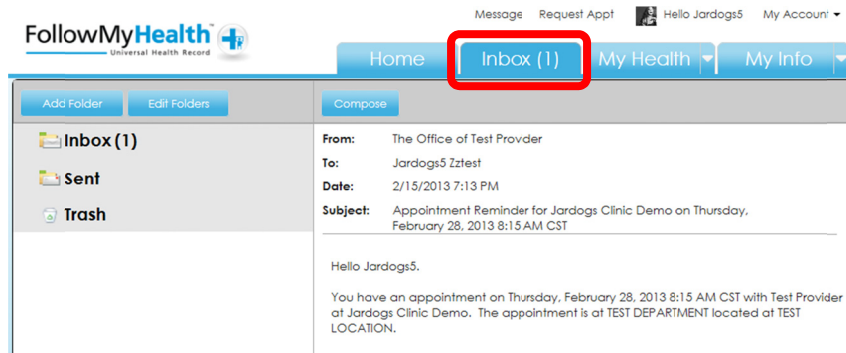
We monitor our users use of the Knowledge Base and topics that are frequently visited will be assessed by our team to see how we can improve FMH and make it an easier experience for you!

 **Give feedback** We value your feedback! Please use the "Give feedback" link to leave us ideas and suggestions for improvements.

Log Out

Use the Log Out option to completely log out of FMH. To enter back in to your FMH account you will have to log in with your username and password again.

Inbox



The Inbox contains all of the secure messages with HMF.

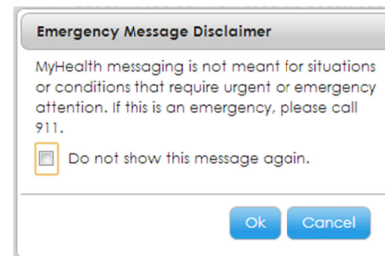
The Inbox tab will display the number of new messages in the Inbox.

By default, the inbox contains an Inbox folder, Sent folder, and Trash folder. You are able to add folders, sub-folders, or sub-sub-folders. You can also edit any existing folders.



To send a new secure message, click the "Compose" button.

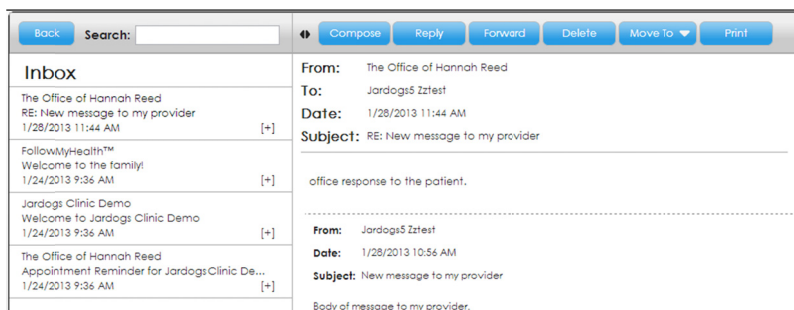
You will be presented with the Emergency Message Disclaimer. You have the ability to click the "Do not show this message again" checkbox which will prevent the disclaimer from displaying every time the Compose button is clicked.



Please note:

- Send only non-urgent messages to your doctor and you will receive a response within one (1) business day.
- To request prescription refills, please contact your pharmacy directly.

Click on the Inbox to open the Inbox. The Inbox messages are listed to the left and the selected inbox message is displayed on the right.



You have multiple options within each secure message:

Compose new message.

Reply to current message. This only displays when the provider has allowed a reply to his/her message.

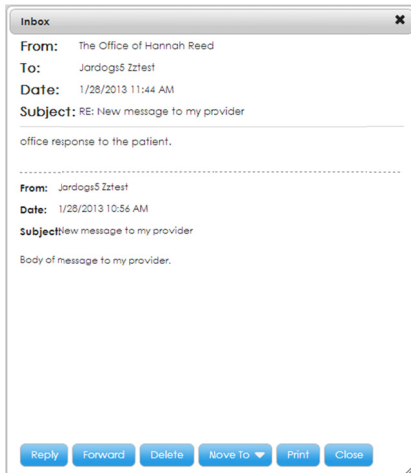
Forward the current message to another HMF provider.

Delete the current message.

Move the current message to a new folder within the Inbox.

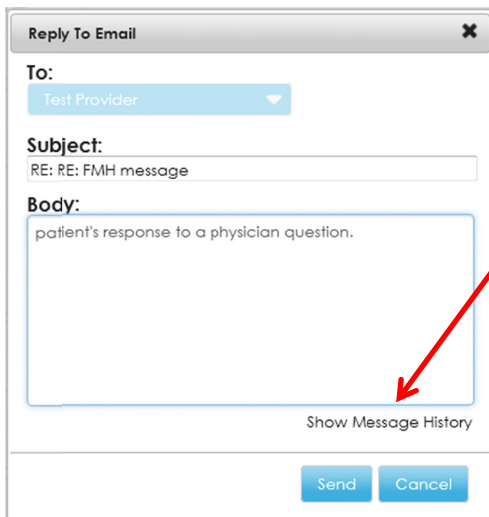
Print the current message.

You can also double click on any message and that message will open in a new window.



All of the same options will exist in the new window also.

To reply to a secure message you have received, click the "Reply" button. This only displays when the provider has allowed a reply to his/her message.



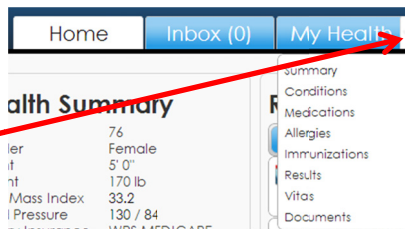
Enter your comments in the "Body" section of the pop-up.

If you need to see the previous messages in this exchange, click the "Show Message History" link.

The message history will display. To hide the history, click the "Hide Message History" link.

My Health

You can get to any of the pages within My Health by clicking on the main My Health tab and then navigating to the desired tab. You may also choose the desired section directly from the main My Health tab by using the dropdown arrow selector.



Please note: any changes (add, delete, etc.), in these sections are not sent to HMF.

Summary

The Summary screen is a snap shot of your active medical information at this moment in time. You can choose to print this Summary out and keep on you in the case of an emergency; or take it with you for an appointment with a new physician or Emergency Room visit.



The Summary Screen is divided in to separate categories:

Demographics displays your picture and your name, date of birth, and address that FMH is aware of in the My Info section.

You are able to change your picture by clicking on the "New Photo" button.

My Care Team allows you to list who your primary providers are.

Diagnoses displays all active conditions from the Conditions tab of My Health.

Surgical History displays all active Surgical History conditions from the Conditions tab of My Health.

Allergies displays all active Allergies from the Allergies tab of My Health.





Medications displays all active Medications from the Medications tab of My Health.

Recent Vitals displays the most current value, if any, of height, weight, and BMI.



By clicking the "Print," "Fax" or "Email" button, you are able to print, fax or email the Summary information.


My Care Team

Provider	Service Type	Contact Information	Options
John Smith	Cancer Doc	217-656-6565	 
Betty Boop	Cancer Nurse	nurse@yahoo.com	 

You can create a list of doctors and nurses you interact with the most.

Click the light bulb to learn more about this section.

Click the "Add" button to add a new person to this list.

Add Preferred Provider 

Provider:

Tag:

Contact Information:

Enter the person's name in the Provider field.

You can add a title or a short note for that person in the Tag field.

Enter contact information, if you have any. This can be a phone number, email address, a website or any other piece of information you have.

Once complete, click "Save" to save the entry.



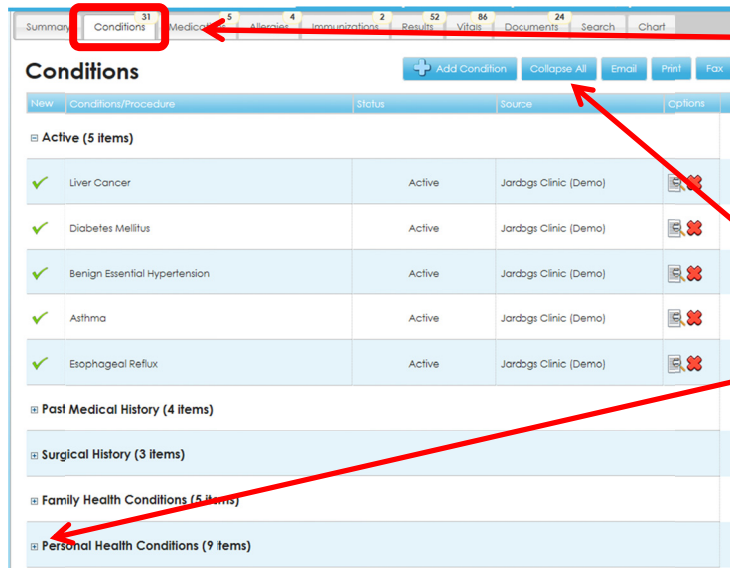
To edit information on an existing person on your list, click the Details button.



To delete an existing person on your list, click the Delete button.

Conditions

The Conditions page lists all of your known problems or diagnoses and includes Active Conditions, Past Medical History, Surgical History, Family Health Considerations, and Personal Health Considerations.



The number of new items contained within the Conditions tab will display in a bubble on the tab.

New items will also display with a checkmark icon in the list.

All conditions display in an accordion grid. All categories can be expanded or collapsed at once by clicking the "Expand All" button. Each category can be opened or collapsed by the arrows in the header.

The user may also Email, Print or Fax the Conditions list.



To add an item to any of the conditions categories, click the "Add Condition" button.

Condition	Resolved	Source
Muscle Spasm		Jardogs Clinic Demo
Hunger pain (finding)		Patient Entered

The newly entered information will display in the correct category and the Source will be "Patient Entered"

Adding Active Conditions

Add Health Condition ✕

Type:

Name:

Status:

Resolved:

Comments:

Choose "Health Condition" from the **Type** dropdown.

Type the item you want to add in the **Name** field. Choose the item from the dropdown.

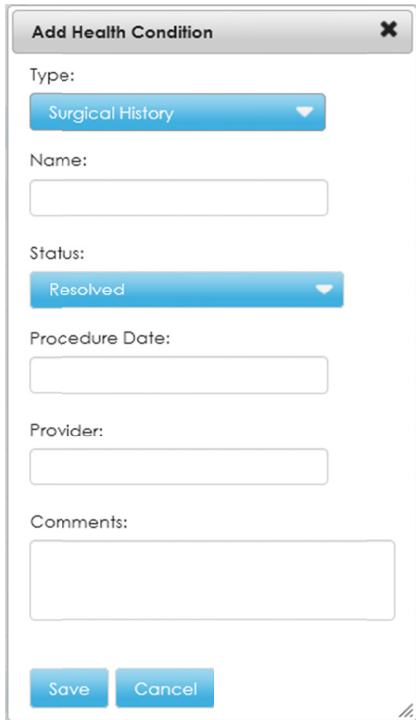
Choose the appropriate **Status**; use Active for an ongoing problem, Resolved for a problem you had but is now better, and Denied for any problems you want your provider to know you don't have. (If you choose resolve, the item will appear in the Past Medical History section)

If it's a problem that is resolved, you can enter a resolved date in the **Resolved** field.

Enter any **Comments** you feel are important.

Once complete, click "Save" to enter the information in the correct section.

Adding Surgical History Conditions



The screenshot shows a form titled "Add Health Condition" with a close button (X) in the top right corner. The form contains the following fields and options:

- Type:** A dropdown menu with "Surgical History" selected.
- Name:** An empty text input field.
- Status:** A dropdown menu with "Resolved" selected.
- Procedure Date:** An empty text input field.
- Provider:** An empty text input field.
- Comments:** A larger empty text area.
- Buttons:** "Save" and "Cancel" buttons at the bottom left.

Choose "Surgical History" from the **Type** dropdown.

Type the item you want to add in the **Name** field. Choose the item from the dropdown.

Choose the appropriate **Status**; use Resolved for a surgery you have had and Denied for any surgeries you want your provider to know you didn't have.

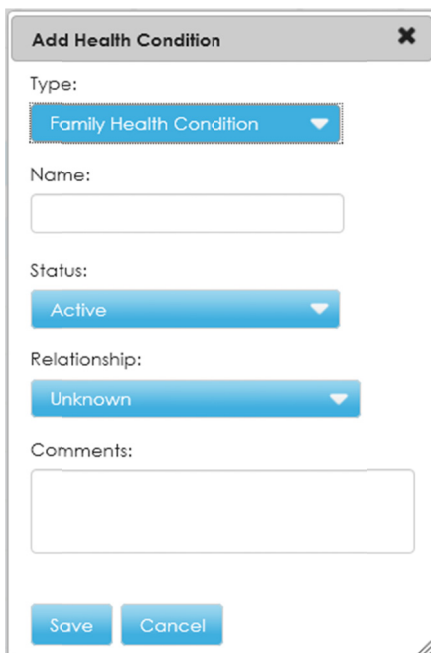
If it's a surgery that you have had, you can enter the date in the **Procedure Date** field.

You can enter the Provider who performed your surgery in the **Provider** field.

Enter any **Comments** you feel are important.

Once complete, click "Save" to enter the information in the correct section.

Adding Family Health Conditions



The screenshot shows a form titled "Add Health Condition" with a close button (X) in the top right corner. The form contains the following fields and options:

- Type:** A dropdown menu with "Family Health Condition" selected.
- Name:** An empty text input field.
- Status:** A dropdown menu with "Active" selected.
- Relationship:** A dropdown menu with "Unknown" selected.
- Comments:** A larger empty text area.
- Buttons:** "Save" and "Cancel" buttons at the bottom left.

Choose "Family Health Condition" from the **Type** dropdown.

As a general rule, healthcare providers are only interested in family health conditions for blood relatives.

Type the item you want to add in the **Name** field. Choose the item from the dropdown.

Choose the appropriate **Status**; use Active for an item that is currently a problem for someone in your family, Resolved for a problem a family member had but is now better, and Denied for any problems you want your provider to know your family doesn't have a history of.

You can enter who in your family has the condition by entering their relationship to you in the **Relationship** field.

Enter any **Comments** you feel are important.

Once complete, click "Save" to enter the information in the correct section.

Adding Personal Health Conditions

Choose "Personal Health Condition" from the **Type** dropdown.

Personal health conditions usually involve your smoking status, exercise habits, drug use, or living habits.

Type the item you want to add in the **Name** field. Choose the item from the dropdown.

Choose the appropriate **Status**; use Active for a problem that is currently true for your situation, Resolved for a problem that used to be true but is no longer, and Denied for any problems you want your provider to know are not true for you.

Enter any **Comments** you feel are important.

Once complete, click "Save" to enter the information in the correct section.

Medications

The Medications page lists all of your medications and can include Active Medications, Discontinued Medications (medicines your doctor stopped), and Completed Medications (medicines you finished the whole prescription for, like antibiotics).

New	Medication	Directions	Date	Refills	Provider	Source	Options
Active (5 items)							
✓	Atorvastatin Calcium 20MG Oral Tab...	Take 1 Tablet Dail...	5/31/2012		Provider, Test	Jardogs Clinic (Demo)	[Icons]
✓	Desipramine HCl 25 MG Oral Tablet	Take 1 Tablet Dail...	5/22/2012		Provider, Test	Jardogs Clinic (Demo)	[Icons]
✓	PARoxetine HCl 20 MG Oral Tablet		5/22/2012			Jardogs Clinic (Demo)	[Icons]

The number of new items contained within the Medications tab will display in a bubble on the tab.

New items will also display with an icon in the list.

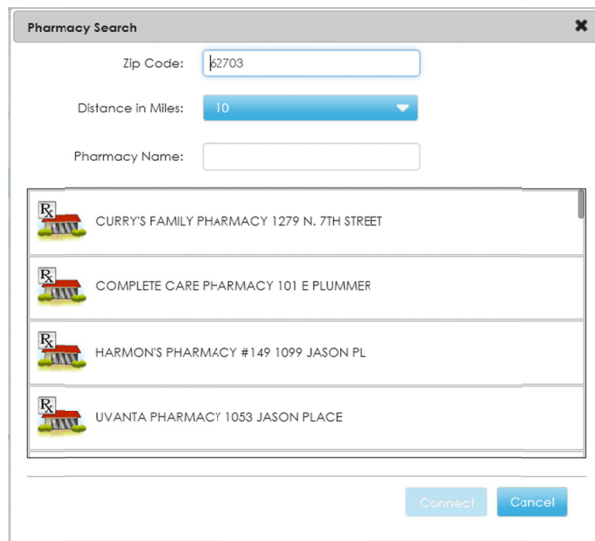
All medications display in an accordion grid. All categories can be expanded or collapsed at once by clicking the "Collapse All" button. Each category can be opened or collapsed by the arrows in the header.

You may also Email, Print or Fax the Medications list.

Adding or Editing your Pharmacy

Preferred Pharmacy: Jardogs Clinic Demo Edit

You can edit your Preferred Pharmacy from the Medication page by clicking the “Edit” button. The Preferred Pharmacy can also be edited on the My Info page.



The Pharmacy Search pop-up will default your home zip code in the **Zip Code** search field. You may change this value.

FMH will search for area pharmacies based on your zip code. Use the **Distance in Miles** dropdown to widen or narrow your search. You can search in 5, 10, 25, 50, or 100 mile increments.

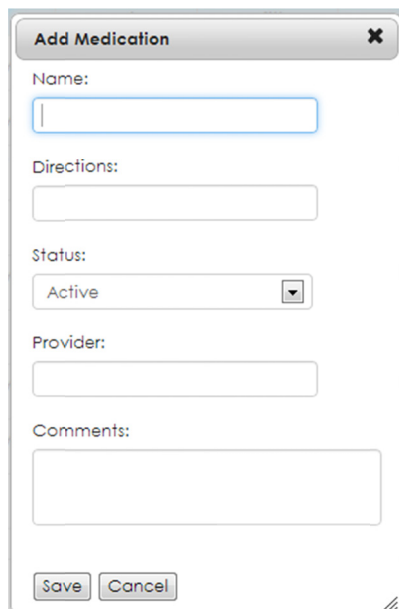
To further narrow your search results, enter the pharmacy's name in the **Pharmacy Name** field. You do not have to enter the entire name in order for the search to work.

When you have located the correct pharmacy, click on it and then click the “Connect” button.

Adding a Medication

+ Add Medication

To add an item to the Medications page, click the “Add Medication” button.



Type the medication you want to add in the **Name** field. Choose the correct medication from the dropdown.

Use the **Directions** field to enter how you take your medication. For example, 1 tablet daily or 1 capsule 3 times a day.

Choose the appropriate **Status**; use Active for a medication you are currently taking, Complete for a medication you finished, Discontinued for a medication your provider stopped, and Unknown for any medication that doesn't fit in the other categories.

You can enter the Provider who prescribed the medication in the **Provider** field.

Enter any **Comments** you feel are important.

Once complete, click “Save” to enter the information in the correct section.



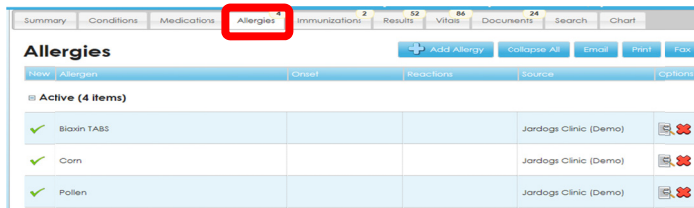
To view any additional details available about a medication, click the Details button.



If you are no longer on a particular medication, click the Delete button to remove it from your list.

Allergies

The Allergies page lists all of your allergies and can include Active, Resolved, Denied, or Inactive. Active allergies are allergies you currently have. Resolved are allergies you used to have but no longer have. Denied allergies are allergies to important things that you do not have, but medically it's important to know (for example, it's important to know someone is not allergic to Penicillin). Inactive allergies are allergies that you may still have, but they are not currently an issue for you.



The number of new items contained within the Allergies tab will display in a bubble on the tab.

New items will also display with an icon in the list.

You may also Email, Print or Fax the Allergies list.

All allergies display in an accordion grid. All categories can be expanded or collapsed at once by clicking the "Collapse All" button. Each category can be opened or collapsed by the arrows in the header.



To view any additional details available about an allergy, click the Details button.

Adding an Allergy



To add an item to the Allergies page, must click the "Add Allergy" button.

Choose what type of allergy from the **Allergy Type** dropdown. Choose Medication for allergies to a medicine, Environmental for allergies to things around you (pets, trees, etc.), Food for allergies to specific food types, or Unknown if you are unsure of the type.

Type the allergy you want to add in the **Name** field. Choose the item from the dropdown.

Choose the appropriate **Status**; use Active for a current allergy, Resolved for an allergy you had but is now better, Denied for any allergy you want your provider to know you don't have, and Inactive for an allergy you still have but is not an issue for you at this time.

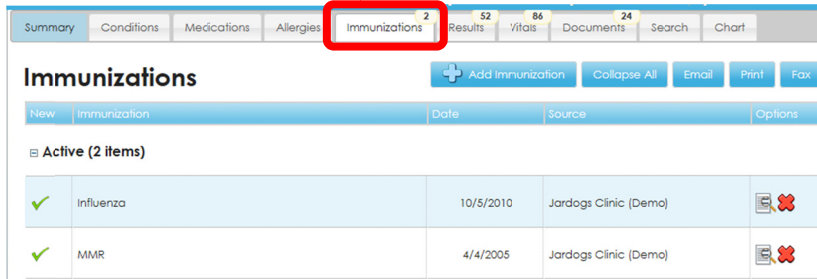
If you know the date you first became aware of the allergy, you can enter a date in the **Onset** field.

To enter what kind of reaction you have when exposed to the item, type in the reaction (for example, rash or nausea) and then click the Plus button.

Enter any **Comments** you feel are important. Once complete, click "Save" to enter the information in the correct section.

Immunizations

The Immunizations page lists all of your immunizations and can include Active Immunizations, On Hold Immunizations (immunizations you need but were unable to be given due to illness or a conflicted medication you are on), and Declined Immunizations (immunizations you were offered but declined to accept).



The number of new items contained within the Immunizations tab will display in a bubble on the tab.

New items will also display with an icon in the list.

You may also Email, Print or Fax the Immunizations list.

All immunizations display in an accordion grid. All categories can be expanded or collapsed at once by clicking the "Collapse All" button. Each category can be opened or collapsed by the arrows in the header.



To view any additional details available about an immunization, click the Details button.

Adding an Immunization



To add an item to the Immunization page, click the "Add Immunization" button.

Add Immunization [X]

Name:

Administered Date:

Series:

Status:

Provider:

Comments:

Save Cancel

Type the immunization you want to add in the **Name** field. Choose the correct immunization from the dropdown.

If you know the date you received the immunization, enter it in the **Administered Date** field.

If it's an immunization that is a series of 2 or 3 shots, you can enter which number it is in the **Series** field.

Choose the appropriate **Status**; use Active for an immunization you received, On Hold for an immunization you will receive but cannot at this point in time, and Declined for an immunization you were offered but refused.

You can enter the Provider who gave the immunization in the **Provider** field.

Enter any **Comments** you feel are important.

Once complete, click "Save" to enter the information in the correct section.

Results

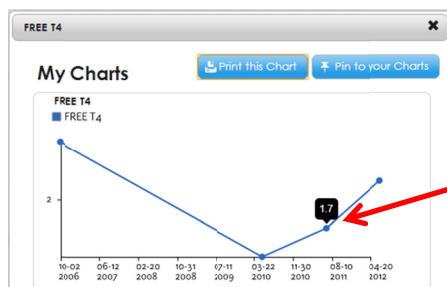
The Results page will show lab results, radiology results, or any other results if your provider who ordered those tests allows you online access to them.

New	Result	Date	Value	Range	Provider	Source	Options
✓	FREE T4	4/20/2012	2.15	LOW NORMAL HIGH	Provider, Test	Jardogs Clinic (D...	[Print] [Fax] [Delete]
✓	FREE T4	5/17/2011	1.7	LOW NORMAL HIGH	Provider, Test	Jardogs Clinic (D...	[Print] [Fax] [Delete]
✓	FREE T4	4/9/2010	1.44	LOW NORMAL HIGH	Provider, Test	Jardogs Clinic (D...	[Print] [Fax] [Delete] [Chart]

The number of new items contained within the Results tab will display in a bubble on the tab. New items will also display with an icon in the list.

You may also Email, Print or Fax Results.

For any result that has more than 3 data points, you can graph the result by clicking the Chart button.



The chart will display in a pop up box. You can choose to print the graph or pin the chart to the My Charts app on the Home screen.

Hovering your mouse over a data point will display the result of that point.

All results display in an accordion grid. All categories can be expanded or collapsed at once by clicking the "Collapse All" button. Each category can be opened or collapsed by the arrows in the header.



 If you don't want to keep the result, click the Delete button to remove it from your list.

Results that are a number will display a visual representation of where it falls in the low, normal, or high range. The visual representation will only display if your provider sent that information with the result.

✓	FREE T4	4/20/2012	2.15	LOW NORMAL HIGH	Provider, Test	Jardogs Clinic (D...	[Print] [Fax] [Delete]
---	---------	-----------	------	-----------------	----------------	----------------------	------------------------

Results that are not a number (radiology results, pathology results, etc.) will not display a range, as one does not exist.

☐ **MRI KNEE WO RIGHT 5/1/2012 (1 items)**

✓	MRI KNEE WO RIGHT	4/24/2012	see details	Provider, Test	Jardogs Clinic (D...	 
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These text-based results must be opened to be viewed. Click the Details button to open the result.

View Result [X]

Name: MRI KNEE WO RIGHT Result Date: 4/24/2012

Value: see details Provider: Provider, Test

Comments:

Springfield Clinic Main Campus
Jardogs Clinic Main Campus
Springfield, IL 62704

Name: TEST, PATIENT
Mn: 1234567891

Exam Date: 04/24/2012
Age: 30

Physician: TEST, MD, PROVIDER

Examination: MRI KNEE WO RIGHT

Exam: MRI of the right knee without contrast

Print Close

The result pop up window will display all of the information available for the result.

You may print this result by clicking the "Print" icon.

Adding a Result



To add an item to the Results page, click the "Add Result" button.

Add Result [X]

Name:

Result Date:

Value:

Units:

Provider:

Comments:

Save Cancel

Type the result you want to add in the **Name** field. Choose the correct result from the dropdown.

If you know the date of the result, enter it in the **Result Date** field.

Enter the actual result in the **Value** field.

If you know the units of the result (for example, mmHg for blood pressure), enter it in the **Units** field.

You can enter the Provider who ordered the test in the **Provider** field.

Enter any **Comments** you feel are important.

Once complete, click "Save" to enter the information in the correct section.

Vitals

The Vitals page will show your Vitals results if your provider allows you online access to them.

New	Date	Value	Source	Options
✓	1/20/2012	97.6° F	Jardogs Clinic (Demo)	[Chart] [Print] [Fax]
✓	7/11/2011	97.6° F	Jardogs Clinic (Demo)	[Chart] [Print] [Fax]
✓	6/23/2011	98.4° F	Jardogs Clinic (Demo)	[Chart] [Print] [Fax]
✓	3/21/2011	97.8° F	Jardogs Clinic (Demo)	[Chart] [Print] [Fax]
✓	3/17/2011	98.2° F	Jardogs Clinic (Demo)	[Chart] [Print] [Fax]

The number of new items contained within the Vitals tab will display in a bubble on the tab.

New items will also display with an icon in the list.

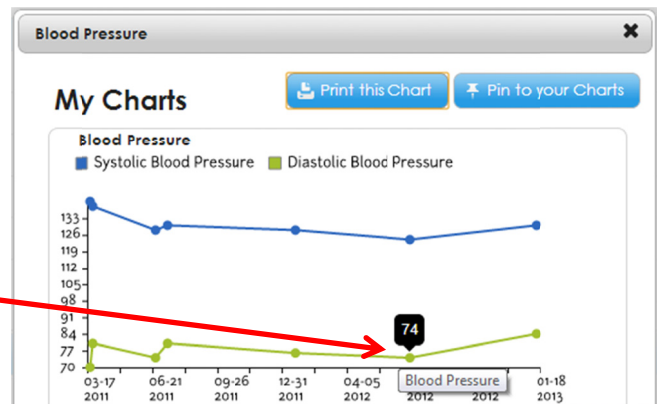
All Vitals display in an accordion grid. All categories can be expanded or collapsed at once by clicking the "Collapse All" button. Each category can be opened or collapsed by the arrows in the header.

You may also Email, Print or Fax Vitals.

For any vital that has more than 3 data points, you can graph that vital by clicking the chart button.

The chart will display in a pop up box. You can choose to print the vital or pin the chart to the My Charts app on the Home screen.

Hovering over a data point will display the result of that point.



Adding a Vital



To add an item to the Vitals page, click the "Add Vital" button.

A screenshot of a web application dialog box titled "Add Vital" with a close button (X) in the top right corner. The dialog contains the following fields: "Type:" with a dropdown menu showing "Blood Pressure"; "Date Taken:" with a text input field; "Value:" with a text input field; and "Comments:" with a larger text area. At the bottom, there are two buttons: "Save" and "Cancel".

Choose the type of vital you want to enter from the **Type** dropdown. FMH lets you enter Blood Pressure, Head Circumference (for babies), Heart Rate, Height, Respiration Rate (how many times you breathe in a minute), Temperature, Weight, and Oxygen Saturation.

Enter the vitals **Date Taken** and enter the vital reading in the **Value** field.

Enter any **Comments** you feel are important.

Once complete, click "Save" to enter the information in the correct section.

Documents

New	Name	Date	Provider	Source	Options
✓	Office Visit 1	5/22/2012	Provider, Test	Jardogs Clinic (Demo)	[Details] [Delete]
✓	sNotes Old Records	5/21/2012		Jardogs Clinic (Demo)	[Details] [Delete]
✓	sPT Patient History	5/16/2012		Jardogs Clinic (Demo)	[Details] [Delete]
✓	sImaging Old Records	5/16/2012		Jardogs Clinic (Demo)	[Details] [Delete]

The number of new items contained within the Documents tab will display in a bubble on the tab. New items will also display with an icon in the list.

You may also Email, Print or Fax Documents.



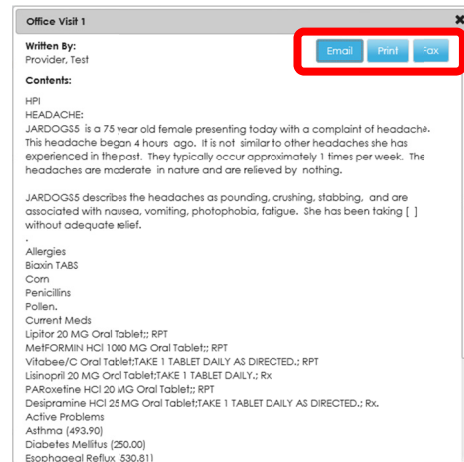
To view any additional details available about a document, click the Details button.



If you do not want a document, click the Delete button to remove it from your list.

Clicking the “Details” button of a document will open that document in a pop up window.

You are able to Print, Email or Fax that document from the pop up window.



You can add your own documents to FMH by clicking the “Add Document” button.

Enter a name for the document in the **Document Name** field.

Enter the date the document was created in the **Date** field.

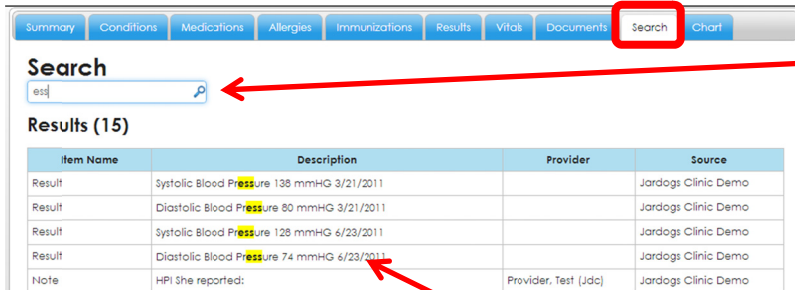
If the document came from a doctor and you know who, enter their name in the **Provider** field.

Click the **Choose File** button to find the document on your computer and upload it to FMH.

Click the **Save** button to move the document to your FMH account.

Search

The Search screen allows you to search your FMH account across all My Health fields.



Start typing what you are looking for in to the search field.

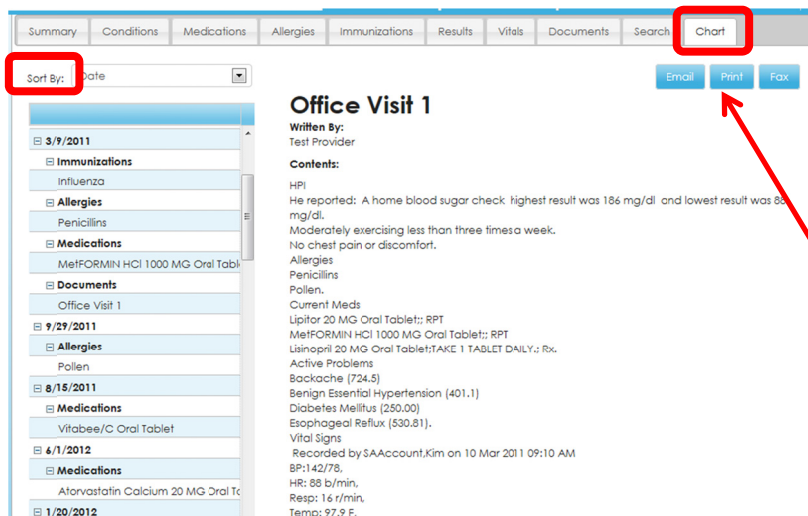
As you type, results will start populating the Results field.

The matching criteria is highlighted.

To view a returned item, click the Description name. The item will open in a pop-up window.

Chart View

The Chart view allows you to search for a particular item by date or provider.



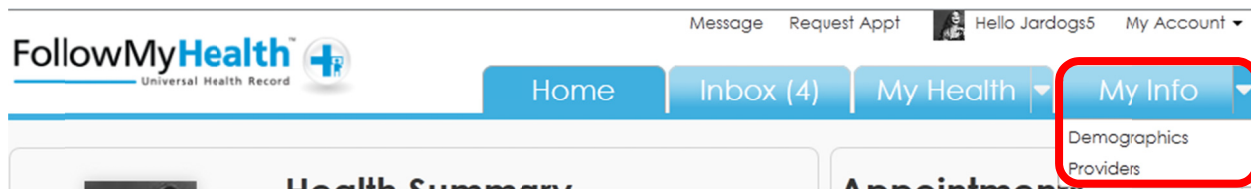
Choose how you want to view the data by using the **Sort by** dropdown. You can view by Date or by Provider.

When you find the correct item, click on it to display that item in the pane to the right.

You can Email, Print or Fax the selected item.

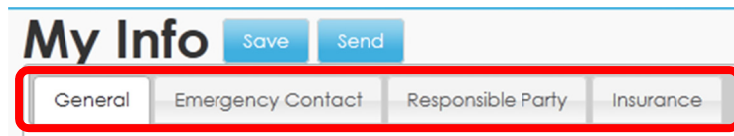
My Info

My Info contains the Demographics and Providers pages. You navigate to the desired tab directly from the main My Info tab by using the dropdown selector.



Demographics

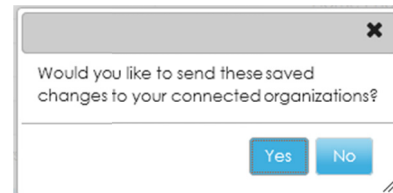
The Demographics page is separated in to four categories: General, Emergency Contact, Responsible Party, and Insurance.



You can make changes on any of the four pages and use the "Save" button to save the changes.

When you click "Save," you will be prompted to send the changes you made to your healthcare organization.

Click "Yes" to send the changes.



General Demographics

General Demographics are basic information about you.

Please note:

- The demographic information in FMH does not get updated when changes are made at HMF.
- Updates to the demographic information in FMH are not sent to HMF.

Basic Information

Name/DOB

First Name:

Last Name:

Date of Birth:

Social Security Number:

Show Numbers?

Gender:

Address

Street:

City:

State:

Zip Code:

Contact Information

Email:

Home Phone:

Work Phone:

Cell Phone:

Basic Information includes sections on your Name/Date of Birth, Contact Information, and Address.

Some of this information may already be filled out for you based on what you provided to HMF at the time you signed up for FMH.

You can make corrections or enter information for any fields that do not have answers.

Social Information

It is a federal requirement that we ask the next questions. If you are uncomfortable answering any of these, you have the option to decline (by choosing "Declined to Answer" in the dropdown).

Race:

Religion:

Ethnicity:

Language:

Preferred Pharmacy

COFFMAN DRUG STORE INC. 303 N. STATE STREET

Social Information seeks to collect information the federal government mandates your organization collect about you.

There is a "Declined to Answer" choice for each category if you do not wish to answer any of them.

Your **Preferred Pharmacy** is where your prescription requests will default to. You are able to change it at the time of the request.

See the section on My Health -> Medications -> Adding or Editing your Pharmacy (page 40) for more details on how to change your pharmacy.

Emergency Contact

Emergency Contact lists who you would like to be notified in case of an emergency.

Please note:

- The Emergency Contact information in FMH does not get updated when changes are made at HMF.
- Updates to the Emergency Contact information in FMH are not sent to HMF.

Emergency Contact

Name

First Name:

Last Name:

Relationship:

Contact Information

Home Phone:

Work Phone:

Cell Phone:

Address

Street:

City:

State:

Zip Code:

Emergency Contact contains sections for their Name, Contact Information, and Address.

Some of this information may already be filled out for you based on what you provided to HMF at the time you signed up for FMH.

You can make corrections or enter information for any fields that do not have answers.

Responsible Party

Please note:

- The Responsible Party information in FMH does not get updated when changes are made at HMF.
- Updates to the Responsible Party information in FMH are not sent to HMF.

Responsible Party Information

Name

First Name:

Last Name:

Relationship:

Date of Birth:

Address

Street:

City:

State:

Zip Code:

Contact Information

Home Phone:

Work Phone:

Cell Phone:

Responsible Party, sometimes also called Guarantor, contains sections for their Name, Contact Information, and Address.

The Responsible Party is the person who is responsible for any bills incurred at the organization.

Some of this information may already be filled out for you based on what you provided to HMF at the time you signed up for FMH.

You can make corrections or enter information for any fields that do not have answers.

Insurance

The Insurance page will hold up to three insurances.

Please note:

- The Insurance information in FMH does not get updated when changes are made at HMF.
- Updates to the Insurance information in FMH are not sent to HMF.

Insurance Information

Primary Insurance

▼

Basic Policy Information

Insurance Name:	<input type="text" value="WPS MEDICARE PART B /PO BC"/>	Employer Name:	<input type="text"/>
Street:	<input type="text"/>	Street:	<input type="text"/>
City:	<input type="text"/>	City:	<input type="text"/>
State:	<input type="text" value="Unknown"/>	State:	<input type="text" value="Unknown"/>
Zip Code:	<input type="text"/>	Zip Code:	<input type="text"/>
Policy Number:	<input type="text" value="734999999A"/>	Effective Date:	<input type="text"/>
Group Number:	<input type="text"/>	Co-Pay:	<input type="text" value="0"/>

Policy Holder Information

Name:	<input type="text"/>	Street:	<input type="text"/>
Date of Birth:	<input type="text"/>	City:	<input type="text"/>
Social Security Number:	<input type="text"/>	State:	<input type="text" value="Unknown"/>
Relationship:	<input type="text" value="Other / Unknown"/>	Zip Code:	<input type="text"/>

For each insurance, there are two categories: Basic Policy Information and Policy Holder Information.

Basic Policy Information is about the insurance company itself while Policy Holder Information concerns the person who has the insurance.

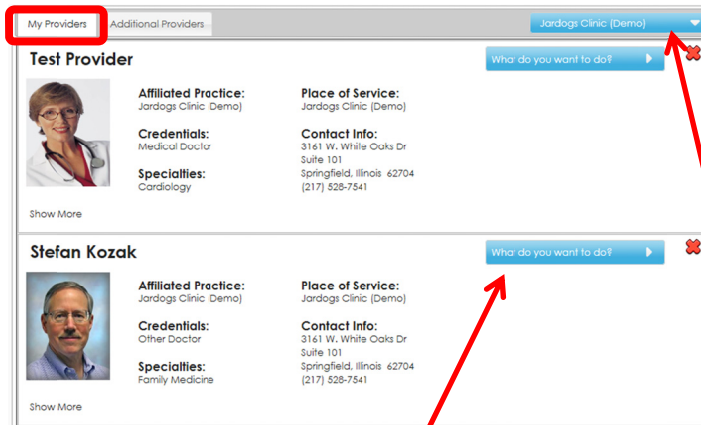
Some of this information may already be filled out for you based on what you provided to HMF at the time you signed up for FMH.

You can make corrections or enter information for any fields that do not have answers.

Providers

Providers contains two sections: My Providers and Additional Providers.

My Providers



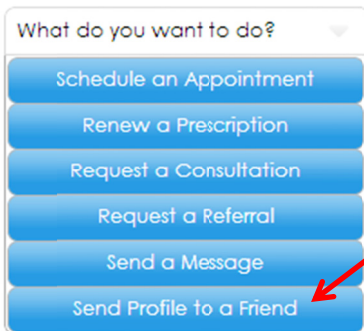
My Providers displays the providers associated with you.

You will be able to see a picture of your provider along with some brief facts.

If connected to more than one organization, you can use the organization filter dropdown to sort the providers. In the instance that you are connected to more than one organization, the default will be to view all providers.

To interact with a provider, click the “What do you want to do?” dropdown to see the options available for the chosen provider.

From the “What do you want to do?” dropdown, you have the potential following options:

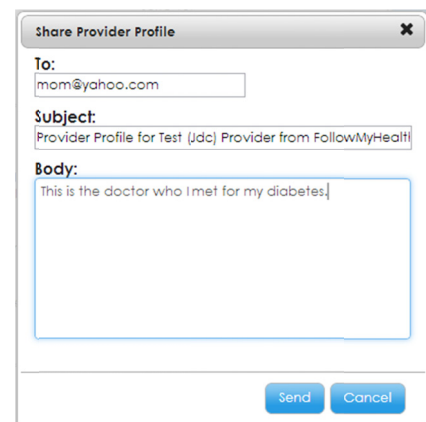


The options your HMF provider has chosen to participate in will be listed in their “What do you want to do?” dropdown.

You also have the ability to send their profile, exactly as you see it in FMH, to a friend or family member. Click the “Send Profile to a Friend.”

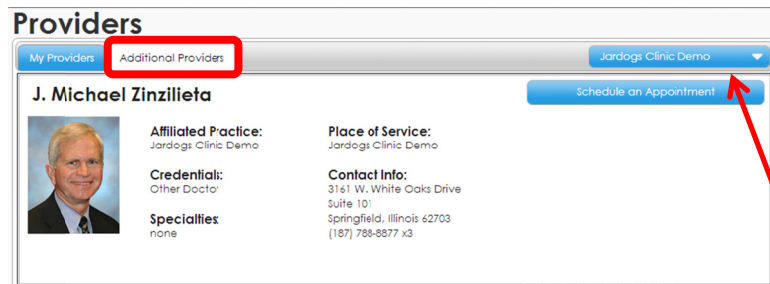
Upon clicking “Send Profile to a Friend,” a pop-up box displays. Enter the email address of the person you want to send it to. You can also enter a message to be delivered with the profile in the **Body** section of the pop-up.

Click the “Send” button to send it to the email recipient.



Additional Providers

Additional Providers are providers you have not seen before but they are accepting new patient requests online.



You still have the ability to filter Additional Providers by their organization if you're connected to more than one organization, by using the dropdown. If you are connected to more than one organization, we will default this page to show Additional Providers from all organizations.

The only option that will ever be available from this screen is the "Schedule an Appointment" link.