



CENTRAL CALIFORNIA
WOMEN'S CONFERENCE
Presenting Sponsor
Community Medical Centers

be the difference

CCWC 2018

Tuesday, September 25

Fresno Convention & Entertainment Center



A Conversation with
Maria Shriver

LUNCHEON KEYNOTE

Mother of Four, Award-Winning Journalist, Bestselling Author, Former First Lady of California and Founder of The Women's Alzheimer's Movement



Mallika Chopra
WARM-UP SPEAKER



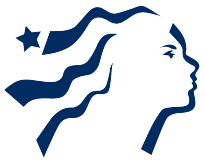
Karen Mills
COOL-DOWN SPEAKER

21

inspiring & informative
breakout sessions!

Lunch provided

Marketplace with
175+ Vendors



CENTRAL CALIFORNIA
WOMEN'S CONFERENCE
P.O. Box 998
Atwater, CA 95301

ccwc-fresno.org

Tuesday, September 25



Maria Shriver
LUNCHEON KEYNOTE



Non-Profit Organization
U.S. Postage
PAID
Permit No. 416
Fresno, CA

REGISTRATION: The conference is expected to sell out in advance. **REGISTER EARLY!**

TICKETS: \$125 per person (if registration received online or postmarked by Aug 18, 2018). Includes Continental Breakfast, all Seminars, the Marketplace, "Warm-Up," Keynote Luncheon with **Maria Shriver** and "Cool-Down" Session and Reception.

TABLE OF 11: \$1,375 (Table sign with company or group name is provided)

LATE REGISTRATION: \$135 per person (if postmarked after Aug. 18, 2018)

RESERVED SEATING FOR KEYNOTE LUNCHEON! To sit together with friends or family, you MUST mail registrations in the same envelope to guarantee a seat at the same table. Tables will be reserved in order received. Reserved luncheon table number will be printed on your badge.

PAYMENT INFORMATION: Check, MasterCard, Visa, Discover or American Express are the only online acceptable methods of payment. (Credit card payments will include a \$3 processing fee.) **We do not accept purchase orders. NO REFUNDS.**

CONFIRMATION: Confirmation and badge will be mailed approximately two weeks before the Conference. Registration must be received online or postmarked by Friday, Aug. 31, 2018, to receive your tickets by mail. The Badge is your ticket to the Conference and admission to the luncheon. Your luncheon table number will be printed on your badge.

Attendees registering after Aug. 31, 2018 will pick up tickets at Registration "Will-Call" desk the morning of the Conference, located on the patio between the Exhibit Hall and Theatre.

KEEP YOUR BADGE IN A SAFE PLACE--YOU MUST BRING IT WITH YOU TO ATTEND.

QUESTIONS? Call our Message Center (559) 265-6888, and your call will be returned.

CONFERENCE ATTENDEES MUST BE REGISTERED IN HIGH SCHOOL OR BE 18 YEARS OF AGE.

PERSONS WITH DISABILITIES: Please contact Mary Stabelfeld at (209) 356-1000 two weeks in advance with needed arrangements for persons with disabilities.

MARKETPLACE/BOOTH INFORMATION: Visit www.ccwc-fresno.org

HOTEL RATES: The DoubleTree by Hilton Fresno Convention Center, (559) 268-1000, is offering a special rate of \$142 + tax per room, double or single occupancy. Book early, as this rate is only available through Monday, Sept. 10, 2018. Be sure to ask for the CENTRAL CALIFORNIA WOMEN'S CONFERENCE special room rate.

Student discounts are available online at ccwc-fresno.org

REGISTER EARLY! ccwc-fresno.org or mail this registration

CCWC, P.O. Box 998, Atwater, CA 95301

Tuesday, Sept. 25, 2018 • Fresno Convention & Entertainment Center

Check one box regarding name & address at left:

YES the information is correct.

NO the information is incorrect. Updated information is below.

This form was given to me. Please add my contact information below and leave the original contact on your list.

Delete name from your list and add my information to your list.

If address above is incorrect or you are a new attendee to be added to our list, print clearly or type. The address below is: _____ My Residence _____ My Office _____

Name _____

Company _____

Street _____ Clearly print the address you wish your tickets to be mailed

City _____ State _____ Zip _____

Please complete the following information:
Daytime Phone _____

Email Address _____

No need to select seminar sessions in advance. All seminars are on a first-come basis at the conference until the room is full per the fire marshal's instructions. Arrive early to avoid disappointment.

For information and planning, visit ccwc-fresno.org for seminar listings.

If purchasing 2 or more tickets on the same form, all badges will be mailed to the name & address listed on the form. If you would like to sit at the same table with friends or family for lunch, mail ALL registration forms (groups and/or individuals) together in the same envelope.

Tickets: _____ @ \$125 per ticket (\$135 after Aug. 18, 2018) Total \$ _____

Payment Options: (check one) Tax I.D. #77-0178140 Make checks payable to: Central California Women's Conference

Check Enclosed Credit Card (All cards accepted/\$3 processing fee will be added)

Account # _____ Exp.: _____

Print name on card _____

Signature _____

be the difference

CCWC 2018 | SEPTEMBER 25



CENTRAL CALIFORNIA
WOMEN'S CONFERENCE
Presenting Sponsor
Community Medical Centers

TUESDAY, SEPTEMBER 25

7:15 - 9:30 A.M. **REGISTRATION & CONTINENTAL BREAKFAST**
Sponsored by Kaiser Permanente Fresno, The Brownie Baker,
The Wonderful Company & Wawona Frozen Foods

8 - 9:30 A.M. **WARM-UP SESSION**
Sponsored by Wells Fargo

Living with Intent: My Somewhat Messy Journey to
Purpose, Peace and Joy
Mallika Chopra | Intent.com

9:30 - 10:15 A.M. **MORNING BREAK**
Sponsored by Michael B. Stevens, MD, PhD

10:15 - 11:15 A.M. **SESSION 1**

11:30 A.M. - 1 P.M.
KEYNOTE LUNCHEON
Keynote Speaker Sponsor
Valley Children's Healthcare

A CONVERSATION WITH
Maria Shriver
BE THE DIFFERENCE!
Lunch Sponsor
Chukchansi Gold Resort & Casino

1:30 - 2:30 P.M. **SESSION 2**

2:30 - 3:15 P.M. **AFTERNOON BREAK**
Sponsored by Pepsi Beverages Company

3:15 - 4:15 P.M. **SESSION 3**

4:30 - 5:30 P.M. **COOL-DOWN RECEPTION & SPEAKER**
Sponsored by Fresno State Winery, The Brownie Baker & Kaiser
Permanente Fresno presents "Instant Recess"

FUNNY YOU ASK
Karen Mills | KarenMills.com

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@CCWCfresno

Visit ccwc-fresno.org for detailed topic descriptions, speaker bios and more...

SESSION 1 10:15 - 11:15 a.m.

- 1-01 **Finding Your Why and Your Voice** | Danielle Slaton
- 1-02 **Successfully Living with Autoimmune Disease** (Sponsored by Community Medical Centers)
Candice Reyes, MD, RhMSUS | CommunityMedical.org
- 1-03 **Parenting... If only there was an app for it!** (Sponsored by Saint Agnes Medical Center)
Ellie Honardoost, Psy.D. | innovedinc.org
- 1-04 **Women's Health & Wellbeing: Caring for the Whole You** (Sponsored by Kaiser Permanente Fresno)
Lisa Huiras (moderator), Amanda Reeve, MD, Nicole Hill, MD and
Brandy Box-Noriega, MD (panelists) | Kp.org
- 1-05 **Latina Leadership Success Stories** | Lupita Lomeli (moderator) and Ruby Valtierra (panelist)
Univision.com/Fresno | Dora Westerlund (panelist) | fresnoahf.org,
Helen Chavez-Hansen (panelist) | tortillas4u.com
- 1-06 **Creating What's Next -- The Joy of Something New** | Valerie Ramsey | valerieramsey.com
- 1-07 **Dress for Success Without Breaking the Bank** | Nimat Davis

SESSION 2 1:30 - 2:30 p.m.

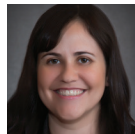
- 2-01 **What are you Waiting For? Practical Steps to Get You Out of Limbo and Start Doing Today**
Diana R. Diaz | rawwnetwork.com
- 2-02 **Functional Fitness for An Active Aging Lifestyle** | Rhonda Murphy | RhoFit.com
- 2-03 **Making Sense of Social Security** | Portia White | WhelanFinancial.com
- 2-04 **Easy Vegan & Plant-Based Eating: How to Meal Prep in 2 hours Per Week!**
Farin Montanez | spiritedvegan.com
- 2-05 **Beyond #MeToo - Where do We Go from Here?** | Ana de Alba | lrplaw.net
- 2-06 **Caregiving Tips: What Gets You and Your Aging Parent into Trouble?**
(Sponsored by Community Medical Centers) | Carrie Jameson, ANP-BC | hillblomcenteronaging.com
- 2-07 **Up Your Love Game** | Dianne Callahan

SESSION 3 3:15 - 4:15 p.m.

- 3-01 **Fit, Young & Vital - Looking & Being Your Best at Any Age** | Valerie Ramsey
valerieramsey.com
- 3-02 **Getting more FUN in Your Life** | Dianne Callahan
- 3-03 **Stiletto & Self Defense** | Jennifer Cassetta | jennifercassetta.com
- 3-04 **Finances and the Savvy Woman** (Sponsored by Wells Fargo) | Kate Eiland & Elise Kausen
theilandgroup.wfadv.com
- 3-05 **The Important Role of Emotions in the Workplace** (Sponsored by Chukchansi Gold Resort & Casino)
Deann Kamalani | chukchansigold.com
- 3-06 **Thoughtful Home Design: Strategies to Love the Space You're In** | Nicki Wolff
- 3-07 **The Top 5 Strategies For Living Your Most Productive Life** | Rachel Hamm | rachelhamm.com

NO PRE-SELECTED SESSIONS

Breakout sessions are on a first-come
basis. Come early!



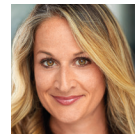
ANA
DE ALBA



BRANDY
BOX-NORIEGA, MD



DIANNE
CALLAHAN



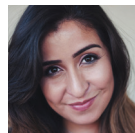
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CASSETTA



HELEN
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HAMM



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HILL, MD



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HUIRAS



ELLIE
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CANDICE
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SLATON



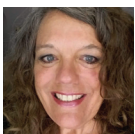
RUBY
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DORA
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NICKI WOLFF

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Corporate Donor Advanced Medical Imaging Northpointe • Bank of America • California Bank & Trust • Central Valley Community Bank • Fashion Furniture • Ford Financial Group • Foundation for Leadership California • National University • Union Bank • Wawona Frozen Foods Wonder Valley Ranch Resort & Conference Center **Women Business Owners** Champion Dried Fruit • doTerra Essential Oils • EcoWater of Central California • Elaine's Pet Resorts • Elite Dental Mann DDS • Family Options, LLC • Marjaree Mason Center • Susan Hatch - MedicareToday.net