



# Gurdwara Sri Guru Singh Sabha Southall Sangeet centre



2 - 8 PARK AVENUE | SOUTHALL | MIDDLESEX | UB1 3AG  
HAVELOCK ROAD | SOUTHALL | MIDDLESEX | UB2 4NP

## Kirtan Competition Rules and Guidelines

1. The competition is open for all communities and religions as long as rules are followed.
2. Forms can be downloaded and filled online or can be collected from Gurdwara office during office hours. No Forms will be accepted without payment.
3. Payment reference must be written on the entry Forms.
4. Payment should be made either on line or can be handed in Gurdwara office by cheque or cash during office hours.
5. Entry Fee is £20 per entry for each category.
6. Cheques may be posted at the above address with the entry form
7. Each team may sing only one shabad from the Ragas allocated to each year group in the allotted time.
8. Singing must be proceed by a short explanation of the rules the Raag and Taal, a brief introduction of the instrument followed by the gist of the shabad in English and Punjabi.
9. The teams need to perform the shabad from Sri Guru Granth Sahib Ji in Nirdharit Ragas only. Parrtal Shabads can be sung only from Nirdharit Raag Shabads.
10. Teams not performing in prescribed Raag and classical Taals will be disqualified.
11. The team size is a maximum of 3 people and minimum of 2 including the Tabla player.
12. The teams must perform within the time limit set for the each year group.
13. Each team must make its own arrangements for musical instruments. Any musical instrument is allowed to use for performance as long as the classical style tradition is maintained. Only Electronic Tabla will not be allowed
14. Performers need to be in traditional costumes. Kurta Pyjama/Shervani for boys and for Punjabi Suits with Dupatta for girls. Heads must be covered all the time.
15. Each member in a team can only perform in one group and groups can't share any other member.
16. Shabad Bhaav and clarity of Gurbani words are paramount. Improvisation of the Ragas in any form (sargam, aakar and bol Tans) can be used but it should not over power the shabad. Parmans within the shabads are not allowed.
17. Each team should report 45 mins before the performing time.
18. Raaga rules, set by the Committee of Punjabi University Patiala and Javadi Taksal will be agreed and observed by the judges.
19. Decision of judges will be regarded as final.

For more information, please contact us: [sangeetcentre@sgsss.org](mailto:sangeetcentre@sgsss.org)

or call one of the organisers: **Jaswant Kaur Bola: 07828795670** | **Guneet Kaur Matta: 07728891317**



from Gurdwar **Gurdwara Sri Guru Singh Sabha**  
**Southall**  
**Sangeet centre**



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### **Speech & Poetry competition Rules and Guidelines**

1. The competition is open for all communities and religions as long as rules are followed.
2. Forms can be downloaded and filled online or can be collected from Gurdwara office during office hours.
3. No Forms will be accepted without payment.
4. Payment reference must be written on the entry Forms.
5. Payment should be made either on line or can be handed in Gurdwara office by cheque or cash during office hours.
6. Entry Fee is £20 for each category.
7. Cheques may be posted at the above address with the entry form.
8. Each Participant may recite or present one topic at a time within the time limit.
9. Participants should report 45mins before the performing time.
- 10.** The speech or poetry should be in the course of a single presentation.
11. The participant should state their topic of choice and a brief summary of what their poem or speech is about. The source should be clearly identified.
12. The participant's presentation should be focused and well narrated in front of the **Sangat.**
13. Presentation skills such as eye contact, body language, voice projection, pace of delivery, diction and language must be used to score high marks.
14. Performers need to be in traditional costumes. Dress Code for boys is Kurta Pyjama/Shervani and for girls Panjabi Suits with Dupata.
15. Each team should report 45 minutes before the performing time.
16. The participant's presentation should be focused and well narrated in front of the **Sangat.**
17. Props may be used to enhance presentation effect for speech and poems can be recite or sing without instruments.
18. The participants are judged irrespective of the language they wish to use, whether this is English or Punjabi but the use of the Punjabi language is encouraged.
19. Decisions of the judges will be regarded as final.

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