

Coaches Code of Conduct

At all times coaches must follow the Amateur Swimming Association (ASA) Code of Ethics, Rules and Regulations and the provisions of Wavepower, the ASA Child Protection Act. The guiding principles of these documents are:

- The swimmer's welfare is the first consideration.
- A responsible sports coach helps the development of individuals through improving their performance. This is achieved by:
 - Identifying and meeting the needs of individuals.
 - Improving performance through a progressive programme of safe, guided practice, measured performance and/or competition.
 - Creating an environment in which individuals are motivated to maintain participation and improve performance.
- Coaches should comply with the principles of good ethical practice listed below:
 - Coaches must respect the rights, dignity and worth of every person and treat everyone equally within the context of their sport. Being fair and equal in team and training selection.
 - Coaches must place the well being and safety of the swimmer above the development of performance. They should follow all guidelines laid down by the ASA and the club.
 - Coaches must develop an appropriate working relationship with swimmers (especially children), based on mutual trust and respect.
 - Coaches must not exert undue influence to obtain personal benefit or reward.
 - In particular, coaches must not use their position to establish or pursue a sexual or improper relationship with an athlete or someone close to them.
 - Coaches must encourage and guide performers to accept responsibility for their own behaviour and performance.
 - Coaches should hold relevant, recommended, up to date and nationally recognised ASA coaching/teaching, relevant lifesaving qualifications and IOS membership.
 - Coaches must ensure the activities they direct or advocate are appropriate for the age, maturity, experience and ability of the individual.
 - Coaches should, at the outset, clarify with the swimmers (and where appropriate with their parents) exactly what is expected of them and what swimmers are entitled to expect from their coach. A contract may sometimes be appropriate.
- Coaches should co-operate fully with other specialists (e.g. other coaches, officials, sport scientists, doctors, physiotherapists) in the best interest of the swimmer.
- Coaches should always promote the positive aspect of their sports (e.g. fair play) and never condone rule violations or the use of prohibited substances.
- Coaches should refer all concerns of a child safeguarding nature in line with the procedures detailed in Wavepower 2012/15 to the club Welfare Officer.

Coach Name: _____ Date: _____

Signed: _____

Note: All documents referred to within this document are available on the Aquavision website.