

FIRST AID AT WORK TRAINING

Luft Training Services are an Independent forklift truck training centre. We train operators on, Counterbalance, Reach, Bendi, Side Loaders, rough terrain telescopic, electric and manual pallet truck, First Aid at Work plus many more.

Our First Aid at Work course is available to businesses and individuals across West Sussex and East Sussex to include Chichester, Bognor Regis, Littlehampton, Worthing, Lancing, Hove, Brighton and all surrounding areas. If you are not sure if we cover your area please call us or use our contact form page as member of the team are always happy to assist you.



EMERGENCY FIRST AID AT WORK TRAINING

This **HSE approved 1 day training course** replaces the former ‘Appointed Person’ course and is suitable for employers who have identified a requirement for **Emergency First Aider’s at Work** in their First Aid Needs Assessment.

The focus of this course is to prevent emergency situations from becoming worse by learning the vital lifesaving skills that a trained Emergency First Aid person can use until medical help arrives.

Our instructor’s at Luft Training Services deliver a dynamic training course that will relate the students being taught to real life situations, which makes our Emergency First Aid at Work course more applicable to your first aider.

Because of the wide spread availability of this course, it has also become a popular option for anyone requiring basic first aid training for variety situations outside the workplace.

ABOUT THE FIRST AID COURSE

This Course contains basic advice on first aid for use in an emergency. It provides a visual step-by-step guide:

- First aider’s priorities in an emergency
- Checking for a response from a casualty
- Checking airways and breathing
- Performing CPR; chest compressions (Cardio Pulmonary Resuscitation)
- Acting safely, promptly and effectively in an emergency
- Treating an unconscious casualty (includes Seizure)
- How to treat wounds and bleeding
- How to treat shock
- Dealing with minor injuries
- Dealing with a choking casualty
- How to prevent cross infections
- How to record incidents and actions
- The use of available equipment

Contact Luft Training on 01903 725626 or visit www.lufttrainingservices.co.uk

Unit 8,

Minster Court,

Wick,

Littlehampton,

West Sussex, BN177RN

01903 725626

lts@lufttrainingservices.co.uk

07943-585223

Mon - Sat: 8:00 - 16:00