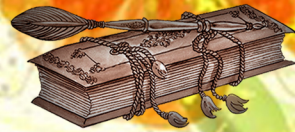


Namo Buddhaya!

Dhammapada



Na antalikkhe na samuddamajjhe

na pabbatānam vivaram pavissa

na vijiatī so jagatippadeso

yatthatthito muñceyya pāpakamma

Neither in the sky, nor in mid-ocean, nor by entering into mountain clefts- nowhere in the world is there a place where one may escape from an evil deed.

Papavagga

MAHAMEVNAWA CHILDREN'S DHAMMA PROGRAMMES

Every 1st Sunday of the Month

Dhamma Land
Hardings Elms Road
Crays Hill
Essex
CM11 2UH
2.30 pm to 5.00 pm

Every 2nd Sunday of the Month

Leavesden Green Community Hub
Clark Green
Off Clark Way
Watfrod
WD25 0BW
2.30 pm to 5.00 pm

PIRITH CHANTING TRAINING FOR CHILDREN WILL BE HELD ON THE
3RD AND 4TH SUNDAY OF EACH MONTH FROM 2:00 PM TO 4:00 PM AT
THE MAHAMEVNAWA INTERNATIONAL MEDITATION CENTER.

Namo Buddhaya!



CHILDREN'S DHAMMA PROGRAMME



MAHAMEVNAWA INTERNATIONAL MEDITATION CENTER
Dhamma Land | Hardings Elms Road | Crays Hill | Essex | CM11 2UH

01268 533 870 | www.mahamevnawaimc.org
admin@mahamevnawaimc.org

Namo Buddhaya!

Dear Children,

We have gone for refuge to the Supreme Buddha, Gautama, as our religious teacher. He is Supreme because of his Supreme qualities that cannot be achieved by anyone in the world except for another Buddha.



One can develop enormous Shraddha (devotion) if she or he knows well the qualities of the Supreme Buddha. Our Supreme Buddha, Gautama, out of great compassion, has taught us nine great qualities which define what the nature of a Buddha is.

Araham

The Supreme Buddha is Araham because;

1. He completely eradicated lust, hatred and delusion forever.
2. He has an extremely pure mind devoid of any defilements like pride, jealousy, greed, anger, selfishness, fear, and dishonesty, cunning and so on.
3. He has purified his body, speech and mind.
4. His sense faculties - eyes, ears, nose, tongue, body and mind have been tamed for good.
5. He has uprooted craving that causes suffering.
6. He has put an end to the round of rebirth (samsāra)
7. He is free from being born, becoming ill, getting old and death.

Namo Buddhaya!

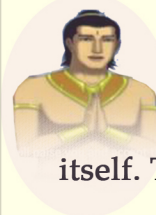
8. His mind is not affected by the eight worldly conditions; namely, gain and loss, disrepute and fame, blame and praise and pleasure and pain.
9. He is an Arahant, the first Arahant in the world.
10. He is the worthiest of receiving offerings from all the gods and humans (the most deserved one)



The Axle A Story of an Earth Deva



When a trader's cart axle broke, a man made a new axle from wood and gave it to him. The man was then reborn as an earth deva as a result of this gift. The earth deva goes to the trader's house and praises giving.



Earth Deva:

“The result of giving will not always equal the gift itself. The result that is experienced will always be multiplied. Therefore, one should give gifts frequently. Having practised generosity, one can get rid of suffering in this life and in the next. As a result of giving, beings are born as humans and gods. Therefore, you should be enthusiastic about doing good deeds. Do not miss this opportunity.”