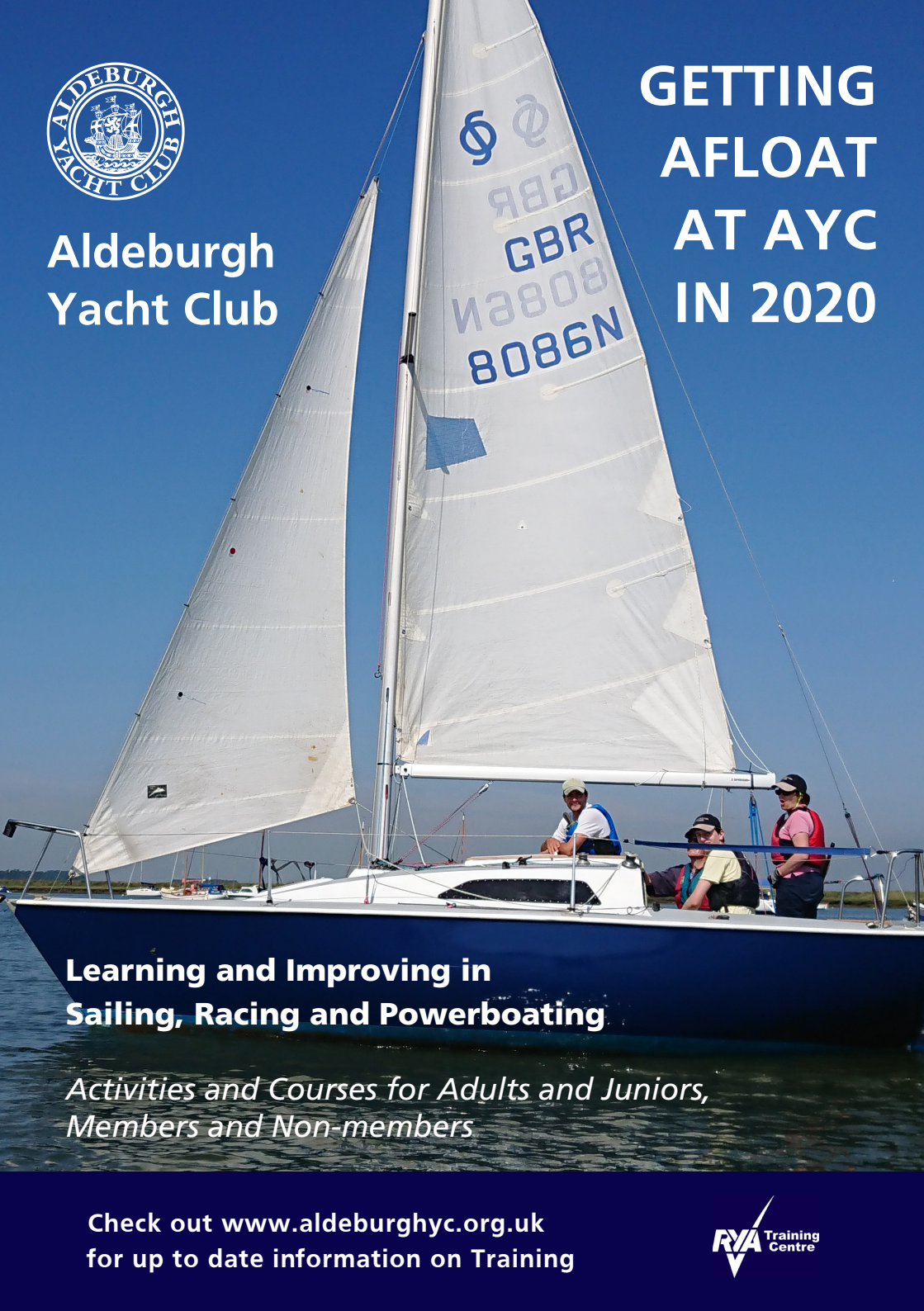




**Aldeburgh  
Yacht Club**

**GETTING  
AFLOAT  
AT AYC  
IN 2020**



**Learning and Improving in  
Sailing, Racing and Powerboating**

*Activities and Courses for Adults and Juniors,  
Members and Non-members*

Check out [www.aldeburghyc.org.uk](http://www.aldeburghyc.org.uk)  
for up to date information on Training



# Welcome to AYC Training



Aldeburgh Yacht Club runs a summer holiday programme of Royal Yachting Association (RYA) dinghy sailing courses, as well as lots of other RYA and Club training activities. We have a busy racing, cruising and social programme for members, including an excellent junior programme in the summer holidays and lessons available throughout the season.

The AYC Schools Sailing Programme runs in conjunction with the RYA OnBoard scheme to get young people from schools in our community on the water. In 2019 the AYC Schools Sailing Trust was set up and supported with funds from Member donations and our sponsors – Suffolk Secrets, James White Drinks, RF Upson & Son, Stressless (Ekornes Ltd) and Ward & McKenzie Yacht Consultants.

## RYA Training Centre

AYC is an RYA Recognised Training Centre (RTC). We have an RYA Principal to oversee the administration and management and a Chief Instructor who is responsible for the delivery of all the Club's training activities.



We appoint an experienced RYA Senior Instructor as Course Leader for the summer courses. Our team of RYA instructors are mostly Club members who have learnt and qualified through courses at AYC, giving our training centre a very family friendly focus. Many qualified members also volunteer in support of our charity sailing schemes.



## EVERYONE IS WELCOME TO LEARN TO SAIL AT AYC.

A good way to start is to visit us on our Open Day on Sunday 17th May where you can get afloat for a taster sail in a variety of dinghies or keelboats with experienced club members. If you can't make that, there are two 'Try Sailing' events that you can book on to later in the month.

If you enjoy sailing and want to do more, booking onto one of our RYA sailing courses is a good step. These run in July and August for five half days, from Mondays to Fridays (see the full course programme on page 3 and 4).

These sailing courses take you from complete beginner to sailing or racing expert, from 8 to 88, so there is something for everyone.

Individual sailing tuition is available throughout the season and is a great way to explore the river as well as to learn to sail or improve existing skills.



# RYA Summer Sailing Course Programme 2020

WEEK	MORNINGS 0900 - 1230					
Booking Ref	WK1/1	WK1/2	WK1/3	WK1/4	WK1/5	WK1/6
Week 1 13 - 17 Jul	Stage 1 8 - 10	Stage 2 8 - 10	Stage 3 10 - 12	Stage 4 12+	Seamanship 12+	Start Racing Adult (Laser)
Booking Ref	WK 2/1	WK 2/2	WK 2/3	WK 2/4	WK 2/5	WK 2/6
Week 2 20 - 24 Jul	Stage 1 8 - 10	Stage 2 8 - 10	Stage 3 10 - 12	Stage 4 12+	Keelboat Youth	Level 1 Adult
Booking Ref	WK 3/1	WK 3/2	WK 3/3	WK 3/4	WK 3/5	WK 3/6
Week 3 27 - 31 Jul	Stage 1 8 - 10	Stage 2 8 - 10	Stage 3 10 - 12	Improve your Skills Stage 3+ 11 - 13	Seamanship 12+	Keelboat Adult
Booking Ref	WK 4/1	WK 4/2	WK 4/3	WK 4/4	WK 4/5	WK 4/6
Week 4 3 - 7 Aug	Stage 1 8 - 10	Stage 1 10 - 12	Stage 2 8 - 10	Improve your Skills Stage 2+ 9 - 12	Stage 4 12+	Keelboat Adult
<b>JUNIOR AND YOUTH REGATTA followed by AYC REGATTA WEEK</b>						
Booking Ref	WK 5/1	WK 5/2	WK 5/3	WK 5/4	WK 5/5	WK 5/6
Week 5 24 - 28 Aug	Stage 1 8 - 10	Stage 1 10 - 12	Stage 3 10 - 12	Improve your Skills Stage 3+ 11 - 13	Day Sailing 12+	Keelboat Youth

## AYC Junior & Youth Regatta

Sun 9th - Thurs 13th Aug 2020

## AYC Senior Regatta

Sun 16th - Fri 21st Aug 2020



# RYA Summer Sailing Course Programme 2020

WEEK	AFTERNOONS 1330 - 1700					
Booking Ref	WK1/7	WK1/8	WK1/9	WK1/10	WK1/11	WK1/12
Week 1 13 - 17 Jul	Stage 1 12+	Improve your skills Stage 2+ 9 - 12	Stage Racing 10 - 12	Start Racing 12+	Optimist Grade 1 8-10 own boat	Level 3 Adult
Booking Ref	WK 2/7	WK 2/8	WK 2/9	WK 2/10	WK 2/11	WK 2/12
Week 2 20 - 24 Jul	Stage 1 8 - 10	Stage 2 10 - 12	Start Racing 10 - 12	Spinnakers 12+	Tera Racing 11+ own boat	Keelboat Adult
Booking Ref	WK 3/7	WK 3/8	WK 3/9	WK 3/10	WK 3/11	WK 3/12
Week 3 27 - 31 Jul	Stage 2 10 - 12	Stage 3 12+	Start Racing 10 - 12	Day Sailing 12+	Optimist Grade 3 10+ own boat	Feva Racing 12+ own boat
Booking Ref	WK 4/7	WK 4/8	WK 4/9	WK 4/10	WK 4/11	WK 4/12
Week 4 3 - 7 Aug	Stage 1 12+	Stage 2 10 - 12	Stage 3 10 - 12	Start Racing 12+	Tera/Optimist Racing 11+ own boat	Laser Race Coaching 14+ own boat
JUNIOR AND YOUTH REGATTA followed by AYC REGATTA WEEK						
Booking Ref	WK 5/7	WK 5/8	WK 5/9	WK 5/10	WK 5/11	WK 5/12
Week 5 24 - 28 Aug	Stage 2 10 - 12	Stage 2 12+	Start Racing 12+	Spinnakers 12+	Optimist Grade 2 8 - 10 own boat	Assistant Instructor 15+ by application

Bookings can be made via the forms on the AYC website, where you will find plenty of information about the courses and other sailing and training activities offered - definitely worth a read.

## Weekly highlights:

**Mondays** - Welcome and information for parents, immediately after registration

**Thursdays** - Race Day, a great opportunity to bring friends and family to watch fun and action afloat

**Fridays** - Prize Giving and a chance to celebrate the success of the week and enjoy the Club's facilities



# More Sailing and Activities...



*RYA Safety boat training*

**Powerboating** If you prefer to get afloat aboard something a little dryer, we run powerboat courses in the Spring and Autumn. These 2-day courses provide the

skills and knowledge required to drive a powerboat under 10m safely and enable you to apply for an International Certificate of Competence, often required if chartering a boat abroad.

For those wanting to help with Club events we also run safety boat training where you will hone your manoeuvring skills and learn how to tow, right, rescue and recover a variety of boats

**Keelboat sailing** is available in our 23 ft Hunter Sonata mini cruiser. This is ideal for groups of up to 3 wanting to learn or sail together and is a great way to explore the river and enjoy picnic sails.

## Training and activities for members

Once you have decided that sailing or powerboating are for you, the club offers fantastic facilities for members. You can continue learning to sail at discounted members rates and participate in the many activities we offer in addition to the club racing, cruising and social programme.

**Summer Holiday Junior Sailing** - supervised sailing and racing activities, 6 mornings a week through the holiday, at no extra charge. A great way to make friends and prepare for AYC's Junior Regatta in August.

**Club Sailing** - Sunday mornings for some relaxed sailing with an instructor on hand, ideal for juniors, adults and families - prior sailing experience required.

**Ladies Who Launch** - Wednesday afternoons, enjoy the river with a

friendly group of like-minded sailors with an instructor on hand - prior sailing experience is required.



<b>RYA Courses</b>	Member	Non-Member
Dinghy sailing - 5 half days (including Assistant Instructor course)	£200.00	£270.00
Dinghy sailing - own boat course - 5 half days	£170.00	£230.00
Powerboat - 2 days	£245.00	£325.00
Powerboat - own boat -2 days	£220.00	£290.00
First Aid - 1 day	£70.00	£95.00
VHF Radio, plus exam, 1 day (10 hrs) - includes the RYA licence fee	£180.00	£240.00
Safe and Fun - online safeguarding course	£12.00	£15.00
Dinghy Instructor pre-assesment - 1 day	£70.00	£95.00
Dinghy Instructor Course - 5 days	£390.00	£490.00

<b>Private Tuition and Coaching</b>	Member	Non-Member
1:1 tuition per hour	£30.00	£40.00
Supplement per extra person per hour	£10.00	£13.00
Use of club boat per hour	£7.00	£9.00

*Note that there is a supplement per extra person per hour, up to a maximum of 3 per instructor*

<b>Keelboat Sailing</b>	Member	Non-member	Supplement per person Member	Non-Member
Try Keelboat Sailing, taster sessions - approx 2 hours	£35.00	£45.00	£10.00	£15.00
Keelboat training - five 3 hour sessions	£210.00	£310.00	£50.00	£75.00
1:1 tuition per hour (min 2 hours)	£35.00	£45.00	£12.00	£15.00

#### **Skipped charter (for day sailing, picnics, racing etc)**

2 Hours	£30.00	£45.00	£10.00	£15.00
Half day	£65.00	£85.00	£16.00	£20.00
Full day	£115.00	£150.00	£30.00	£45.00

#### **Skipper assesment - members only (2 hours)**

	£30.00		£10	
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*Note there is a supplement per extra person up to a maximum of 3 adults, or 2 adults and 2 children under 12*

<b>Club Dinghy and Keelboat Charter</b>	Tera	Feva	Laser	Wayfarer or Quest	Keelboat
Per club training activity or club race	£11.00	£13.00	£12.00	£16.00	£22.00
Half day	£20.00	£25.00	£22.50	£30.00	£40.00
Full day	£30.00	£40.00	£35.00	£50.00	£65.00
Week	£130.00	£170.00	£150.00	£210.00	£285.00
Regatta Race Charter	£180.00	£240.00	£210.00	£295.00	£385.00

*Notes: Temporary membership for non-member dinghy charter per day: £18.50*

*Keelboat charter - members only*



# Boat Charter

AYC has an excellent fleet of up to date training boats available for charter for racing, sailing and lessons throughout the season, also at weekends and when not in use for the summer courses. The boats reflect some of the main fleets sailed at the club, so if you are thinking about buying your own boat, they are ideal to charter to try out. Most boats are available with racing sails.

12 **Teras** single handed junior dinghies, with 3 larger 'pro' rigs for more experienced sailors - new 2018/19

1 **Optimist** single handed junior racing and training dinghy

4 **Fevas** double handed junior dinghies, with asymmetric spinnakers - new 2020

3 **Quests** double handers - ideal for juniors and adults, with asymmetric spinnakers - new 2018/19

3 **Lasers** single handed youth and adult boats, with the 3 different rigs - fully refitted 2019

2 **Wayfarers** - excellent for day sailing, seamanship and racing as well as beginners. Equipped with racing sails as well as reefable training sails

1 **Hunter Sonata** - a 23 ft keelboat equipped with a small outboard, marine loo, stove and kettle (member charter only) - full refit 2019

*Please note that you need to have suitable RYA qualifications or equivalent experience to charter the AYC dinghies and keelboat.*

AYC Training Fleet



If you would like to arrange an instructor, or discuss any bespoke sailing or powerboating requirements, please leave a message for Sarah Davies, Resident Instructor, AYC Training: 07876 883332 / [training@aldeburghyc.org.uk](mailto:training@aldeburghyc.org.uk).

Booking forms are available on [www.aldeburghyc.org.uk](http://www.aldeburghyc.org.uk) and must be completed and returned along with payment direct to Aldeburgh Yacht Club in advance of any instruction.

For all general and membership enquiries please contact 01728 452562 / [secretary@aldeburghyc.org.uk](mailto:secretary@aldeburghyc.org.uk).

**Aldeburgh Yacht Club, Slaughden Road, Aldeburgh IP15 5NA**

