



Health and Beauty Salon

— Established 1990 —

A journey to soothe the body and calm the mind

1 Parliament Square

Kinross

Tel: 01577 863364

www.thecompletelook.co.uk

Facial Treatments



Facial Care

Pick Me Up Facial - 30mins	£26.00
Collagen Booster Facial <i>Instant Results in 30mins</i>	£30.50
Smooth & Revitalise Eyes <i>Soothing & Anti-wrinkle with professional mask & massage Tones, reduces puffiness and dark circles for tired eyes</i>	£27.50
Deep cleanse - all skin types <i>Deep cleansing with extractions, includes hand or scalp massage</i>	£35.50
Relaxing facial - all skin types <i>Ultimate Facial 1 1/2 hours. Includes back and scalp massage</i>	£51.50

Decleor Signature Facials

Nut Free Facial - 1 hour <i>We can customise a facial to suit your needs</i>	£41.50
Reset & Revitalise - 1 hour <i>For all skin types, 1st step in Decleor Facials Power-packed with vitamins and anti-oxidants, this award winning facial melts away stress. Combines a rebalancing Essential Oils plus warm, decongesting mask for skin that's purified, perfectly replenished and glowing.</i>	£41.50
Quench & Protect - 1hr 15mins <i>Deeply hydrating & Anti-pollution Super-hydrating and able to quench even the thirstiest of skins, avoid dull and dehydrated skin with this deeply moisturising treatment. A nutrient-rich mask drenches skin with soothing, moisture-loving ingredients for a complexion that's rehydrated, supple and cashmere soft.</i>	£47.00
Even & Bright - 1hr 15mins <i>Brightening & Anti-dark spot An outstanding Vitamin C power booster is applied during this brightening facial to help restore luminosity, lighten pigmentation marks and turbo-charge cell regeneration. A perfect treatment to indulge in before a special occasion.</i>	£54.00
Clean & Rebalance - 1hr 15mins <i>Purifying & Anti-blemishes This mattifying facial targets spots, blemishes, open pores and excessive shine. Includes a balancing and deeply oxygenating power mask to bring instant clarity to dull skin. Previously oily, combination and dull skin is brought back to life leaving it luminous and beautifully matte.</i>	£47.00
Cocoon & Repair - 1hr 15mins <i>Instantly nourishing & Anti-tightness Say goodbye to dry, flaky skin with our ultra-nourishing facial which deeply soothes, restores and renews skin. Moisturised skin helps to strengthen protection against wind, rain and cold making this ideal for anyone who spends a lot of time outdoors.</i>	£47.00
Calm & Strengthen - 1hr 15mins <i>Soothing & Anti-redness Acting like a calming comfort blanket, this blissful treatment relieves stressed, angry skin. Power-packed with skin strengthening Essential Oils and including a skin-perfecting peel-off mask, it works immediately for clear, soothed and resilient skin.</i>	£47.00



Follow us on *Facebook*

Facial Treatments cont.



Smooth & Glow - 1hr 15mins

Energising & Anti-oxidant

This facial is enriched with vitamins and anti-oxidants. Our vitamin mask softly cocoons skin, providing the perfect environment for it to flourish. Skin is left deeply cleansed, perfectly replenished and glowing with vitality.

30+ Age Group

£48.50

Plump & Lift - 1hr 15mins

Lifting & Anti-ageing

A unique facial combining the flow, rhythm and repetition of powerful Kobido massage technique with the power of Iris and Lavandula essential oils for smoothed, firmed and luminous skin.

Facial Lift Yoga aims to fight against the signs of ageing whilst leaving your skin, body and mind feeling uplifted.

40+ Age Group

£54.00

Sculpt & Rejuvenate - 1hr 15mins

Redensifying & Global anti-ageing

Facial Pilates has been created to deliver a natural lift to the face, helping reshape the contours of the facial with a re-cushioning effect. The facial includes a back massage to help you completely unwind & release the mind. After a deep cleansing & three facial massages, your therapist will help lift your skin with a massage using our outstanding Energy Youth Concentrate Mask. This will plump and smooth the appearance of lines & wrinkles, whilst softening & increasing the tone, leaving the skin glowing with rosy youthfulness.

50+ Age Group

£57.00

Jessica Manicure



Jessica file & paint £16.00

Express manicure £21.00

File, cuticle, hydrate and paint

Jessica manicure £31.00

File, cuticle, exfoliation, massage and paint

Jessica deluxe manicure £36.00

Includes heated mitts, soothes aches and joint pain

Long Lasting Finish

Smart polish £19.00

File, cuticle and smart polish (Express gel polish, lasts 7/10 days)

Express smart manicure £23.50

Jessica gel overlays / infills £27.50

(Long lasting nail colour 2/3 weeks)

Jessica french gels £29.00

Jessica manicure & gel overlays £41.00

Removal & Nourish - no acrylic removal £15.00

Removal of gel, file and hydrate

Removal & reapplication £40.95

You can buy a removal kit from the salon £10.00



Follow us on *Instagram*

Zen Spa Pedicure



Zen spa express foot treatment*	£21.00
<i>Exfoliate, file, cuticle and paint</i>	
Zen spa pedicure*	£34.50
<i>Soak, exfoliate, file, cuticle, a relaxing massage and paint</i>	
Zen spa deluxe pedicure*	£37.00
<i>Includes heated booties, soothes aches and joint pain</i>	
Zen spa express pedicure & gel overlays	£41.00
Zen spa express pedicure & smart polish	£23.50

* **Please wear open toed shoes to aid drying**

Waxing and Threading



Waxing Treatments

<i>using cream, honey or t-tree wax</i>	<i>School</i>	<i>Lycon</i>	<i>Strip</i>
Full leg including bikini	£24.00		£26.00
Full leg including brazillian			£33.00
Full leg including hollywood			£55.00
3/4 leg			£21.00
1/2 leg	£14.00		£14.50
Bikini (<i>edge of pantline</i>)		£13.00	£9.00
High bikini (<i>high pantline</i>)		£16.00	£11.50
Brazilian (<i>landing strip</i>)		£26.00	£15.50
Hollywood (<i>bare - hot wax used</i>)		£38.00	
Hollywood maintenance (<i>within 4 weeks</i>)		£27.00	
Underarm		£12.00	£9.00
Forearms			£14.50
Eyebrow tidy	£7.50		£7.75
1 facial area		£8.50	£8.00
2 facial areas		£10.50	£9.25
3 facial areas			£9.50
Full face including side burns and neck			£11.50

Electrolysis

Electrolysis	(min) £11.50
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Threading Treatments - Eyebrow, Lip, Chin

Threading 1 area	£10.50
Threading 2 area	£15.50
Threading 3 area	£20.50



Download our **FREE** app

Hair Removal Treatment



SHR Light Aesthetics

Have you got unwanted hair? Then SHR (Super Hair Removal) is the choice for you! The system combines the newest released technology and the benefits of the pulsating light method achieves practically painless results for unwanted hair.

Full leg	per treatment	£140.00	Back	per treatment	£90.00
1/2 leg	per treatment	£90.00	1/2 Face	per treatment	£60.00
Underarm	per treatment	£45.00	Basic Bikini	per treatment	£42.00
Top Lip	per treatment	£30.00	Hollywood	per treatment	£60.00
Lip & Chin	per treatment	£45.00	Brazilian	per treatment	£50.00

SHR buy 5 on first treatment get 1 FREE

Body Treatments



Swedish Massage

Back, neck & shoulder	£22.50
Full body	£43.00
Tranquillity scalp massage	£28.00

Aromatherapy

Neom sleep back massage - 45 minutes	£41.00
Face & back	£40.00
Full body	£48.00

Hot Stone Massage Therapy

Back, neck & shoulder	£27.00
Warm Bamboo back treatment	£27.00
Aromatherapy warm stone massage - 1 hour	£45.00
Full body - 1 hour 30mins	£68.00

Reflexology

£41.00

Baby On Board Face and Body Treatment - 1hr 15mins

£52.00

*Brightening & Relaxing top-to-toe face and body treatment.
Relaxing pamper before junior comes along! (after 3 months)*

Decleor Aroma Body Wraps

Our luxurious Decleor Body treatments include a full body exfoliation, application of an essential oil blend suited to your main concern & an intensive body mask. You are then cocooned in warmth for total relaxation. Choose from:

Firm & Tone	£50.00
<i>Radiance & Intensely Hydrating body wrap treatment A professional wrap to firm and tone, stimulating collagen and nourishing the skin</i>	

Destress & Rebalance	£50.00
<i>Vanilla & Ylang Relaxing Hydration treatment A professional wrap to target stress, for improved well-being and utter relaxation</i>	

Exfoliation

Orange & Apricot Fruit Seed Massage and Exfoliation - 1 hour	£42.50
<i>Organge & Apricot Buffing Body Scrub Treatment Combined exfoliation and massage treatment. Deep relaxing, good for tension and dry skin</i>	

Eye Treatments



Tinting/Bleaching - patch test required before treatment

LVL Eyelash lift & tint (48 hour patch test)	£40.00
Eyelash tint	£14.50
Eye brow tint	£8.50
Eye brow tint & tidy	£14.75
Eyelash & eye brow tint	£21.00
Eyelash tint, eyebrow tint & eyebrow tidy	£29.00
Henna brows	£28.00
Lip bleach	£7.50
WoW eye brows high definition	£28.00

Epibrow

£220.00

Perfect your eyebrows with this freehand microblading technique.

A semi-permanent procedure to achieve a natural browshape which lasts between 12-18 months. Unlike other techniques, it is not reliant upon natural hair being present; Epibrow treatment is excellent if you find your eyebrows too thin, over plucked or slightly sparse!

Follow Up Appointment

£85.00

Eyelash Extensions - eyelash tint recommended beforehand

Blink & Go express eyelashes - full effect	£38.00
Recommended with eyelash tint	£41.00

Ear Piercing

Includes earrings & aftercare solution	£28.00
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Bronzing and Make-up



Bronzing

St Tropez / Vita Liberata 1/2 body	£11.50
St Tropez / Vita Liberata full body	£23.00

Make-up

Using Mii Make-up

Natural cleanse make-up (30 minutes)	£25.00
Bridal make-up (45 minutes)	from £35.00
Glamour make-up with lashes (1 hour)	£39.50
Make-up lesson (1 hour)	£40.00
Trial make-up (up to 1 hour)	£40.00
Make-up outwith Salon - per person (minimum 4 people)	£40.00
<i>Mileage is FREE within a 10 mile radius</i>	

CACI Treatments



Award winning CACI Ultimate has been used by many celebrities. Results are visible after the first treatment, but a course of 10 is usually recommended.

Jowl Lift Ultimate* - 30 minute treatment £30.00

New Treatment to lift and tighten the Jowls including red light therapy for lines and rejuvenating skin.

Ultimate Eyelift Treatment* - 30 minute treatment £30.50

Reduces fine lines using microdermabrasion, red light therapy and lifts drooping eyelids with microcurrent.

Microdermabrasion / Light Therapy Treatment

per treatment £30.00

course of 6 treatments £150.00

Helps to treat dull, tired skin by smoothing and increasing collagen production

CACI Non-surgical Face Lift* - 1 hour treatment £41.50

This anti ageing treatment tones, lifts and re-educates the muscles

Ultimate Booster Facial* - 45 minute treatment £40.00

Microdermabrasion, tailored light therapy and hydrotone hydrating mask

Ultimate Anti Ageing Face Lift* - 1 hour 30 minute treatment £67.00

Micro current face lift, red light therapy for wrinkle and microdermabrasion, repair and hydrotone mask for hydrating

***CACI Treatments buy nine and get one FREE**

Dermalux LED



Award winning LED light treatment with immediate results driven to hydrate the skin and give overall radiance face and body. £30.00 per session

Skin Rejuvenation, Fine lines and Wrinkles, Acne, Rosacea, Psoriasis, Eczema, Dermatitis, Pigmentation, Sunburn.

Men's Treatments



Facials using Decleor men's products *from* £26.00

Back, neck & shoulder massage £22.50

Hot stone back massage £27.00

Back or chest waxing £22.00

Packages



THE COMPLETE LOOK WINTER / SUMMER WARMER

Face & Body Treatment

- Full Body Exfoliation
- Back Massage
- Full Body Hydrating Mask
- Heated Blanket
- Pick Me Up Facial with optional eyelash tint
- Scalp/Foot Massage

2 hours
£82.00

THE COMPLETE LOOK PAMPER PACKAGE

Come and relax for two and a half hours. Treatment includes:

- Pick me up facial
- Hot stones back massage
- Express manicure
- Express pedicure

2 hours
£82.00

THE COMPLETE LOOK WAXING PACKAGE

Includes:

- 1/2 Leg Wax
- Underarm Wax
- Bikini Wax
- Eyebrow Tidy
- Pick Me Up Facial

1 hour
£53.50

THE COMPLETE LOOK HOLIDAY PACKAGE

Includes:

- 1/2 Leg Wax
- Underarm Wax
- Bikini Wax
- Eyebrow Tidy
- Eyelash Tint

45 mins
£42.00

Consultation and contraindications to treatments.

Please note that all treatments are subject to medical status, some medical conditions require a doctor's note. If you are unsure, please contact our team 01577863364.

Suitability of treatments will be confirmed on arrival at the Salon with a consultation with your therapist. If treatments are unsuitable we will endeavour to offer alternatives, where possible.

The Complete Look reserves the right to refuse treatment where it is deemed to be a risk to the health and safety of the client or therapist.

Gift Vouchers

Ask at reception for more details

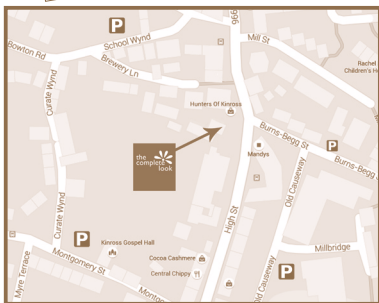


Appointments Available

Mon & Fri:
9am - 5pm

Tue, Wed & Thurs:
9am - 8pm

Sat:
9am - 1pm



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