

## REACH Program Activities in the Summer

Week	Location	Topic/Activity Themes
Week 1: June 20-23	Umatilla Location: McNary Heights Elementary	Campers will have a blast with crafts and activities inspired by Inside Out Movie.
Week 2: June 27-30	Hermiston Location: Riverfront Park	Animals of all shapes and sizes will be the highlight of this week!
Week 3: July 5-7	Stanfield/Hermiston Location: Riverfront Park	Campers will have a blast with crafts and activities inspired by Inside Out Movie.
Week 4: July 11-14	Umatilla Location: McNary Heights Elementary	Animals of all shapes and sizes will be the highlight of this week!
Week 5: July 18-21	Pendleton Location: Stillman Park	Campers will have a blast with crafts and activities inspired by Inside Out Movie, including a trip to the Pendleton Family Aquatic Center.
Week 6: July 25-28	Pendleton Location: Stillman Park	Animals of all shapes and sizes will be the highlight of this week!
Week 7: August 1-4	Milton-Freewater Location: Freewater School	Campers will have a blast with crafts and activities inspired by Inside Out Movie. Basketball mini-camp hosted by Whitman College.
Week 8: August 8-11	Milton-Freewater Location: Freewater School	Animals of all shapes and sizes will be the highlight of this week! Basketball mini-camp hosted by Whitman College.

### Activities throughout the summer include:

- Swimming (Pendleton, July 20)
- Sports (Basketball mini camps in Milton-Freewater)
- Outdoor activities
- Library visits
- Arts & Crafts
- Educational programs
- Guest speakers
- Service activities
- Special events & much more!

### Lifeways REACH Summer Program

A full day program located in Pendleton, Hermiston, Umatilla and Milton-Freewater.

Operates Monday through Thursday during the summer months.

Begins at 8:30am and runs until 3:30pm.

Questions about the program, please call (541) 276-6207 and ask for Jovanna Centre or for Spanish-speaking help, ask for Norman Valdez.

# Registration -- REACH Program in the Summer!

It's Summer time! Lifeways is offering an extension of the school-based services into the summer through the REACH Program, offering a full day camp experience for your child that is equally educational as it is exciting and fun! It is sure to be a safe, positive, and motivational camp adventure where your child is guaranteed to obtain physical, mental, and emotional fitness.

Children entering grades 1st-6th are welcome and older youth, grades 7<sup>th</sup>-12<sup>th</sup> can register to be mentors/helpers. Registration is FREE.

Parent/Guardian: \_\_\_\_\_ Phone #: \_\_\_\_\_

Child's name: \_\_\_\_\_ Child's birth date: \_\_\_\_\_ **Male or Female**

Address: \_\_\_\_\_ City/State/Zip: \_\_\_\_\_

School: \_\_\_\_\_ Entering Grade: \_\_\_\_\_

Register for Week (s): \_\_\_\_\_ Days:  Monday  Tuesday  Wednesday  Thursday

***You, the parent/guardian, agree to the following:***

I, \_\_\_\_\_ (parent/guardian) give permission

for my child, \_\_\_\_\_, to become a member of

Lifeways extension of the school-based services through the REACH Summer Program. I and my child will abide by the rules of Lifeways REACH Summer Program and its personnel/organization and will assist in observing the rules of Lifeways and waive any claims against Lifeways except for claims arising from gross negligence or willful acts of Lifeways or its agents that may arise from participation in the activities of Lifeways REACH Summer Program.

**MEDICAL/INJURY DISCLOSURE:** You understand that reasonable measures will be taken to safeguard the health and safety of all participants and that you will be notified as soon as possible in case of an emergency affecting your child. In the event you cannot be reached in an emergency, you hereby authorize the calling of a physician to provide whatever emergency medical/surgical treatment is necessary and/or the transporting of your child by ambulance or medical aid vehicle. You accept responsibility for the cost of such transportation and medical treatments.

**PHOTO RELEASE:** I do hereby give permission to Lifeways and employees to make use of my child's photographs in advertising and promotion activities for the REACH Summer Program. Such use of my child's photographs and images by Lifeways is for non-profit purposes including but not limited to: brochures, announcements, etc. Photos and/or videos of participants are sometimes used on our website, in publications, news releases, brochures, reports, and other marketing materials.

I have read and agree to all of the above terms & conditions.

\_\_\_\_\_  
**Parent/Guardian Signature**

\_\_\_\_\_  
**Date**

**Please turn in the registration and medical information forms to Lifeways Office:**

Hermiston Office  
595 NW 11<sup>th</sup>

Pendleton Office  
331 SE 2<sup>nd</sup> Avenue

Milton-Freewater Office  
299 N. Columbia

# CHILD'S MEDICAL INFORMATION

Child's Name: \_\_\_\_\_ Birthdate: \_\_\_\_\_

Parent/Guardian Name: \_\_\_\_\_

Relationship to child: \_\_\_\_\_

Address: \_\_\_\_\_ Phone #: \_\_\_\_\_

City: \_\_\_\_\_ Message #: \_\_\_\_\_

Emergency Contact Name: \_\_\_\_\_ Phone #: \_\_\_\_\_

Relationship to child: \_\_\_\_\_

Physician Name: \_\_\_\_\_ Phone #: \_\_\_\_\_

Preferred Hospital: \_\_\_\_\_

Name of Health Insurance Policy: \_\_\_\_\_

List all allergies, describe reaction & treatment information. (food/animals/insect bites/sunscreen, etc:)  
followed by reaction and treatment information: \_\_\_\_\_  
\_\_\_\_\_

Dietary Restrictions: \_\_\_\_\_

Medical issues/Prescription Medication: \_\_\_\_\_  
\_\_\_\_\_

\_\_\_\_\_ (initial) I give my permission to the Lifeways program staff to transport my child in the event of a medical emergency.

\_\_\_\_\_  
**Parent/Guardian Signature**

\_\_\_\_\_  
**Date**

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## GENERAL INFORMATION

Lifeways REACH Summer Program is an extension of the Lifeways school-based services program to provide elementary school age children with a safe, enriching environment during the summer where they can learn, grow, create, explore and develop new skills. Lifeways REACH Summer Program provides the opportunities of an education/recreation program under the supervision of trained, caring adults and peer mentors/helpers. We will never have more than 15 children per staff member in our programs at any given time.

Prior to working with children, all staff and volunteers must pass a criminal background check through the FBI, fingerprinting, and drug test.

These programs create a fun atmosphere where children can learn about themselves, their relationships with others and the world around them.

For more information about our programs and additional forms to print, please visit us at our website: [www.lifeways.org](http://www.lifeways.org).

## GUIDANCE AND DISCIPLINARY POLICIES

Lifeways philosophy of behavior management builds on the adult's ability to create a safe environment in which the child feels secure and is able to develop self-regulation skills and the ability to manage their emotions.

- The meeting site and activities are set up to promote safe, supportive and nurturing environments resulting in strong peer and adult relationships.
- Staff members/adult volunteers encourage children to learn how to identify problems and settle differences with staff direction and guidance.
- Staff members understand that emotional upset and dysregulation is as an opportunity to teach rather than a disruption to the program, however, safety for all participants is paramount.
- Staff members will reinforce appropriate behavior, while inappropriate behaviors create teachable moments in which staff will model safe choices.

### Safety Plan

- Staff members are trained in the Conscious Discipline approach in helping assist in regulating campers. Successful implementation creates an environment in which campers feel understood, validated and a better understanding of how to regulate their emotions/behaviors. This creates the internal motivational system needed for successful self-regulation.
- If safety is an issue, staff will assist a camper in finding appropriate de-escalation techniques in order to help them re-engage in activities.
- If staff is unable to help a camper regulate within a reasonable period and safety continues to be an issue, staff contacts the parent. If this is an ongoing issue, staff will meet with parent(s)/guardian(s) and camper to develop an individualized safety plan (subject to case-by-case determination).
- If safety plan is ineffective, staff will request an additional meeting to evaluate the effectiveness of the plan and/or program placement.
- If a safety plan has been implemented, integrated and modified (as appropriate), however, safety continues to be an issue, a parent/guardian will be contacted to consider an alternate program placement.
- Staff members are more than willing to refer campers and their families to community resources that may benefit the camper and their success in the program (including counseling, additional programs, mentoring options, etc.).

## **Case of Immediate Removal**

- Any case involving the possession/use of a weapon or a controlled substance will be immediate grounds for termination.
- Harmful behaviors resulting in injury to self, staff, or other campers may be grounds for removal.

## **HEALTH AND SAFETY**

### **Records**

Parents/guardians are required to update the Registration Form as necessary. Please notify the office of any changes during the program year.

Parents/guardians are required to provide Lifeways with at least two telephone numbers where they can be reached from the park site, as well as telephone numbers of an emergency contact person. In the event a parent cannot be reached or cannot leave work, the emergency contact person will be called.

All information provided by the parent/guardian related to the child and family will be kept strictly confidential.

### **Illness/Injuries/Medication**

Please do not send ill children to camp.

If a child shows up to program ill, or if a child becomes ill during program hours, parents/guardians are required to pick up their child as soon as possible. The emergency contact person is called in the event a parent cannot be reached. A child is considered "ill" if they display or develop any of the following symptoms:

- ♣ Fever of 100 degrees Fahrenheit or higher
- ♣ Vomiting on 2 or more occasions within the past 24 hours
- ♣ Diarrhea –3 or more watery stools in a 24-hour period
- ♣ Draining rash
- ♣ Eye discharge or pink eye
- ♣ Lice or nits
- ♣ Too tired or sick to participate in daily activities

If a child feels ill during the program and cannot participate in the program activities, he/she is given a quiet place to rest and parents/guardians will be notified.

Parents/guardians are notified of any injuries their child incurs during the program hours. If an injury requires medical care, site staff will contact parents/guardians. The emergency contact person is called in the event a parent/guardian cannot be reached.

**Staff cannot administer medication to children participating in Lifeways programs.** (EpiPens and inhalers are the only exceptions for medications staff that have 1<sup>st</sup> Aid training can administer upon the written consent of a parent.)

### **Individual Needs**

Every effort is made to meet the individual and special needs of each child. Special needs of children should be made known at the time of registration. However, our programs may not be able to accommodate all children with disabilities.

Lifeways REACH Summer Program does not provide nursing care for children who become ill and/or have special needs that require medical attention. If your child requires one-on-one care, our programs may not be a good fit; your child may not receive the individual attention he/she needs.

### **Sign In and Sign Out Procedure**

Parents/guardians are required to accompany their child into the program site and sign them in. Prior to leaving at the end of the day, parents/guardians are also required to sign each child out with the time and a full signature.

In order to respect the personal time of our staff, it is important for children to be picked up by the designated closing time: 3:30 p.m. At 3:35, the Site Director will attempt to contact the parent/guardian. If the parent/guardian cannot be reached, they will begin calling alternate authorized pick-ups and/or emergency contacts.

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