

WINASH GAZETTE FEBRUARY 2020 edition

2020 is now well underway.

A warm welcome to our new members of staff: Catherine Scott - Deputy Manager, Anicia Skeates - Apprentice Care Assistant and Sophie Marriott - Kitchen Assistant.

New Year's Day - time for resolutions & wishes

New Year's Day, a new tree - a 'wish tree' was born here at Winash. Following chats with all who live at Winash, their wishes of things to do 'before I am too old', was identified, and have become the basis of the wish tree.

Many residents participated in the discussions, and as a result we have a plethora of activities individuals would love to do. We plan to make as many as we can come true. If you would like to help in any way, please let us know.

All wishes will be displayed shortly in the dining room. Watch this space to read about amazing things happening.

Magical January

During the month of January, we have seen exciting events transpire into something magical.

Knitting for the Nursery - a few of Winash's finest knitters produced some fantastic outfits for the dolls at Rydal Day Nursery. June and Margaret had the pleasure of seeing the delight on the children's faces when they delivered the outfits.

Our resident florist Meg continues to be hard at work displaying beautiful arrangements at the tables and in the entrance hall.

Wish tree - we have been working towards 'making dreams a reality' from our Winash Wish Tree. A resident had said they'd always wanted to go to the Caribbean but, as it is a tad too far to travel, we brought the Caribbean to Winash. We had music, dancing, the limbo, played the drums, hula hooping and, even, a tour using a virtual headset. The kitchen provided a mouth-watering explosion of flavour and colour with jerk chicken and a host of trimmings, not forgetting the cocktails - white rum.. ooh yum!

Silent Disco - We listened via headphones to our own personal disco, dancing and singing along.



Baking - we have baked shortbread, muffins and classic rice krispie cakes, which were enjoyed by all.

Trishaw - Heather has been busy getting ladies & gents out on the trishaw, when the weather allows, and even got down to Marine Lake to with a couple of residents to see the New Year's Day swim.



Plus, we have sent postcards to loved ones and even had our shoes shined.

Winash Choir

During 2020 we plan to get the Winash Choir up and running. Singing has so many positive benefits both physically and mentally. We are open for ANYONE to join. The residents and staff welcome friends & family for a bit of fun, uplifting singing. Rehearsals are alternate Thursday afternoons and the next rehearsal will be 13th February 2020.

So, if you're interested in joining us, you can drop us an email or even better just turn up. Hopefully we will see you on Thursday, 13th February from 1.45pm.

Coming up in February

- 4th February - 10.00am - Church Coffee Morning
- 4th February - 6.15pm Beaver Scouts visit
- 6th February - 3.00pm - Baptist Church Service
- 11th February - 10.00am - Church Coffee morning
- 11th February - 6.15pm - Brownies & Lego
- 12th February - 6.15pm - Brownies & Lego
- 13th February 2.00pm - Winash Choir
- 18th February - 10.00am - Church Coffee Morning
- 18th February - 4.00pm - Mini Concerts for Seniors
- 19th February - 10.45am - Residents' Meeting
- 20th February - 11.00am - Holy Communion Service
- 25th February - 10.00am - Church Coffee Morning
- 27th February - 2.00pm - Winash Choir