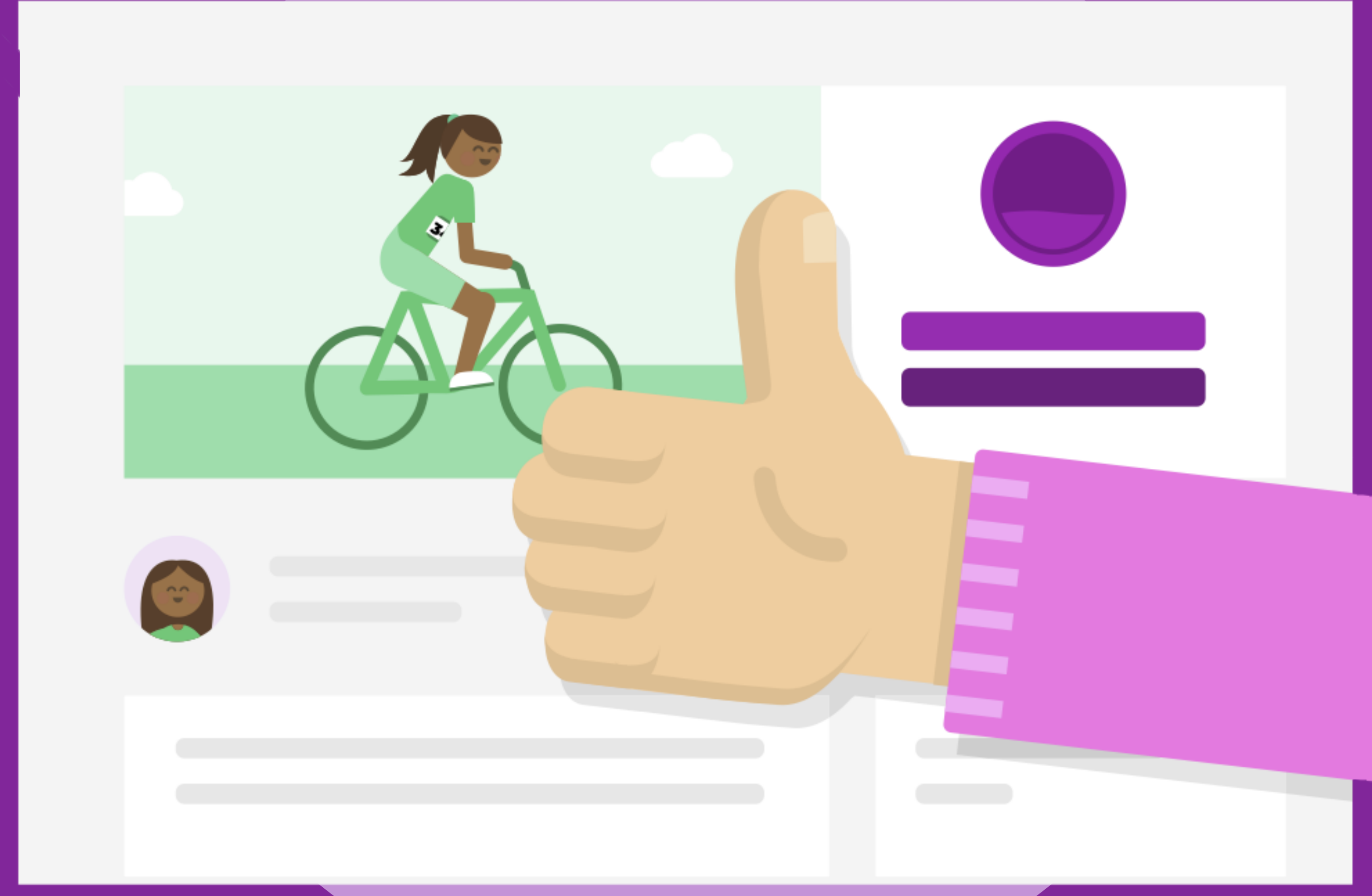


Fitness for fundraising

Whether you're Joe Wicks keeping the nation active, or someone that swerves the monthly gym pass, everyone can use fitness to raise for good!



Create your JustGiving page

Set up your JustGiving page to tell people know what activity you are doing.

Head to [justgiving.com](https://www.justgiving.com) to create your JustGiving page and then share the link with your friends.



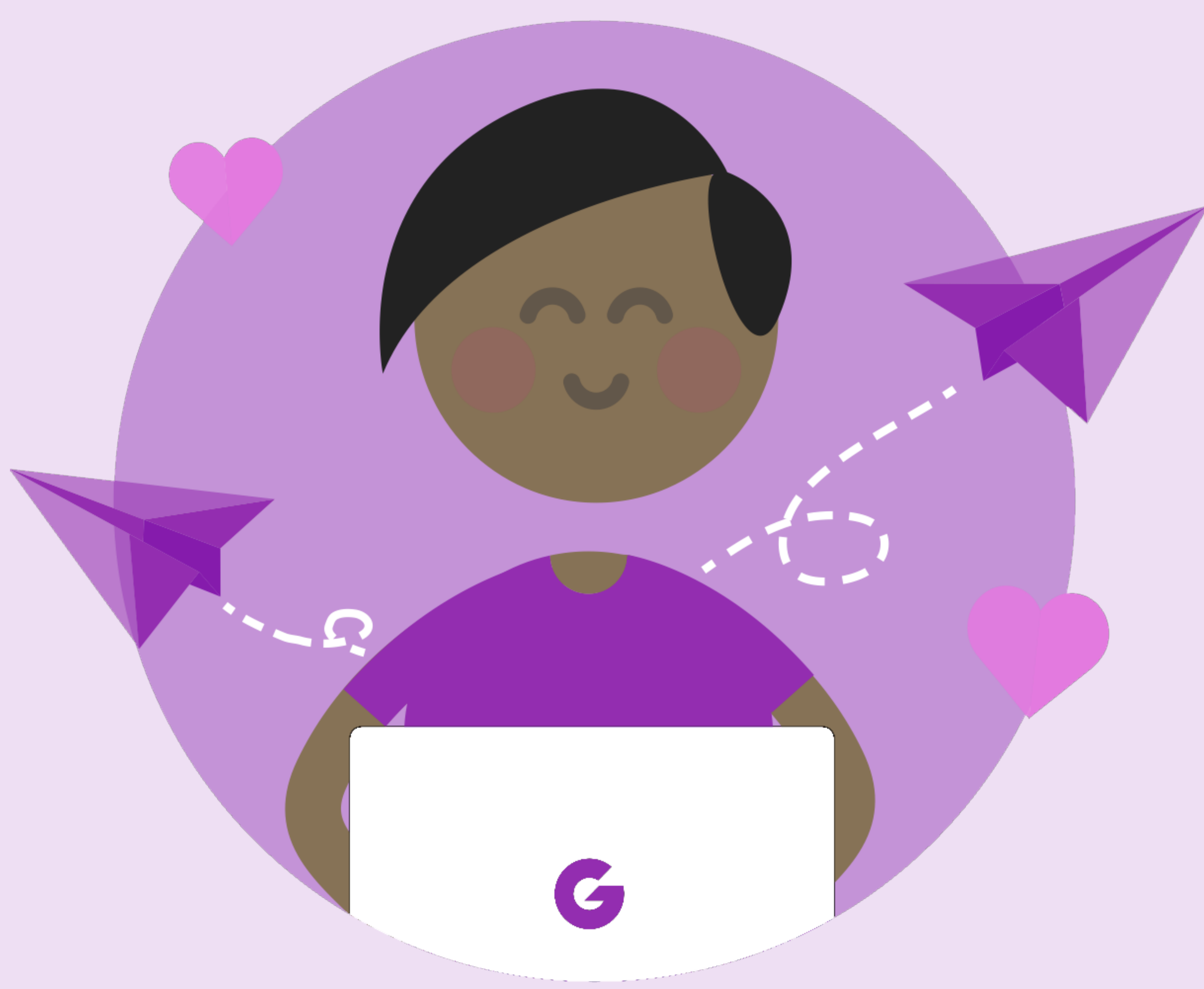
Ask for donations to watch

Share your page on socials and email asking people to make a donation instead paying for their usual gym membership or class pass!



Set up your Livestream!

Facebook Live or YouTube are great for teaching multiple people at once, but for 1-2-1 training why not try Zoom, HouseParty or FaceTime?



Get physical

Grab your sweatband, pull out your old gym kit and start raising getting physical for charity!

