

Coquille St Jacques 8's Pack

0496

Queen Scallops in a creamy white wine sauce with chopped onion and mushrooms. Served in a large natural Scallop Shell. Finished with hand piped potato, parmesan and a dusting of paprika.

CASE: 8 x 240g

- > Shells filled and garnished by hand
- > Rich sauce with white wine (no flavouring added)
- > Large scallop shell for great presentation
- > Quick and easy preparation back of house
- > Popular dish which is time consuming to make

Oven Bake Micro



Goujons - Breaded Chicken Fillet

0280

Inner fillet goujons (fully cooked), no skin, bone or gristle, in a 3 way cook breadcrumb. Perfect for starters and buffets.

CASE: 1.5Kg Pack

- > Proper whole muscle chicken - Inner Fillets
- > 3 way cook coating - light and crispy
- > Fully cooked product - simply reheat from frozen
- > High chicken content

Deep Fry Oven Bake Grill



Goujons - Southern Fried Chicken Fillet

0282

Inner fillet Goujons, no skin bone or gristle, three way cook in a Southern Fried Breadcrumb.

CASE: 1.5Kg Pack

- > Proper Inner Fillet goujons in a spicy coater
- > 3 way cook coating, light and crispy
- > Fully cooked product - simply reheat from frozen
- > Great for buffets / starters
- > High chicken content

Deep Fry Oven Bake Grill



Haddock Bites

0116

Prime Atlantic Fillet pieces in a natural breadcrumb coater. Oven or fry.

CASE: 8 * 500g

- > Prime Haddock fillet - skinless and boned
- > Natural breadcrumb - free of additives
- > Ovenable for healthy cooking
- > High Haddock fillet content

Deep Fry Oven Bake



Popcorn Chicken

0323

Whole chunks of chicken breast in a light southern fried crumb.

CASE: 4 x 2.5kg

- > Chicken breast fillet pieces
- > Light bubbly "popcorn" style batter coating
- > Simply oven from frozen in just 10-15 mins

Oven Bake



Wholetail Breaded Scampi

0239

2-3 prime whole tails of Scampi hand formed into a cluster then enrobed in a premium Japanese style natural breadcrumb. Specially designed to be ovenbaked. Count: 20-30 / lb.

CASE: 10 x 454g

- > Large wholetails of Scampi with low water addition
- > Unique natural ovenable crumb for best results when ovenbaked
- > Large consistent piece size

Deep Fry Oven Bake Grill



B: Red Meats Prepared

Beef en Croute

0032

A tender piece of prime Blade of Beef with Chicken Liver Pate and sauteed Mushrooms all wrapped in puff pastry and garnished with mushrooms.

CASE: 6 * 225g

- > Prime English blade of beef - flavoursome and succulent
- > Handmade puff pastry and pate
- > Open pastry fold with fresh Rosemary sprig
- > Large 225g portion for good plate presentation
- > Prime ingredients will command a premium menu pricing
- > UK sourced

Oven Bake



Beef Wellington

0256

Grass Fed Nottinghamshire Fillet of Beef with a mushroom duxelle and a handmade chicken liver pate with brandy. All wrapped in a handmade puff pastry and garnished with olive and cherry tomato.

CASE: 6 x 255g

- > Prime Grass Fed Nottinghamshire Fillet of beef
- > Fillet is raw - oven cook from frozen
- > Rich handmade mushroom duxelle and pastry
- > Handmade chicken liver pate with brandy
- > Attractively garnished with olives and cherry tomato

Oven Bake



Lamb Shank

0150

Slow cooked so the lamb falls from the bone and is steeped in the rich flavours of the red wine and juniper sauce.

Simply reheat the shank either in its pouch or microwave.

CASE: 6 x 600g

- > Large individual 600g portion (450g shank + sauce)
- > Rich sauce of red wine and juniper
- > Pre cooked and frozen so simple re-heat in the pouch in a pan of boiling water

Oven Bake Micro Simmer in Pouch

GLUTEN FREE



Minted Lamb Purse (Classic Pastry Fold) 270g

0009

Lean New Zealand Lamb slowly cooked in a mint gravy all enveloped in a handmade pastry purse garnished with mint and egg wash.

CASE: 8 * 270g

- > Our top selling purse classic pastry fold
- > Lean New Zealand Lamb pieces
- > Rich minted gravy and handmade pastry - no additives
- > Large on plate presentation

Oven Bake



Pork & Apple en Croute

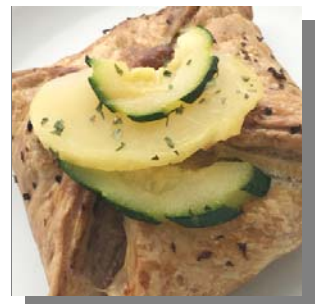
New 0218

Roasted Pork mixed with apple, encased in a handmade puff pastry and garnished with courgette, apple slices & french herbs.

CASE: 6 x 270g

- > Handmade puff pastry
- > Oven from frozen
- > Large main course portion

Oven Bake



Pork & Caramelised Red Onion Roulade

0208

Nottinghamshire Pork with caramelised red onion rolled in handmade puff pastry.

CASE: 6 x 200g

- > Large 200g serving
- > Full of Nottinghamshire Red Tractor and outdoor reared pork
- > Mildly spiced with caramelised red onion.
- > Simply cook from frozen

Oven Bake



Pulled Pork - Smoked Paprika & Hot Chilli (Ingot)

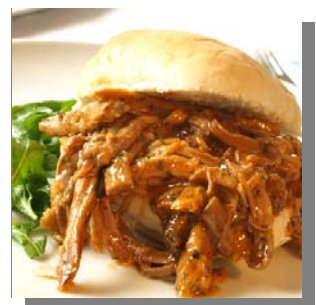
0052

Delicious Nottinghamshire Pork spiced with Smoked Paprika and Hot Chilli. Immense menu flexibility - from filled rolls on the go to centre of plate.

CASE: 10 x 250g

- > Case has 10 ingots of 250g each individually vacuum packed
- > Fully cooked and frozen
- > Microwave from frozen - quick and easy
- > Nottinghamshire Red Tractor Pork

Micro



Pulled Pork - Smokey BBQ (Ingot)

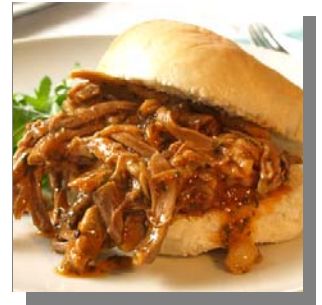
0051

Delicious Nottinghamshire Pork spiced with a rich smokey BBQ sauce. Immense menu flexibility - from filled rolls on the go to centre of plate.

CASE: 10 x 250g

- > Case has 10 ingots of 250g each individually vacuum packed
- > Fully cooked and frozen
- > Microwave from frozen - quick and easy
- > Nottinghamshire Red Tractor Pork

Micro



Sherwood Stuffed Pork

0090

British Red Tractor pork tenderloin, stuffed with a farmhouse sage & onion stuffing, all wrapped in a prime back bacon and garnished with a bay leaf.

CASE: 8 x 235g

- > Vac Packed
- > Garnished with Bay Leaf
- > Large 235g portion
- > Portions individually flow wrapped

Oven Bake



Steak & Guinness en Croute 270g

0250

New Recipe

Prime naturally grass reared beef steak in a rich Guinness gravy all enclosed in a handmade puff pastry purse and finished with parsley, paprika and egg wash.

CASE: 6 x 270g

- > Same recipe as our classic purse but now with a new pastry fold and garnish
- > Lean natural grass fed beef steak
- > Real Guinness and handmade pastry purse

Oven Bake



Steak & Guinness Purse (Classic Pastry Fold) 270g

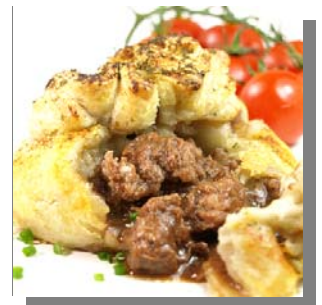
0015

Prime naturally grass reared beef steak in a rich Guinness gravy all enclosed in a handmade puff pastry purse and finished with parsley, paprika and egg wash.

CASE: 8 * 270g

- > Our top selling purse classic pastry fold
- > Lean natural grass fed beef steak
- > Real Guinness and handmade pastry purse
- > Great on plate presentation
- > Easy prep from frozen

Oven Bake



Steak & Stilton

0399

Prime naturally grass reared beef steak in a rich Stilton cheese gravy all enclosed in a handmade puff pastry purse and finished with poppy seeds and egg wash.

CASE: 8 x 270g

- > Lean natural grass fed beef steak
- > Generous Stilton sauce
- > Handmade pastry purse
- > Great on plate presentation
- > Easy prep from frozen

Oven Bake



C: Game Meat Recipes

Game Purse (Classic Pastry Fold) 270g

0010

A combination of venison, rabbit, partridge and pheasant in a red wine and juniper gravy all enclosed in a handmade puff pastry purse garnished with egg wash and herbs.

CASE: 8 * 270g

- > Our top selling purse classic pastry fold
- > Generous combination of game meats (seasonal variation)
- > Handmade puff pastry
- > Large plate filling portion
- > Easy preparation from frozen
- > Free from artificial additives and ingredients

Oven Bake



Rabbit & Cider Purse

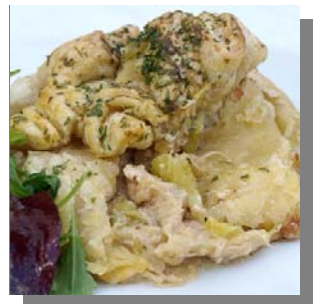
New 0333

Richly filled with pieces of lean rabbit in a sauce of wholegrain mustard, cider and leeks.

CASE: 6 x 270g

- > Large 270g en crouete
- > Made by hand in our renowned puff pastry folded as a purse
- > Generous quantity of lean rabbit in a cider, wholegrain mustard and leek sauce
- > Attractively garnished for impactful frozen presentation
- > Simple oven bake cooking

Oven Bake



D: Chicken - in Pastry

Chicken Wellington

0076

A tender piece of British chicken with garlic mushrooms all enclosed in handmade lattice pastry.

CASE: 6 * 250g

- > Fine quality succulent British chicken
- > Handmade lattice puff pastry
- > Wholesome 250g portion
- > Artificial additive and ingredient free
- > Easy preparation - oven from frozen

Oven Bake



Cotswold Chicken

0041

A whole breast of British chicken filled with Stilton, wrapped in bacon and then all encased in a light lattice puff pastry.

CASE: 6 x 225g

- > Additive free
- > Prime quality British chicken
- > Good sized centre on plate presentation
- > Wholesome additive free dish
- > Easy preparation with that 'from scratch' presentation

Oven Bake



Roast Chicken en Croute

0217

Pulled roasted chicken in a rich gravy and a classic sage & onion stuffing, all encased in a handmade puff pastry and garnished with stuffing ball and bay leaf.

CASE: 6 x 270g

- > Attractive pastry fold with a garnish of stuffing and a bay leaf
- > Handmade puff pastry
- > Oven from frozen
- > Large main course portion

Oven Bake



E: Chicken - Coated

Chicken Fillet Kiev

New 0975

A whole muscle chicken breast fillet Kiev filled with garlic butter and enrobed in an oven bake breadcrumb.

CASE: 8 x 165g

- > Whole muscle chicken breast fillet
- > Generously filled
- > Oven bake from frozen

Oven Bake



Chicken Kiev with Sprig Bone

New 0022

This is a whole muscle Chicken Kiev with Sprig Bone. The chicken breast is filled with garlic butter and then enrobed in a three way cook natural breadcrumb. Simply ovenbake from frozen.

CASE: 20 x 220g

- > Proper whole muscle chicken fillet
- > Oven from frozen
- > Natural crispy breadcrumb
- > Weight tolerance 220g +/- 20g

Oven Bake



Popcorn Chicken 5 x 1Kg Pack

0265

Whole chunks of chicken breast in a light bubbly batter - hence the name!

CASE: 5 x 1Kg

- > Chicken breast fillet pieces
- > Light bubbly "popcorn" style batter coating
- > Simply oven from frozen in just 10-15 mins

Oven Bake

GLUTEN FREE



G: Chicken - Topped & Stuffed Breasts

Cheddar & Ham Chicken Melt

New 0189

Prime chicken breast topped with a cheddar and ham sauce.

CASE: 6 x 225g

- > Large premium quality Chicken breast
- > Attractive garnish for great plate presentation
- > Oven cook from frozen

Oven Bake



Cheddar & Spring Onion Chicken

0042

A whole breast of British chicken wrapped in bacon and filled with a sauce of cheddar and spring onions, all then basted in butter.

CASE: 6 x 200g

- > Whole British chicken breast with Red Tractor bacon
- > Rich Cheddar and spring onion sauce
- > Excellent on plate presentation
- > Additive free

Oven Bake

GLUTEN FREE



Chicken & Mushrooms wrapped in Prosciutto

0458

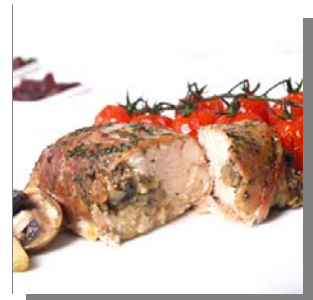
Breast of chicken fillet filled with a selection of wild mushrooms then all wrapped in Prosciutto.

CASE: 6 x 200g

- > A breast of British chicken filled with mushrooms including wild Porcini
- > Wrapped in Prosciutto
- > Generous 200g portion
- > Roast in the oven from frozen or from defrost

Oven Bake

GLUTEN FREE



Chicken Acapulco

0082

A large chicken breast fillet rolled in a cajun glaze then topped with red peppers, red beans, cheese and crushed tortilla.

CASE: 8 x 200g

- > Large British chicken breast
- > Rich in flavour and attractive visual presentation
- > Ovenbake from frozen
- > Individually flow wrapped

Oven Bake



Chicken Corsica

0180

Butterfly fillet of British Chicken glazed in herbs and garlic topped with a sauce of mozzarella, bacon and spring onion all finished with a tomato garnish.

CASE: 6 x 160g

- > Butterfly fillet of British chicken
- > Dusted in herbs and spices with garlic
- > Finished with a sauce of mozzarella, bacon and spring onion
- > Oven from frozen or defrost and microwave

Oven Bake



Chicken Ham & Cheddar

New 0185

A large Chicken butterfly breast fillet with Nottinghamshire Ham and Cheddar topping. Simply oven from frozen and serve with the topping still bubbling!

CASE: 6 x 250g

- > Large chicken breast fillet
- > Tasty topping of Nottinghamshire Ham and Cheddar cheese
- > Simply oven from frozen
- > Pack contains 6 large portions

Oven Bake Micro Grill



Chicken Supreme with Port & Stilton

0490

Prime British chicken breast stuffed with Port & Stilton and wrapped in streaky bacon and basted with butter and herbs.

CASE: 6 x 200g

- > British chicken breast
- > Filled with port and stilton
- > Wrapped in British bacon and basted in butter
- > Roast in the oven

Oven Bake

GLUTEN FREE



Chicken Tuscany

0083

A large chicken breast fillet rolled in a sundried tomato and herb glaze then topped with Mozzarella, ham, spinach and bell peppers.

CASE: 8 x 200g

- > Large British chicken breast
- > Rich in flavour and attractive visual presentation
- > Ovenbake from frozen
- > Individually flow wrapped

Oven Bake



Mozzarella & Chorizo Chicken Melt

New 0187

Prime chicken breast topped with a mozzarella and chorizo sauce, sprinkled with paprika.

CASE: 6 * 225g

- > Large premium quality Chicken breast
- > Attractive garnish for great plate presentation
- > Oven cook from frozen

Oven Bake



Wholegrain Mustard Chicken Melt

New 0186

Prime chicken breast topped with a cheesy wholegrain mustard sauce, finished with a tomato and a sprinkle of chives.

CASE: 6 x 225g

- > Large premium quality Chicken breast
- > Attractive garnish for great plate presentation
- > Oven cook from frozen

Oven Bake



H: Chicken - Plain, Marinated & Glazed

BBQ Glazed Chicken

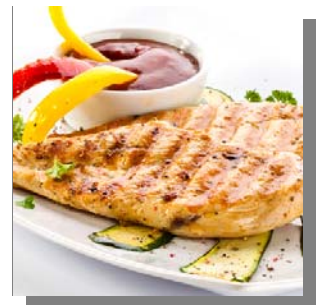
New 0027

Prime Chicken Breast with no skin or bone. Rich in flavour classic BBQ herbs and spices, can be ovenbaked, grilled or BBQ'd.

CASE: 10 x 170g

- > Large skinless and boneless fillets
- > Glazes that give both rich flavours and aroma
- > Designed to be: pan fried, grilled, BBQ'd or roasted
- > Chicken is raw and freshly frozen

Oven Bake Micro Grill



Cajun Glazed Chicken Breast Fillet

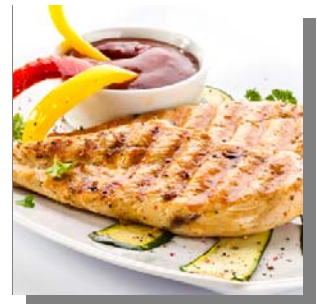
New 0026

Prime Chicken Breast with no skin or bone. Rich in flavour cajun spices, can be ovenbaked, grilled or BBQ'd.

CASE: 10 x 170g

- > Large skinless and boneless fillets
- > Glazes that give both rich flavours and aroma
- > Designed to be: pan fried, grilled, BBQ'd or roasted
- > Chicken is raw and freshly frozen

Oven Bake Micro Grill



Chicken Grills - Mixed Box

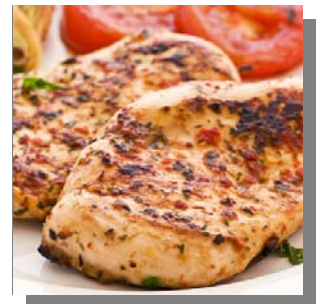
New 0011

Prime Chicken Breast with no skin or bone. Rich in flavour and can be ovenbaked, grilled or BBQ'd.

CASE: 6 x Ptns

- > 3 flavours. 2 of each flavour: Cajun, BBQ and Hot 'n Spicy
- > 6 oz fillets (170g)
- > Individually vacuum packed
- > Glazes that give both rich flavours and aroma.
- > Designed to be: pan fried, grilled, BBQ'd or roasted.
- > See individual labels for ingr

Oven Bake Grill



Hot 'n Spicy Glazed Chicken

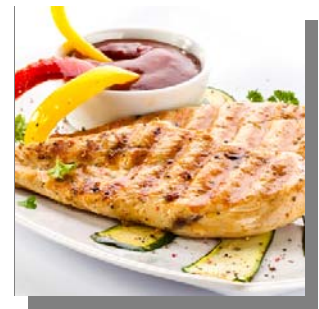
New 0028

Prime Chicken Breast with no skin or bone. Rich in chilli and spices, can be ovenbaked, grilled or BBQ'd.

CASE: 10 x 170g

- > Large skinless and boneless fillets
- > Glazes that give both rich flavours and aroma
- > Designed to be: pan fried, grilled, BBQ'd or roasted
- > Chicken is raw and freshly frozen

Oven Bake Micro Grill



IQF Chicken Goujons

0330

Premium quality inner breast fillets of British Chicken individually frozen. Excellent for stir fries, salads and many other occasions.

CASE: 2kg

- > Proper Inner Fillet - skinless and boneless
- > Raw and IQF without glaze
- > Immense cooking flexibility

Pan Fry Oven Bake

GLUTEN FREE



Marinated Chicken Breast - Cajun

New 0234

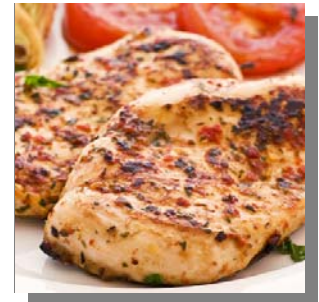
Prime British Chicken butterfly breast in a rich oil based marinade.

CASE: 8 x 150g

- > Prime British chicken butterfly fillet
- > Marinades that are oil based and richly flavoured with natural ingredients
- > Chicken is marinated over night to enhance the flavour
- > Cook in the oven, grill, BBQ or microwave
- > Each fillet is average 150g

Oven Bake Grill

GLUTEN FREE



Marinated Chicken Breast - Ginger, Chilli & Lime

New 0235

Prime British Chicken butterfly breast in a rich oil based marinade of ginger, chilli and lime.

CASE: 8 x 150g

- > Prime British chicken butterfly fillet
- > Marinades that are oil based and richly flavoured with natural ingredients
- > Chicken is marinated over night to enhance the flavour
- > Cook in the oven, grill, BBQ or microwave
- > Each fillet is average 150g

Oven Bake Grill

GLUTEN FREE



Marinated Chicken Breast - Rosemary & Garlic

New 0236

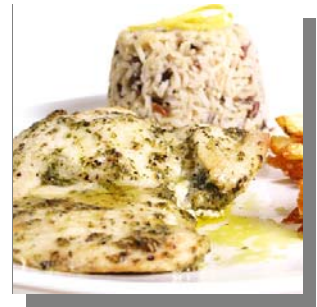
Prime British Butterfly chicken breast in a rich oil based garlic and rosemary marinade.

CASE: 8 x 150g

- > Prime British chicken butterfly fillet
- > Marinades that are oil based and richly flavoured with natural ingredients
- > Chicken is marinated over night to enhance the flavour
- > Cook in the oven, grill, BBQ or microwave
- > Each fillet is average 150g

Oven Bake Grill

GLUTEN FREE



Marinated Chicken Goujons

0388

Rich marinades on inner fillet chicken goujons. A selection pack of three flavours: 1 Ginger Chilli and Lime; 2 Cajun and 3 Garlic & Herb. Use in buffets, as starters and more - very versatile!

CASE: 3 x 500g

- > Individually bagged
- > Rich oil based marinades
- > British Chicken
- > Cook from frozen or from chilled

Pan Fry Oven Bake Micro Grill

GLUTEN FREE



J: Turkey & Duck

Duck Breast

0240

A whole duck breast, boneless, raw with skin on and individually vacuum packed.

CASE: 8 x 180-200g

- > Individually vacuum packed
- > Boneless
- > Large consistent portions

Pan Fry Oven Bake Grill

GLUTEN FREE



Turkey Tournedos - Sage and Onion

0316

British prime turkey medallion topped with sage & onion stuffing all wrapped in rashers of bacon.

CASE: 6 * 240g

- > Prime British Turkey breast
- > Rich handmade stuffing
- > From scratch look presentation
- > Large 240g portion
- > Oven from frozen or chilled

Oven Bake



Woodland Duck

0243

A whole duck breast, boneless, raw with skin on in an orange glaze with a fruit garnish.

CASE: 6 x 240g Ptns

- > Individually vacuum packed
- > Boneless
- > Large consistent portions
- > Attractive garnish

Oven Bake Simmer in Pouch



K: Fish & Seafood - in Pastry

Cod Wellington

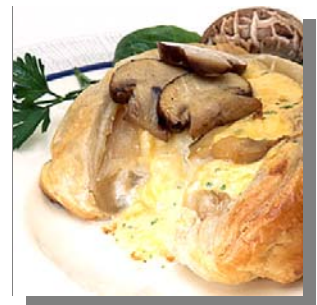
0100

A skinless and boned prime Cod in a rich cheese, prawn & mushroom sauce wrapped in a pastry purse finished with a sliced mushroom and parsley.

CASE: 6 x 215g

- > Prime Atlantic Cod Fillet Portion, skinless and boneless
- > Rich sauce made with cream
- > All made and garnished by hand
- > Puffs to be a very good sized centre of plate presentation

Oven Bake



King Prawn Wellington

New 0080

Handmade puff pastry filled with large Tropical Prawns in a spicy Chilli and Red Pepper sauce.

CASE: 6 x 210g

- > Full of large tropical prawns
- > Rich moderately spiced chilli sauce
- > Handmade puff pastry

Oven Bake



Lobster Thermidor en Croute

0103

Lobster with skinless and boned Cod in a rich and creamy white wine, cheese, mustard and garlic sauce, wrapped in a light puff pastry and topped with a lemon slice and dill.

CASE: 6 x 215g

- > Pieces of lobster with Atlantic Cod
- > Light puff pastry
- > Attractive garnish
- > Easy cooking - oven from frozen

Oven Bake



Salmon & Lobster en Croute

0104

Atlantic Salmon fillet portion in a lobster sauce with tomato, basil and crème fresh all enveloped in puff pastry crusted with parmesan and salad prawns.

CASE: 6 x 225g

- > Hand prepared and attractively garnished
- > Generous 225g portion
- > Large Atlantic Salmon fillet portion
- > Lobster sauce with Parmesan crust finish
- > Simply cook from frozen

Oven Bake



Salmon Cointreau

0476

Skinless and boneless prime salmon fillet smothered in Cointreau and prawn sauce, then cradled in puff pastry. Finished with a twist of lemon, a sprinkle of fresh orange zest and chopped chives.

CASE: 6 x 230g

- > Handmade and visually attractive - both frozen and cooked
- > Proper fine ingredients - not flavourings
- > Puffs to give very good plate coverage
- > Quality ingredients will command good profitable menu pricing

Oven Bake



Salmon Wellington

0101

Prime skinless and boned Salmon in a rich butter and prawn sauce wrapped in a puff pastry purse finished with asparagus and chopped parsley.

CASE: 6 x 215g

- > Good sized portion of Atlantic Salmon
- > Rich sauce of butter with Atlantic prawns
- > Puffs to give very good plate coverage
- > Handmade en croute with asparagus garnish
- > Prime ingredients will allow the caterer to charge a good profitable menu price

Oven Bake



Smoked Haddock Imperial

0105

Smoked Haddock in a rich florentine sauce of spinach and cheese, encased in puff pastry finished with cheddar, red currents and egg glaze.

CASE: 6 x 215g

- > Rich sauce of cheddar and hint of mustard that complements the prime Haddock
- > Handmade puff pastry that swells to give good plate coverage
- > Impactful centre of plate presentation

Oven Bake



Aegean Fillet

0095

Fillet of Dab folded around a cream, spinach and Feta Cheese filling, all enrobed in a parfried rustic breadcrumb with cracked black pepper.

CASE: 35ptns approx @ 130-160g

- > The Dab Fillet is over 45% of the product
- > Dab fillet is a very nice white fish without bone with a nice sweet taste
- > Dab is skinless, 130-160g serving
- > Breadcrumb cooks up really well whether oven baked or deep fried

Deep Fry Oven Bake



Breaded Cod Loins

0020

Skinless and boneless Atlantic Cod Loin rolled by hand in a natural crunchy golden breadcrumb for oven or deep frying.

CASE: 10 x 183-200g

- > New oven optimised crispy coating
- > Prime skinless and boneless Atlantic Cod
- > High fish content: 60% fish

Deep Fry Oven Bake



Breaded Haddock with Broccoli, Leek and Cheddar

New 0295

A skinless & boneless fillet of haddock in a 3 way cooked breadcrumb topped with a rich sauce of broccoli, leeks & cheddar.

CASE: 6 x 220g

- > Skinless and boneless fillet of North Atlantic Haddock
- > Topped with a rich sauce of broccoli, leeks and Cheddar
- > 3 way cook crispy breadcrumb coating
- > Cook from frozen in the oven or deep fry

Deep Fry Oven Bake Grill



Breaded Haddock with Prawn, Mushroom and Cheddar Melt

New 0298

A fillet of haddock in a 3 way cooked breadcrumb topped with an Atlantic prawn, cheddar cheese and mushroom sauce.

CASE: 6 x 220g

- > Skinless and boneless fillet of North Atlantic Haddock
- > Rich Cheddar sauce with Icelandic Prawns and sliced mushrooms
- > 3 way cook crispy breadcrumb coating
- > Cook from frozen in the oven or deep fry

Deep Fry Oven Bake Grill



Fillet Royale

0008

A prime fillet of Pangasius with a Cheddar, Atlantic Prawn and Mushroom topping enrobed in a lemon and cracked pepper natural breadcrumb.

CASE: 8 * 260-290g

- > Skinless and boneless fillet of Pangasius
- > Rich sauce topping with a crisp and tangy coating
- > 3 way cooking flexibility
- > Good centre of plate portion size

Deep Fry Oven Bake



Garlic Cod Fillets

0461

New Recipe

Skinless and boneless Atlantic Cod Fillet rolled in a natural crumb with herbs and garlic.

CASE: 8 x 170 - 200g

- > Skinless and boneless cod fillet
- > Hand rolled in a herb and garlic breadcrumb
- > Light and low coating
- > High fish content

Oven Bake



Lemon and Pepper Dusted Atlantic Cod

0347

A fillet of Atlantic Cod, skinless and boneless, in a light coating of lemon and pepper.

CASE: 18 x 140-170g

- > Skinless and boneless Atlantic Cod
- > Lightly coated with a Lemon and Pepper flavoured dusting
- > Several cooking options: oven, pan fry, griddle or deep fry
- > Uniform product weight 140-170g

Deep Fry Pan Fry Oven Bake Grill



Plaice Athena

0092

Paired Plaice fillets stuffed with a feta, spinach and cream sauce all enrobed in a parfried natural breadcrumb - oven or deep fry.

CASE: 32ptn approx @ 160-180g (5Kg case)

- > Plaice is over 45% of the product
- > Skinless North Sea Plaice
- > Breadcrumb cooks up really well whether oven baked or deep fried
- > The stuffing is spinach, feta, cream and a touch of garlic

Deep Fry Oven Bake



Salmon Shanty

0121

Pieces of Atlantic salmon fillet and broccoli florets in a rich sauce of cheese and all enrobed in a crispy breadcrumb.

CASE: 6 * 170g

- > Pieces of prime Atlantic Salmon fillet
- > Broccoli florets in a rich cheese sauce
- > Crispy natural breadcrumb coating
- > Oven bake or Deep fry
- > Artificial additive and ingredient free

Deep Fry Pan Fry Oven Bake



Shanty - Haddock, Ham & Cheese 12s

0112

A combination of haddock, ham and cheddar in a crispy natural breadcrumb.

CASE: 12 * 170g

- > Pieces of prime Atlantic Haddock fillet
- > Smoked Ham in a rich cheese sauce
- > Crispy natural breadcrumb coating
- > Artificial additive and ingredient free

Deep Fry Pan Fry Oven Bake

New Recipe



M: Fishcakes

Batter Dusted Fishcakes: Cod & Chorizo

New 0988

Atlantic Cod with lardons of Chorizo. Large main course sized fishcakes with the thinnest of batter dusting.

CASE: 12 x 150g

- > High fish content
- > Wafer thin batter dusting that gives the fishcakes a crisp and browned coating
- > Simply oven or pan fry from frozen
- > Image: Salmon product shown cut through and Cod product shown complete

Pan Fry Oven Bake



60g Batter Dusted Fishcakes - Prawn, Hake & Chilli

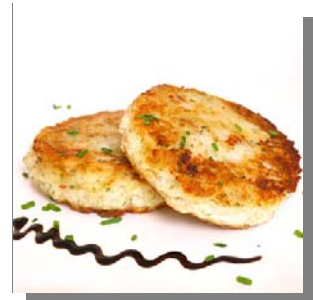
0077

A fishcake of Cape Hake fillet, North Atlantic Prawns, potato, onions, garlic and a touch of red chilli, all in a light and crispy batter dusting.

CASE: 24 x 60g

- > High fish fillet content
- > Light batter dusted coating
- > 3 way cook. Will deep fry from frozen in 7 mins
- > Flexible and fast cooking
- > Use as both starter and a main course

Deep Fry Pan Fry Oven Bake Grill



60g Batter Dusted Fishcakes - Smoked Haddock & Spg Onion

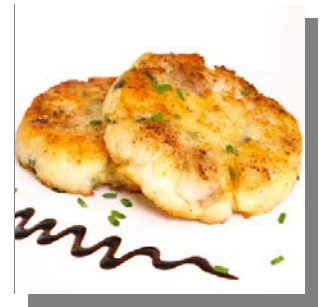
0078

A fishcake of Natural Smoked Haddock Fillet, potato, spring onions, gruyere cheese, red cheddar and Parmesan in a light and crispy batter dusting.

CASE: 24 x 60g

- > High fish fillet content
- > Light batter dusted coating
- > 3 way cook. Will deep fry from frozen in 7 mins
- > Flexible and fast cooking
- > Use as both starter and a main course

Deep Fry Pan Fry Oven Bake Grill



Batter Dusted Fishcakes: Salmon, Lemon & Dill

New 0987

Atlantic Salmon with dill and lemon. Large main course sized fishcakes with the thinnest of batter dusting.

CASE: 12 x 150g

- > High fish content
- > Wafer thin batter dusting that gives the fishcakes a crisp and browned coating
- > Simply oven or pan fry from frozen
- > Image: Salmon product shown cut through and Cod product shown complete

Pan Fry Oven Bake

GLUTEN FREE



Batter Dusted Fishcakes: Smoked Haddock Cheddar & Dijon

New 0989

Atlantic Smoked Haddock with Cheddar, Dijon Mustard and Spring Onions. Large main course sized fishcakes with the thinnest of batter dusting.

CASE: 12 x 150g

- > High fish content
- > Wafer thin batter dusting that gives the fishcakes a crisp and browned coating
- > Simply oven or pan fry from frozen
- > Image: Salmon product shown cut through and Cod product shown complete

Pan Fry Oven Bake

GLUTEN FREE



Breaded Smoked Cod, Bacon & Brie Fishcakes

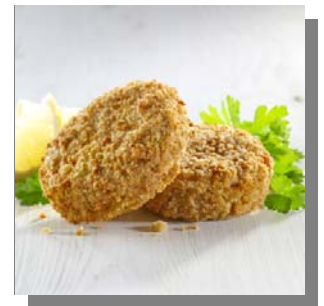
0455

Skinless and boneless smoked cod fillet pieces with potato, brie and crispy bacon, all enrobed in a crispy natural breadcrumb.

CASE: 18 x 130g

- > High fish content
- > Full of flavour
- > Flexible cooking options - 3 way cook
- > Use as a starter or main course

Deep Fry Oven Bake Grill



Breaded Smoked Haddock Mozzarella & Spg Onion Fishcake

0456

Smoked haddock pieces with potato, mozzarella and spring onion all enrobed in a crispy natural breadcrumb.

CASE: 18 x 130g

- > High fish content
- > Full of flavour
- > Flexible cooking options - 3 way cook
- > Use as a starter or main course

Deep Fry Oven Bake Grill



N: Fish & Seafood - Pies & Bakes

Great Grimsby Fish Pie

0141

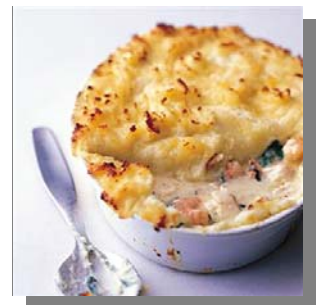
Filletts of Salmon, Cod and Haddock with North Atlantic Prawns in a creamy cheese, wine, mustard, garlic & tarragon sauce. Topped with crushed Lincolnshire potatoes and a sprinkle of Cheddar cheese.

CASE: 4 x 400g

- > Full of fish and seafood
- > High quality crushed Lincolnshire potato topping
- > Large 400g portion
- > Simply oven from frozen!

Oven Bake

New Recipe



Pasta Bake - Salmon in Neapolitan Sauce

0143

Atlantic Salmon with plain fusilli in a rich Neapolitan sauce garnished and finished with grated Cheddar.

CASE: 6 x 400g

- > Large 400g portion
- > Prime Atlantic Salmon fillet pieces
- > Easy and quick prep from frozen or chilled

Oven Bake Micro



Smoked Haddock Florentine

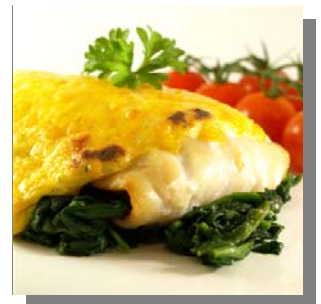
0007

Oak Smoked fillet of Haddock (skinless and boneless) on a bed of spinach leaf topped with a piquant cheddar sauce. Comes in a tray ready for the microwave.

CASE: 10 * 300g

- > Fillet of oak smoked haddock
- > Rich cheddar sauce
- > Bed of whole leaf spinach
- > Skinless and boneless - a big plus to your customers

Oven Bake Micro



Cape Hake - Cheddar Crust

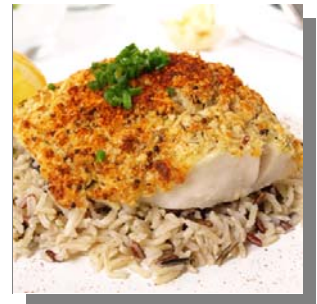
0056

Skinless and boned Cape Hake, topped with a light cheese and mustard sauce, and a Cheddar, mustard and spring onion crumb crust, then sprinkled with Parmesan and Paprika.

CASE: 6 x 210g

- > Cape Hake is the premium Hake caught in the South Atlantic
- > Garnished with Parmesan and Paprika - attractive presentation
- > Good sized 210g portion
- > Cook in the oven or microwave - then flash grill to crisp the crust

Oven Bake Micro



Double Plaice with Prawn Supreme

0049

Two prime Plaice fillets enclosing a light shrimp mousse topped with prawns.

CASE: 18ptn approx @ 160-180g

- > Prime skinless and boned plaice fillets
- > Garnish of tropical prawns
- > Flexible cooking: micro or oven
- > Very good visual presentation - individually wrapped

Oven Bake Micro



Double Plaice with Salmon Supreme

0050

Two prime Plaice fillets enclosing a light salmon mousse topped with fresh Salmon.

CASE: 18ptn approx @160-180g

- > Prime skinless and boned plaice fillets
- > Garnish of salmon
- > Flexible cooking: micro or oven
- > Very good visual presentation - individually wrapped

Oven Bake Micro



Haddock Bacon & Cheddar Melt

New 0119

Skinless and boned tails of Atlantic Haddock with a rich topping of Cheese, Mustard and Bacon, then sprinkled with bacon pieces

CASE: 8 x 200g

- > Large 200g portion size
- > Skinless and boned prime Atlantic Haddock
- > Simply oven from frozen, ready in 20-25 mins
- > Image: Product shown frozen

Oven Bake Micro



Haddock Florentine Melt

New 0098

Skinless and boned tails of Atlantic Haddock with a rich topping of Cheese, Mustard and Spinach and then sprinkled with a cheesy crumb.

CASE: 8 x 200g

- > Large 200g portion size
- > Skinless and boned prime Atlantic Haddock
- > Simply oven from frozen, ready in 20-25 mins
- > Image: Product shown frozen

Oven Bake



Mozzarella Crusted Cape Hake

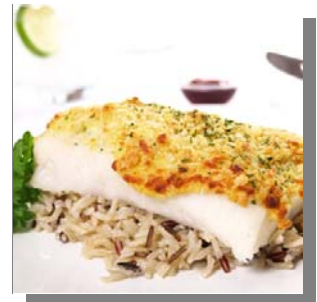
0057

Skinless and boned Cape Hake, topped with a light cheese and mustard sauce, and a Mozzarella, Parmesan and mustard crumb, then sprinkled with parsley.

CASE: 6 x 210g

- > Cape Hake is the premium Hake caught in the South Atlantic
- > Good sized 210g portion
- > Cook in the oven or microwave (then flash grill to crisp the crust)

Oven Bake Micro



Red Pesto Crusted Cape Hake

0035

A skinless and boneless fillet of Cape Hake with a topping of red pesto, sundried tomato and oregano with a crisp samuri crumb and then all finished with grated Parmesan.

CASE: 6 x 210g

- > Skinless and boned Cape Hake
- > Cape Hake is the premium Hake caught in the South Atlantic
- > Good sized 210g portion
- > Cook in the oven or microwave - then flash grill

Oven Bake



Salmon Side with Crust - Lemon & Tarragon

0006

A side of Atlantic Salmon topped with a lemon and tarragon crust finished with lemon slices. Roast from frozen. Serves: 3-5.

CASE: 3 x 600g

- > Atlantic Salmon Fillet boneless
- > Rich crust of breadcrumbs, lemon, cheddar and tarragon
- > Roast from frozen
- > Individually wrapped

Oven Bake Micro



Salmon Side with Crust - Orange & Ginger

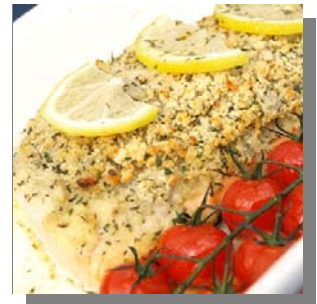
0268

A side of Atlantic Salmon topped with an orange and ginger crust finished with orange slices and cranberries. Roast from frozen. Serves: 3-5.

CASE: 3 x 600g

- > Atlantic Salmon Fillet boneless
- > Rich crust of breadcrumbs, orange and ginger
- > Roast from frozen
- > Individually wrapped

Oven Bake



P: Fish & Seafood - Other Recipes

Butter Wrapped Cod

0160

A loin of Atlantic Cod, skinless and boned, wrapped in smoked salmon with herb butter.

CASE: 6 x 200g

- > Atlantic Cod Loin
- > Simply oven from frozen or chilled
- > Best cooked in a ceramic dish so the herb butter can be basted over the top.

Oven Bake

GLUTEN FREE



Glazed Salmon Fillet - Garden Mint

New 0262

Atlantic Salmon mid fillet portions in a piquant garden mint marinade

CASE: 6 x 150-170g

- > Rich and flavoursome marinades
- > Mid fillet portions with skin on
- > Farmed North Atlantic Salmon
- > Oven, microwave or grill from frozen or defrosted

Oven Bake Micro Grill

GLUTEN FREE



Glazed Salmon Fillet - Smokey Maple BBQ

New 0264

Atlantic Salmon mid fillet portions in a maple marinade with the deep flavours of smokey BBQ

CASE: 6 x 150-170g

- > Rich and flavoursome marinades
- > Mid fillet portions with skin on
- > Farmed North Atlantic Salmon
- > Oven, microwave or grill from frozen or defrosted

Oven Bake Micro Grill

GLUTEN FREE



Glazed Salmon Fillet - Thai Spiced

New 0263

Atlantic Salmon mid fillet portions in a Thai spiced marinade

CASE: 6 x 150-170g

- > Rich and flavoursome marinades
- > Mid fillet portions with skin on
- > Farmed North Atlantic Salmon
- > Oven, microwave or grill from frozen or defrosted

Oven Bake Micro Grill



Salmon Roulade

0096

Atlantic Salmon fillet rolled around a spinach and cream cheese filling then topped with puff pastry. Simply roast from frozen.

CASE: 4 x 500g

- > 500g Roulade
- > Serves 3 - 4
- > Each Roulade is individually wrapped
- > Roast from frozen

Oven Bake



Salmon Sizzler Pack

New 0207

Selection of: Thai, BBQ and Teriyaki glazed salmon portions for the grill, oven or BBQ

CASE: 6 x 170-190g

- > Prime Atlantic salmon fillet portion with rich flavoursome glazes
- > Individually vacuum packed
- > Teriyaki - Spring Onion garnish
- > BBQ - diced red pepper garnish
- > Thai - diced green peppers garnish

Oven Bake Micro Grill



Sole Roulade - Scallop & Crab

0048

A skinless and boneless fillet of Yellow Fin Sole wrapped around a rich filling of scallops and Scottish Crab then drizzled in butter.

CASE: 32 * 140g

- > Skinless and boneless fillet of Yellow Fin Sole
- > Rich filling of scallops and Scottish Crab drizzled in butter
- > Easy one step cooking - micro or oven
- > Main course portion size

Oven Bake Micro



Q: Natural Fish

Atlantic Cod Loins

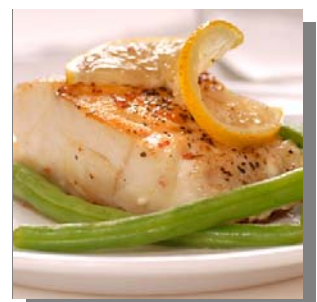
0053

Premium quality Atlantic Cod loins, skinless and boneless. 4-5oz

CASE: 2Kg Case

- > Prime Atlantic Cod Loin
- > 20% glaze
- > Uniform appearance
- > Skinless and boned

Pan Fry Oven Bake Micro Grill



GLUTEN FREE

Faroe Salmon Fillets 4-5oz 10lb Bulk

0286

Faroe branded salmon fillets - deep skinned and boned, individually vac packed.

CASE: 10lb

- > Individually vacuum packed
- > Deep skinned
- > Very uniform presentation

Pan Fry Oven Bake Micro Grill



Natural Smoked Atlantic Cod Fillet Portions

0361

Atlantic Cod Fillet portions, boneless, naturally smoked over oak chippings with a very low protective glaze.

CASE: 4.54Kg

- > Naturally smoked over oak chippings
- > Low protective glaze
- > Boneless 140 - 180g portions
- > Chunky fillet portions in a tight grade

Oven Bake Micro

GLUTEN FREE



Natural Smoked Haddock

0244

A prime tail fillet of Icelandic Oak Smoked Haddock, skin on and boned IQF with only a very low protective glaze (4%).

CASE: 4.54Kg

- > Prime North Atlantic Haddock
- > Smoked over oak and beech
- > Low glaze (approx 4%)
- > Immensely flexible menu usage
- > No significant weight loss on defrosting

Pan Fry Oven Bake Grill

GLUTEN FREE



R: Natural Seafood

Cold Water Prawns- Large Icelandic 50-150

0204

Low glaze large and consistent sized salad prawns from Iceland.

CASE: 4 x 2.5kg (10kg)

- > Large sized prawn
- > Low glaze level (8-10%)
- > Single frozen

Defrost Only

GLUTEN FREE



CPTO Black Tiger Prawn 21/25

0137

Farmed Tropical Prawn, cooked, peeled, tail on, IQF and a size of 21-25s per lb.

CASE: 10Kg

- > Large consistent size
- > Farmed
- > Vein removed by cutting
- > 20% glaze

Pan Fry Grill

GLUTEN FREE



Chicken Sausages

New 0071

Prime sausages, handmade full of chicken thigh meat for great flavour. Perfect for the grill, BBQ or oven.

CASE: 24 x 56g (1.68Kg)

- > Premium quality traditionally made sausages
- > Pack contains a total of 24 sausages, each 56g
- > Very high meat content
- > Low fat content
- > All chicken, NO pork - so perfect for non pork eaters

Pan Fry Oven Bake Grill



Farmhouse Burger Variety Pack

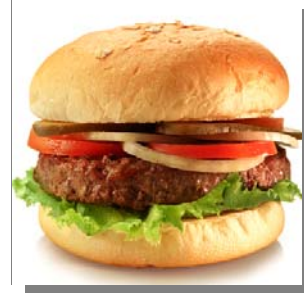
0205

This pack contains 18 Qtr lb'ers: 6 British 100% Beef Burgers, 6 British Pork & Apple Burgers, 6 British Lamb & Mint Burgers.

CASE: 6 x 3 types

- > Made by hand with a high lean meat content
- > Pork is Nottinghamshire Red Tractor accredited
- > Low fat content

Pan Fry Oven Bake Grill



Gluten Free Pork Sausages

0200

Prime handmade pork sausages free from gluten and wheat.

CASE: 1Kg (approx 18 sausages)

- > Handmade with a high lean pork content
- > No gluten or wheat
- > Sausages are approx 56g so 18 per Kg
- > Frozen individually so only use what you need
- > Grill, fry, BBQ etc from frozen or defrost

Pan Fry Oven Bake Grill

GLUTEN FREE



Gourmet Sausage Selection Pack

New 0072

This pack contains 3 varieties: Black Pepper & Sea Salt Pork Sausage, Chorizo Pork Sausage and Chicken Sausage

CASE: 45 x 56g (3 types)

- > Premium quality traditionally made sausages
- > Pack contains a total of 45 sausages (56g each)
- > Recipes seperately bagged and labelled
- > British Red Tractor accredited Nottinghamshire pork
- > Chicken sausage: NO pork - so perfect for non pork eaters

Pan Fry Oven Bake Grill



Meaty BBQ Pork Ribs

New 0167

These are made with prime Nottinghamshire Red Tractor Pork with a rich and spicy BBQ glaze and are ready for the BBQ or griddle.

CASE: 1.9Kg Pack

- > Red Tractor Accredited Nottinghamshire Pork
- > Meaty ribs - full of flavour
- > Cook from defrost - great for the BBQ or grill
- > Approx 6-8 meaty ribs per 1.9Kg pack
- > Interleaved to allow for separation of the ribs

Oven Bake Grill



Mixed Pork Steaks Pack

New 0471

Large 8oz Outdoor Reared Nottinghamshire Pork Steaks, two each of the following flavours: BBQ, Chinese and Sweet Chilli & Lime

CASE: 6 x Steaks

- > 6 steaks in the box - 2 of each flavour: BBQ, Chinese and Sweet Chilli & Lime
- > Rich mouth watering flavours - large 8oz size
- > Nottinghamshire Red Tractor Pork
- > Individually packed
- > Defrost then cook in the oven or on the BBQ or grill
- > See labe

Oven Bake Grill



Speciality Sausage Combo Pack

0198

A combo pack of the 3 year round best selling recipes: Traditional pork, Lincolnshire and Cumberland.

CASE: 15 x 3 types

- > A total of 45 x 56g sausages - IQF
- > 70% meat content
- > Recipes separately bagged and labelled
- > Handmade
- > Lean British Red Tractor pork

Pan Fry Oven Bake Grill



T: Vegetarian

Calabrian en Croute

0474

A combination of goats cheese, olives and spinach, finished with crumbled goats cheese and olives. Roast from frozen.

CASE: 6 x 225g

- > This delightful looking vegetarian en croute packs a flavour punch!
- > The combination of goats cheese, olives and spinach works wonderfully well
- > Finished with crumbled goats cheese and olives.
- > Roast from frozen.

Oven Bake



Caramelised Vegetable and Brie Tart

0192

A combination of caramelised vegetables with brie on a puff pastry tart.

CASE: 6 * 240g

- > Generous portion of caramelised vegetables
- > Handmade puff pastry
- > Handmade appearance on plate
- > Large plate filling portion
- > Easy cook from frozen

Oven Bake

VEGETARIAN



Caramelised Vegetable en Croute

0024

A combination of caramelised vegetables - courgette, cabbage, onions and bell peppers - with brie all encased in a light puff pastry.

CASE: 6 x 225g

- > Full of richly flavoured vegetables - Additive free
- > Large portion of brie
- > Attractive garnish of chopped spring onion
- > Light handmade puff pastry
- > Good portion size: plate filling

Oven Bake

VEGETARIAN



V: Pies, Bakes & Curries

Steak & Ale Suet Pudding

New 0027

Nottinghamshire Steak in a rich ale gravy all in a handmade suet pastry. Simply microwave and serve in 5 mins.

CASE: 8 x 140g

- > Individual suet pudding full of lean Nottinghamshire beef in a rich ale gravy
- > Handmade suet pastry
- > Pre cooked - simply heat through in the microwave
- > Ready to eat from frozen in 5 mins!
- > Each pud is presented in a microwavable pot which is the

Micro



Traditional Short Crust Pastry Pies

0138

4 x Trent Valley beef with Ale Pies; and, 4 x Chicken and Ham Pies, all in handmade shortcrust pastry.

CASE: 8 x 270g

- > Large 270g serving, handmade additive free pastry
- > Nottinghamshire beef - lean and tender
- > British prime chicken chunks
- > Pre baked in a foil ready for re-heating
- > Attractive from scratch look to the product

Oven Bake

