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ARBONNE

CND  Shellac

Premier  Lasers

O·P·I

NOVALASH[®]
EYELASH EXTENSIONS

Cleanse Your Body, Nourish Your Soul

Situated in a picturesque rural village location, Cloud 9 Spa has a holistic & gentle approach. Our philosophy is centred on the belief that beauty works best from the inside out.

Working in harmony with nature, Cloud 9 Spa is dedicated to providing organic based therapies in bespoke surroundings.

Our aim is to treat individuals with a clear system of choices, ranging from relaxing therapies, holistic remedies & personal hair care.

*Prices correct as of February 2017



Spa Days

Deluxe Spa Day £180 pp

- Use of the facilities (Saunas, Jacuzzi, Swimming Pool & Relaxation room)
- Use of robe, towel and flip flops
- Body Polish
- Hot Stone Back Massage
- Arbonne Facial

Beauty Spa Day £130 pp

- Use of the facilities (Saunas, Jacuzzi, Swimming Pool & Relaxation room)
- Use of robe, towel and flip flops
- Arbonne Facial
- Shellac Manicure or Pedicure



Overnight Stay



Couples Retreat

- One nights stay including continental breakfast
- Use of the facilities from 1pm on day of arrival to 11am on departure day
- Full body relaxation massage each
- Receive 10% off the price of any further treatments booked

Sunday-Thursday: £200

Friday-Saturday: £220

Bed & Breakfast

- One nights stay including continental breakfast
- Check in from 2pm, Check out 11am
- Receive 10% off the price of any treatments booked for the time of your stay

Sunday-Thursday: £99

Friday-Saturday: £120

(price based on 2 people sharing)

Upgrade Your Spa Stay: Add a detox body wrap or body polish for £25 or receive 10% off the price of all additional treatments booked for your stay.
Terms and Conditions: 50% deposit required for any spa day or over night stay payable at time of booking. 48 hours notice needed for cancellation.

Use of the facilities

Half Day Spa

Enjoy a relaxing morning or afternoon with full use of our saunas, jacuzzi and swimming pool. Towels and robe provided. You will also receive 10% off the price of any treatments booked for the day.

£50 pp

Morning: 9:30am-1:30pm

Afternoon: 2pm-6pm



Sauna

Relax in our Infrared or traditional sauna. Custom built for our environment to help you relax and increase the health benefits.

£30 for 1 hour

Jacuzzi

Enjoy the relaxing benefits of our Jacuzzi. Unwind whilst being massaged by the hot water jets.

£25 per session

Swimming Pool

Come for a swim in our heated pool. Covered by a glass house so can be used any time of the year.

£10 per session

Massage & Holistic Therapies

Relaxation Massage

Using Swedish movements, performed with herbal oils, this massage is a perfect way to relax and improve circulation.

Back £40

Extended Back £60

Full Body £70

Hot Stone Massage

This massage uses hot volcanic stones to warm up the bodies tissue faster and increase blood circulation. It can help ease pain, reduce tension and stress.

Back £45

Full Body £85

Deep Tissue Massage

This is a firm massage where the therapist will use fore-arms and elbows to apply pressure and work deeper into the muscle tissue.

Back £45

Full Body £75

Sports Massage

This massage is ideal for treating sports injuries and for releasing muscle tension.

30 minutes £50

60 minutes £70

Manual Lymphatic Drainage

A very gentle massage designed to encourage the flow of toxins and waste to the lymph nodes so that they can be removed from the body.

Full Body £70

Full Body & Face £80

Pregnancy Massage

A specially adapted gentle Swedish massage for pregnancy. It can help to relax, regulate hormones and decrease back pain.

Full Body & Face £75

Indian Head Massage

A relaxing holistic treatment using acupressure movements based on the head, neck and shoulders. It can help to relieve tension headaches and sinus problems.

45 minutes

£45





Hopi Ear Candles

This treatment helps to draw out impurities from the ears. It can help improve ear conditions, from general sinus problems to tinnitus, colds & hay fever.

Individual treatment £35

Add on to another treatment £20

Flower Essence

Bach flower remedies is a system of 38 flower remedies that corrects emotional imbalances, where negative emotions are replaced with positive.

45 minutes £45

Reiki

Reiki is a Japanese form of alternative medicine developed in 1922. It uses a technique commonly called palm healing or hands on healing. It is used to relax and strengthen well being. It can also help reduce pain, anxiety and fatigue.

45 minutes £45

Reflexology

This ancient Egyptian therapy works by applying gentle but firm pressure on points of the hands and feet to induce a state of relaxation and trigger self healing properties.

60 minutes £65



Body Care

Body Polish

For those of you looking for a stimulating body boost, this is for you! Beginning with dry body brushing, followed by a full body exfoliation and finishing with a nourishing body moisturiser.

Single treatment £35

Detox Body Wrap

We use Arbonne's SeaSource detox clay to help draw toxins out of the body.

Single Wrap £50

Course of 5 £225

Course of 10 £450

Glow

You will begin this invigorating treatment in our sauna, followed by a dry body brushing, full body exfoliation and back massage.

Package price £90

Glimmer

Perfect for a special occasion or pamper day. Begin by warming the skin in our sauna, followed by a dry body brushing, full body exfoliation, a detox body wrap and finally a relaxing back massage.

Package price £110

Dazzle

The ultimate treat. Start off warming up in our sauna, followed by dry skin brushing, a full body exfoliation, a detox body wrap and finish with a luxury hot stone back massage.

Package price £125

Arbonne Facials

Arbonne skincare is botanical based and vegan certified. It is designed to enhance your inner health as well as outer.

Calm

Calm is designed to hydrate and soothe those with sensitive skin.

45 minutes

£60

Clear Future

This is perfect for those with acne prone or problem skin. These products contain salicylic acid for gentle exfoliation and soothing botanicals to moisturise.

45 minutes

£60

Men's RE9

The men's RE9 range has been proven to improve the signs of aging, condition and moisturise the skin.

45 minutes

£65

Anti-Aging RE9

Arbonne's premium anti-aging range is powered by 9 major age defying elements. With improved firmness in just 24 hours this is the facial for youthful looking skin.

45 minutes

£65

Cloud 7 Luxury Facial

Using products tailored to your skin type, designed to rehydrate and revive. This indulgent treatment includes a scalp massage and hot stone facial.

75 minutes

£75





CACI is a facial machine that uses micro current to lift muscles and plump out lines to decrease signs of aging.

Microdermabrasion

This is a deep exfoliation method that removes the upper layers of dead skin. Regular treatments will help improve skins texture and can reduce scarring.

Single Treatment	£40
Course 9 + 1 free	£360

Ultimate Healing Treatment

Perfect to decrease scarring, stretch marks, pigmentation and sun damage.

Single Treatment	£45
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Non-Surgical Facelift

This facial works on the facial muscles and skin tissue to improve muscle tone & reduce skin imperfections such as scarring or pigmentation.

Single Treatment	£90
Course 9 +1 free	£810

Booster Facial

Recommended as a monthly maintenance treatment or as a treat prior to a special occasion.

Single Treatment	£55
Course 9 +1 free	£495

Ultimate Eye Treatment

Lifts and smooths out wrinkles and fine lines around the eye area. Completed with a Hydrotone mask to hydrate the skin.

Single Treatment	£55
Course 9 + 1 free	£495

Ultimate Anti-Aging Facial

Begin with exfoliation followed by light therapy. Then micro current probes to work on the facial muscles and skin tissue. Finish with a Hydrotone mask to hydrate the skin.

Single Treatment	£115
Course 9 + 1 free	£1035

Manicure & Pedicure

Choose from our OPI polishes or CND Vinylux polish.



File & Polish

File, cuticle work, buff & polish.

£15

Express Manicure

Hand soak, hand scrub, express hand & arm massage, buff and polish.

£30

Deluxe Manicure

Hand soak, hand scrub, hydrating mask with heated mittens, Thai hand & arm massage followed by buff and polish.

£50

Express Pedicure

Foot file, foot soak, foot scrub, express massage, buff and polish.

£40

Deluxe Pedicure

Foot soak, foot scrub, hydrating mask with heated booties, Thai feet & lower leg massage followed by buff and polish.

£55

Paraffin Wax

Add to any manicure or pedicure as a special luxury treat.

£15

Shellac

Say goodbye to nicks, chips & smudges! Shellac applies like a polish with bottle & brush but is cured with an LED lamp so there's zero drying time. High gloss finish and 14 day wear.

Manicure

Colour	£35
French	£40

Deluxe Manicure

Shellac manicure, hand soak, hand scrub, hand & arm massage.

60 minutes £50



SAY HELLO TO
Shellac™

Pedicures

Colour	£40
French	£45

Deluxe Pedicure

Shellac pedicure, foot soak, foot scrub, feet & leg massage.

60 minutes £55

Shellac Removal £10

Fully Sculptured Acrylic Nails

Fully sculptured acrylic nails are a strong and beautiful nail enhancement designed to fit each persons nails individually. They can be shaped and decorated how you wish. They generally last 2-3 weeks.

Full Set-French

75 minutes

£40

Full Set-Colour

90 minutes

£45

Infills

75 minutes

£30

Soak Off & Tidy

30 minutes

£15



Make-Up

We use Arbonne cosmetics, which are certified vegan products free of parabens, mineral oil and artificial chemicals, that will leave your skin looking beautiful for that special occasion. We always work hard to achieve the look you want whether it be subtle or full on glam!

All the products that we use are available to purchase in the spa.

Make Up Application	£35
Special Occasion (Including Trial)	£50



Spray Tan

Get the perfect summer glow with an Insanity Tan spray tan.

Insanity tan is vegan friendly, cruelty free and hypoallergenic.

It has been specially formulated to ensure a natural looking, streak-free tan.

30 minutes	£25
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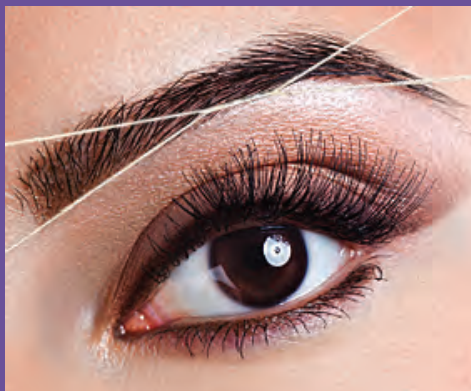
Beauty

*Tinting**

Eye brow Tint	£15
Eyelash Tint	£17

Threading

Eye brow	£15
Lip	£12
Full Face	£20



*Cloud 9 Brow**

Brows tailored perfectly for you. Treatment includes measuring, shaping, tinting, waxing & brow make-up.

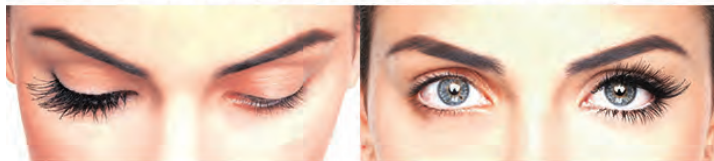
40 minutes £30

Novalash Individual Extensions

Award-winning, long-lasting, natural looking individual eyelash extensions. Whether it be thicker or longer lashes we can achieve the look you desire!

Full Set £60
Infills £45

NOVALASH
EYELASH EXTENSIONS



*Please note patch test will be required at least 24 hours prior to treatment.

Waxing

For all waxing we request a 3-4 week hair growth between treatments.



Eyebrows	£10
Lip or Chin	£14
Lip & Chin	£25
Sides, Lip & Chin	£35
Underarm	£15
Half Arm	£17
Full Arm	£29
Half Leg	£25
Full Leg	£40
Bikini	£22
Brazilian	£30
Playboy	£35
Hollywood	£40
Half Leg & Bikini	£40
Full Leg & Bikini	£50
Full Leg & Brazilian	£60
Full Leg & Playboy	£65
Full Leg & Hollywood	£70

Waxing For Men

Eyebrows	£20
Chest or Back from	£30

Slimming Treatments

Sonic Laser Cavitation

Otherwise known as 'Laser Lipo', this machine has the ability to break down fat cell membrane, thereby releasing the fat content and turning it into liquid form, making it easier to be burned off or removed through the lymphatic system. This is all achieved by heating the cells with our ultra sonic handset. We can also lift muscles & breakdown cellulite using our radio frequency handsets. Treatment will include a therapist using the device on the areas you choice and then a short time on the vibration plate to kick start the removal off the cells.

First Session (90 minutes)	£100
Follow Up Sessions	
With Vibro Plate	£80
With Personal Trainer	£95
Course of 8	
With Vibro Plate	£595
With Personal Trainer	£680
Course of 12	
With Vibro Plate	£890
Course of 14	
With Vibro Plate	£1005



Naturopathic Nutrition

A healthy diet is a major factor in the promotion of good health and well being throughout your life. Proper, balanced nutrition provides the essential vitamins, minerals and fibre you need to fuel daily activities, as well as maintaining your skin, defining your body shape and affecting your mood and emotions in a positive way.

Cloud 9 Spa offers expert nutritional advice to realise this potential and allow your body to be in the best health possible. Our nutritional therapist will work with you to create an eating plan that works for you based on your lifestyle. Recommending vitamins and supplements where necessary. Follow up sessions maybe needed to monitor and amend your progress.

Consultation (90 minutes) £80

Follow Up Programmes

1 x 30 minutes	£65
4 x 30 minutes	£230
6 x 30 minutes	£332



Specialised Treatments

Colonic Irrigation

Using warm, filtered water to gently stimulate the release of accumulated faecal matter, allowing the bowel to hydrate, cleanse, detoxify and tone internally. This can strengthen your immune system and help reduce bloatedness, leaving you feeling refreshed, invigorated and clear headed.

First Session	£95
Course of 3 sessions	£260

Foot Bath

This relaxing, detoxifying foot bath is the perfect treat to cleanse your feet and balance the bio energy of your body. It can help with pain relief, reducing stress and enhancing the immune system.

Adult	£40
Child	£25

Cold Laser

This treatment uses the union of light, colour and vibration. Without generating any heat it dramatically reduced inflammation, musculoskeletal pain and promotes tissue repair in the area of application. Completely pain free and stress free.

Per Treatment From	£65
Acne From	£80

Cryopen

The Cryopen works by freezing and destroying cells in a very direct and specific area. This means it is perfect for removing skin tags, solar lentigo, age spots, millia, warts, cherry angioma and viral verrucae.

Per Treatment	From £75
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Cosmetic Laser Treatments

Treatment of Blemishes

Moles	From £60
Birthmarks	From £60
Age Spots	From £60
Red Spots	From £60
Eczema	From £80
Psoriasis	From £80

Veins

Arms/Shoulders/Chest	From £60
Face	From £70
Leg Surface	From £80
Leg Thread	From £90
Leg Varicose	From £100

Tattoo Removal

From £40

Hair Removal

Fingers/Toes	From £40
Top Lip	From £50
Neck/Chin/Sides	From £50
Underarm	From £50
Bikini Line	From £60
Upper/Lower Arm	From £60
Thong Line	From £70
Shoulder/Upper Back	From £70
Eyebrows	From £80
Shoulder/Upper Back	From £70
Eyebrows	From £80
Chest	From £80
Full Pubic	From £100
Full Back	From £100
Upper/Lower Leg	From £120
Full Face	From £120
Full Leg	From £220
Temple to Toe (Min 10 sessions)	From £3200

Hair Studio

Childs Cut (0-12 years)	£10
Teen Cut & Blow Dry (13-18 years)	£30
Gents Cut	£15
Wet Cut	£20
Rough Dry	£8
Blow Dry (Short)	£22
Blow Dry (Long)	£25
Cut & Blow Dry	£40
Roots Regrowth	£30
Half Head Highlights	£40
Full Head Highlights	£55
Full Head Colour	£40
Full Head Colour & Highlights	£55
Hairdressing Short	£30
Hairdressing Long	£40
Conditioning Treatment	£15
Conditioning Treatment & Blow Dry	£30

Teenagers aged 13-18 years will also receive 25% off colouring treatments with parents permission.

*All new clients will require a tint test 24 hours prior to any colouring treatments.



Bridal Services

At Cloud 9 Spa we can cater to your wedding party no matter the size. Packages can be created to meet your individual needs for your special day. We offer a wide range of hair, make-up and beauty treatments so you can pamper yourself and your party.

Bridal Hair Trial	£45
Bridal Hair Packages	From £80
Bridal Hair and Make-up Packages	From £140

Bronze Wedding Package

Bridal Hair (Includes Trial)
Mother of the Brides' Hair
2x Bridesmaids Hair
Package Price: £220.00

Silver Wedding Package

Bridal Hair and Make-up (Includes Trial)
Mother of the Bride's Hair and Make-up
2x Bridesmaids Hair and Make-up
Package Price: £325



Gold Wedding Package

Bridal Hair and Make-up (Includes Trial)
Bridal Novalash Extensions
Mother of the Bride's Hair and Make-up
2x Bridesmaids Hair and Make-up
OPI File & Polish Manicure for 4 people
Package Price: £450

Special Offers

Senior Citizen Special

Over 60s receive 30% off any treatments every Thursday between 9am and 6pm.

Student Discount Special

Receive 20% off treatments Monday to Friday with a valid student card.

Gift Vouchers

Looking for that perfect gift for a friend or loved one? Then treat them to a gift voucher and let us pamper to their every need.

Recommend a Friend

Recommend a friend and receive a special treat each. (Ask for a leaflet)



Beauty For Teenagers (15-18 years)

Choose 3 of the following treatments:

- Express Facial
- Back massage
- File & polish manicure
- Eyelash Tint
- Eyebrow Shape
- Make-up

Package Price: £75.00

Booking & Cancellation Policy

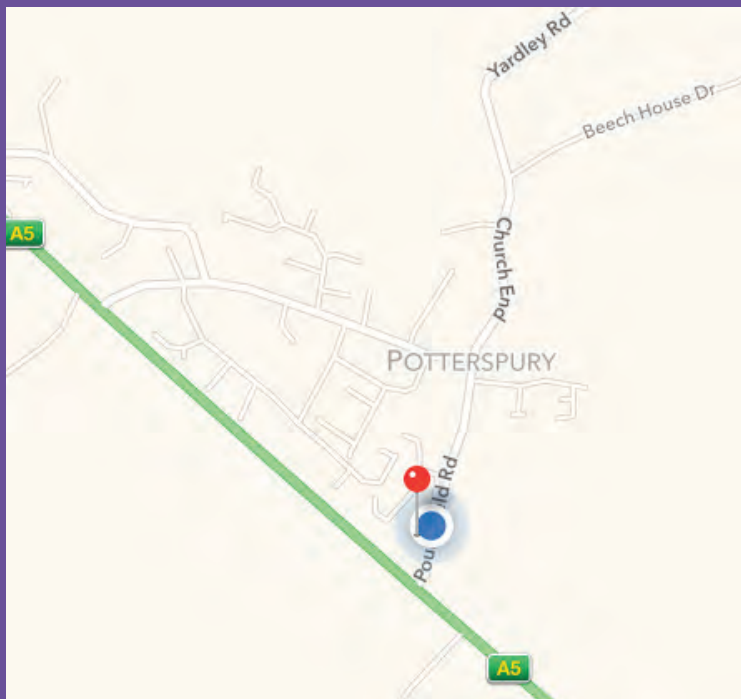


Your appointment is specially arranged for you to allow us to take care of you in the best possible manner. We want you to feel good, look great and harmonise with your feelings.

We aim to treat all our customers at the time of their appointment. If a client arrives late, their appointment is liable to be shortened accordingly.

All bookings are confirmed with a 50% pre-payment. If you are unable to make your scheduled appointment please let us know at least 24hours prior or you may lose your booking fee.

How to find us



We are located just off the A5 in between Milton Keynes and Towcester. You can find us on maps by entering our address:

**Potterspury House
3 Poundfield Road
Potterspury
Northamptonshire
NN12 7QL**

Buses: The number 89/X89 runs through Potterspury from Milton Keynes to Towcester, the number 90 connects Potterspury with nearby villages and Milton Keynes, and the number 86 runs through Potterspury from Northampton to Towcester.