

# MENU

## BREAKFAST

### LAKELAND BAKE CRUMPET

with jam and butter £2.25 - **OR** -  
Warm maple syrup, almonds, banana and  
sultanas £5.00

### LOCAL SKYR YOGHURT

With home-made granola and seasonal  
fruit compôte £4.50

### ARTISAN BREAD OR TOAST

with jam and butter ask for  
today's options £2 **v**

### PAIN AU CHOCOLATE

£2

### CROISSANT

with jam and butter £2

## RHEGED'S CUMBRIAN BREAKFASTS

### EGGS BENEDICT

Two poached, free-range eggs on More?  
Artisan bakery toast with ham hock from our  
local pig network and home made  
hollandaise. £6 **gfa**

### EGGS FLORENTINE

Two poached, free-range eggs on More?  
Artisan bakery toast with wilted spinach and  
home-made hollandaise. £5.50 **v gfa**

### FULL BREAKFAST

Bacon, Cumberland sausage from our  
butchery, Doreen's famous black pudding,  
Haggis, Sautéed potato, slow-roast tomato,  
herby mushrooms, home-made baked beans  
and your choice of egg, +toast £9.50

### VEGAN BREAKFAST

Homemade baked beans on toasted focaccia,  
breakfast potatoes, herby mushrooms, slow  
roast tomato, roasted peppers, vegan sausage  
£7.50 **v gfa**

### VEGETARIAN BREAKFAST

Free range egg, homemade baked beans,  
grilled halloumi, slow roast tomato, herby  
mushrooms, breakfast potatoes, roasted  
peppers. £9.00 **v gfa**

### LIGHTER BREAKFAST

Your choice of three breakfast items,  
plus toast £5 (**gf v** available)

### EGGS & AVOCADO

Two poached free range eggs on a toasted  
gluten free bagel with crushed avocado  
£6.50 **gf**

### EGGS ON TOAST

Eggs your way £4 **v gfa**

### BREAKFAST ROLL

Two breakfast items £4.50 **gfa**

### BACON OR SAUSAGE ROLL

£4.50 **gfa**

### BREAKFAST TACO

Free range poached egg, roasted peppers,  
breakfast potatoes with a tomato chutney.  
**v** £6.50

Add an egg 75p

**ALLERGY ADVICE** Many of our dishes can be tailored to suit dietary requirements -  
please speak to a member of our team.

**gfa** Gluten Free Available **gf** Gluten Free **v** Vegetarian